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Canadian Martyrs
CATHOLIC CHURCH
A Welcoming Oblate Parish

100 Main Street, Ottawa, ON K1S 1C2
613-232-5347
office@canadianmartyrs.org
www.canadianmartyrs.org

Triple F

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Immaculata High School

140 Main Street, Ottawa

**Proud Sponsors of the
Community**

613-237-2001

**We are a Full
Care Community**

Please call Evelyn
for a Complimentary
Lunch & Tour:
613-864-6026



Mass Times

Sunday 10am
Saturday 5pm
Weekdays 11:30am
(No Mass on Mondays)
Sacrament of
Reconciliation is half an
hour before Mass or by
appointment.

Pastoral Team

Pastor:
Fr. Tim Coonen, OMI
Pastoral Assistant:
Jane Staples
Admin. Assistant:
Heather Duggan
Pastoral Council
Rob Criger
Meetings: 1st Thur. 7:15p
Finance Committee

Development and Peace
Evelyn Kelly 613-235-
6266

Diocesan Centre
613-738-5025

Schools
Corpus Christi
613-232-9743
Immaculata HS
613-237-2001

Cemeteries
Hope Cemetery
613-822-1212
Notre-Dame
613-746-4175

January 26/27 2019

3rd Sunday in Ordinary Time



MASS INTENTIONS

Sat. Jan. 26 5:00p Catherine Allen by Robert & Brian Allen
Sun. Jan. 27 10:00a Intentions of all parishioners
Tues. Jan 29 11:30a Teresa Hefferd by Marina Lamonte
Wed. Jan. 30 11:30a Pasquale Cotroneo by the Cava family
Sat. Feb. 2 5:00p Patrick Todkill by Fred and Anne Marie
Bazinet-Miller
Sun. Feb. 3 10:00a Intentions of all parishioners

PLEASE PRAY FOR OUR SICK

Fr. Norm Bonneau, Fr. Mike McCarthy, Vincent Kroon,
Janet Fulton, Nancy Jansen, Chris Smith and family, Ping
Cai, George Cull, Tim Cull, Leonardo Miferi and Gilbert
Bouchard.

MEETINGS AND EVENTS

Feb. 2 Pizza Supper, 6pm
Feb. 7 Parish Pastoral Council, 7:15pm
Feb. 10 Anointing of the Sick, 10am
Feb. 12 Liturgy Committee, 7pm
Feb. 17 Lunch and Learn, 7pm

BAPTISM PREPARATION: Contact the Parish Office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the Parish Office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

DIRECT DEPOSIT DONATIONS: The forms are available at the back of the church if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

FOOD CUPBOARD: We collect non-perishable food items for the Centretown Emergency Food Centre on an on-going basis.

If you would like to **advertise** your business in our bulletin, please call 613-232-5347 or email office@canadianmartyrs.org.

Find us on Facebook : Canadian Martyrs Parish, Ottawa.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

Welcome to our guests and new parishioners who have chosen to be with us for this celebration.
As we worship and pray together may your experience among us be one of peace and joy.
If you wish to register, please fill out a registration card.

COLLECTION Jan. 19/20
Envelopes and Loose change: \$1452

Thank you!

FINANCES – Jan.1 to Nov. 30/2018

	Actual	Budget
Revenue	\$249,334.91	\$211,475.00
Expenses	<u>\$222,529.22</u>	<u>\$225,205.00</u>
	\$ 26,805.69	(\$ 13,730.00)

OUR PARISH NEWS

ANOINTING OF THE SICK

During the regular 10:00am Sunday Mass on **February 10th** the Sacrament of Anointing of the Sick will be celebrated. Those who are sick or suffering in any way, mind, body, or spirit are invited to come forward. During the Mass we pray for: the sick to be made whole and their caretakers be strengthened by faith, that people in broken relationships may be given the strength only God's love can bring, and for all who have endured illness or brokenness and who wait in the hope of God's healing care.

GREEN AUDIT

The church will be undergoing a Green Audit on **Thurs., Feb. 7th**. A Green Audit will help ensure that the place where we work and worship is healthy for us and the environment. Stephen Collette from Your Healthy House will spend a day at the church to help us determine how the church and parish centre buildings might be failing. He determines how the building could be impacting occupant health, through testing and assessments. Stephen pulls all of this knowledge together and will offer us

solutions to make our church building more resilient, more efficient, more economical to operate, and healthier for us and the planet.

Please sign up at the back table if you would like to join us for this informative day.

<http://www.yourhealthyhouse.ca/>

PIZZA NIGHT FEB. 2!

Pizza night will be held on the first Saturday of February, **Feb. 2**, not on Feb. 9 as previously advertised. Sorry for the error!

BETTER BODY BOOT CAMP

A unique fitness class combining the Zen of yoga with the high intensity aspect of bootcamp. It's the perfect blend of strength, mobility, flexibility and cardio in one cued to breath. Instructor: Parishioner, Leigh Anthony Brethour
Dates & Location: **Sat. Jan. 12th to Sat. March 31** – 12 sessions, 9:30-10:45am in our parish centre!

Cost: \$144.00 / \$15 for drop in
(Join Anytime!)

DIOCESAN AND COMMUNITY NEWS

FUNDRAISING DINNER

Spaghetti and Karaoke! Open to everyone. Proceeds to the St. Theresa Building Maintenance fund. St. Theresa Parish Hall, 95 Somerset St. West, Sat., Feb. 23, 5:00 - 10:00 p.m. Cost: \$15 adults; \$5 children under age 10. Hosted by The Knights of Columbus, St. Theresa the Little Flower Council 16005. Info & tickets: Roger Richard (613-277-5423); roger-richard@rogers.com or George McKenna (613-745-6953).

VALENTINE SKATE

Fri. **Feb. 8**, 6:00pm - 8:00pm, Brantwood Field House, 39 Onslow Crescent
Fun on the rink and for one night of the year - no hockey! Hot dogs, chili and hot chocolate... A great party for the entire family! Bundle up, bring your skates and enjoy the magic of the rink by torchlight! FREE, donations welcome.

PRO-LIFE

Novena of Masses - 40 Days for Life Campaign: 40 Days for Life campaign is **Mar. 6 – Apr. 14**. Novena of Masses at Holy Redeemer Parish, 44 Rothesay Dr., Kanata (Ad Orientem) and at St. Isidore Parish, 1135 March Road, Kanata. First nine Wednesdays of 2019 at 9:00 am, **Jan. 30, Feb. 6, 13, 20, 27 & Thurs., Mar. 7** (St. Isidore only). Info: wanda40daysforlife@clife.ca; 613-299-2515; 40daysforlife.com/.
Pro Life Mass: **Feb. 23** at 10am, Resurrection of our Lord, 1940 Saunderson Dr.

TRAFFIC SAFETY CONCERNS

As reported in The Mainstreeter, the City of Ottawa recently completed its review process for the Main Street Road Safety Audit. The Old Ottawa East Community Association has received a report on the audit, and is now working to establish a consensus on many of its details. You can read the report here: www.ottawaeast.ca/files/2018/main-street-road-safety-audit-20181126.pdf

TAIZE PRAYER

Taizé Prayer schedule for winter 2019
Prayers at Sacré-Coeur parish:

(Univ. of Ottawa campus, 591 Cumberland)
February 28th, March 21st, April 25th. Before each prayer, at 6:00 p.m., there is a song practice for anyone interested in learning the songs. The prayer itself begins at 7:15p.m.
www.taizeottawa.ca

FIND YOUR VOICE – FOR WOMEN

Are you nervous about speaking in public? Learn effective public speaking techniques in a safe, supportive and fun environment on Sat., **Feb. 23**, 9:30 am - 3:30 pm at Annunciation of the Lord Parish hall. Cost: \$10. Bring a brown bag lunch. All women over the age of 16 are welcome. Sponsored by CWL Ottawa Diocesan Council. Info & registration: Lynn Lavictoire (613-833-1742); (aolpcommunications@bell.net).

IRISH KITCHEN CEILI

Annual Irish music night with light refreshments. Free will offering at door is appreciated. St. Augustine parish hall, Baseline at Merivale. Sat., Jan. 26, 7-10 pm. Info: www.staugustineparish.ca.

DEVELOPMENT AND PEACE IN ACTION

Did you know that in the beginning of the 1980's, a severe famine caused by drought killed more than 400,000 people in Ethiopia? Development and Peace/Caritas Canada launched an emergency appeal and collected \$20 million to help the people most affected by the crisis. To learn more visit info@devp.org.