



# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org)

[www.canadianmartyrs.org](http://www.canadianmartyrs.org)

## Mass Schedule

Tuesday-Friday 11:30am, Saturday 5:00pm and Sunday 10:00am  
Sacrament of Reconciliation is a half hour before Masses

### Pastor

Fr. Tim Coonen, OMI

### Parish Life Coordinator

Maureen Cerroni

### Administrative Assistant

Heather Duggan

### Pastoral Council

Rob Criger

Meetings: 1st Thurs. 7:15pm

### Finance Committee

Joseph Duggan

### Development and Peace

Evelyn Kelly

### Christian Meditation

Dorothy Wood

Mondays, 7pm

### Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

### Diocesan Centre

1247 Kilborn Pl.

613-738-5025

### Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

### Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

## 1st Sunday of Lent

February 29/March 1 2020



**Life Out of Control?**

**Mercy, Father!**

**Help me let go of  
myself and trust in You.**

**PLEASE PRAY FOR OUR SICK:** Fr. Tim, Fred Miller, Liam Elder, Ramon de Rosayro, Yvonne Fraser, Sheila and Edward Gasnick, Gus Fraser, Raul Esteban, Chris Smith and family, Leonardo Miseferi, James Craigen and family, Michael McManus, and Sarah McDonald

### MASS INTENTIONS

Sat. Feb. 29 Michael Cano by Tina Cano

Sat. Mar. 7 Adrian and Margaret Beriault by Terri Beriault, Jim Chambers by his family.

### EVENTS/MEETINGS

Thurs. Mar. 5: Parish Council, 7:15pm

Sat. Mar. 7: Pizza Supper, 6pm

Fri. Mar. 13: Faith Formation committee, 10am

Sun. Mar. 15: Lunch and Learn, 11:30am

Tues. Mar. 24: Lenten Reconciliation Service, 7pm

Please see more events on the Happenings page of our website: <http://canadianmartyrs.org/happenings/>

#### DECEMBER COLLECTION

Envelopes and Loose change:	\$ 18,920.75
Direct Deposit (EFTs):	\$ 7030.00
Canada Helps:	\$ 645.43
Total:	\$ 26,596.18

Average monthly expenses: \$21,528.50

*Thank you!*

There are 4 ways to give to the church **and** receive a tax receipt.

1. Box of donation envelopes for weekly donations
2. Direct deposit donations (monthly or bimonthly) – forms on Welcome Table
3. Credit card donations through Canada Helps – form on our website or <https://www.canadahelps.org/en/charities/holy-canadian-martyrs-parish/>
4. Blue Visitors' envelopes for one-time or occasional donations

You can also donate to the church by your life insurance policy, by a bequest in your will and by donating mutual funds or securities. Please see details on our website: <http://canadianmartyrs.org/donate/>

## Our Parish News

### LENTEN FOOD DRIVE

We will be collecting non perishable food items for our Lenten food drive. Please be generous in donating food items for Centretown Emergency Food Centre. The following items are in high demand: peanut butter, canned tuna, salmon, meat and stew, canned vegetables, canned soup, canned beans (baked beans, red and black beans), cereals, dry pasta and sauces, Kraft Dinner, toothpaste tubes and toothbrushes, and toilet paper. Thank you!

### GIVE IT UP FOR THE EARTH!

Annual climate justice campaign by Citizens for Public Justice runs from **Feb. 26 to Apr. 9**. This is a faith-in-action campaign to encourage Canadian action for climate justice. Give it up for the Earth! raises awareness about climate change and mobilizes people across Canada to reduce household greenhouse gas emissions and collect signatures as a demonstration of support for increased federal government action.

<https://cpj.ca/fortheearth>

### SHARE LENT—DEVELOPMENT AND PEACE

The theme for SHARE LENT 2020 is "For Our Common Home". This year's campaign invites us to ecological conversion. We are called to express solidarity with communities in Brazil that are subjected to threats to their lands and traditional ways of life by illegal logging, mining and industrial agriculture. Learn more about the campaign at <https://www.devp.org/en/lent/resources> and plan to support the work of D&P by contributing as generously as you can on Solidarity Sunday.

### LUNCH AND LEARN

On Sunday, **March 15** after Mass, we will be joined by Monica Patten and James Nininger from Compassionate Ottawa. Compassionate Ottawa supports and empowers individuals, their families and their communities throughout life to live well and to die and grieve well.

They encourage discussion about death and dying as a normal part of life and that we prepare properly for it.

### 40 DAYS 40 ITEMS CHALLENGE

Usually, during Lent, we think about giving up a guilty pleasure, for the six weeks in the run-up to Easter. This year, instead of giving up chocolate, caffeine or sugary drinks, why not get involved with the 40 Days 40 Items Challenge and donate some of your unwanted items? Each day of Lent, take one item you don't use or wear anymore and put it in a box or a bag. At the end of Lent donate these items to your local thrift shop.

### SACRAMENT OF RECONCILIATION

There will be priests available to hear confessions before daily Mass or by appointment. The Lenten Reconciliation Celebration will be held on Tuesday, **March 24** at 7:00pm.



Churches, schools, religious orders, and ecumenical groups across Canada are set to Give it up for the Earth! this Lent. Will you pledge to give it up for the Earth? <http://canadianmartyrs.org/give-it-up-for-the-earth/>

# Diocesan and Community News

## FORMATION DAY AT ST. PAUL UNIVERSITY

Compassion and Self Compassion by Dr. J. Malette. Dr. Judith Malette will explore how the somatic, psychological, spiritual dimensions of the human experience can help one to develop 'tools' to attend to oneself in order to better attend to others. Saint Paul University, Rm G 264 and online, **March 6**, 9am - 4pm. Cost: \$50; students \$10; group prices available. Hosted by Centre for Safeguarding Minors and Vulnerable Persons. Info: [cpcs@ustpaul.ca](mailto:cpcs@ustpaul.ca); 613-236-1393 ext 2613.

## JOYFUL SOUND OTTAWA

A community choir for people with memory loss, their caregivers, and students, under the direction of Anne Longworth. When: Wednesdays, **March 25 to May 27** from 3 to 4:30pm Where: Church of the Ascension, 253 Echo Dr. Adult Membership Fee: \$60 Info/Compulsory registration: by **March 16**.

## RENEWED IN LITURGY TEACHING SERIES

Renewed in Liturgy is a program over three evenings which promotes liturgical education and encourages active participation in Mass. Please register in advance, online at [www.renewedinliturgy.org](http://www.renewedinliturgy.org). Location: Queen of the Most Holy Rosary Parish, Ottawa, **Mar. 6, 13 & 20**, 7:00 – 9:00 pm. Free admission. Info: 613-355-6023.

## DESSERT AND TRIVIA NIGHT

Are you looking for a night of trivia (multiple choice at that!)? And delicious desserts? Organize a team of anywhere from 2 to 8 people and join us for an evening

of fun on Fri., **March 27** at 7pm with all proceeds going to support the ecumenical Christian Campus Ministry at Algonquin College. Cost: Freewill donation. Hosted by Bethany Baptist Church, 382 Centrepointe Dr. (immediately off Baseline, two stop lights west of Woodroffe). Register by **March 25**. To register, Jack Wilson: [wilsonjohns@rogers.com](mailto:wilsonjohns@rogers.com)

## 40 DAYS FOR LIFE CAMPAIGN

Taking place during Lent, Feb.26 to April 5. 1st Novena of Masses is held at Our Lady of Fatima Parish, 153 Woodroffe Ave, beginning Ash Wednesday **Feb. 26 to Thurs. March 5**.  
Feb. 26-29: Wed. – Sat. at 9am  
Sun. March 1 at 10:00 am  
March 2-5: Mon. – Thurs. at 9am

## WHERE FAITH AND LIFE MEET

A Symposium for Adult Faith, St. Paul Univ., **May 21**. This symposium will look at a process-based accompaniment of adult faith that “meets people where they are” and draws on emerging insights and promising practices that bridge faith and life. This gathering will also share and expand insights arising from the resource "Five Promising Practices and Other Practical Wisdom: A resource for All Who Accompany Adult Faith ." Register: <https://ustpaul.ca/conferences-university/where-faith->

*Diocesan theme: Christ is everything for us. "Lord, to whom can we go? You have the words of eternal life". (John 6.68)*

# Events at Galilee Centre, Arnprior

Everyone is encouraged to get to know what the Galilee Centre is all about. It is truly a welcoming holistic spiritual life centre that is an oasis of peace, care and comfort. While the Centre is rooted in Christian values and beliefs, it is very much a multi-faith centre.

Book your retreat during the week by calling our bookings coordinator in the office at (613) 623-4242 – extension 21.

Our resident Oblate chaplain Father Richard Kelly, OMI is available for spiritual direction upon request. Gerry Kelly is available to discuss program ideas in his position as manager of spiritual programs. Michelle Reis-Amores, our ED is available for any leadership matters.

## HOW WE LEARN: KENDAASAWIN – APRIL 24-26,

The Kendaasawin program is a two day cross cultural experience designed to provide transformative opportunities for both Indigenous and non-indigenous learners on the path of healing, reconciliation and spiritual growth. Retreatants will participate in ceremony, teaching, & sharing circles under the guidance of the elders.

Donna Naughton & Hasina Rakotoariso S.J. will be facilitating this program.

Cost: Single \$240, Double \$195, Commuter \$135 CDN – \$100 non-refundable deposit required with single and double applications; \$50 non-refundable deposit required with commuter applications.

*For more information on any of the Galilee programs, [www.galileecentre.com](http://www.galileecentre.com): 613-623-4242 ext 21 or [info@galileecentre.com](mailto:info@galileecentre.com)*

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Canadian Martyrs  
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### IMPORTANT INFORMATION:

**BAPTISM PREPARATION:** Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

**MARRIAGE PREPARATION:** Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PASTORAL CARE OF THE SICK:** Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

**PARISH REGISTRATION:** The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

**DIRECT DEPOSIT DONATIONS:** The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

**FOOD CUPBOARD:** We collect non-perishable food items for the Centretown Emergency Food Centre on an on-going basis.

**MILK BAGS:** We collect milk bags that are made into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.

**YOUVILLE CENTRE:** Youville Centre is a non-profit, registered charity that serves adolescent mothers and their children. We collect in-kind donations for the centre. They are currently accepting donations of children's clothing (ages 0 - 4), wrapping paper & gift bags, Christmas trees/ornaments, Christmas decorations, socks (for children & moms), and educational/developmental toys for 18 mos-3yrs old. Please leave your donations in the parish centre.

**PARISH PASTORAL COUNCIL MINUTES:** For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>