



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Tuesday-Friday 11:30am, Saturday 5:00pm and Sunday 10:00am
Sacrament of Reconciliation is a half hour before Masses

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Burton

Meetings: 1st Thurs. 7:15pm

Finance Committee

Joseph Duggan

Development and Peace

Evelyn Kelly

Christian Meditation

Dorothy Wood

Mondays, 7pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

4th Sunday of Lent

March 21-22 2020



Live as Children of
Light!

Open our eyes to the
glory of Your light
all around
us!

PLEASE PRAY FOR OUR SICK: Fr. Tim, Fred Miller, Liam Elder, Ramon de Rosayro, Yvonne Fraser, Ken, Minda and Margaret Hart, Sheila and Edward Gasnick, Gus Fraser, Raul Esteban, Chris Smith and family, Leonardo Miferi, James Craigen and family, Michael McManus, and Sarah McDonald

MASS INTENTIONS

Fri. Apr. 3 Mike and Maria Tosti by Florence and Mike Makhoul

Sat. Apr. 4 Michael Cano by Tina Cano

EVENTS/MEETINGS

Please see more events on the Happenings page of our website: <http://canadianmartyrs.org/happenings/>

DECEMBER COLLECTION

Envelopes and Loose change:	\$ 18,920.75
Direct Deposit (EFTs):	\$ 7030.00
Canada Helps:	\$ 645.43
Total:	\$ 26,596.18

Average monthly expenses: \$21,528.50

Thank you!

There are 4 ways to give to the church **and** receive a tax receipt.

1. Box of donation envelopes for weekly donations
2. Direct deposit donations (monthly or bimonthly) – forms on Welcome Table
3. Credit card donations through Canada Helps – form on our website or <https://www.canadahelps.org/en/charities/holy-canadian-martyrs-parish/>
4. Blue Visitors' envelopes for one-time or occasional donations

You can also donate to the church by your life insurance policy, by a bequest in your will and by donating mutual funds or securities. Please see details on our website: <http://canadianmartyrs.org/donate/>

Our Parish News

PRAYER

Let us keep one another in prayer, especially those ill or under quarantine from the Virus, care givers and one another.

UPDATES FROM PARISH DURING COVID-19

We will be updating parishioners by email, on our website, and on our Facebook page. Currently, all public Masses and events in parishes are cancelled as of March 18 – April 5, 2020.

LOOKING OUT FOR EACH OTHER

Practice safe 'social distancing'. Don't shake hands. Instead, wave, nod, smile, or elbow bump.

If you have seniors in your family or circle of friends, check on them with a phone call to make sure they are ok.

The Public Health Agency of Canada suggests neighbors create “a buddy system in which you agree to check in on each other and run essential errands if you become sick” – community support that is essential for older adults living alone.

Go for walks and greet the people you meet, just keep your distance.

Tell friends about online opportunities to enjoy concerts and other events.

Call 211 if you have any questions about services and resources available to you.

Ottawa Public Health: <https://www.ottawapublichealth.ca/>

Health Canada / Public Health Agency of Canada : <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

DONATIONS TO THE CHURCH

If you wish to continue to donate to the church during this time of social distancing, you can donate through Canada Helps using a credit card, <http://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us. Thank you for continuing to support the church.

SHARE LENT—DEVELOPMENT AND PEACE

One of the natural wonders of the Earth is the Amazon rainforest. Yet big companies threaten its wellbeing by building highways, railroads; by cutting the trees and polluting the waters. Indigenous and traditional peoples who try to protect the Amazon face violence, intimidation and persecution. Development and Peace-Caritas Canada invites us to stand in solidarity with them as they guard the Amazon. Please sign the letter on the D&P table at the back of the church and support the Solidarity Sunday collection as generously as possible.

GIVE IT UP FOR THE EARTH!

Climate change is a tremendous challenge for the global community. Many see it as the critical issue of our time. As people of faith, it is an issue that reaches to the core of who we are and how we are to live in God's world. *“Climate change is a global problem with grave implications: environmental, social, economic, political and for the distribution of goods; it represents one of the principal challenges facing humanity in our day.”* — Pope Francis Please find pledge cards at the back of the church that you can sign and drop into a mailbox or fill out the pledge online: <https://cpj.ca/pledge-give-it-earth>.

LENTEN FOOD DRIVE

We are supporting the Centretown Emergency Food Centre with a food drive during Lent. Please either donate non-perishable food items or donate through their website: <http://cefcottawa.org/donate/>

Diocesan and Community News

CANCELLATIONS DUE TO CORONA VIRUS

CANCELLED - By My Side - A Program of Spiritual Friendship and Healing for Separated and Divorced Catholics: For women, Tues., Mar. 24, 7-9 pm. For men, Thurs., Mar. 26. Info: www.bymyside.ca.

CANCELLED - Night of Worship and Ministry: St. Mary's Parish, 100 Young St., on Mar. 27, 7:00-9:00 pm. Theme: 'A New Springtime'. Info: [Natalia Lacar \(night.worship.ministry@stmarysottawa.ca\)](mailto:Natalia.Lacar@stmarysottawa.ca).

CANCELLED - The Retreat for the Deaf (March 26-28), the New Evangelization Summit 2020 (April 25) and the Divine Renovation Congress in Halifax in June have all been cancelled.

LENTEN EXAMINATION OF CONSCIENCE - ECOLOGICAL RESPONSIBILITY

When preparing for confession do we reflect on our impact on all God's creation including the poor, our children and future generations? Do we pollute the earth with what we purchase, send waste to landfill that can be recycled/composted, contribute to climate change by wasting energy? Pope Francis calls us to conversion to a 'prophetic and contemplative lifestyle, one capable of deep enjoyment free of the obsession with consumption'(LS222). Info: John Dorner (jdorner@archottawa.ca).

2020 MESSAGE OF THE HOLY FATHER FOR 35TH WORLD YOUTH DAY: Celebrated in dioceses/eparchies on or around Palm Sunday, 5 April 2020, on

the theme "Young man, I say to you arise!" (Luke 7:14). This is the first in a series of messages to young people leading to the international celebration of World Youth Day in Lisbon, Portugal in 2022 on the theme of "Mary arose and went with haste" (Luke 1:39). [Link to Pope Francis' 2020 WYD message.](#)

EARTH HOUR

A Sign of Solidarity: Parishes and parishioners are invited to turn off all non-essential indoor and outdoor lights during Earth Hour, between 8:30 - 9:30 pm on Sat., Mar. 28. Earth Hour, a global initiative, is a simple way to show that we choose a future where climate change is no longer a threat and that together we can make a difference. Info: jdorner@archottawa.ca; 613-738-5025 ext. 251.

MASS ON TV

Vision TV: Sunday 8:00 am; Monday – Friday 8:00 am & 12:00 pm; Saturday 8:00 am & 9:30 am. To locate, click on the Find Vision TV button at <https://www.visiontv.ca/>

For a complete list of Masses on TV or online, visit our Facebook page, Canadian Martyrs Parish, Ottawa or the Resource page on our website: <http://canadianmartyrs.org/online-masses/>

Diocesan theme: Christ is everything for us. "Lord, to whom can we go? You have the words of eternal life". (John 6.68)

Events at Galilee Centre, Arnprior

HOW WE LEARN: KENDAASAWIN – APRIL 24-26,

The Kendaasawin program is a two day cross cultural experience designed to provide transformative opportunities for both Indigenous and non-indigenous learners on the path of healing, reconciliation and spiritual growth. Retreatants will participate in ceremony, teaching, & sharing circles under the guidance of the elders.

Donna Naughton & Hasina Rakotoariso S.J. will be facilitating this program.

Cost: Single \$240, Double \$195, Commuter \$135 CDN – \$100 non-refundable deposit required with single and double applications; \$50 non-refundable deposit required with commuter applications.

SISTER WATER AND THE SULTAN—JUNE 12-14

Facilitator: Leonard Desroches

Spend an amazing two days with an advocate, activist, author

and leading authority who has put the lessons of St. Francis of Assisi into action in our day.

St. Francis' life speaks to us about love as the enduring power for transformation. This retreat will explore the connection between love of the environment, love of neighbor and love of enemy. This is a message of courage and hope for our times. This retreat will begin with registration at 4 pm Friday, June 12 and run until Noon Sunday June 14.

Cost: Single \$330, Double \$305, Commuter \$270

For more information on any of the Galilee programs, www.galileecentre.com: 613-623-4242 ext 21 or info@galileecentre.com

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If you would like to advertise in our bulletin, please call 613-232-5347 or email office@canadianmartyrs.org.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION:

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: We collect non-perishable food items for the Centretown Emergency Food Centre on an on-going basis.

MILK BAGS: We collect milk bags that are made into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.

YOUVILLE CENTRE: Youville Centre is a non-profit, registered charity that serves adolescent mothers and their children. We collect in-kind donations for the centre. Please leave your donations in the parish centre.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>