



# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2  
Phone: 613-232-5347 Email: [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org)  
[www.canadianmartyrs.org](http://www.canadianmartyrs.org)  
**Cancelled**  
Mass Schedule  
Tuesday-Friday 11:00am Saturday 10:00am  
Sacraments available for all ages

## 5th Sunday of Lent March 28/29 2020

### Pastor

Fr. Tim Coonen, OMI

### Parish Life Coordinator

Maureen Cerroni

### Administrative Assistant

Heather Duggan

### Pastoral Council

Angela Burton

Meetings: 1st Thurs. 7:15pm

### Finance Committee

Joseph Duggan

### Development and Peace

Evelyn Kelly

### Christian Meditation

Dorothy Wood

Mondays, 7pm

### Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

### Diocesan Centre

1247 Kilborn Pl.

613-738-5025

### Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

### Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175



**You are mine, says  
the Lord!**  
**Help me live my  
faith by following  
Your example.**

**PLEASE PRAY FOR OUR SICK:** Fr. Tim, Fred Miller, Liam Elder, Ramon de Rosayro, Yvonne Fraser, Ken, Minda and Margaret Hart, Sheila and Edward Gasnick, Raul Esteban, Chris Smith and family, Leonardo Miferi, James Craigen and family, Michael McManus, and Sarah McDonald

**PRAYER OF THE FAITHFUL**  
**We pray for all who have died, especially Gus Fraser, and for those who mourn them.**  
Gus and his wife, Molly were long time St. Margaret Mary parishioners who recently joined Canadian Martyrs parish. Gus passed away at home on Sunday, March 22nd. He is survived by his wife, Molly and his 3 children. A memorial will take place at Canadian Martyrs at a later date.

**WEBSITE**  
Please check the Happenings page of our website: <http://canadianmartyrs.org/happenings/> for important announcements and resources.

Please continue to support our parish in the current context of COVID-19. We still need donations to cover recurrent expenses such as heat and electricity.

*Thank you!*

There are 4 ways to give to the church **and** receive a tax receipt.

1. Box of donation envelopes for weekly donations
2. Direct deposit donations (monthly or bimonthly) – forms on Welcome Table
3. Credit card donations through Canada Helps – form on our website or <https://www.canadahelps.org/en/charities/holy-canadian-martyrs-parish/>
4. Blue Visitors' envelopes for one-time or occasional donations

You can also donate to the church by your life insurance policy, by a bequest in your will and by donating mutual funds or securities. Please see details on our website: <http://canadianmartyrs.org/donate/>

## Our Parish News

### PRAYER

We pray for those who are sick, and for those who care for them, and also for those whose livelihood is endangered in this crisis. Especially in this time of increased isolation and tribulation, it is all the more essential that our life in Christ be lived fully, even though our public activities are necessarily restricted for a time.

### UPDATES FROM PARISH DURING COVID-19

We will be updating parishioners by email, on our website, and on our Facebook page. Currently, all public Masses and events in parishes are cancelled and churches are closed to the public.

### DONATIONS TO THE CHURCH

Our parish is still in financial need even though it is closed to the public. We still need funds to cover recurrent expenses such as heat, electricity and salaries of essential staff. If you wish to continue to donate to the church, you can donate through Canada Helps using a credit card, <http://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, On. K1S 1C2. Thank you for continuing to support the church and helping us pay the bills!

### SPIRITUAL COMMUNION

Here is the Act of Spiritual Communion written by St. Alphonsus de Liguori:

*My Jesus,  
I believe that you  
are present in the Most Holy Sacrament.  
I love you above all things,  
and I desire to receive you into my soul.  
Since I cannot at this moment  
receive you sacramentally,  
come at least spiritually into my heart.  
I embrace you as if you were already there and unite  
myself wholly to you.  
Never permit me to be separated from you.  
Amen.*

### LENTEN FOOD DRIVE

We have been supporting the Centretown Emergency Food Centre with a food drive during Lent. Please continue to support them by donating non-perishable food items at 507 Bank St. or donate through their website: <http://cefcottawa.org/donate/>

### CATHOLIC REGISTER

The Catholic Register has removed the paywall to the digital edition of their newspaper, making this replica version of their print issue free to all our readers.

<https://www.catholicregister.org/>

### 6 FEET APART

During the time that youth ministry programs are cancelled in Ottawa, a video series called 6 Feet Apart will be uploaded daily to the Family and Youth Ministry Office – Ottawa YouTube channel at <https://www.youtube.com/playlist?list=PL2jIE8JvXVukm719w0CQoDknu7iCbAsPe>, with prayers posted live on Instagram at @thehouseonfridays. <https://www.instagram.com/thehouseonfridays/>

### TELEVISED MASSES & RESOURCES

Salt + Light TV has made arrangements with Rogers, Bell, Telus, Shaw Direct & Videotron so that Salt + Light TV is available free of charge to all subscribers until 1 May 2020. Therefore, all subscribers may have access to televised Masses seven days a week. The channel number on each cable company that carries Salt + Light TV can be found at <https://saltandlighttv.org/live/waystowatch?muid=1>. Please note that the Daily TV Mass is available on other faith based television networks besides Salt + Light TV (found at <https://dailytvmass.com/about/broadcast-schedule/>.) Living with Christ, English Canadian edition is available to download for free until Mar. 29 at (<https://livingwithchrist.ca/>).

# Development and Peace - Caritas Canada

## SOLIDARITY SUNDAY

In keeping with this seasonal spirit of Lent, Development and Peace — Caritas Canada calls us to reaffirm our commitment For our Common Home. In response to Pope Francis' concern for the Amazon and its peoples, we are invited to heed the cry of the poor and the cry of the Earth through the testimonies of Indigenous and traditional communities who are struggling to protect the Amazon forest from shameless plunder. We are also invited to live an ecological conversion and to take concrete actions to preserve the future of our Earth and of present and future generations.

The COVID-19 pandemic has forced D&P to retool the annual Share Lent collection. There are three ways for Canadian Catholics to support the vital work of D&P in the Global South. It is more important than ever.

You can support D&P by:

1) telephone contributions: 1-888-664-3387

2) online: [www.devp.org](http://www.devp.org)

3) mail cheques to :

Development and Peace

1425 Rene-Levesque  
Blvd. West, 3rd Floor,  
Montreal, Quebec, H3G 1T7

Please be as generous as you can. The Share Lent collection is the core of the funding to help vulnerable people around the world.

In these difficult times, the need for solidarity and supporting one another is all the greater, especially for our sisters and brothers in the Global South, whose struggles will be exacerbated by the pandemic.

Many resources are already available here, <https://www.devp.org/en/lent/resources> and in the coming days, additional activities will be added that let you experience the spiritual renewal of Lent online and express your solidarity with those who need it the most.

The Symbols of Solidarity is an activity designed to visually illustrate the theme of the 2020 Share Lent campaign, For Our Common Home.



• A burnt stick to symbolize illegal logging and deforestation



• A plant in a pot to symbolize biodiversity and the hope that arises from our personal action to become guardians of the forests.



• A large feather symbolizing Indigenous knowledge and culture.



• A bowl of earth and a mineral rock to symbolize both, the richness of the Earth and its exploitation.

**Heron Home Hardware**

1740 Bank St.  
613-733-3492  
Yes, we cut keys, sharpen garden tools, scissors and we repair screens, patio doors and windows



**Immaculata High School**  
140 Main St.  
Proud Sponsors of the Community  
613-237-2001



We are a Full Care Community

Please call Evelyn for a Complimentary Lunch & Tour:  
613-864-6026



**Whelan Funeral Home**  
Sean P. Copeland  
515 Cooper St.  
613-233-1488

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Somerset • 613-235-6712  
Walkley • 613-731-1255



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If you would like to advertise in our bulletin, please call 613-232-5347 or email office@canadianmartyrs.org.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

**IMPORTANT INFORMATION:**

**BAPTISM PREPARATION:** Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

**MARRIAGE PREPARATION:** Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PASTORAL CARE OF THE SICK:** Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

**PARISH REGISTRATION:** The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

**DIRECT DEPOSIT DONATIONS:** The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

**FOOD CUPBOARD:** We collect non-perishable food items for the Centretown Emergency Food Centre on an on-going basis.

**MILK BAGS:** We collect milk bags that are made into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.

**YOUVILLE CENTRE:** Youville Centre is a non-profit, registered charity that serves adolescent mothers and their children. We collect in-kind donations for the centre. Please leave your donations in the parish centre.

**PARISH PASTORAL COUNCIL MINUTES:** For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>