



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org

No in-person Masses during Lockdown

4th Sunday in Ordinary Time
January 30/31 2021

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Ceroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Burton

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175



PLEASE PRAY FOR OUR SICK:

Peter McAllister, Rabbi Bulka, Gerarda Staples, Joyce White, Devin Bursey, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Fred Kapusta, Amy Gertz, Fr. Frank Kavanagh, Fr. Vaughan Quinn, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog

PRAYER OF THE FAITHFUL

That the whole church, anxious about the affairs of the Lord, serve the world with holiness of body and spirit, we pray to the Lord.

That wisdom, patience and understanding be our guide as we face various challenges in the distribution of the Coronavirus vaccine, we pray to the Lord.

That selfishness and greed be cast away with the practice of the presence of God in liturgy, prayer, reflection and acts of charity, we pray to the Lord.

That the sick and those near death receive the comfort and peace of God's loving presence through the people who care for them and through our prayers, we pray to the Lord.

DECEMBER COLLECTION

Envelopes:	\$ 21,934.00
Direct Deposit (EFTs):	\$ 7,460.00
Canada Helps:	\$ <u>6,826.10</u>
Total:	\$ 36,220.10

Average monthly expenses: \$ 18,934.71

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word can be found in the body of the Bulletin email.

Parish News

LENTEN EPISTLE

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **February 8** for our Lent 2021 issue.

507 SANDWICH CLUB

Thanks to heart-warming donations of time and funds from parishioners at Canadian Martyrs, the 507 Sandwich Club surpassed the 1,000 sandwich mark on January 22nd. The fact that we have been able to reliably deliver nutritious and delicious sandwiches to Centre 507 in the midst of increased COVID restrictions is a true testament to the generous spirit of our parish community! Monetary donations are still needed as we search for business/institutional sponsors. Additional volunteers are always welcome! Please contact Angie at angieb3000@gmail.com for more information.

OUR COMMON HOME

Consider joining the Facebook group created by parishioners at Holy Redeemer in Kanata called "[Holy Redeemer Kanata- Our Common Home](#)". The page is dedicated to responding to the cry of the earth and the cry of the poor, as inspired by Pope Francis' invitation to all believers and non-believers to "care for our common home". All are welcome. Info: lizmurph12@gmail.com.

FRATELLI TUTTI: SHARE LENT, SHARE LOVE!

Explore with us Pope Francis' latest encyclical on fraternal love and how we can put it into concrete action in our lives. . The workshop on **Thurs., Feb. 4, 6:30 pm** will be interactive and include space for dialogue with Catholics from all over eastern and northern Ontario already practicing this work. Hosted by Development and Peace. Click [here to register](#). For more information: thurford@devp.org.

LET US ALL DREAM

Pope Francis has released a new book, *Let Us Dream*, calling for a more humanitarian reset following these many months of COVID-19 and its destruction around the world. Click [here](#) to read a review from *The Guardian* (UK).

VIRTUAL ARTS AND RECREATION CENTRE

Ottawa's new Virtual Arts and Recreation Centre opens opportunities to get fit, learn a new language, recipe or instrument, or discover your talents with a brush and palette—virtually, right in the comfort of your home. The winter class offerings are online at ottawa.ca/recreation.

THE SYNOD FOR THE AMAZON

Explore new paths for the Church in Latin America and Canada. You are invited to begin your Lenten reflection by participating in an online webinar on **Tuesday, Feb. 16, at 7:30 p.m.** which will center on the themes of the Synod: ecological justice and Indigenous rights. For more information, please click [here](#).

VIRTUAL EVENTS

National Gallery of Canada: [Virtual NGC](#) presents online access to some of the Gallery's Canadian, Indigenous and international collections. Plus, kids and adults can get creative with online activities.

Canadian Museum of History: [The Museum at Home portal](#) brings Canada's most visited museum to your home, including a 360° tour of the Canadian History Hall, exhibitions, crafts, games, films and more.
Rideau Canal: Watch fascinating behind-the-scenes and aerial [videos](#) about the [Rideau Canal Skateway](#) in winter. To see what the UNESCO World Heritage Site is like in the summer, watch TVO's program [Tripping the Rideau Canal](#), a four-hour immersive "real-time" virtual trip.

4TH SUNDAY OF ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

Today I would like to look at the difficulties we have because of the mixed motives we bring to our response to the call to conversion.

In the first reading, God tells the people that he will raise up a prophet like Moses from among the people. There were prophets, but none that could be compared to the great Moses. There were prophets, but they were not authentic. The problem lay with the fact that their motivation was destroying their credibility. They could not be believed because they did not walk with God as Moses had done. We read in the book of Deuteronomy: "No prophet has arisen in Israel like Moses, whom the Lord knew face to face." When this high praise of Moses took place, we are told of the heroic obedience of Moses and his willingness to remain with the people of Israel, even if it meant that the dreams and goals of his lifetime were to be denied fulfillment. As Moses looked out upon the beautiful country, God said, "This is the land which I swore that I would give to their descendants. I have let you feast your eyes upon it, but you shall not cross over." In this context Moses is declared "the servant of the Lord." Moses was a true prophet. The true prophet that God would raise up from among his people was in fact, Jesus Christ.

The Gospel today says that Jesus taught with authority unlike the scribes. To teach with authority means that Jesus was authentic. What he taught and did corresponded with what he was. The scribes were not bad people; in fact they were very religious, but their teachings had a hollow ring to them. What they taught did not correspond with their lives.

The readings ask us to consider how honest and authentic we really are, especially, how pure our motives are. This is not as easy as it first looks. Each of us carries our own baggage of biases. Each of us shows a certain favouritism towards our own insights and personal causes. These biases and ways of looking at things are not dishonest. Sometimes it's the best we can do. But when we compare ourselves with the truth as revealed in Jesus Christ, we know that we are not as honest or as authentic as we could be.

In my homilies, my prejudices, biases and places where I am inauthentic show through. You know and I know that I am often blind to them. What I preach doesn't always correspond with what I do. That is always a challenge for a preacher. This is not to say that we are dishonest as preachers. It's just that if we are totally honest with ourselves, we can easily find that many of our religious

actions, our prayers, our Masses and the other sacraments we celebrate with and for the people are coloured by the fact that our personal motives are often mixed. We want to be good, or well-liked, or popular. We all have our biases for our own causes and these get in the way of our progress in total fidelity to our God.

We are being called by the readings today to examine, in a healthy way, our motives and interests. Our motives for doing even what is right may very well be for personal or selfish reasons. Here we are being challenged to question ourselves as to whether we are doing the right things for the right reason. Are we using God and religion for our personal benefit? In the Gospel, Jesus does not act out of selfish motives, rather he spoke with authority and as one who was totally one with God. Jesus never used his divinity for his own benefit. His miracles were worked out of compassion for the sick and the helpless. It was the task of Jesus to seek always the Father's will in all his human actions. Seeking the Father's will, Jesus gave himself as the model for prophecy.

Seeking the Lord alone, one can give themselves totally to the happiness of spouse, of neighbour, of religious community. Thus Jesus gives us the model for prophets, for preachers and for everyone. Seek the Lord alone. Give oneself totally to this. Then we will be enabled to act with authority and authenticity.

ONLINE MASSES IN OTTAWA

A list of Catholic parishes in Ottawa that are live streaming or recording their Masses can be found at: <https://en.archoc.ca/masses-online>

You can also find a reflection on the Sunday readings on St. Joe's parish website: <http://www.st-josephs.ca/>

SACRAMENT OF RECONCILIATION

Our pastor, Fr. Tim, is still offering in-person Reconciliation by appointment. To schedule Reconciliation, please contact Fr. Tim directly at pastor@canadianmartyrs.org or call the office.

"We ignite not in the light, but in lack thereof,
For it is in loss that we truly learn to love.
In this chaos, we will discover clarity.
In suffering, we must find solidarity."

- *Youth Poet Laureate, Amanda Gorman*

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Canadian Martyrs Parish, Ottawa



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Arbor Memorial

If you would like to advertise in our bulletin, please call or email the office.

DONATIONS TO THE CHURCH

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff, and new expenses such as hand sanitizer, masks and cleaning supplies. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you are able to come to

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.