



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org

Mass Schedule

Wednesday 11:30am
Saturday 5:00pm and Sunday 10:00am (must register)

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Burton

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

1st Sunday of Lent

February 20/21 2021



DISINFECT AND LOOK INSIDE

Examine your feelings about Lent, and allow the light of Christ to enter you.

Read: Romans 5:12-17, Colossians 1:13-14.

Write down past sins that keep coming to mind on a piece of paper and discard it. **Read:** Jeremiah 31:31-34.

PLEASE PRAY FOR OUR SICK:

Frank Groten, Peter McAllister, Rabbi Bulka, Gerarda Staples, Joyce White, Devin Bursey, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Fred Kapusta, Amy Gertz, Fr. Vaughan Quinn, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog.

PRAYER OF THE FAITHFUL

For the Church: that the Spirit may lead us during this Lenten season to a fuller living of the Gospel and generous service to those in need. We pray to the Lord.

For the leaders of every nation: that God will help them to share their knowledge and resources with people and countries that are burdened by poverty and natural disasters. We pray to the Lord.

For all students and teachers: that God will guide the educational process, help everyone to grow, and keep everyone safe. We pray to the Lord.

For sincerity in our fasting: that our Lenten disciplines will help us make room for God in our lives and increase our compassion for others. We pray to the Lord.

MASS INTENTIONS

Sat., Feb. 20 John Lim by his family
Annette LaPierre by Margaret Denny
Wed., Feb. 24 Amelia Mendonca by Ilario Pellizzari
Bertha DiBartolo by Maragaret Denny
Sat., Feb. 27 Mary McMinn by Margaret Denny
Pat and Fern Denny by Margaret Denny

DECEMBER COLLECTION

Envelopes:	\$ 21,934.00
Direct Deposit (EFTs):	\$ 7,460.00
Canada Helps:	\$ <u>6,826.10</u>
Total:	\$ 36,220.10

Average monthly expenses: \$ 18,934.71

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word can be found in the body of the Bulletin email.

Parish News

LENT 2021

Our service to our neighbour helps to define who we are as a community of faith and love. This Lent, please support our 507 Sandwich Club (please make cheques payable to Canadian Martyrs Church) and/or the Centretown Emergency Food Centre. The food items that the CEFC need are: small jars of peanut butter, canned tuna or salmon, canned pasta sauce and canned vegetables (no large cans of tomatoes, please) or donate at: <http://cefcottawa.org/donate/>. Food items can be dropped off at the church.

LENTEN RECONCILIATION SERVICE

The Lenten Reconciliation Service will be held on Wednesday, **March 3rd** at 7:00pm. A registration email will be sent out in advance.

STATIONS OF THE CROSS

The youth of the parish will be presenting the Stations of the Cross via Zoom on **March 5th** at 7pm. We will be using the same Zoom link that we use for Sunday Liturgy of the Word. Please join us!

ANOINTING OF THE SICK

The Anointing of the Sick is a prayer of healing, not only for our physical healing, but also for spiritual health, and for the strength, peace, and courage to bear the burden of illness. Canadian Martyrs will celebrate a Mass of the Anointing of the Sick on Wednesday, **March 17th** at 11:30am.

JOIN LAUDATO SI' LENT

Throughout [Laudato Si' Lent](#), you'll find suggested activities on the [Lenten calendar](#). Each week will feature a "mini-fast" that will help all of us reduce our ecological footprint and reflect on our relationship with God and all creation.

RON ROLHEISER RETREAT

Presented by the Galilee Centre, Arnprior, **April 16-18**. Facilitator: Fr. Ronald Rolheiser, OMI, Friday Evening Lecture: *The Real Obstacle to Holiness – Our Pathologically Complex Nature*. Weekend Retreat: *Spiritual Wisdom from the Deep Wells of Christian Mysticism – Principles for Living a Mystically-Driven Life*. For info and to register [click here](#).

SHARE LENT, SHARE LOVE WITH DEVELOPMENT AND PEACE

Although much of our parish activity has been interrupted due to COVID-19, the work of Development and Peace moves forward with passion and commitment. Campaign Share Lent, Share Love is inspired by *Fratelli Tutti* in which Pope Francis calls on us to live a love that would make us "one great family, where all of us can feel at home" – a love that "exudes compassion and dignity" (*Fratelli Tutti*, 62). For resources click [here](#).

On World Day for Social Justice, **February 20** from 1 to 2 pm, join D&P's first web event, *Development and Peace's Mission and Catholic Social Teaching*. Sign up [here](#) to register for the webinar. Watch for other events and learning opportunities throughout Lent.

VIRTUAL EVENTS

Winterlude, Ottawa: Until Sunday, **Feb. 21**, join the 43rd Winterlude virtual activities. Find links by [clicking here](#).

Explore Churches: Explore the United Kingdom's amazing churches, chapels and meeting houses. [ExploreChurches](#) is the perfect place to discover a love for churches.

Iconic Catholic Churches: Take a [virtual tour](#) of four of the most beautiful churches in the world. Use Google Earth to travel inside and out of these iconic Catholic churches, from the comfort of your own home.

1ST SUNDAY OF LENT

Excerpt from a homily by Fr. Carl Kelly, OMI

Lent is the season to prepare for the full celebration of the central event of our redemption story: the suffering, death and resurrection of Jesus. The first reading today goes way back to a period before recorded history began. We have the story of Noah and the flood. After Noah's ark came to rest, as the first reading said: "God said to Noah and his sons, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you...I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood...'" God binds himself to remember the contract he has made, and the rainbow was to be a sign. There is a deeper message here. It is God's love for people, expressed concretely in a sign they would know. Here is the story of one man's family long ago and far away, but it might just as easily be now and be your family. Noah is memorable because he was a man of faith, and because God made a covenant with him. Noah represents God's wanting to give humans another chance.

In the second reading, St. Peter sees even more in this story. The waters of the flood are, for him, a foreshadowing of baptism, "Baptism, which this prefigures, now saves you, not as a removal of dirt from the body, but as an appeal to God for a good conscience through the resurrection of Jesus Christ..." As God brought Noah and his family out of the waters of the flood, so God has brought us from death to life through the waters of Baptism. It is good to remember our Baptism, to feel the water again, to know once more what Christ did for us through those life-giving waters.

The Church gives us these two readings: the story about Noah and God's covenant and the statement by Peter to remind us that, on Easter, we will all stand together before the altar and renew our baptismal promises. Lent is for getting in shape to do that. Lent is for living up to our baptism, Lent is for shaping up, by prayer, fasting and almsgiving for the race we are in. With those two readings preparing the way, we hear again the story of Jesus' experience in the desert, a place where there is danger, where there are encounters with Satan. That is where Jesus goes, and stays for forty days. Mark says: "He was tempted by Satan, he was with wild beasts, and the angels waited on him." The desert or the wilderness is used by Mark to signify a place that was opposite to the mountain. The mountain was where one encountered God. That was where Moses received the Ten Commandments. That was where Jesus was transfigured. The mountain was a place to

meet God. The wilderness was where one met evil. The desert was the place where one encountered the dark side, the sinful side of mankind. If the mountain was a good place to be, then the desert was a bad place to be. It was a place of hunger and thirst, and suffering, a place of danger, a place where evil lurked, and was the place where one encountered serious temptations. Mark tells us: "After Jesus was baptized, the Spirit drove him out into the wilderness." At his baptism, Jesus had the experience of knowing that he was the Son of God, he was the beloved, and God's favour rested with him. And the Spirit of God which appeared at his baptism, now drove him into the desert, to this dangerous place where he would be tested and tried, and where he would be ministered to by angels. This is the image that the Gospel gives us today. Mark in his Gospel does not tell us anything about the temptations. He does not have to. He states that Jesus was in the desert. It was not to be an experience of God's presence, but rather a place where the absence of God would be felt, and where Jesus would be in full solidarity with the people he came to lead back to God.

The readings today tell us that Lent is a time during which we recall the loving covenant God made with Noah and us, and we recall the promises made at our baptism. We are invited to join Jesus in the desert, where we get to know our own sinfulness, to know the absence of God, so that we, too, can be ready to hear the message that Jesus delivered to Galilee: "The time is fulfilled, and the kingdom of God has come near: repent and believe in the Good News."

VOCATION REFLECTION

"Into the Wilderness" by Jarek Pachocki, OMI

"We might not be able to literally travel to the desert as Jesus did, but we can all create a desert space in our overcrowded lives. We can set aside a place and time to be alone daily with God, a time to distance ourselves from the many noises and voices that bombard our lives every day, a time to hear God's word, a time to rediscover who we are before God, a time to say, "yes" to God and, "no" to Satan as Jesus did. Welcome to Lent! Welcome to the desert!"

Read the [reflection here](#).

"Lent is not about penance. Lent is about becoming, doing and changing whatever it is that is blocking the fullness of life in us right now."

- Sister Joan Chittister, OSB

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Canadian Martyrs Parish, Ottawa



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DONATIONS TO THE CHURCH

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff, and new expenses such as hand sanitizer, masks and cleaning supplies. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you are able to come to Mass, there will be a donation basket available at the greeter's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.