



# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2  
Phone: 613-232-5347 Email: [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org)  
[www.canadianmartyrs.org](http://www.canadianmartyrs.org)

**No in-person Masses during Lockdown**

## 5th Sunday in Ordinary Time

February 6/7 2021



### Pastor

Fr. Tim Coonen, OMI

### Parish Life Coordinator

Maureen Ceroni

### Administrative Assistant

Heather Duggan

### Pastoral Council

Angela Burton

Meetings: 1st Thurs., 7:00pm

### Finance Committee

Joseph Duggan

### Development and Peace

Anna Dorner

### Christian Meditation

Dorothy Wood

Mondays, 3pm

### Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

### Diocesan Centre

1247 Kilborn Pl.

613-738-5025

### Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

### Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

### PLEASE PRAY FOR OUR SICK:

Frank Groten, Peter McAllister, Rabbi Bulka, Gerarda Staples, Joyce White, Devin Burse, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Fred Kapusta, Amy Gertz, Fr. Vaughan Quinn, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog.

### PRAYER OF THE FAITHFUL

For the Church, that by preaching the Gospel in word and deed, many may come to know the compassionate love of God, we pray to the Lord.

For leaders of nations, that they work to safeguard people of all ages, especially the elderly and those needing special assistance, we pray to the Lord.

For the sick, especially those suffering from COVID, that they be restored to health, and for their caregivers, that they be sustained by faith, we pray to the Lord.

For the people of this parish, that we trust in Jesus' desire and power to cleanse our hearts and nourish our souls, we pray to the Lord.

We pray for all who have died, especially Teresa Hubbard, and for those who mourn them. We pray to the Lord.

## DECEMBER COLLECTION

Envelopes:	\$ 21,934.00
Direct Deposit (EFTs):	\$ 7,460.00
Canada Helps:	\$ <u>6,826.10</u>
Total:	\$ 36,220.10

Average monthly expenses: \$ 18,934.71

*Thank you!*

## ZOOM GATHERINGS

3pm Monday: Christian Meditation  
8pm Tuesday: Lectio Divina and Meditation  
6:30pm Thursday: Evening Prayer  
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word can be found in the body of the Bulletin email.

## Parish News

### ASH WEDNESDAY

We will be having a Liturgy of the Word via Zoom for Ash Wednesday on **February 17th** at 7pm. We will use the same Zoom link (found in the body of the bulletin email) that we use for Sunday Liturgy of the Word.

### LENTEN EPISTLE

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org) by **February 8** for our Lent 2021 issue. Also, please participate in our Lenten survey sent out by email on Monday.

### 507 SANDWICH CLUB

Thanks to heart-warming donations of time and funds from parishioners at Canadian Martyrs, the 507 Sandwich Club surpassed the 1,000 sandwich mark on January 22<sup>nd</sup>. The fact that we have been able to reliably deliver nutritious and delicious sandwiches to Centre 507 in the midst of increased COVID restrictions is a true testament to the generous spirit of our parish community! Monetary donations are still needed as we search for business/institutional sponsors. Additional volunteers are always welcome! Please contact Angie at [angieb3000@gmail.com](mailto:angieb3000@gmail.com) for more information.

### THE SYNOD FOR THE AMAZON

Explore new paths for the Church in Latin America and Canada. You are invited to begin your Lenten reflection by participating in an online webinar on **Tuesday, Feb. 16, at 7:30 p.m.** which will center on the themes of the Synod: ecological justice and Indigenous rights. For more information, please click [here](#).

### VIRTUAL EVENTS

**Winterlude:** From Friday, **Feb. 5**, 7 pm to Sunday, **Feb. 21**, join the 43rd Winterlude virtual activities: *Exploring Canada's Winter Traditions - A national virtual show*. Find links to the fun by [clicking here](#).

**Discover the joy of dance at home:** Baycrest and Canada's National Ballet School (NBS), industry leaders in geriatric care and dance training, are offering FREE dance courses for older adults, which can be accessed from your home or wherever you are. For more information [click here](#).

**Escape Manor:** Test your escape skills online with friends and family from one or more locations with [Digital escape experiences](#).

### FROM THE VATICAN NEWS

**Pope to Biden:** Pope Francis sends a message to President Joe Biden, urging him to be a bringer of peace and reconciliation to the United States and to the whole world.

### FROM DEVELOPMENT AND PEACE

A group of young Montrealers organized a deliciously lucrative Christmas fundraiser. Overcoming pandemic restrictions, they pulled off a logistical miracle to sell hundreds of boxes of premium cheese from the Saint-Benoît-du-Lac Abbey. The sale raised over \$11,000 for Development and Peace! [Read more](#).

### BLACK HISTORY MONTH

February 2021 marks the 26th anniversary of Black History Month in Canada, and the Ottawa Public Library has chosen the theme "Canadian Black History in the Making" to focus on both the past and the present. They are excited to announce a wide variety of virtual programs through February for a variety of age groups and interests. [Click here for more details](#).

## 5TH SUNDAY OF ORDINARY TIME

*Excerpt from a homily by Fr. Carl Kelly, OMI*

After Jesus had spent the day healing people, he went off by himself to pray. When the Apostles found him they said: "Everyone is searching for you." He answered, "Let us go in the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." Paul tells us of his proclaiming of the Gospel, and that it was an obligation placed on him.

First a story: a small town decided to have an auction to raise money for a community centre. The townsfolk looked through their homes, and managed to gather a collection of trinkets, furniture and other slightly more valuable items. On the day of the auction things proceeded quite well, several thousand dollars had been raised by the time the last item was brought forward: an old violin coated with dust and grime. "What do you bid for it?", asked the auctioneer, There was only silence. "Come on," he persisted, "say something". Finally someone yelled out, "fifty cents", and everyone laughed. Then a man came to the front and asked to see the violin. He took it, tuned it, and began to play. Its beautiful sound filled the room. When he finished, he handed the violin back to the auctioneer and walked away. The auctioneer called out again. So the bids went on "\$200! \$300! \$400!".

In his travels, the Apostle Paul endured beatings, imprisonment, and misunderstanding. Everywhere Paul went he shared the good news of Jesus Christ. And as he presented the Gospel in each place and to each person or group, he strove to be understood, he altered his behaviour and his manners so that the message would be more easily heard. Paul describes it: "Though I am free and belong to no man, I make myself a slave to everyone, to win as many to Christ as possible. To the Jews, I became like a Jew to win the Jews. To the weak, I became weak to win the weak. I have become all things to all people so that by all possible means I might save some."

While Paul's calling was a special one, the essence of his calling is not special at all. We, like Paul, are called to share the good news of Jesus Christ who has affected our lives. Unfortunately many Christians have no zeal for this task. Some think that it is inappropriate to tell others about Christ. While others avoid their calling by saying that faith is a private matter. What is wrong with us that we are so reluctant to witness to others about the good news which we believe in?

We often ask why are there so few people coming to Christ? Why is there so much apathy about God in the world? Some of the answers are found out in the world:

people are attracted to the gods of money and success, others are caught up by the demons of ignorance and fear, but some of the answers to the questions we ask about the church lie within us. So little is happening in so many of our churches because we are saying so little about our Saviour. Have you ever told anyone the good news of Jesus Christ? Remember the violin? Dusty, dirty, old, it was worth only fifty cents until it was played. Then it was worth hundreds of dollars. Would you have the church grow? Would you have society become a better place? Would you have others discover healing and wholeness for their lives? Allow yourself to be played by the master. Allow Christ to penetrate ever deeper into your lives. Wait upon God, search for God, listen for God, walk with him and talk with him, and God will walk and talk with you. God will make the difference in your lives, and you will want to pass that difference, and the reason for it, onward. People want something in their lives that is better than what they have. They want God to touch them as they see God has touched others.

### ONLINE MASSES IN OTTAWA

A list of Catholic parishes in Ottawa that are live streaming or recording their Masses can be found at:

<https://en.archoc.ca/masses-online>

You can also find a reflection on the Sunday readings on St. Joe's parish website: <http://www.st-josephs.ca/>

### SACRAMENT OF RECONCILIATION

Our pastor, Fr. Tim, is still offering in-person Reconciliation by appointment. To schedule Reconciliation, please contact Fr. Tim directly at [pastor@canadianmartyrs.org](mailto:pastor@canadianmartyrs.org) or call the Office.

### VOCATION REFLECTION

*God Continues to Call* by Fr. Richard Beaudette, OMI  
"Just as Jesus reached out to those least touched by the society and institutional religion of their day, he continues to call disciples to follow his example and be instruments of God's compassion, tenderness and care."

Read the [reflection here](#).

"Change will not come if we wait for some other person or some other time.

We are the ones we've been waiting for.

We are the change that we seek."

—Barack Obama

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Eterna Health Care Inc. is a small home health care organization offering Nursing Health Assessments, Health Education, Clinical/Spiritual Psychotherapy, Footcare, and Home Support Services to those in the Ottawa and Kemptville area. Let us help you!

Contact Trina by phone at 613-875-1645, or book an appointment online at [www.eternahealthcare.ca](http://www.eternahealthcare.ca)

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**Canadian Martyrs Parish, Ottawa**



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Arbor Memorial

**If you would like to advertise in our bulletin, please call or email the office.**

**DONATIONS TO THE CHURCH**

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff, and new expenses such as hand sanitizer, masks and cleaning supplies. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you are able to come to

**IMPORTANT INFORMATION**

**BAPTISM PREPARATION:** Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

**MARRIAGE PREPARATION:** Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PASTORAL CARE OF THE SICK:** Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

**PARISH REGISTRATION:** The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

**PARISH PASTORAL COUNCIL MINUTES:** For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

**DIRECT DEPOSIT DONATIONS:** The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

**FOOD CUPBOARD:** Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.