



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org

Mass Schedule

Wednesday 11:30am
Saturday 5:00pm and Sunday 10:00am (must register)

Pastor
Fr. Tim Coonen, OMI

Parish Life Coordinator
Maureen Cerroni
Administrative Assistant
Heather Duggan

Pastoral Council
Angela Burton
Meetings: 1st Thurs., 7:00pm
Finance Committee
Joseph Duggan
Development and Peace
Anna Dorner
Christian Meditation
Dorothy Wood
Mondays, 3pm
Evening Prayer
Pierre LaViolette
Thursdays, 6:30pm

Diocesan Centre
1247 Kilborn Pl.
613-738-5025

Schools
Corpus Christi
798 Lyon St. S
613-232-9743
Immaculata HS
140 Main St.
613-237-2001

Cemeteries
Hope Cemetery
613-822-1212
Notre-Dame
613-746-4175

4th Sunday of Lent March 13/14 2021



Hit the Reset Button

Live these remaining days of Lent with as much fervor as you first intended.

Read: Psalm 116:5-9, 1 Samuel 2:8

Read the news and give the gift of prayer to those suffering in our global family.

Read: Luke 17:7-10, Titus 3:1-12

PLEASE PRAY FOR OUR SICK: John Dorner, Gertrude LaViolette, Magda Kubasiewicz, Frank Groten, Peter McAllister, Rabbi Bulka, Joyce White, Devin Burse, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miferi, Fr. Vaughan Quinn, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog.

PRAYER OF THE FAITHFUL

For the Church, that we may continue to grow in our relationship with Christ and manifest God's unbounded love for the human family by our good deeds. We pray to the Lord.

For human rights defenders around the world, who advocate for the protection and respect of civil, political, economic, social, and cultural rights, that they are filled with the courage of God's love. We pray to the Lord.

For young people, many of whom have seen their careers and personal aspirations crushed due to COVID, that they may trust in God that they will have a bright future. We pray to the Lord.

For the many people who are suffering from mental strain due to isolation during COVID, that they may experience encouragement and a helping hand from their community. We pray to the Lord.

MASS INTENTIONS

Sat., Mar. 13 Dan Kelly and Linus Kelly by Lorna Kelly, Margaret Doyle, Michael Doyle, and Robert Margaret Lang by Allison Dingle
Wed., Mar. 17 Jim and Edna Manion by MacDonald family
Sat., Mar. 20 Amelia Mendonca by Ilario Pellizzari
Pat Denny by M. Denny

FEBRUARY COLLECTION

Envelopes:	\$ 7,067.70
Direct Deposit (EFTs):	\$ 7,660.00
Canada Helps:	\$ 2,785.24
Total:	\$ 17,512.94

Average monthly expenses: \$ 19,357.82

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

LENT 2021

This Lent, please support our 507 Sandwich Club (please make cheques payable to Canadian Martyrs Church) and/or the Centretown Emergency Food Centre. The food items that the CEFC need are: small jars of peanut butter, canned tuna or salmon, canned pasta sauce and canned vegetables (no large cans of tomatoes, please) or donate at: <http://cefcottawa.org/donate/>. Food items can be dropped off at the church.

LAUDATO SI' OMI WEBINAR SERIES

The purpose of these OMI webinars (links below) is to generate interest in the critical importance of integral ecology as presented in Pope Francis' encyclical on the environment, *Laudato Si'*.

[Emerging from the Covid-19 pandemic: Guidance from *Laudato Si'*](#)

[Sustainable Development in the Framework of *Laudato Si'*](#)

LAUDATO SI' LENT

International Day of Action for Rivers is on March 14th. Pray near a river or body of water. If you're unable to go outside near water, pray and meditate with the [Earth Sessions](#).

SHARE LENT 2021

Did you know Development and Peace has an active youth movement from coast to coast?

The Share Love, Share Lent campaign celebrates the passion and commitment of youth, who represent the present and the future of the Development and Peace movement. Join them in supporting our work for positive change in Canada and in the Global South.

Start a solidarity letter chain in aid of Development and Peace. Learn how at devp.org/chainletter.

LENTEN RESOURCES

Journey through the Lenten season with the Archdiocese's [weekly family newsletter](#) or in this [special Lenten section](#) of the Archdiocese's website. There are Lenten resources for everyone!

FOR THE LOVE OF CREATION

For Love of Creation's faith-in-action campaign mobilizes people across Canada to reduce their household greenhouse gas emissions and demonstrate support for increased federal climate action by writing letters to key federal Cabinet Ministers on a range of climate justice issues: climate ambition, a just transition, Indigenous rights, and support for the Global South. The campaign was launched on Ash Wednesday and will run until to October 4, 2021 (The feast of St. Francis of Assisi). Take action now!

<https://forthe loveofcreation.ca/advocacy/campaign/>



SPRING AHEAD!

Don't forget to change your clocks on Saturday night before you go to bed so that you aren't late for Mass or Liturgy of the Word on Sunday!

VIRTUAL EVENTS AND ACTIVITIES

[The Louvre](#): there are now seven different virtual tours of the museum that people can enjoy without ever having to leave their homes today.

[Studio Ghibli, Mitaka](#): This Japanese museum is devoted to the world-famous animation studio.

[Spy Museum](#): Take a 360° photo tour, dive deeper with a personalized virtual tour or experience, or check out the Collection Highlights to see espionage exhibits up close.

4TH SUNDAY OF LENT

Excerpt from a homily by Fr. Carl Kelly, OMI

On each of the first three Sundays of Lent, we were reminded of the covenant that God has made with us, the covenant by which God becomes our God and we become God's people. The covenant on the first Sunday of Lent was spoken through the story of Noah and how God gave the rainbow as the sign of the covenant. Then we had the story of Abraham and Isaac, and how God entered into a new covenant with Abraham. Last Sunday we remembered the Sinai covenant. The commandments were brought to their full realization in Jesus. He is the guide of how we are to live if we are to be God's people. That is a commitment made by the people who presented us for baptism, and which we have reaffirmed by our lives. The readings today instruct us, in a very helpful way about sin: about how God is always waiting to be gracious to us, to forgive us, and to heal us. The first reading today reminds us of how the people were unfaithful, following the example of the nations around them and so they defiled the house which God had made holy. The God of their ancestors continued to send prophets to warn the people. But they rejected God's word and so devastation came upon them. They refused to heed God's call to reject violence and war, and they were taken off into exile for seventy long years. For the people of the Old Testament, the whole period of the exile was one of great growth in religious maturity, and the development of the people of God. This was a wonderful blessing.

Jesus said it was through his death, his being crucified, or raised up, that the people would have new life and the forgiveness of their sins. In the second reading, Paul says: "God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—for it is by grace you have been saved." What took place through the death and resurrection of Jesus was that all things are now changed. Paul gives us a vision that is wider and deeper than anything we could imagine.

These readings prepare us for the statement made by John, which contains the central point of the Christian faith: "God so loved the world that he sent his only-begotten Son so that those who believe in him may not perish, but have life everlasting." Here is our gospel. Its Good News is that God loves the world, and, not only does God love it, but freely gave it his most precious gift, his Son. God insists that the world is lovable and that God loved it first. The message implies that it's a matter of uncovering and celebrating the signs of the presence of God.

Joseph Mary Plunkett's poem, *I See His Blood Upon The Rose*, interprets John's Gospel passage for us:

"I see his blood upon the rose
And in the stars the glory of his eyes,
His body gleams amid eternal snows,
His tears fall from the skies.
I see his face in every flower;
The thunder and the singing of the birds
Are but his voice and carven by his power
Rocks are his written words.
All pathways by his feet are worn,
His strong heart stirs the ever-beating sea,
His crown of thorns is twined with every thorn,
His cross is every tree."

That's the poet's view of our Gospel. God is not apart from the world but rather in it because God created it and loved it and sent Jesus into it. And in spite of all the evils that obscure the vision of God, God is here and we must learn to be alert to the Spirit and to the Spirit's hidden, everyday grace. A God of mercy directs all that happens to us. Our faith tells us that God has an eternal plan. It is our faith that enables us to make some sense of what happens to us. And that is what will help us see the working plan of God in our lives.

VOCATION REFLECTION

"Compelled by God's Love", by Richard Beaudette, OMI
"The Word of God for this Fourth Sunday of Lent invites and challenges us to reflect on our own experiences of God's love for us. Each of us will have our own unique experiences, but we are reminded that God's love is poured out on all people. As we experience this gift of love, we are invited to respond." Read the reflection [here](#).

"Nature is too thin a screen; the glory of
the omnipresent God bursts through
everywhere"

- *Ralph Waldo Emerson*



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DONATIONS TO THE CHURCH

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff, and new expenses such as hand sanitizer, masks and cleaning supplies. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you are able to come to Mass, there will be a donation basket available at the greeter's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.