



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Wednesday 11:30am

Saturday 5:00pm and Sunday 10:00am (must register)

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Burton

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

3rd Sunday of Lent

March 6/7 2021



Guard your Tongue

Give up one thing that distances you from God and add one thing that draws you closer. **Read:** 2 Timothy 2:22, Hebrews 10:22

Spend a day noticing the words you say to others. How might you fine-tune them to God's glory? **Read:** Romans 14:19, 1 Corinthians 2:12-13

PLEASE PRAY FOR OUR SICK: Gertrude LaViolette, Vicente Brborich, Magda Kubasiewicz, Frank Groten, Peter McAllister, Rabbi Bulka, Gerarda Staples, Joyce White, Devin Bursey, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miferi, Fr. Vaughan Quinn, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog.

PRAYER OF THE FAITHFUL

That we see the commandments that were gifted to us by God as an opportunity and invitation to spread his love and justice to all those in need, we pray to the Lord.

That the protectors of the Earth who care for and preserve the biodiversity of the Earth, our common home, get the support they need, we pray to the Lord.

That during this Lenten season, we reflect on our call to seek the truth, particularly when we see it misrepresented in social media and among our peers, we pray to the Lord.

That we support our young people when they find courage to speak out against racism and inequity, we pray to the Lord.

That the beginning signs of spring will begin to renew the hope of all those with weary souls, we pray to the Lord.

MASS INTENTIONS

Sat., Mar. 6 Catherine Allen by Robert and Brian Allen, Jim Chambers by his family, Bertha DiBartolo by Margaret Denny

Wed., Mar. 10 Madeline Remillard by Denise Remillard, Charles O'Reilly by Joe O'Reilly

Sat., Mar. 13 Dan Kelly and Linus Kelly by Lorna Kelly, Margaret Doyle, Michael Doyle, and Robert Margaret Lang by Allison Dingle

DECEMBER COLLECTION

Envelopes:	\$ 21,934.00
Direct Deposit (EFTs):	\$ 7,460.00
Canada Helps:	\$ <u>6,826.10</u>
Total:	\$ 36,220.10

Average monthly expenses: \$ 18,934.71

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

LENT 2021

This Lent, please support our 507 Sandwich Club (please make cheques payable to Canadian Martyrs Church) and/or the Centretown Emergency Food Centre. The food items that the CEFC need are: small jars of peanut butter, canned tuna or salmon, canned pasta sauce and canned vegetables (no large cans of tomatoes, please) or donate at: <http://cefcottawa.org/donate/>. Food items can be dropped off at the church.

STATIONS OF THE CROSS

The youth of the Parish will lead us in the Stations of the Cross on Friday, **March 5** at 7:00 p.m. Please join us to follow their lead through this journey of suffering for us that Jesus took. This also provides us each with a chance during Lent to think about “what would I have done?” We will be using the same Zoom link that we use for Sunday Liturgy of the Word.

POPE FRANCIS' LENTEN MESSAGE

In his message for Lent 2021, Pope Francis calls on the faithful to “renew our faith, draw from the living waters of hope, and receive with open hearts the love of God.” Read the full message [here](#).

POPE'S PRAYER INTENTION FOR MARCH

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

VIRTUAL EVENTS AND ACTIVITIES

[The Diefenbunker](#): You can explore the Bunker from the comfort of your own home.

[Ripley's Aquarium](#): Explore the aquarium at home and learn all about the amazing animals of our world waters!

[C'est Bon Cooking](#): In addition to socially distanced, in-person instruction, this ByWard Market-based cooking school offers online classes.

SHARE LENT 2021

Message from CCCB President, Archbishop Richard Gagnon “The past year has been one of organizational renewal for Development and Peace - Caritas Canada, in order to bring it closer to the bishops, other clergy, persons in consecrated life and laity, and thus more effective in its service to the poor and oppressed in the Global South... All are invited to join with Development and Peace - Caritas Canada in its renewal, and at the same time for you to renew your own commitment to solidarity, service, and caring for others, particularly those most vulnerable in society.” Read the full letter [here](#).

LENTEN RESOURCES

Journey through the Lenten season with the Archdiocese's [weekly family newsletter](#) or in this [special Lenten section](#) of the Archdiocese's website. There are Lenten resources for everyone!

LAUDATO SI' LENT

Try out a new plant-based recipe today and share it with a friend. Use the [Sisters of Mercy Meatless Mondays cookbook](#).

WORLD DAY OF PRAYER

Knox St. Paul's United Church is hosting this year's World Day of Prayer on Friday, **March 5**, 12:01 pm. World Day of Prayer is a prayer movement that invites us to enrich the faith experience of Christians from other countries and cultures and to bring hope to women touched by injustice. The World Day of Prayer Service will be available on the [Knox-St. Paul's Facebook Page](#) or their [YouTube Channel](#). Info: Kim Baird, WDP Area Coordinator, 613-933-5851.

3RD SUNDAY OF LENT

Excerpt from a homily by Fr. Carl Kelly, OMI

Two powerful scenes are in the readings for this Sunday. In the Gospel, we have the account of Jesus' purification of the temple. The first reading is God's presentation of the Ten Commandments to Moses at Sinai. As is usual on Sundays, the Gospel text is the main reading and the Old Testament reading gives us a way to hear the Gospel. This Sunday, we can ask how does God's solemn declaration to Moses give us an insight into Jesus' dramatic action in the Jerusalem Temple. The answer to that question takes us into the very heart of our readings for this Sunday. Both texts in fact share a common biblical conviction: that the God we worship influences the way we are to behave towards our God and towards each other. This is, in fact, a distinctive feature of both Judaism and Christianity. In the ancient world, one might worship any God but such devotion did not require one to act in any particular way. The book of Exodus tracks the people Israel on their flight to freedom from slavery in Egypt. During their desert sojourn, Moses and the people he leads have a dramatic encounter at Mt. Sinai with the God who had rescued them. The awesome and tender God forges a covenant with Israel: they will be his people and he will be their God. This covenant relationship, which stands at the heart of the Old Testament, is built on God's fidelity and love of his people, but there is also a similar response of love and fidelity expected in turn from his people. This is what the Ten Commandments spell out. They are not simply a list of arbitrary rules, but they flow from the very nature of the covenant relationship with God.

The first three commandments remind Israel of their obligations to the God who has given them life and freedom. They are not to worship false gods; they should worship God and express their love for him; they should observe the Sabbath as a sacred day devoted to worship and rest, a day in harmony with the very rhythm of God's creation. The next seven commandments spell out the basic responsibilities to others that they have as sons and daughters of God. They are to have reverence for their parents; to be faithful to their spouse and family; they are to do no harm to others and give others respect. What that means is that the relationships among God's people are to reflect God's relationship to Israel.

Here, too, is a fundamental conviction of the Bible: the human person is made in the image and likeness of God. The commands God gives to Israel, and which Jesus will add to in his own teaching, reveal the human person as created by God. We are to worship God with love and

respect, and deal with others in a spirit of love, respect and justice. These are not just made up demands. They spring from the very way we have been created by God. What this means is we were built this way, and to act any other way violates our very selves.

We have been made in the image and likeness of God. That is the explanation for Jesus' actions in the Temple, the most sacred place in Judaism where God's presence was especially intense. All four evangelists consider this act of Jesus' as a climactic point in his mission, one that would trigger deadly opposition to Jesus and lead to his death. John puts this scene at the beginning of Jesus' public ministry but also links it to his death: "Destroy this temple and in three days I will raise it up'...but he was speaking about the temple of his body." The selling of animals to the pilgrims that came to worship was necessary for the temple sacrifices. So, too, were the money changers who provided coins that did not have the image of the Roman emperor on them, as ordinary coins did, making them unsuitable for donations to the temple. Jesus undoubtedly knew this but his action makes a dramatic point. Like the prophets of old, he calls Israel back to authentic worship. Worship that would express itself in acts of justice, mercy and love, the kind of worship demanded at Mt. Sinai. The famous words of Isaiah echo Jesus' own anger: "Trample my courts no more; bringing offerings is futile; incense is an abomination to me...Wash yourselves; make yourselves clean; remove the evil of your doings from before my eyes; cease to do evil, learn to do good; seek justice...". This is the challenge we hear today at this stage of our Lenten journey. The God of Israel, the God revealed by Jesus, is bound to us in an enduring covenant of love. Because of that and because we are made in God's image and likeness, we, too, must strive to lead lives of love and justice.

VOCATION REFLECTION

"Our Lives as a Temple" By Serena Shaw, Oblate Associate. "Have we asked the right questions throughout our lives? We start asking when children are very young, "what do you want to be when you grow up?". I truly believe that is the wrong question. I feel we need to start by asking, "how do you want to serve when you grow up?". If we can start framing our decisions differently, I believe we will have an easier time hearing what it is God wants for us." Read the reflection [here](#).

"Love comes more naturally to the human heart than its opposite."

- Nelson Mandela

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DONATIONS TO THE CHURCH

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff, and new expenses such as hand sanitizer, masks and cleaning supplies. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you are able to come to Mass, there will be a donation basket available at the greeter's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.