



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org

Mass Schedule

Wednesday 11:30am
Saturday 5:00pm and Sunday 10:00am (must register)

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Burton

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

5th Sunday of Lent

March 20/21 2021



Let Go of Your Ego

For the rest of Lent think of when you are trying to seek approval of others.

Read: 2 Corinthians 13:5-9, Galatians 6:3

With a kind word, raise someone's spirits up today or do a kindness for someone with whom you do not see eye to eye.

Read: Romans 14:19, 1 Corinthians 11:23-26

PLEASE PRAY FOR OUR SICK: John Dorner, Magda Kubasiewicz, Frank Groten, Peter McAllister, Rabbi Bulka, Joyce White, Devin Bursey, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Fr. Vaughan Quinn, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog.

PRAYER OF THE FAITHFUL

For our Church, that she continue to promote the common good through dialogue, peace, reconciliation, and spiritual healing. We pray to the Lord.

For world leaders, that they increase their efforts to find peaceful resolutions to the armed conflicts that have created some of the worst humanitarian crises ever, and that they work together to facilitate access to COVID vaccines in poorer countries. We pray to the Lord.

For Development and Peace's partners, that they continue, through our support, to build a world of kindness, justice and peace. We pray to the Lord.

For all those who are suffering due to economic setbacks, career and study disruption, and social isolation during COVID, that they receive the necessary help and encouragement to overcome their challenges. We pray to the Lord.

For our Parish, that we do our part to help our neighbours in need, through our parish programs and our own initiatives. We pray to the Lord.

MASS INTENTIONS

Sat., Mar. 20 Amelia Mendonca by Ilario Pellizzari

Wed., Mar. 24 Charles O'Reilly by Lorna Kelly

Sat., Mar. 27 Rita Smith by the Dickson family

HOLY WEEK SCHEDULE

Thu. Apr. 1: Holy Thursday, 7pm

Fri. Apr. 2: Good Friday, 3pm

**Zoom Stations of the Cross presented by
Development & Peace Committee, 7pm**

Sat. Apr. 3: Easter Vigil, 8pm

Sun. Apr. 4: Easter Sunday, 10am

Zoom Liturgy of the Word, 11:15pm

ZOOM GATHERINGS

3pm Monday: Christian Meditation

8pm Tuesday: Lectio Divina and Meditation

6:30pm Thursday: Evening Prayer

11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

SOLEMNITY OF ST. JOSEPH

March 19th is the Solemnity of St. Joseph, protector of the Congregation. Pope Francis dedicated this year to St. Joseph, giving us an opportunity [to reflect](#) deeper on the mystery of his vocation as father and husband.

SOLIDARITY SUNDAY, MARCH 21

Did you know that over 10,000 Canadian Catholics like you are members of Development and Peace? The Share Love, Share Lent campaign invites you to pray for them and to honour their solidarity towards our sisters and brothers in the Global South. Show your support by donating generously this coming Solidarity Sunday. You can also become a monthly donor and have your year-long contribution matched, thanks to the support of religious communities across Canada. Not only will you double your impact, but you will also automatically become a member of Development and Peace! Learn more at devp.org/lent.

You can also make a simple, fast and secure donation online by donating through [our fundraising page](#) created on the Development and Peace website. A tax receipt will automatically be issued by D&P for any donation of \$10 or more.

The Most Rev. Guy Desrochers, Bishop of Pembroke and members of Development and Peace's National Council, will preside over [the hour-long bilingual mass](#) on Solidarity Sunday, **March 21st** at 1pm. The mass will be preceded by a 30-minute presentation on Development and Peace's mission of international solidarity.

LENTEN RESOURCES

Journey through the Lenten season with the Archdiocese's [weekly family newsletter](#) or in this [special Lenten section](#) of the Archdiocese's website. There are Lenten resources for everyone!

A PATH THROUGH LOVE

Are you looking for a special way to pray and participate in the Passion of Jesus during Holy Week? Join the Oblate School of Theology on "A Path Through Love", a free, ten-day Holy Week retreat. You will pray with a biblical passage **from Palm Sunday to Easter Tuesday**. Each day you will receive a prayer format that will contain a scripture reading and reflection, as well as a piece of art, a poem or music to help you bring your prayer to a close. To register click [here](#).

LAUDATO SI' LENT

Honour the equinox by spending time marveling at the beauty of God's creation. Celebrate the seasons changing with friends, even if it's only by offering a prayer of thanks to God and letting a friend know.

HOLY THURSDAY FOOD DRIVE

A special Food Drive will be held on Holy Thursday of non-perishable food for the Centretown Emergency Food Centre. Thank you for your donations!

VIRTUAL EVENTS AND ACTIVITIES

[The Royal Tyrrell Museum](#): This museum in Alberta is all about dinosaurs.

[Lines of Sight](#): a five-minute virtual reality film that takes viewers on a heli-skiing journey through British Columbia's majestic Columbia Mountains.

[Ontario's Provincial Parks](#): Go on an adventure through our provincial parks via Ontario Parks series of videos.

5TH SUNDAY OF LENT

Excerpt from a homily by Fr. Carl Kelly, OMI

In today's Gospel, a couple of Greeks seek an audience with Jesus. They find Philip and ask him to arrange an interview. Jesus says, "Now is the Son of Man to be glorified." Then he goes on to talk about a grain of wheat needing to die before it lives again in another way, Jesus' reply doesn't seem to fit, until we understand that the Gospel writer is assuming we know that Jesus has arrived at a decision time in his life. He is struggling with the problem of whether to flee it or face it. Jesus pours out his fears, his feelings, his heart. He is struggling with a weighty decision. This is what the disciples have interrupted and now we understand Jesus' reply. It was meant to be a running commentary to us. Will Jesus flee and save his life, or will he lose his life and thereby save it? Jesus is being called to be a grain of wheat that must die before it can live. Can he accept that? We are called to be a grain of wheat that must die before we can truly live. Can we accept that? Jesus concludes that he must. There is no other way to salvation. The one who loses his life for God's sake, will save it. That's the path he chooses, and it becomes the spiritual wisdom he leaves us.

A story was told in "Christianity in Crisis" by Hank Hanegraaff. John was full of optimism. Along with his wife, he was blessed with a beautiful baby. With the shattering of the economy came the devastation of John's dreams. Broken-hearted, he, like so many others, found a job tending one of the great railroad bridges. John would sit in a control room and direct the gears of the bridge. He would look out as ships glided under his bridge. Then, he would lower the bridge and stare as trains roared by. One day father and son headed off toward the bridge. As his son watched, he thought that his father must surely be the greatest man alive. His father could single-handedly control the movements of such a huge structure. Before they knew it, noontime had arrived. John had just elevated the bridge and allowed some ships to pass through. As they ate lunch, they watched as the ships passed by. Suddenly they were startled back to reality by the whistle of a distant train. John saw that the bridge was still raised and that the train would be by in just minutes. Not wanting to alarm his son, he instructed him to stay exactly where he was. John jumped onto the catwalk and ran to the control house. He searched the river to make sure that no ships were in sight. And then he looked straight down to make certain nothing was below. As he did so, he saw below him was his son. Apparently he had fallen and was wedged in the gearbox. John knew that lowering the bridge meant killing

his son. What could he do? He considered the train full of people moving closer to the bridge. But this, this was his son! He knew there was only one thing he could do. He knew he would have to do it. And so, burying his face, he plunged down the lever. The cries were quickly drowned out by the train with its passengers, roaring across the bridge. John lifted his tear stained face and looked in the windows of the train. Many of the passengers seemed to be engaged in either idle conversation or careless laughter. No one looked his way. He pounded the glass in the control room and cried out, "Don't you care? Don't you know I've just sacrificed my son for you?" No one answered; no one heard. No one even looked. And then, as suddenly as it had happened, it was over. The train continued on its way. This story is but a faint glimpse of what God, the father, did for us. Unlike the train, that caught John by surprise, God, in his great love for us, determined to sacrifice his son so that we might live. Hear these words from today's Gospel reading once again. "Now my soul is troubled, said Jesus. And what should I say: Father, save me from this hour? No, it is for this very reason that I have come to this hour. Father, glorify your name." The suffering and the death of Jesus had a purpose.

Those who join themselves to him honour what God has done. "Unless a grain of wheat falls into the earth and dies, it remains but a single grain. But if it dies, it bears much fruit." It is difficult to grasp just what he has done. But we know that we are called to accept that it was done for us, so that we might live.

VOCATION REFLECTION

"Sir, We Wish to See Jesus" by Vijay Deivanayagam, OMI
"As followers of Christ, if we want to see Jesus, we must learn to die like the grain which dies and then bears fruit. Seeing Jesus means dying to all parts of our life that blind or hinder us to seeing a new life. Seeing Jesus means learning to die to resentment, hatred, self-centeredness, obsessions and compulsions, discrimination, and indifference and to bear the fruits of love, peace, justice, forgiveness, unity, and solidarity."

Read the reflection [here](#).

"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome."

- Anne Bradstreet

Water Action Group and *Laudato Si'*

March 22nd is World Water Day — a good occasion to think about our relationship with water in this, the fifth anniversary year of Pope Francis's environmental encyclical *Laudato Si'*. Recognizing that water is essential to all forms of life and has a foundational place in all cultures, we need to be excellent stewards of water, to ensure this resource is mindfully used today and available for generations to come.

Prompted by a request from Fr. Daryold Winkler, pastor of St. Basil's Church, for a celebration of the fifth anniversary of *Laudato Si'*, planning began and grew to include four parishes: St. Basil's, Canadian Martyrs, Holy Redeemer and Queen of the Most Holy Rosary. Four action groups were formed including Water, Food, Indigenous Perspectives and Schools and Education.

The Water Action Group is exploring ways to increase awareness and champion local participation in events and programs that solidify our commitment to clean water for all. We are also keeping in mind educational opportunities with webinars, advisory groups and newsletters, within our own and other parishes and in the community more broadly. We definitely want to see what the City of Ottawa's initiative "Rain Ready Ottawa" could have in our Church and parishioners' properties.

Some online resources include:

Local: [Ottawa RiverKeeper](#), [Ecology Ottawa](#)

Canada-wide: [World Water Day Canmore](#), and [Global Catholic Climate Movement Canada](#)

Worldwide: [World Water Day](#) and [Global Catholic Climate Movement](#)

The four parishes are represented in the various groups; others are welcome to join. Depending on numbers and interests, additional Action Groups could be formed in the future.

If you have suggestions for the Water Action Group or would like to join the group, please let us know by sending a note to the Water Action Group through the parish office, office@canadianmartys.org.



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If you would like to advertise in our bulletin, please call or email the office.

DONATIONS TO THE CHURCH

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff, and new expenses such as hand sanitizer, masks and cleaning supplies. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you are able to come to Mass, there will be a donation basket available at the greeter's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.