



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org
Closed for in-person Masses
Office open Monday-Thursday, 9am—4pm

Pastor
Fr. Tim Coonen, OMI

Parish Life Coordinator
Maureen Cerroni
Administrative Assistant
Heather Duggan

Pastoral Council
Angela Davis
Meetings: 1st Thurs., 7:00pm
Finance Committee
Joseph Duggan
Development and Peace
Anna Dorner
Christian Meditation
Dorothy Wood
Mondays, 3pm
Evening Prayer
Pierre LaViolette
Thursdays, 6:30pm

Diocesan Centre
1247 Kilborn Pl.
613-738-5025

Schools
Corpus Christi
798 Lyon St. S
613-232-9743
Immaculata HS
140 Main St.
613-237-2001

Cemeteries
Hope Cemetery
613-822-1212
Notre-Dame
613-746-4175

5th Sunday of Easter May 1/2 2021



PLEASE PRAY FOR OUR SICK: Joe Lochnan, Pat Mavis, John Dorner, Frank Groten, Peter McAllister, Rabbi Bulka, Joyce White, Devin Bursey, Sandy Cano, Fred Miller, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog

PRAYER OF THE FAITHFUL

We pray for the Church, that we will overcome the difficulties of suspicion and mistrust as seen between Saint Paul and the Apostles and grow in respect and unity. We pray to the Lord.

We pray for the people of India, experiencing a new time of crisis in the pandemic, that nations will generously rally to their aid. We pray to the Lord.

We pray for all those who suffer from anxiety during this exceptional situation, that they may find comfort in God and in the community. We pray to the Lord.

We pray for continued patience and understanding during the lockdown and for help maintaining meaningful connections with others. We pray to the Lord.

MARCH COLLECTION

Envelopes:	\$ 8,494.35
Direct Deposit (EFTs):	\$ 7,710.00
Canada Helps:	<u>\$ 2,454.15</u>
Total:	\$18,658.50

Average monthly expenses: \$18,932.98

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as heat, electricity and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2.

THE EPISTLE

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **May 3** for our Pentecost 2021 issue.

WATER DROPLETS

Helpful tips from the *Laudato Si'* Water Action Group: Use the nutrient rich water from your goldfish bowl or from boiled eggs to feed your houseplants (and save some water).

2021 NATIONAL WEEK OF LIFE AND FAMILY Material, prepared by the Catholic Organization for Life and Family (COLF), is available at <https://www.cccb.ca/national-week-for-life-and-the-family/>. This week will be observed **May 9-16**, with the theme, "Family, the Domestic Church: A Sign of Hope and Life".

LIVE THE MONTH OF MARY

You're invited to experience the month of May in communion with *Living with Christ*. Each day of the month, receive information about and prayers to the Virgin Mary by email, FREE of charge. Join [here](#).

WEEK FOR LIFE

March For Life Week, **May 9-16!** The countdown is on to the 24th National March for Life in Ottawa and online. Visit <http://www.marchforlife.ca/> for up-to-date information & virtual links to the week's events.

LIFE AS A CHRISTIAN IN THE HOLY LAND

Are you curious to know what it is like to live as a Christian in the land where Jesus walked? Paul Bard, a member of the Knights of Columbus from St. Joseph's Parish, Orleans and Catherine Casserly from St. Basil's Parish invite you to join in an open discussion with two Palestinian Christians living today in the Holy Land. Wed., **May 5**, 10:00–11:30 am. Registrants will receive a confirmation with link to join the free webinar. [Registration https://www.ottawaforumip.org/](https://www.ottawaforumip.org/).

THE COLLAPSE OF SELF-TRANSCENDENCE

Galilee Centre presents Dr. David Perrin of St. Jerome's University, who will speak on "The Collapse of Self-Transcendence: COVID-19 and the Reshaping of Meaning-Making in Everyday Life". Live streamed event on **May 4**, 7:30–8:30 pm. [More info & registration](#) Cost: \$10. info@galileecentre.com or 613-623-4242, ext. 21.

VIRTUAL EVENTS AND ACTIVITIES

[NACO Live with the NAC Orchestra](#): With superb sound and stunning camera views, catch up on previously recorded performances of NACO Live in Southam Hall [Carleton University's Lifelong Learning Program](#): Registration opened on Wednesday, **April 28**, online classes include courses on classical music, 1960s rock, Atlantic Canadian literature and more. [Dance Ontario Dance Weekend](#): Dance Ontario's first ever virtual weekend of dance films, interactive workshops, and more from **April 29th-May 2nd!**

5TH SUNDAY OF EASTER

Excerpt from a homily by Fr. Carl Kelly, OMI

In moments of danger, people generally draw close to each other. Up until the actual danger, we may have been indifferent to each other. Often it takes a common danger to bring us closer to one another. We are reminded that we all live in a small world and depend on each other. What happens to one, affects everyone. People can work or live side by side for years and never acknowledge each other. When tragedy strikes, they discover they belong to the same family. They begin to recognize each other as human beings.

On Holy Thursday evening, Jesus ate the Passover meal with his friends. Death was in the air. Danger lurked in every corner. It was not easy to tell who could be trusted. Jesus felt this more keenly than his friends did. He spoke to them with great sadness in his heart about how one of them would betray him, and how the rest would desert him. When he was at the table with them, he spoke of love. How they were to love one another the way he had loved them. On the way to the garden he found the ideal symbol for the bond he felt with them. He stopped by a vineyard, and said: "See this vine. See the bond that exists between the vine and the branches. That's how it is between you and me. I am the vine and you are the branches. If you remain attached to me, you will produce much fruit. But if you cut yourselves off from me, you will wither and die." This is how Jesus felt. This is the way Jesus wants it to be between him and us.

In today's first reading, we have an account of how Paul was introduced to the other Apostles in Jerusalem. Barnabas had to tell the others that Paul was not a persecutor, but was, in fact, connected with Christ. Jesus wanted his disciples and us to realize that they were branches of the same vine, and that therefore they should form a community of love. The fruit which Jesus desires from us is primarily that of unity among ourselves. All of us want to do good things: we want to produce good fruit. But many of us, in trying to do good things, end up feeling burned out, exhausted and even despairing. This particularly happens to many people in the caring professions: doctors, social workers, nurses, teachers and the like. They do much good, but many get frustrated, angry, and tired; their ability to help others decreases, and some end up giving up entirely on their professions. Yet there are others, others who do as much, if not more. Others who are full of hope and of life, full of care and love for their neighbours, and their world, who never fall prey to this plague. Rather they go on and on, touching and

healing those around them by what they do: the word of assurance to those who are in doubt, the comforting hug to those who are in pain, the gift to those who do not know if they are loved, and the deed of kindness to the one who is in need. They do because they are connected to the source of hope, to the source of life, to the source of care and love. All these things are things that God wants us to do. They are part of what Jesus calls the fruit of being in him. They are also the evidence and the proof that we are who we say we are.

Often, we, as Christ's followers, live and act as if we had nothing in common. If we are indifferent towards one another, or worse still, if we are divided, then it will be clear to the world that we have cut ourselves off from the true vine. It is Christ himself who unites us. It is in him that we become one. It is an ideal, but one that the modern world is most in need of. Under the guidance of the Holy Spirit we will be able to give our lives completely for the service of all, as Christ did. He came not to be served, but to serve.

VOCATION REFLECTION

"Abide in Me!"

by Vijay Deivanayagam, OMI

Jesus uses the metaphor of a vineyard to tell his disciples that they must remain in his love and act as his disciples. What Jesus wants to teach us in today's Gospel is the extreme necessity for us to remain or abide in him. So, what does it mean to abide?

Read the reflection [here](#).

CATHOLIC EDUCATION WEEK PRAYER

Gracious and generous God, creator of the earth, our common home, with each new day, we prepare the earth of our lives by sowing seeds of gratitude for all you have given. Inspire us to cultivate relationships with all living beings. May we harvest new fruit and marvel in the wonder at the beauty around us. Nurture us in hope. Amen. "Those who hope in the LORD will renew their strength." (Isaiah 40:31)

[Catholic Education Week, May 2 – May 7, 2021](#)

"If everyone helps to hold up the sky, then one person does not become tired."

— Askhari Johnson Hodari

My God who Gives Water to the Spring Every Day

by Marie Noël

**My God who gives water to the spring every day,
And the spring flows and the spring seeps,
Making room for the wind to take its course,
And the wind gallops through the night.
Give me something to dream about, as my mind wanders
From dreaming of the dawn to dreaming of the dusk,**

**As I endlessly listen to the earth speak
With the pink sky, with the black sky.
Give me something to sing, me the poor poet,
For people in a hurry, who come and go,
And who don't have the time to hear in their head
The tunes of life and death.**

**But if you, my God, want me to sing to others
The song of happiness, the most beautiful song,
How will I do that if I haven't learned it?**

I will only invent a counterfeit.

**Give me happiness if you want me to sing it,
Just to get a glimpse of what everyone knows,
Just enough to make my voice touching,
Just a little, almost nothing, so I know what it is.**

A little – so little – the remains of gold powder

**Or flour at the tip of my little finger,
Nothing, not even enough to fill my thimble,
Yet enough to fill the world.**

Amen

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IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.