



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org
Closed for in-person Masses
Office open Monday-Thursday, 9am—4pm

Pastor
Fr. Tim Coonen, OMI

Parish Life Coordinator
Maureen Cerroni
Administrative Assistant
Heather Duggan

Pastoral Council
Angela Davis
Meetings: 1st Thurs., 7:00pm
Finance Committee
Joseph Duggan
Development and Peace
Anna Dorner
Christian Meditation
Dorothy Wood
Mondays, 3pm
Evening Prayer
Pierre LaViolette
Thursdays, 6:30pm

Diocesan Centre
1247 Kilborn Pl.
613-738-5025

Schools
Corpus Christi
798 Lyon St. S
613-232-9743
Immaculata HS
140 Main St.
613-237-2001

Cemeteries
Hope Cemetery
613-822-1212
Notre-Dame
613-746-4175

Trinity Sunday May 29/30 2021



PLEASE PRAY FOR OUR SICK: John Dorner, Peter McAllister, Rabbi Bulka, Joyce White, Devin Burse, Sandy Cano, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog

PRAYER OF THE FAITHFUL

That all those who have been baptized in the love and wisdom of the Holy Spirit are moved to uphold the teachings of love and justice for all, as given to us through Jesus, our Saviour. We pray to the Lord.

That as children of God, we stand up and are counted in the preservation of all of his holy creation, through our thoughts, words and most importantly, our deeds. We pray to the Lord.

That our clergy and leaders find strength to be, like Jesus, nurturing and caring leaders, in service to their peoples, in this very difficult time. We pray to the Lord.

That all those parents, children and educators, who continue to work so hard to forge a new path through this pandemic, take heart that summer is almost here and will bring a well-earned rest. We pray to the Lord.

For all who have died, especially Bernadine Burke, and for those who mourn them, we pray to the Lord.

APRIL COLLECTION

Envelopes:	\$ 9,705.00
Direct Deposit (EFTs):	\$ 7,710.00
Canada Helps:	\$ 3,942.87
Total:	\$ 21,357.87

Average monthly expenses: \$ 19,580.77

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2.

ROSARY FOR THE MONTH OF MAY

From Pope Francis: "Let us implore the protection of Mary by offering up the Daily Rosary during the month of May, dedicated to the Blessed Virgin Mary, for an end to the pandemic." Throughout the month, 30 shrines worldwide have been designated to help us pray, saying the Rosary in their language, with intentions related to the pandemic. [Click here](#) for the list of shrines, where the Rosary is prayed each day at 12pm EST, with links to watch live, or afterwards on demand.

HERE WITH US: DEALING WITH DEMENTIA

On June 2 at 4:00pm join a free panel discussion on this increasingly pressing issue: How will parishes respond with compassion and sensitivity to the growing number of elderly Catholics struggling with dementia? Novalis Publishing brings a pastor, a bioethicist and an author of a recently published book on this subject into a conversation on a complex and often challenging aspect of our aging congregations. [Register here.](#)

AN URGENT APPEAL

To help Caritas India cope with their Covid-19 emergency, Development and Peace has committed an initial sum of \$50,000. Given that much of the Indian subcontinent is vulnerable to this crisis, much more help will be needed. Caritas India's executive director, Fr. Paul Moonjely, has appealed to "the community of [the] faithful, institutions and people of goodwill to contribute generously." Let's respond with open hearts! [Please donate generously](#) to help D&P's partners respond to this emergency.

VAX AIDE—VACCINE SUPPORT

- Need help booking your vaccine appointment?
- Need a ride to and from your vaccine appointment?
- Would you like to volunteer to drive members of the community to their appointment?

Canadian Martyrs parishioner, Malcolm Britto, is leading Vax Aide, a group of volunteers to help those that need assistance. You can make your request at www.vaxaide.ca or by calling 613-869-8221.

WEBINAR WITH CARDINAL CZERNY, SJ

In this free webinar, "Everyone and Everything Connected: Pope Francis' Vision of Our World": Building on Pope Francis's two encyclicals, *Laudato si* and *Fratelli tutti*, Cardinal Czerny invites us to consider what these encyclicals have to say to us as parishes, to the Church in Canada and beyond. **May 30**, 2:30-4:30pm.

To join the webinar [click here](#). Passcode: 535413.
Info: St. Basil's Parish 613-729-5149;
stbasilsparish@gmail.com.

VIRTUAL EVENTS AND ACTIVITIES

[Best ice cream \(and other frozen treats\) in Ottawa](#): not virtual, but definitely delicious!

[Make your own tulip cookies](#): Honey and ginger tuiles shaped like tulips

[Hershey's Chocolate World & Factory Ride Thru](#) - Talking life size candy bars and singing cows

TRINITY SUNDAY

Excerpt from a homily by Fr. Carl Kelly, OMI

Today we celebrate the feast of the Holy Trinity. We acknowledge that fact when we bless ourselves. When we say: “In the name of the Father, and of the Son, and of the Holy Spirit”. We talk about the mystery of the Holy Trinity because that is who our God is.

From its earliest days, the Catholic Church has relied on images to give us information about our God: pictures found in stained glass windows, statues of saints and holy people, and glorious mosaics found in so many of our churches. Today I am going to share some thoughts about the Holy Trinity using mental images.

The history of images is rich because artists have a way of expressing in plaster, stone and other materials what otherwise we could not describe. St. Patrick went to Ireland to bring the message of Jesus to the people living there, and we all know, that when it came to teaching them about the Holy Trinity, he used the shamrock. How can three persons be one? He showed the people of his day the three-leaf clover and used that image to teach the revelation of Jesus, that God is three persons in one being. The fourth leaf represents God’s grace. There is one way of imagining God that really does work. It is Jesus Christ, the image of God found in a human person who is both Jesus Christ and the Son of God at one and the same time. When God made us in the first place, in our origin, as described in the book of Genesis, God created his only Son, born of a woman, one who lived to perfection what it means to be a human being. All of this means that we find God and “see” God in our relationships with other persons. We can know others; we can love others. In doing so we can catch glimpses of God.

The reality of the Holy Trinity is a mystery, but mysteries can be talked about. They can be described. Mysteries have clues that our minds can grasp. When it comes to God, we simply cannot comprehend the total reality of God.

Mysteries make up a good portion of our lives. All of them contain unknowns within them that move us to seek out their answers. As a matter of fact, we human beings need mystery. We need to see that many times mysteries are to be lived; they are not problems to be solved. Husbands and wives who are truly in love, unite themselves in the mystery of each other. Loving husbands and loving wives learn more about each other every year, but they also learn that there are hidden parts in their inner selves that only begin to be recognized after many years of deep love. They have been ushered into the intimacy of the person whom they love even though it is impossible for each to describe

the essence of her husband or the essence of his wife. For all of our efforts to find individuality and uniqueness as distinct persons, we still have an overwhelming need to belong. God made us to belong. The inner nature of God, in whose image and likeness we are made, is persons who, however distinct they are, totally belong to each other. The concept of the Holy Trinity is a mystery, but not a total mystery. Mysteries, after all, are made up of clues. In a mystery story, we pursue and piece together, clues in order to see the whole picture. So it is with the Holy Trinity. We have lots of clues about the Holy Trinity. And when we pursue them and then piece them together we get a good glimpse into what kind of a God our God is. God is all about love. When we live in love we live in God, and God lives in us. To live a God-like life, we must forgive rather than condemn. We must build-up and affirm rather than tear down. We must see the best, not the worst. We must be giving rather than grasping. We must offer hope, not despair. We must heal rather than wound. All of this is best affirmed and nurtured in what we know of as a family. There is nothing in life that more closely reflects the reality of the Holy Trinity than genuine family life. It is a family that makes us individuals, and it is we, as individuals, who make up our family. It is the “family” of the Holy Trinity that constitutes God. It is in living the reality of being truly a family that we have a glimpse into the life of the Father, the Son, and the Holy Spirit.

VOCATION REFLECTION

“Sent Out on Mission” by Richard Beaudette OMI
Jesus then sends the disciples out to make disciples, to teach what he had taught them. The mission is handed on to the group of disciples – the church. It is a shared mission, and each individual could count on the care and support of the others in fulfilling the mission. Again, community is the key to living out the mission entrusted to the disciples. Read the reflection [here](#).



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IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.