



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Wednesday 11:30am

Saturday 5:00pm and Sunday 10:00am (must register)

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Davis

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

13th Sunday of Ordinary Time

June 26/27 2021



PLEASE PRAY FOR OUR SICK: Robert Bérubé, John Dorner, Peter McAllister, Rabbi Bulka, Joyce White, Devin Bursey, Sandy Cano, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Clare Dashney, Ping Cai, Judette Budden, and Marie Christine Maisog

PRAYER OF THE FAITHFUL

For the Church: that we, who are made in the image of God, may celebrate God's gift of life to us and live it with gratitude and zeal. We pray to the Lord.

For peace: that God will guide leaders of nations in promoting agricultural and economic development so that everyone may have food and opportunities to use their gifts. We pray to the Lord.

For all of us: that God will give us the grace to know his presence in our everyday lives, to know him as our constant companion in times of loneliness, our gladness in times of suffering, and our hope in times of uncertainty. We pray to the Lord.

For our children preparing for their first communion: that the Holy Spirit help them to always remain in friendship and communion with Christ. We pray to the Lord.

For our graduates: that they know that God is with them as they move to the next stage of their lives. We pray to the Lord.

MASS INTENTIONS

Sat., June 26 Jack Lavoie by Shirley Lavoie

Wed., June 30 Mr. and Mrs. Tony Brennan and Barbara by their family

Sat., July 3 Jeanne Primeau by Gerarda Staples, Fred Miller by Janet Graham

Sat., July 10 Ann Andrychuk by Shirley Lavoie

MAY COLLECTION

Envelopes:	\$ 3380.00
Direct Deposit (EFTs):	\$ 7,820.00
Canada Helps:	\$ <u>2,743.73</u>
Total:	\$ 13,943.73

Average monthly expenses: \$ 19,216.80

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

SUMMER FOOD DRIVE

Let's help fill the shelves at the Centretown Emergency Food Centre! They specifically need: peanut butter (small 500g jars are preferred), tuna or salmon, and pasta and pasta sauce. The food centre prefers tins of pasta sauce to glass jars as it is safer for their clients to carry home. Please bring your donations to the church.

CENTRE 507 DONATIONS

Centre 507 is in need of deodorant, underwear and toilet paper. Please drop items off at the parish centre or at Centre 507, located at 507 Bank St. at Argyle, behind Centretown United Church. To access the Centre, turn right off Bank onto Argyle, then take an immediate right turn under/between church and grey condos. The entrance is at the back of the church. Please ring the bell.

LECTIO DIVINA ONLINE WORKSHOP

This online workshop on Sat., **Aug. 14** from 10am to 2pm, offered by [Contemplative Outreach](#) on Zoom, provides an opportunity to "listen with the ear of your heart" to explore and deepen your practice of monastic Lectio Divina as a way of praying the scriptures. The traditional four moments of the prayer (reading, reflecting, responding and rest) are explored as expressions of the four senses of scripture: the literal, allegorical, behavioural/moral, and unitive senses. The fruits and gifts of Becoming a Word of God will be discussed and celebrated. Small group faith sharing will be included. Following the Aug. 14th workshop, there will be a meeting once a month to deepen our Lectio Divina practice: September 11, 10am; October 9, 10am, and November 13, 10am. The program is free, however, registration is needed for planning purposes. Please [sign up here](#).

OTTAWA PASTORAL CARE TRAINING

An inter-denominational program, via Zoom, affiliated with the Christian Council of the Capital Area. Two 10-week basic training courses in pastoral care (one in the afternoon & one in the evening) offered in September, an advanced course (4 sessions) offered in October, and a continuing education event offered in November on "Pastoral Care for those in Vulnerable Situations".

Info: www.ottawapastoralcare.com;
ottawapastoralcare@gmail.com.

SEVEN-DAY DIRECTED RETREAT

Retreat in an environment of silence from **Aug. 8-14**, as part of discerning the ways of God through prayer. Each day you will meet with your Spiritual Director to speak of your life and prayer. Your Director will ask questions, give you scripture passages, or suggest other ways to pray. You will spend the next 24 hours praying, walking in the grounds of Galilee, napping or just being quiet. Then you will report to your guide about your day. A directed retreat provides you with individual direction on sacred scripture. Our chapel, lounge and beautiful grounds provide you with prayerful spaces. The Eucharist is celebrated daily along with Adoration of the Blessed Sacrament. The labyrinth and grounds offer you new opportunities to discover God's presence in all things. Space limited to 25 participants. Cost: In-residence: \$950 (includes room and all meals for the week), Virtual: \$350. For more information and to register, [click here](#).

VIRTUAL EVENTS AND ACTIVITIES

July 1st celebrations: [Lights on Canada Day](#), [Tim Hortons Canada Day Virtual Fireworks](#)

Nine awesome Canada Day crafts for kids: Your little maple leaf will have tons of fun making these easy [Canada Day crafts](#).

150 Canadian Films: the films [on this list](#) do reflect the vast range of stories that Canadians tell.

13TH SUNDAY IN ORDINARY TIME
Excerpt from a homily by Fr. Carl Kelly, OMI

In the Gospel today, we have a common characteristic of St. Mark's Gospel. Mark takes an incident, and he begins the story, interrupts it with second one and then goes back to the original story. Today's incident involves an important person's daughter who is ill and her father asks Jesus to come and cure her. Jesus agrees. And as he is on the way to the house, Mark slips in another story about a woman who has been sick for 12 years and touches Jesus and is cured. Then he finishes the story of the daughter. It's about the woman that I would like to reflect with you, because of what may have happened here. Imagine twelve years with a medical problem, and it just gets worse. What must it have been like for her? She may have been very angry at God for the cross she had to carry. She had lived a good life, and this is the way she was treated. She may not have been able to forgive God because she couldn't see that her life would be improved.

The Gospel raises for us the question: How have the crosses you have endured shaped your life? The woman in the Gospel is acting out an answer. We have a woman with a twelve-year cross and in those twelve years, she wavered in fighting with this mystery, between love and hate, hope and despair, peace and anxiety. She likely really struggled and was angry with God and wondered why she would have this particular cross. The Gospel incident that we have today indicates that at one point in her life, she may have recognized that the cross had shaped her life in a particular way.

That's what happens to all of us. A blind person who develops a sensitivity to listen to the heartbeat of others. The recovered alcoholic is sensitized to the difficulties and the power of addictions. It is the one who has been through a divorce and victimized by poor relationships who knows how to heal broken hearts. If you look over your life, you can ask: "How has my cross shaped my life?" Crosses are horrible things. But ask yourself: "If I didn't have this cross, what kind of a person would I be? Would I be different from what I am now?" I don't know the answer to that.

This is what may have happened to this woman. When Jesus came along it was a turning point in her life and for the first time, she went up to God, in Jesus, and embraced Jesus' feet. She should have realized that all along God was behind everything, suffering with her, mortified with her, but loving her into something better through her cross. The cross brought her to her knees and she recognized that through the cross, by the love of God, she became, in many

ways, a better person. When Jesus came along there was some kind of insight and she saw the other side of her cross, the growth side, the loving side and the giving side and that's the point at which she just said, "I've got to touch God differently."

So put yourself in that position, look into the hurts and the disappointments of your life and the meaning of this Gospel comes down to this: it's a Gospel of invitation. All of us, with our crosses, have a chance to encounter God. God is in a relationship with us. The Gospel is an invitation to look at our cross, the thing that we're carrying that is bothering us right now. It's an invitation to ask, "How has my cross shaped my life?" Look over the past years, even those of you who are young, how have the failures made you a better person? How have the hurts given you a certain humility, to know that ultimately everything is in God's hands anyway? How have the troubles, the addictions and the broken hearts given you a better understanding of humankind? God is asking for your forgiveness. Forgive God for what you thought God was like, and embrace God for what God is.

VOCATION REFLECTION

"Your Faith Has Made You Well" by Serena Shaw - Oblate Associate

And so, through knowing community and having faith in Jesus, he will always make himself available to us. Even when we think he isn't paying attention to us, when it feels like it is too late; or when we feel we have tried everything. And isn't that the whole point? Everything will not be ok, until we turn our lives over to Jesus. We can consult all of the doctors, and experts we like. And even though it may help for a while, even if we feel that we are healed; the need for faith is eventual. We need to have faith and trust in God. We can come to him at any time. Jesus and our belief in him can make the impossible possible. And only then, through our faith will we be made well. Read the [reflection here](#).

"Grace comes into the soul, as the morning sun into the world: first a dawning; then a light; and at last the sun in his full and excellent brightness."

- Thomas Adams

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515 Cooper St.
613-233-1488



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Arbor Memorial



DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you attend Mass, there will be a collection basket for donations at the registrar's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.