



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Wednesday 11:30am

Saturday 5:00pm and Sunday 10:00am (must register)

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Davis

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

15th & 16th Sunday of Ordinary Time

July 10/11 & 17/18 2021



PLEASE PRAY FOR OUR SICK: Pope Francis, Br. Wayne Jarvo, Robert Bérubé, John Dorner, Peter McAllister, Joyce White, Devin Bursey, Sandy Cano, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Clare Dashney, Ping Cai, Judette Budden, & Marie Christine Maisog

PRAYER OF THE FAITHFUL

That, in social, economic and political situations of conflict, the Church may be a cooperative partner in dialogue and friendship, we pray to the Lord.

That we, as a community, act with justice and honour and reach out to our Indigenous brothers and sisters to humbly begin a true path to reconciliation. We pray to the Lord.

That God's healing love will restore all who are sick, particularly Pope Francis, strengthen those recovering from surgery, and stop the spread of the Coronavirus. We pray to the Lord.

That we may recognize and be grateful for all acts of kindness that are visited on us daily through the love of God and all his creation. We pray to the Lord.

MASS INTENTIONS

Sat., July 10 Ann Andrychuk by Shirley Lavoie

JUNE COLLECTION

Envelopes:	\$ 9,716.70
Direct Deposit (EFTs):	\$ 7,820.00
Canada Helps:	\$ <u>2,631.47</u>
Total:	\$ 20,168.17

Average monthly expenses: \$ 17,389.52

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

WEEKEND MASSES JULY 17/18

Please note that Masses on **Saturday, July 17 and Sunday July 18** will be on a first come, first served basis (there will **not** be registration email sent out on Monday as Heather will be on vacation). Please arrive early for Mass so that our ushers can seat you. Thank you for your understanding.

SUMMER FOOD DRIVE

Let's help fill the shelves at the Centretown Emergency Food Centre! They specifically need: peanut butter (small 500g jars are preferred), tuna or salmon, and pasta and pasta sauce. The food centre prefers tins of pasta sauce to glass jars as it is safer for their clients to carry home. Please bring your donations to the church.

SECOND DOSE VACCINE APPOINTMENTS & TRANSPORTATION WITH VAXAIDE

Have you not been able to book your 2nd vaccine appointment, or who would like to advance the date of your existing appointment? Do you require a ride to and from the appointment, and/or assistance while getting the vaccine? Contact VaxAide. Please complete the online form at www.vaxaide.ca or call 613-869-8221. A volunteer will be thrilled to help you.

POOR AND NEEDY DONATIONS

Through your donations to our Poor and Needy account, we have been able to support the following organizations in Ottawa: Shepherds of Good Hope, Miriam Centre for Mothers in Need, Youville Centre, Centretown Churches Social Action Committee, Centretown Emergency Food Centre, Minwaashin Lodge Indigenous Women's Support Centre, The Ottawa Mission, St. Brigid's Summer Camp and the Multifaith Housing Initiative. We also continue to support the poor who come to our door and parishioners in need. Thank you!

A LITTLE SUMMER CLEANING

Our parking lot received a good cleaning thanks to Tim, Thomas and Pierre and our deck was power washed by Joseph. Thank you for your time and efforts!



VIRTUAL EVENTS AND ACTIVITIES

[Super Jump Box](#): Click or touch the same colour tile as the one your box needs to jump to.

[Puzzles and Crosswords from The Globe and Mail](#): Take a break, play with letters and numbers, and stretch your grey cells. Come back every day to play a new game.

[Google Arts and Cultures](#) is an online platform that showcases high-resolution images and videos of artwork and cultural artifacts from over 2,000 museums throughout the world. You can zoom in and out of images in great detail, and view some of the best pieces of artwork ever created, all from the comfort of your couch.

15TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

During the Korean War, a small village was under heavy artillery attack. In the village there was a small Catholic Church and outside the church was a statue of Christ. When the last shell had landed and exploded, the priest saw that the statue had disappeared. It lay in fragments on the ground. A group of soldiers from the United Nations saw the destruction and they volunteered to assist the priest. They set to work to pick up the fragments of the statue. With great diligence and patience, they helped put the statue back together again. They found everything they needed except the hands. Some of the soldiers volunteered to fly the statue back to the States to have new hands made for it. But the priest declined their offer. "I have a better idea. I suggest that we put the statue back where it was, without the hands, and let us write on the pedestal for everyone who passes by to see the words: "Friend, lend me your hands". In that way we can get all the people who pass by to see that Christ has no hands but ours to raise up the fallen. Christ has no feet but ours to seek out the lost. That he has no ears but ours to listen to the lonely. No tongue but ours to speak words of comfort or sympathy or encouragement to those weighed down by pain, sorrow or failure. So that is what they did. And the statue stood for many years inviting all who passed by with the words: "Friend, Lend me your hands".

In the Gospel, we read that Jesus sent his apostles to bring good news to other villages. We have Jesus' instructions to them: go at once, travel light, depend on people to assist, where you are rejected, move on. The Church, the body of Christ, depends totally on ordinary people to carry the message to those who need comforting, care and assistance. Many times we are tempted to leave everything to the experts, whether they be priests, doctors, social workers, or teachers, and we forget that each of us has a part to play. On June 18th, 2015, in his encyclical letter *Laudato si'*: *On Care for Our Common Home*, Pope Francis, in the bold clear manner of Amos, called Catholics and all people of goodwill across the globe to seriously and urgently reflect on the state of our planet. As the Archbishop of Chicago has called it: "a watershed moment for the Church, for humanity, and for the planet, which Pope Francis calls our common home". May we respond to Pope Francis's call as the psalmist: "I will hear what God proclaims; the Lord - for he proclaims peace ... Near indeed is his salvation to those who fear him, glory dwelling in our land. Kindness and truth shall meet; justice and peace shall kiss. Truth shall spring out of the earth, and

justice shall look down from heaven. The Lord himself will give his benefits; our land shall yield its increase. Justice shall walk before him, and prepare the way of his steps." To do the work of Christ is not a complicated thing. It is really quite simple: it means to do one's task, no matter how humble it may be, not only thoroughly but joyfully. It means to make oneself useful without seeking to push oneself. It means to carry one's own burden without, as far as possible, becoming a burden to others. In a word, it means to be at one's post, helpful and faithful, loyal and constant. As Mother Teresa has said: "We can do no great things, only little things with great love. You can do what I can't do, I can do what you can't do. Together we can do something beautiful for God."

FROM JERICHO ROAD MINISTRY

I read a social media post recently that stated "The COVID lock-down has taught us three things:"

1. *Our economy collapses as soon as it stops selling useless stuff to over-indebted people.*
2. *It is perfectly possible to reduce pollution.*
3. *The lowest paid people in the country are essential to its functioning.*

While this may be true to some extent, I wanted to share and reflect on what I have learned about myself and my recovery after 15 months of isolation. [Read the full article here.](#)

VOCATION REFLECTION

"Surely You Have Made Other Plans!" by Jarek Pachocki OMI

Now it's our time! God calls each one of us to a personal relationship with him and to missionary discipleship. Some of us might be called as a spouse, parent or single person. Some might be called as a religious brother or sister, or to the priesthood. Some of us might be called to a specific ministry within the Church or society. It's up to us now to live as witnesses to the Gospel. Surely God hasn't made other plans, because he is counting on YOU.

Read the reflection [here](#)

"One voice can speak with wisdom,
One heart can know what's true,
One life can make a difference,
You see, it's up to you!"

- Ashish Ram

16TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

The story is told of an explorer in the Amazon who tried a forced march through the jungle. The first two days went well, but on the third day the native porters wouldn't move. When he challenged them they said to him: "We can't go on. We have to let our bodies catch up with our souls".

We all need to pause now and then in order to stay integrated as human beings. Even those who have retired from their former work can find their days becoming very full and busy - and personally disruptive. Dr. William Menninger, an adviser to business executives, writes: "I recommend strongly that you set aside a little time each day to decide where you are going. Do you know whether you are going in the right direction, and, most of all, where you want to get to?"

This may remind us of a conversation in Lewis Carroll's tale, *Alice in Wonderland*:

Alice: Which way should I go?

Caterpillar: That depends on where you want to get to.

Alice: I don't really much care where.

Caterpillar: Then it doesn't matter which way you go.

If you think about it, that curious exchange makes some sense. Surely it's important to have some direction, some aim to our life. And, if we are going to have direction and purpose, then it is important to give ourselves time to be at rest, to be inactive, in order to ponder on that purpose and where we stand in relation to it. Jesus recognised this, and urged his disciples to stop what they were doing, and come away to a quiet place, and be still for a while.

The practice of stillness is, in fact, quite radical in its effects. It is restorative - but it also challenges us on every level of our existence. It challenges us on the level of culture. There is little in present-day western society that supports us in entering into what feels like 'unproductive time': to simply 'be', to simply 'attend'. It challenges us on the level of our soul.

In the stillness, we can become aware of inner dynamics we have been able to avoid by (deliberately?) keeping ourselves noisy and busy. It confronts us on the level of our human relationships. It calls us away from those relationships for a time so that we can give our undivided attention to God who is actually at the heart of our life, who called us into being, and in whom is our ultimate end. Stillness draws us into a spiritual battle, and into victory. In it lies the potential for each of us to know the true meaning of the psalmist's words: "Be still and know that I am God", with such clarity that the competing

powers of evil and sin and the ego-self can no longer hold us in their grip. We can find ourselves exercising a new level of personal control, becoming better integrated with the various aspects of our individual self.

Rabbi David Wolpe tells the story of a fellow rabbi's child who used to stray off into the forest. At first his father let him stray. But when it got to be a regular routine the father grew concerned. What was his child doing there? Besides, the forest could be dangerous. One day he asked the child: "Why do you go into the forest each day?" The child said: "I go to find God". The father responded: "That is a good thing to do, my child. I am pleased you search for God. But you should realise that God is the same everywhere". The child answered: "I know that father, but I am not the same everywhere".

The words of that child are both simple and profound. It might be helpful for each person present here now to ask: What does it mean to say, I am not the same everywhere? What do these words say to me? And we could usefully pray each day: "Lord, help me go to a quiet place and rest". Having prayed that prayer, seize whatever opportunity is presented and make the most of it. In this way, we will make good progress in our humanity.

PONTIUS PILATE, A SAINT?

Why would anyone think of Pontius Pilate as a saint? And yet, in many Eastern churches, he is just that. For example, the Ethiopian church honours him along with his wife with a feast day on June 25. Why would this have happened? We might understand Pilate's wife being considered saintly, since it was she who tried to dissuade her husband from ordering Jesus' death (Mt 27:19). Read [the article here](#).

VOCATION REFLECTION

The vocation reflection for the 16th Sunday of Ordinary Time will be published on Friday, July 16th. Please read it [here](#).

"Learning how to be still,
to really be still and let life happen
– that stillness becomes a radiance."

— *Morgan Freeman*

Oh, the places you'll go!

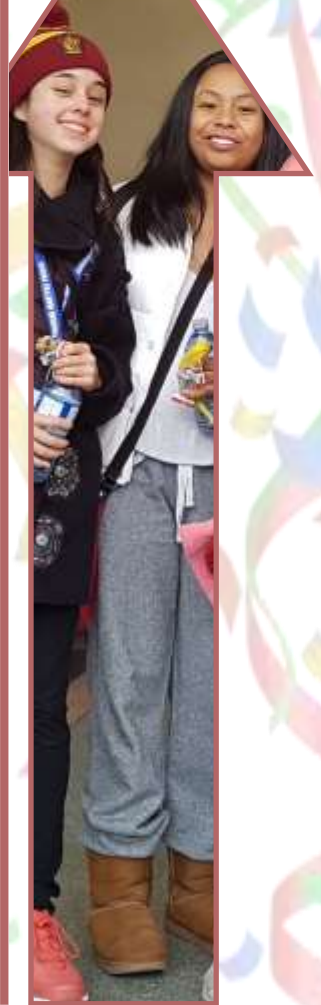
Xavier is moving on to Grade 9. On your way up!



Lily is continuing on to Grade 9 at Immaculata! Congratulations!



Mary Jane and Paula graduated from Immaculate and will be attending university in the Fall! Congrats!!



Félicitations, Louis ! Grade 9 awaits!



Gabrielle graduated grade 6 at Corpus Christi. See you at Mac in the Fall! Good work!

**“You have brains in your head.
You have feet in your shoes.
You can steer yourself
any direction you choose.”**

- Dr. Seuss

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DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you attend Mass, there will be a collection basket for donations at the registrar's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.