



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Tuesday 11:30am

Saturday 5:00pm and Sunday 10:00am (must register)

27th Sunday in Ordinary Time

October 2/3, 2021



Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

PLEASE PRAY FOR OUR SICK: Barbara White, Michael McManus, Clifford Payette, Ramon de Rosayro, John Dorner, Peter McAllister, Joyce White, Devin Burse, Sandy Cano, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Ping Cai, Judette Budden & Marie Christine Maisog

PRAYER OF THE FAITHFUL

For the Church: that we may be a sign of communion between God and humanity, and a means of reconciliation amongst all people. We pray to the Lord.

For the work of the United Nations: that their conversations will promote peace and cooperation, and develop shared understandings of the challenges that exist. We pray to the Lord.

For all healthcare workers: that God will renew their strength, and restore their energy that they may continue to care for the sick and be signs of hope for all of us. We pray to the Lord.

For the grace of fidelity: that we may each be faithful to our promises and commitments, to spouses, children, parents, communities and friends. We pray to the Lord.

MASS INTENTIONS

Sat., Oct. 2 Amelia Mendonca by Ilario Pellizzari

Tues., Oct. 5 Gertrude LaViolette by Pat LaViolette

Sat., Oct. 16 Amelia Mendonca by Ilario Pellizzari

AUGUST COLLECTION

Envelopes:	\$ 6,923.00
Direct Deposit (EFTs):	\$ 7,317.50
Canada Helps:	\$ 5,211.47
Total:	\$ 19,451.97

Average monthly expenses: \$ 17,410.80

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

WALK FOR THE CENTRE

There is still time to support our Canadian Martyrs team for the Walk for the Centre on **Sunday, Oct. 3rd**, in support of the Centretown Emergency Food Centre by [clicking here](#). Thank you!

APOLOGY BY THE CCCB

Canada's Catholic bishops have "unequivocally" apologized for the Catholic Church's role in the residential school system. In a statement released by the Canadian Conference of Catholic Bishops (CCCB) at the end of the CCCB's annual plenary assembly on Sept. 24, the bishops said "we acknowledge the suffering experienced in Canada's Indian Residential Schools."

Read the full apology on page 4 of this bulletin.

40 DAYS FOR LIFE CAMPAIGN

Forty days to pray and fast for an end to abortion. Help save lives by praying for an end to abortion in our community from **Sept. 22 to Oct. 31**. For more information on events in Ottawa [click here](#).

NATIONAL CATHOLIC HEALTH CARE WEEK

From **Oct. 3-9**, National Catholic Health Care Week is marked across Canada, recognizing the important work of Catholic health care organizations in our province and across Canada. For resources, daily reflections and prayers, please [click here](#).

PEOPLE AND PLANET FIRST

Let's put People and Planet First with Development and Peace-Caritas Canada's new campaign! In many countries of the Global South, communities are threatened when they seek to protect their rights, especially their right to a healthy environment. This climate of insecurity is often fuelled by the presence and influence of corporations, some of which are Canadian. Undaunted, many vulnerable communities fight courageously to defend their rights, their lands and the environment against corporate harm.

This year, Development and Peace's People and Planet First campaign invites you to stand in solidarity with them and celebrate their work!

For more information, [click here](#) and then please sign the [petition](#).

WAUPOOS FAMILY FARM

Waupoos Family Farm seeks experienced volunteers for our Board of Directors (administration), Fundraising Committee (marketing and grant writers), Programming Committee (outreach and event coordinators) and Maintenance Committee (carpenters). Founded by the Oblates and operating in Ottawa since 1982, Waupoos offers a family camp experience and community for families in need. Please contact Waupoos at 613-822-2189, contact@waupoos.com, www.waupoos.com.

ORANGE SHIRT DAY, SEPTEMBER 30

A day set aside to remember how Canada's Indigenous communities suffered under this country's residential school system will take on added meaning this year when the National Day for Truth and Reconciliation Sept. 30 becomes a federal statutory holiday for the first time. Many Catholic organizations and school boards across the country have been marking the day, also known as "Orange Shirt Day", as an act of atonement and reconciliation for the Catholic Church's role in the residential school system since Sept. 30 was first observed as a day of remembrance in 2013. This year is the first time it is an officially recognized federal holiday. Read the full article from [The Catholic Register here](#).

ACTIVITIES AND EVENTS

- The [Food Matters Action Kit](#) contains over 70 activities to engage children and youth in preventing food waste.
- YouTube priest entertains with '[18 Minutes of Useless Catholic Trivia](#)'
- Enjoy the autumn colours at [Jack Pine Trail](#) located in the Stony Swamp sector, the largest wooded area in Canada's Capital Greenbelt.

27TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

“It is not good for the man to be alone. I will make him a helpmate.” This is how the first reading begins. When Pope Francis was at the World Meeting of Families in 2015, he spoke to the people on this very text. Pope Francis said, “God did not want to come into the world other than through a family. God did not want to draw near to humanity other than through a home. God did not want any other name for himself than Emmanuel (Mt 1:23). He is ‘God with us’. This was his desire from the beginning, his purpose, his constant effort: to say to us, ‘I am God with you, I am God for you’. He is the God who from the very beginning of creation said, ‘It is not good for man to be alone’ (Gen 2:18). We can add: it is not good for woman to be alone, it is not good for children, the elderly or the young to be alone. It is not good. That is why a man leaves his father and mother, and clings to his wife, and the two of them become one flesh (Gen 2:24). The two are meant to be a home, a family.” He went on: “From time immemorial, in the depths of our heart, we have heard those powerful words: it is not good for you to be alone. The family is the great blessing, the great gift of this ‘God with us’, who did not want to abandon us to the solitude of a life without others, without challenges, without a home. God does not dream by himself, he tries to do everything ‘with us’. His dream constantly comes true in the dreams of many couples who work to make their life that of a family. That is why the family is the living symbol of the loving plan of which the Father once dreamed. To want to form a family is to resolve to be a part of God’s dream, to choose to dream with him, to want to build with him, to join him in this saga of building a world where no one will feel alone, unwanted or homeless. As Christians, we appreciate the beauty of the family and of family life as the place where we come to learn the meaning and value of human relationships. We learn that ‘to love someone is not just a strong feeling; it is a decision, it is a judgment, it is a promise’ (Erich Fromm, *The Art of Loving*). We learn to stake everything on another person, and we learn that it is worth it.”

The Holy Father continued: “Let us help one another to make it possible to ‘stake everything on love’. Let us help one another at times of difficulty and lighten each other’s burdens. Let us support one another. Let

us be families which are a support for other families.” He went on: “Perfect families do not exist. This must not discourage us. Quite the opposite. Love is something we learn; love is something we live; love grows as it is ‘forged’ by the concrete situations which each particular family experiences. This is a great legacy that we can give to our children, a very good lesson: we make mistakes, yes; we have problems, yes. But we know that that is not really what counts. We know that mistakes, problems and conflicts are an opportunity to draw closer to others, to draw closer to God.”

In the Gospel today, we have the same topic as the last three Sundays: the call to be a disciple and the cost that is involved in that call. The examples used today are about marriage. In today’s Gospel, Jesus reaffirms the ideal, as applied to the marriage bond. For the second time in as many weeks, the Gospel says that Jesus took a child into his arms and said that we must welcome the Kingdom of God as a child does: openly, spontaneously, trustingly. The family is the most basic building block of any society. God said, at the beginning, that it was not good for us to be alone. Our experience tells us that we cannot achieve happiness, or much of anything else, alone either. We cannot do it on our own. But God loved us; and Genesis says, “God saw that his creation was very good.” And God could not, or would not have called us to strive for a goal that would be impossible.

VOCATION REFLECTION

“It Is Not Good To Be Alone” by Susai Jesu, OMI
Through this Gospel reading, Jesus is recalling us to our lost childhood so that, though old and frail in body, we might be reborn in innocence of character. We are invited not to become children, but to become like children. Responding to our vocation can trigger our childishness, fears, worries and opposition. But surrendering to our vocation turns us to trust in the God who calls, sustains, and guides us to fulfill our calling and build up the community to which we belong. Read the [reflection here](#).

“You don’t choose your family. They are God's gift to you, as you are to them.”

- Desmond Tutu

FROM THE CANADIAN CONFERENCE OF CATHOLIC BISHOPS

24 September 2021—The Catholic Bishops of Canada, gathered in Plenary this week, took the opportunity to affirm and acknowledge to the Indigenous Peoples the suffering experienced in Canada's Indian Residential Schools. Many Catholic religious communities and dioceses participated in this system, which led to the suppression of Indigenous languages, culture and spirituality, failing to respect the rich history, traditions and wisdom of Indigenous Peoples. They acknowledged the grave abuses that were committed by some members of our Catholic community: physical, psychological, emotional, spiritual, cultural, and sexual. They also sorrowfully acknowledged the historical and ongoing trauma and the legacy of suffering and challenges faced by Indigenous Peoples that continue to this day. Along with those Catholic entities which were directly involved in the operation of the schools and which have already offered their own heartfelt apologies, the Catholic Bishops of Canada expressed their profound remorse and apologized unequivocally.

Together with the many pastoral initiatives already underway in dioceses across the country, the Bishops pledged to undertake

fundraising in each region of the country to support initiatives discerned locally with Indigenous partners. Furthermore, they invited the Indigenous Peoples to journey with us into a new era of reconciliation, helping us to prioritize initiatives of healing, to listen to the experience of Indigenous Peoples, especially to the survivors of Indian Residential Schools, and to educate our clergy, consecrated men and women, and lay faithful, on Indigenous cultures and spirituality. They further committed to continue the work of providing documentation or records that will assist in the memorialization of those buried in unmarked graves. A delegation of Indigenous survivors, Elders/knowledge keepers, and youth will meet with the Holy Father in December 2021. Pope Francis will encounter and listen to the Indigenous Peoples, so as to discern how he can support our common desire to renew relationships and walk together along the path of hope in the coming years. The Bishops of Canada have pledged to work with the Holy See and our Indigenous partners on the possibility of a pastoral visit by the Pope to Canada as part of this healing journey. We are committed to continue the journey with the First Nations, Métis and Inuit Peoples of this land. For more information, please [contact the diocese](#) or visit www.cccb.ca.

\$30M NATIONAL FINANCIAL PLEDGE TO SUPPORT HEALING AND RECONCILIATION INITIATIVES

27 September 2021 – The Bishops of Canada, as a tangible expression of their commitment to walk with the Indigenous Peoples of this land along the pathway of hope, are making a nation-wide collective financial commitment to support healing and reconciliation initiatives for residential school survivors, their families, and their communities. With a target of \$30 million over five years, this will include initia-

tives in every region of the country. The commitment will be achieved at the local level, with parishes across Canada being encouraged to participate and amplify the effort. Bishop Raymond Poisson, President of the Canadian Conference of Catholic Bishops (CCCB), expressed hope that these efforts will support meaningful projects across Canada and make a significant difference in addressing the historical and ongoing trauma.

Season of Creation



“Food that is produced but not eaten ends up in landfills and creates methane, a powerful greenhouse gas, 25X more damaging than CO₂ in the environment. Thirty-five million tons of food is wasted each year! When food is wasted, all the resources used to produce it are also wasted. By reducing food waste in Canada, we can also reduce our greenhouse gas emissions.” (wrwcanada.com)

- Visit farmers’ markets: enjoy the freshness of locally produced foods and at the same time reduce packaging, avoid transportation fuel and appreciate the work of local farmers.
- Diversify your diet and try a meatless recipe once a week. <https://www.whyeatlessmeat.com>
- Plan your meals: Do not buy more than you can eat! [Food Matters Action Kit](#)

BIKE TO CHURCH

Mark your calendar: **Walk or bike** to church on the weekend of **Oct. 2-3**. Get together with family and friends and attend Mass by walking or biking to church. Reduce your carbon footprint and get in shape! Make it a new practice!

HEALTHY PLANET, HEALTHY PEOPLE PETITION

In 2021, we have an opportunity like no other. At the UN Biodiversity Conference (COP15) in October, world leaders can set meaningful targets to protect creation. In November, at the 26th UN Climate Change Conference (COP26), countries will announce their plans to meet the goals of the Paris Agreement. Ahead of those meetings, it is our responsibility as Catholics to lift up the voices of the most vulnerable and advocate on their behalf. We must act now. Let’s be the change. Sign the petition at www.thecatholicpetition.org.

BLESSING OF THE ANIMALS

Bring your beloved pet to the side lawn of Queen of the Most Holy Rosary parish to receive a blessing. All animals welcome! 20 Grant St., Ottawa (near the Parkdale Market), Sat., **Oct. 2**, 2:00 pm. Info: ottawaholyrosary@gmail.com.

ST. FRANCIS OF ASSISI FEAST DAY

Mass for St. Francis of Assisi Feast Day: Closing the Season of Creation and praying to the patron saint of nature and simple lifestyles, a bilingual Mass will be celebrated by Msgr. Kevin Maloney. In person and livestreamed. Holy Redeemer Church, 44 Rothesay, Kanata, Mon., **Oct. 4**, 7:00 pm. Info: creationcare@archottawa.ca.

RESOURCES

The Archdiocese of Ottawa-Cornwall website: <https://en.archoc.ca/care-for-gods-creation>

Season of Creation: The *Laudato Si* Connection: <https://laudatosimovement.org/seasonofcreation/>

Development and Peace: <https://www.devp.org/en/laudatosi>, <https://www.devp.org/en/campaign/people-planet-first/>

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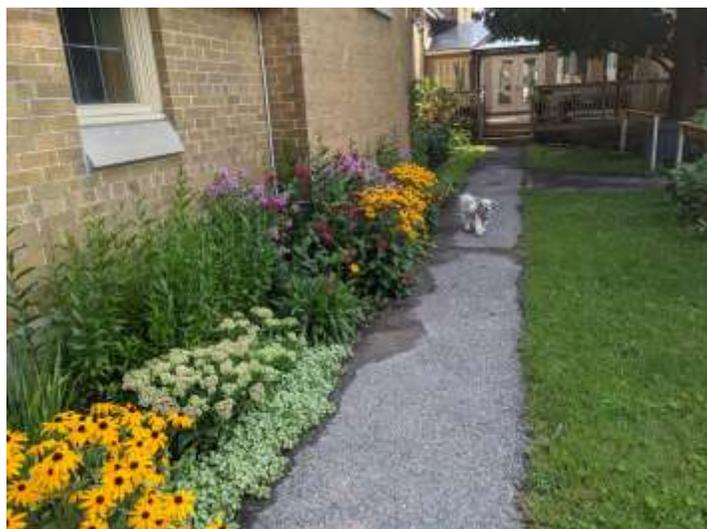
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Arbor Memorial Inc.



Arbor Memorial



DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you attend Mass, there will be a collection basket for donations at the registrar's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.