



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Tuesday 11:30am

Saturday 5:00pm and Sunday 10:00am (must register)

23rd Sunday in Ordinary Time

September 4/5, 2021



Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Angela Davis

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

PLEASE PRAY FOR OUR SICK: Joe Lochnan, Robert Bérubé, John Dorner, Peter McAllister, Joyce White, Devin Bursey, Sandy Cano, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Leonardo Miseferi, Ping Cai, Judette Budden & Marie Christine Maisog

PRAYER OF THE FAITHFUL

For the Church, that it be a powerful vehicle for spreading Christ's message of love for our neighbour, and encouraging us to help those in need. We pray to the Lord.

For the people of Afghanistan, that those who are beginning life in a new country find open doors and the Spirit to guide them, and that those who remain under the new regime find the courage to persevere. We pray to the Lord.

For Indigenous peoples, whose land we live on, that we may listen and learn from their careful and sustainable treatment of the earth. We pray to the Lord.

For those who have lost family members and loved ones during the summer, whether from COVID, accidents, chronic illness or old age, that their faith in everlasting life will comfort them in their sorrow. We pray to the Lord.

For the children in our parish, as they return to school, that they may grow in faith in the coming year. We pray to the Lord.

For all who have died, especially John Smart, and for those who mourn them, we pray to the Lord.

MASS INTENTIONS

Sat., Sept. 4 Fred Miller by Theresa Nieminen

Tues. Sept. 21 Mr. & Mrs. T. Brennan and Barbara by their family

AUGUST COLLECTION

Envelopes:	\$ 6,923.00
Direct Deposit (EFTs):	\$ 7,317.50
Canada Helps:	\$ 5,211.47
Total:	\$ 19,451.97

Average monthly expenses: \$ 17,410.80

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

Parish News

SACRAMENTAL PREPARATION FOR THE FALL

If you have a child in Grade 6 (or older) who you would like to receive the sacrament of Confirmation, please email Maureen, parishlife@canadianmartyrs.org, by Monday, **Sept. 27**. Classes begin the week of **Oct. 17**.

THE SEASON OF CREATION

During this period, **Sept. 1 to Oct. 4**, Christians worldwide renew their faith in the God of creation and join in prayer and work for the care of our common home. Here are some easy strategies for doing our part in better managing the planet's resources. This week concentrate on being a single-use, plastic-free household.

1. Check out [Earthub's drop off locations](#) for donating egg cartons, pill containers, crayons and many other items for repurposing.
2. Do your best to stay away from individually wrapped lunch items such as granola bars.

MARY'S WAY OF THE CROSS

Via Zoom on Fri., Sept. 3, 6:40 pm with Archbishop Marcel Damphousse.

Link: <https://us02web.zoom.us/j/81698412911?pwd=SkFCcnp4QUhiMllwOS84WjlqYlUvUT09>.
Meeting ID: 816 9841 2911; Passcode: 996213.

Animators: Sylvie Rollin and Mike Budge.

OTTAWA SCHOOL OF THEOLOGY & SPIRITUALITY

Connecting people on the path of faith and learning, courses are available in both the fall and winter terms and are held on Monday evenings starting at 7:30 p.m. Due to Covid19, the 100% online format will continue for at least the fall term. Adult learning—no exams. ZOOM tutorial available if required. [Register and view courses here.](#)

PASSION & ACTION AT GALILEE, ARNPRIOR

Perhaps we are witnessing the beginning of a new chapter of social and cultural change. Some of this is gaining momentum through grassroots movements that are understandably energized by compassion, anger, frustration, hope, and desperation. Without these passions would we ever confront injustice? This retreat led by Fr. Mark Slatter, on **Oct. 1-3**, will bring the range of our passions to the power of Transformative Love so that our social action does not pivot, as the adage goes, on "seeing things as they are, but on seeing things as we are". For more information or to register, [click here](#).

EVENTS AND ACTIVITIES

Go for a walk at [Princess Louise Falls](#).

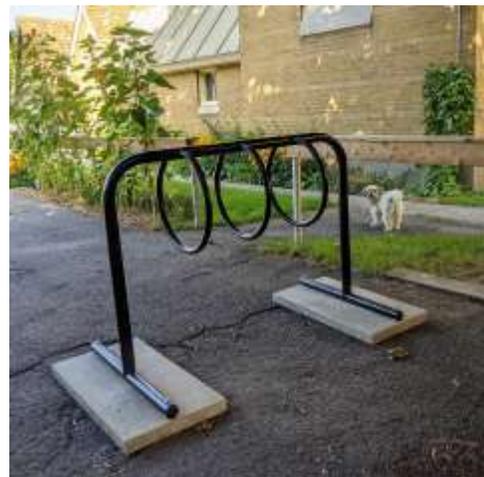
Discover the sand dunes at [Pinhey Forest](#).

Treat yourself at the NCC's [newest bistro](#) at Patterson Creek Park.

Learn about the architecture of the [Canadian Museum of History](#) and visit the [Japanese Zen Garden](#) there.

BIKE TO CHURCH

The parish has had a bike rack installed! Now you can bike to church and be assured that you have a safe place to lock your bike.



23RD SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

Prompted by today's readings, I want to share some thoughts with you about listening and hearing. Who among us has been talking to someone who was not really interested in what we had to say? Perhaps names were exchanged but then not remembered. Certainly the conversation was quickly forgotten. Words, of course, are not merely words; they carry within them meaning. We need to get inside them to receive what they offer us. Words of love, for instance, can fill us with joy and happiness. Words of warning should cause us to pay attention. Words can move us. To ignore them or to pay them little heed leads us to live lives of sterile isolation. Why is it that people listen but do not hear with understanding? Are our minds too cluttered with trivial information? Are we so absorbed with our own feelings and what we have to say that we have no room for the thoughts and feelings of others?

Our blessed Lord understood the importance of not only listening, but of hearing. "Whoever has ears to hear, let him hear," He did his best to get our attention, hoping that we would hear and take into our hearts what he had to say. After all, he had come down to us, bringing God's love and God's Word for us.

I have always been fascinated by the fact that St. John began his Gospel account of Jesus Christ with these words: "In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. In him was life and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it." (John 1.1-5). The point is that God has chosen to reveal himself to us in the form of word, his Word for us. While that is true, we must realize that words convey not only mental concepts, they can also paint pictures. Consider the parable of the Prodigal Son, or that of the Good Samaritan. They evoke powerful mental pictures that reveal the heart of God. The Bible can fill our minds with images that reveal what kind of a god our God really is.

We are communicating more and more through images; visual media is overtaking words. There's a certain danger in this, the danger that superficiality may dominate substance. We need to take time to reflect and not overload our minds with just words and images alone. They do us no real good until we ponder, reflect, and take their meanings into our hearts and minds. It is through God's Word made flesh that God personally and directly presented himself to us, in our very own humanity.

I want to challenge you today to frequently read the Bible. It will influence your thoughts and actions. It will mould and shape you in so many ways. You won't regret it! We also need to go into our inner selves and "listen" to what we find there. God speaks to us in a still, small voice. If the noise of the world is drowning out our ability to hear God, we can miss out on what God is trying to tell us. Take some time out of each day to remove yourself from all distractions that may be keeping you from hearing God's sweet, gentle whisper. Take time to reflect.

Finally, give yourself a break and pay attention to nature during this Season of Creation. Be amazed at God's greatness when you look upon a rainbow, a sunset, or the great detail in a butterfly. What a creative and loving God we have! He placed all these creations around us for us to enjoy and appreciate. Take time this week to observe nature and its complexity. You will begin to realize just how awesome our Creator is and how much he loves you!

VOCATION REFLECTION

"Being Signs of Hope" By Richard Beaudette, OMI
The heart of the Oblate charism is to "proclaim the Good News to the poor". As Jesus demonstrates, and St. Francis of Assisi reminds us, our actions are more effective than our words. Both our words and our actions are to flow from, and be informed by, our intimate relationship with the Trinity. St. James also reminds us that our words of faith are to inform our actions. As we reflect on our universal vocation as disciples, and our particular vocations within that discipleship, we are challenged by one question today: Do my actions continue Jesus' mission and ministry of "righting what is out of order"? Read the [reflection here](#) (published on Friday, Sept. 3).

In ancient times God spoke to us,
Through prophets, and in varied ways;
But now He speaks through Christ, His Son,
His radiance through eternal days.

To God, the Father of the world,
His Son, through whom He made all things;
And Holy Spirit, bond of love,
All glad creation glory sings.

—Hymn from the Benedictine Nuns of
Stanbrook Abbey

VIRTUAL WALK FOR THE CENTRE

Supporting Centretown
Emergency Food Centre

Sunday October 3, 2021
1:00 - 4:00 pm

2 - 4 KM WALK

around your
favorite trail or
neighbourhood

Join
the
Fun

Centretown Emergency Food Centre is a
project of the Centretown Churches
Social Action Committee.



Prizes for Photos, Virtual Teams,
Online Donations
www.centretownchurches.org

Support or join our Canadian Martyrs team for the Virtual Walk for the Centre on Sunday, October 3rd, in support of the Centretown Emergency Food Centre by [clicking here](#).

The Walk-a-thon has been a celebration in solidarity, serving Christ in our neighbours. All are welcome to join us in this event. Thank you for your consideration. For more information:

www.centretownchurches.org/walkathon/

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Canadian Martyrs Parish, Ottawa



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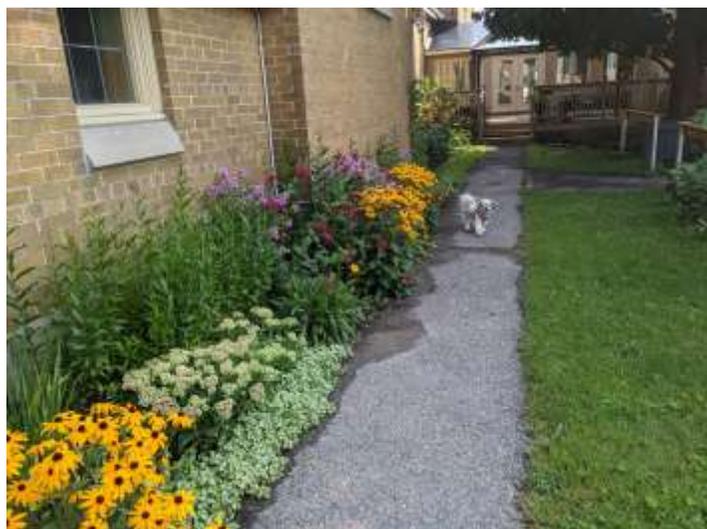
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Arbor Memorial Inc.



DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you attend Mass, there will be a collection basket for donations at the registrar's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.