



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2
Phone: 613-232-5347 Email: office@canadianmartyrs.org
www.canadianmartyrs.org

Mass Schedule

Tuesday 11:30am
Saturday 5:00pm and Sunday 10:00am (must register)

32nd Sunday in Ordinary Time

November 6/7, 2021



Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

PLEASE PRAY FOR OUR SICK: Sophie Pilgrim, Fr. Peter Bisson, Brian Kerr, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Joyce White, Devin Bursey, Sandy Cano, Liam Elder, Sheila & Edward Gasnick, Raul Esteban, Chris Smith & family, Ping Cai, Judette Budden & Marie Christine Maisog.

PRAYER OF THE FAITHFUL

That Pope Francis' visit to Canada will address the pain and anger that residential schools have caused for generations of our Indigenous people, and rebuild trust and confidence among Catholics whose faith has been shaken by the revelations of abuse. We pray to the Lord.

That the government leaders, meeting in Glasgow for COP26 to discuss their commitments to reduce greenhouse gas emissions, may set aside their differences and unite to work for the greater good. We pray to the Lord.

That the proposed changes to labour laws and increases in the minimum wage will benefit workers in our province, and lead to a healthier and more dignified quality of life. We pray to the Lord.

That those who are currently suffering from the effects of COVID and the families and caregivers who are supporting them may feel God's presence in their lives and have the resources to overcome their challenges. We pray to the Lord.

That today's Gospel may inspire us to support our parish's outreach work and be willing to help those in need in our community and in overseas missions. We pray to the Lord.

MASS INTENTIONS

Sat., Nov. 6 Rita Denny by Margaret Denny

Patricia Pilgrim by Theresa Nieminen

Tues., Nov. 9 Mary Mayda by Molly Fraser

Sat., Nov. 13 Ron Allen by Brian O'Connor & Margery Gunn

SEPTEMBER COLLECTION

Envelopes:	\$ 8,956.00
Direct Deposit (EFTs):	\$ 7,220.00
Canada Helps:	\$ <u>1,693.22</u>
Total:	\$ 17,869.22

Average monthly expenses: \$ 17,222.50

Thank you!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

TRUTH AND RECONCILIATION COMMITTEE

Canadian Martyrs' Truth and Reconciliation Committee is looking for members! Interested in getting involved? Please read the [Recommendations](#) and fill out the [online form](#) or send an email to canadianmartyrstre@gmail.com by **Nov. 15**.

Younger parishioners are invited to be part of this important project, too.

Thank you / Miigwetch / Maarsi / Nakurmiik / Merci!

FOR A SYNODAL CHURCH:

COMMUNION, PARTICIPATION AND MISSION

"A humble journey of listening that aims towards unity." Pope Francis has opened a three-year synodal journey of consultations and discernment. Archbishop Dampousse has recorded [a video](#) inviting all to participate in the Synodal process. The Church (and specifically our Diocese) will give greater focus to listening to the Holy Spirit spoken through the people of God on how we can better journey together. You can find more information on the Synod on the [Archdiocese's website](#). **We are looking for parish representatives. If you are interested in being involved, please [email the parish office](#).**

507 SANDWICH CLUB AND CENTRE 507

Thank you to all who have continued to donate to our 507 Sandwich Club. Our 507 Sandwich Club volunteers have resumed making sandwiches for Centre 507. If you would like to donate towards this project, please make cheques payable to Canadian Martyrs Church. Please contact Adele, whom we welcome as our new coordinator, at cmpsandwich507@gmail.com with any questions or if you wish to volunteer.

At this time of year, Centre 507 starts asking for 'gently used' winter boots as people start shopping for new ones for themselves. Boots can be dropped off at the parish centre for delivery to Centre 507. Thank you!

CAMPAIGN LIFE CHRISTMAS CAKES

Please order your cakes by [clicking here](#) and drop off payment at the office by Sunday, November 21st. The parish is only taking orders for the 600gms cakes for \$20. Please pay with cash or cheque. Make cheques payable to Canadian Martyrs Church and write Christmas cakes in the memo line. Cakes will be available for pickup at the church in early December. You can order other [products here](#) and pay for shipping to your home.

D&P PEOPLE AND PLANET FIRST

Let's spread the word about putting People and Planet first. Development and Peace's 2021-2022 campaign, [People and Planet First](#), is calling for Canada not to be complicit in violations against the planet and its inhabitants. The easiest way to take action is to sign the petition calling on the government to implement a due diligence law that would require its companies to respect human and environmental rights in their overseas operations. However, there are several other options available to you if you have already signed and want to continue your commitment! You can follow the latest campaign news on D&P's [social media](#) pages. If you'd like to delve into the subject deeper, take the time to read the [printable backgrounder](#). And what about sharing the [campaign video](#) with your friends and family? Whatever you choose to do, thank you for helping to spread solidarity!

ACTIVITIES AND EVENTS

The Diefenbunker: Canada's Cold War Museum is pleased to launch its 2021 Artist-in-Residence exhibition, featuring the work of Algonquin artist, Mairi Brascoupé. [Akimazinàzowin | An Image of the Land](#) invites us to hear compelling stories of the land and witness history through another lens.

[Blue Door at Your Door](#) is a televised and online fundraiser on **Sat., Nov. 6**, for The Ottawa Mission. On CTV Ottawa or online, you can enjoy music by Blue Rodeo, Bruce Cockburn, Kellylee Evans, Alan Doyle and many others.



Christmas Boxes 2021

The chill is in the air telling us that it is time for Christmas preparation in our families and especially for those less fortunate than we are. This year, we are inviting families to make up a shoe box for a youth in need closer to home. Below we have provided a list of suggested ideas for youth, ages 10-16, living here in Ottawa.

We ask you to label the box with the age and gender you have chosen, and then fill it with as many new items as you are able. You are welcome to come together with another family to complete the box, or fill it yourselves with items you think the youth might need and others they may enjoy!

There is no time like the present ... we will need to collect the shoe boxes by **November 27/28** in order for the Centretown Community Health Centre (CCHC) to be able to deliver them to families in need by Christmas. Please bring your filled shoe boxes to the parish, unwrapped, and we will make sure they get into grateful hands by Christmas.

Thank you in advance for helping us to spread the cheer this Christmas!!

Pick an age range and fill a box for a child in need: 10-12 years old, 12-14 years old, 14-16 years old (male, female, or non-binary)

Suggested contents:

Toiletries: toothbrush, toothpaste, soap, hand towel or washcloth, hairbrushes, combs

Clothing: t-shirts, socks, tuques, ball caps, hair accessories

Art: journals, pens, pencils, crayons, markers, craft kits, colouring books, art supplies

Games and toys: brainteaser puzzles, juggling balls, card games (e.g., Uno, Skipbo, Sushi Go), travel-sized board games, playing cards

Please label your unwrapped box with age range & gender and include a Christmas card.



32ND SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

We are coming to the last Sundays of this Liturgical Year. The readings of today call on us to reflect on who God is and who we are. God is and remains a saving God. We are reminded of our own vulnerability and called to give of ourselves from that vulnerable place instead of when we are 'at the top of our game'. The experience of vulnerability is difficult for us, especially in a first-world country like Canada. Our very culture encourages us to be strong, independent, always in control, and nearly invulnerable. The pain we experience in natural disasters is heightened by this reality. Accidents that break our bones, a diagnosis of disease, or the effects of aging can leave us vulnerable. All such experiences often leave us feeling helpless as we seek to return to life as we knew it before the accident, the diagnosis, or the passing of years.

In the first reading and in the Gospel, we hear stories of widows. The loss of a beloved spouse always brings profound change to the life of the surviving partner. Every routine of daily life is affected and changed totally. The ease of companionship, which we take for granted, is missing. The hole in our heart remains for a long time. For a woman, especially in the Old Testament culture, the loss of a male protector is also the loss of economic and legal support. How does one survive in this vulnerable state? The widow of Zarephath is in a desperate state. She has reached the end of her resources, telling Elijah that she is about to prepare her last meal and then she and her son will starve to death. Her jug of oil and jar of flour are both literally and figuratively empty. She trusts Elijah's promise that giving what little she has to him will bring her new life and continuous sustenance. Despite being out of material resources, this vulnerable woman responds to a glimmer of hope and is blessed for it.

In Mark's Gospel, Jesus chides the Scribes for "devouring the houses of widows" taking advantage of the poor. Then, Jesus observes a widow putting "all she had" into the treasury in the temple. What great dignity she has. Her poverty has not diminished her generosity. The experience of having nothing brings out magnanimous compassion. Jesus holds this widow up as a model of faith and trust in God. There is a remark made by a Sister who was working among the

poor in the Appalachian mountains. She mentioned the great generosity of the poor to one another. She said: "If they have one dollar in their pocket and see someone who needs it more, there is no hesitation in giving that dollar away." We may or may not identify with the widows we hear of in the readings today, but all of us can identify with how they experience vulnerability.

I suspect that our most common response to being vulnerable is to avoid it at all costs. And yet, we can take hope in our God who saves. This God is also reflected in the readings for this Sunday. When Elijah meets the widow of Zarephath, he says to her: "Do not be afraid". The God who saves will not allow the jar of flour to go empty nor the jug of oil run dry. It is in vulnerability that we are given cause to rely on God, and to trust in God's promise. In the Gospel, the poor widow is acclaimed by Jesus: "This poor widow put in more than all the other contributors. For they have contributed from their surplus wealth, but she, from her poverty, has contributed all she had, her whole livelihood". In God's eyes, her generosity is accepted for all that it means.

On this Sunday, in these readings, we reflect on how and when we have felt vulnerable, and how we have responded. We are encouraged to place all our trust in God who saves.

VOCATION REFLECTION

"Giving Liberates the Soul of the Giver"

by Susai Jesu, OMI

Today's readings invite us to ponder how someone who was as poor as this widow was able to perform an act of such spontaneous goodness. One needs to have been faithful over many years to the practice of generosity to have a heart like hers. It is not achieved by a few great deeds but by a lot of little ones. It is only through habitual generosity that the heart continues to remain open, and one becomes a loving person. Read the [reflection here](#).

"When we were children, we used to think that when we were grown-up we would no longer be vulnerable. But to grow up is to accept vulnerability...to be alive is to be vulnerable."

— *Madeleine L'Engle*

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DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you attend Mass, there will be a collection basket for donations at the registrar's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.