



Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Mass Schedule

Tuesday 11:30am

Saturday 5:00pm and Sunday 10:00am (must register)

**4th Sunday in Ordinary Time
January 29-30, 2022**

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1247 Kilborn Pl.

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175



PLEASE PRAY FOR OUR SICK: Augustin Shepherd, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Fr. Peter Bisson, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Burse, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden.

PRAYER OF THE FAITHFUL

That Catholics around the world respond generously and candidly to Pope Francis' invitation to share our experience of journeying together as a Church by participating in the Synod process. We pray to the Lord.

That governments, business leaders and consumers work together to limit the depletion of the Earth's resources and to preserve and respect our fragile environment. We pray to the Lord.

That people around the world, especially in Africa and South America, gain access to vaccines to protect themselves and their families from COVID. We pray to the Lord.

That our Indigenous brothers and sisters may feel our support and come closer to healing. We pray to the Lord.

That the isolated and marginalized in our community may receive the help they need to stay warm and safe, and that they be treated with compassion and generosity. We pray to the Lord.

MASS INTENTIONS

Tues., Feb. 1 Richard O'Reilly by Maryalice Nugent

Tues., Feb. 8 Rita McMahon by Marie Peart

Sat., Feb. 12 Amelia Mendonca by Ilario Pellizzari

Ron Kasiban by Janet Kasiban

DECEMBER COLLECTION

Envelopes:	\$ 15,583.12
Direct Deposit (EFTs):	\$ 7,110.00
Canada Helps:	\$ <u>9,993.33</u>
Total:	\$ 32,686.45

Average monthly expenses: \$ 18,329.54

Thank you for all of your end of year donations!

ZOOM GATHERINGS

3pm Monday: Christian Meditation
8pm Tuesday: Lectio Divina and Meditation
6:30pm Thursday: Evening Prayer
11:15am Sunday: Liturgy of the Word

Please contact the office if you would like to join any of these sessions. The Zoom link for our Liturgy of the Word and Evening Prayer can be found in the body of the Bulletin email.

WHAT IN THE WORLD IS ALL THIS TALK ABOUT A SYNOD?

Pope Francis has invited all of us throughout the world to share with him our experience of journeying together as Church and how that experience can be improved. In order to hear more about this and how you can participate, we have asked Fr. John Renken and Professor Cathy Clifford to tell us more.

The dates and times of the presentations are:

Friday, **Jan. 28**, at 2pm with Fr. John Renken and Wednesday, **Feb. 2**, at 7pm with Cathy Clifford. **You can register for one or more of these sessions [by clicking here](#). Find the [Zoom link for the presentations here](#) or on the [Church Google calendar](#).**

Find more Synod information on the [parish website](#) and the [Archdiocese's website](#). You will also find a link to the special Synodal edition of our *Epistle* newsletter on [the parish website](#).

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **February 12** for our Lent 2022 issue.

2022 JOB POSTINGS

Part-time Position: Assistant, Centretown Emergency Food Centre at 507 Bank Street, Ottawa. Closing date: Tuesday, February 1. For more information:

<http://cefcottawa.org/2022/01/work-at-the-food-centre/>

Part-time Pastoral Ministry Intern: the opportunity to work with youth aged 16-24 experiencing homelessness or insecurity in their housing in downtown at Ottawa Haven Too at Fourth Avenue Baptist. For more information, [click here](#).

CENTRETOWN EMERGENCY FOOD CENTRE IN 2021

The Food Centre continued to offer service on a modified basis this year to respect public health rules. It operated three days a week, providing clients with nutritious food supplies for up to five days in pre-packaged bags. The

number of visitors dropped initially during the pandemic, but has been increasing as the city slowly re-opened this fall. Offsetting the loss of food supplies regularly donated by congregations were many generous financial contributions from individuals and sponsors. Thank you to all who shared their support with a donation of food or funds.

LAUDATO SI' ACTION PLATFORM

Announcing the Canadian Launch of the Laudato Si' Action Platform in Canada. On Saturday, **Feb. 12th** at 11am, join Norman Lévesque, Bishop Jon Hansen, and the rest of your Catholic family from across Canada to learn more about how your parish community and family can engage in the works of *Laudato Si'*. There will be some time for discussion and sharing, so bring a friend and join us. For more information email Tashia Toupin: ttoupin@archregina.sk.ca. To register, [click here](#).

ACTIVITIES AND EVENTS

The Ottawa Fire Services (OFS) has some good news for parents. They have launched [two virtual station tours](#) for kids (and even some adults) to watch over and over again. **February is Black History Month**, and local organizations are getting the ball rolling a few days early [with virtual launches this week](#).

Just east of Cornwall, [Gray's Creek Conservation Area](#) features five kilometres of nature trails and 10 geocaches. (Not sure what a geocache is? Ask your adventurous kids about this fun pastime, which requires only a smartphone, an app and some problem-solving skills.) Bring your binoculars to look for blue jays, cardinals and other winter birds, and some sunflower seeds for the local black-capped chickadees.

4TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

In Luke's Gospel, we have the continuation of last Sunday's Gospel. In the synagogue, there is a sudden shift from acceptance and love to one of outrage and violence. Usually when we think of a prophet, we have in mind someone who is fiercely passionate about something. In order to be a true prophet, one needs to have more than passion. Anyone can be angry. Anyone can be one-sided. Prophecy requires that one have the capacity: to listen, to respect, to have critical balance, to be able to walk in unresolved tension, and to understand those who do not agree with us. Usually when we think of prophets, we have in mind people who are passionate about an issue: whether it is pro-life, or the fate of the poor and the homeless. One who takes a clear position, no matter what the opposition. If we are more conservative, we identify prophecy with a one-sided passion for pro-life causes, family values, for sexual purity and dogmatic orthodoxy. If we are more liberal, prophecy then becomes an equally one-sided passion for social justice, feminism, freedom of expression and individual rights. When passion is everything, and balance is nothing, you get that curious situation, that to be religious, you have to be extremist and fundamentalist. We need prophets who have balance and can carry tensions. It has been said that the problem in the world is that the liberals are not pious enough, and the pious are not liberal.

That is both tragic and true. We tend to be one or the other. And yet there are prophetic qualities in both sides. To be prophetic is to have balance, a capacity to carry unresolved tension, What we see in true prophets is passion, but not one-sided passion. We have enough one-sided passion, and anger in the world and in the church. We need prophets of balance.

I would like to spend some time this morning with the second reading. The believers in Corinth were people with great gifts in the community. They had everything they needed for a vital church, but for one thing! It didn't have enough love in it. Love involves seeking the highest good for God's creation. God first, neighbour second, and self last.

Put your name into today's passage from Corinthians where love is described: "Love is patient. Love is kind". *I am patient. I am kind. I am not envious or boastful, arrogant or rude. I do not insist on my own way. I am not irritable or resentful. I do not rejoice in wrongdoing but rejoice in the truth. I bear all things, I believe all things. I hope all things. I endure all things. That is quite*

something, isn't it? Now consider Jesus and how he fits into that picture of what love is like. He can help us be like him. He abides in us and calls us to abide in him. And the way we do that is to be focussed on him and on his example, to ask ourselves as we open our mouths or move our hands, is this what Jesus would say? Is this what Jesus would do? Your salvation does not depend on how well you do this; it does not depend on your having to become perfect.

It doesn't matter if our motivation falters, or if selfish concerns predominate. Don't feel loving, do the caring thing anyway; don't feel like being kind, say something nice about the person who is being rude to us anyway. Don't think you can possibly do what God is calling you to do, start doing it anyway. As Paul puts it: "earnestly strive for the greater gifts. The greatest of which is love". Strive for it and live as if you have it. Christ died to bring love to you and to show you what it is like and he rose from the dead to show that love's power is greater than the power of sin. When you confess Christ as your Lord, God comes and abides in you and gives you the ability to abide in him to abide in his love. Turn to God. Ask his help to pass the love test. Each minute of each day, ask his help to abide in him as he abides in you.

VOCATION REFLECTION

"Love Is Our Primary Vocation" by Susai Jesu, OMI
What really makes possible fidelity or faithfulness to God and to one another is true love which is the greatest of all the spiritual gifts. This is the one that we are all called not only to receive, but also to give. This is the simple and yet profoundly demanding message of St. Paul to the Corinthians and to us all. Prophecy, wisdom, generosity, and even martyrdom are nothing unless they are born of true love. Although each of us is called by God to a more specific vocation, either marriage, priesthood, religious life, or as single persons – we are all called to make love our primary vocation, and express that unconditional love of God for all people through our particular vocation. Read [the reflection here](#).

"For small creatures such as we,
the vastness is bearable
only through love."

– *Carl Sagan*

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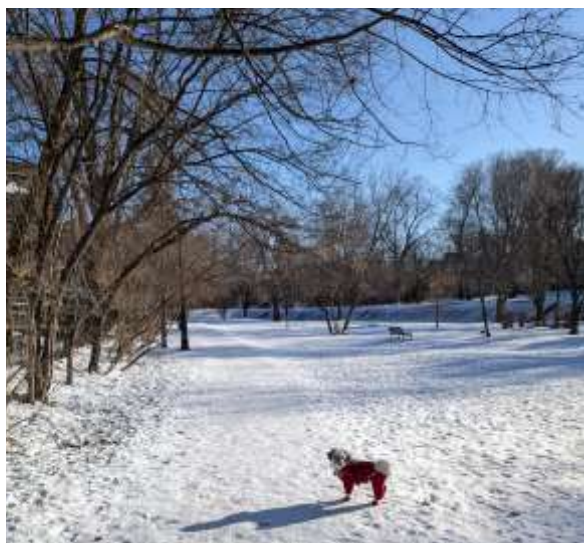
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DONATIONS TO THE CHURCH:

Our parish still needs funds to cover recurrent expenses such as electricity, water and salaries of essential staff. If you wish to donate to the church, you can through Canada Helps, using a credit card on the secure link at <https://canadianmartyrs.org/donate/> or drop your donation cheque in our mailbox or mail it to us at 100 Main St., Ottawa, ON K1S 1C2. If you attend Mass, there will be a collection basket for donations at the registrar's table.

IMPORTANT INFORMATION

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

PARISH PASTORAL COUNCIL MINUTES: For your information, the minutes are available in a binder at the back of the church and at <http://canadianmartyrs.org/pastoral-council-minutes/>

DIRECT DEPOSIT DONATIONS: The forms are available on the Welcome table if you wish to make donations to the church through direct deposit. Envelopes for special collections will still be provided.

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.