

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,
Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

4th Sunday of Lent

March 26/27, 2022



PLEASE PRAY FOR OUR SICK: Kevin Dashney, Brenda Kearns, Leo Nantais, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden.

PRAYER OF THE FAITHFUL

That through today's Gospel, we will better understand the words of Pope Francis, when he says the name of God is mercy, we pray to the Lord.

That God's mercy will change hearts, so that in Ukraine, guns and missiles fall silent, the wounded are healed, the homeless receive shelter and refugees return to safe homes, we pray to the Lord.

That we who live in this land, Indigenous and non-Indigenous together, may experience healing and reconciliation, on a renewed journey for justice and peace for our children, we pray to the Lord.

That those working to end inequalities, especially those of hunger and famine, may achieve solutions that sustainably and equitably share the land and food, and provide nourishment for all, we pray to the Lord.

That Lukas, Elena, Alex and Camila, who are receiving their first Holy Communion this weekend, may grow in their love and appreciation for Mass and for Jesus' presence with us in the Blessed Sacrament. We pray to the Lord.

MASS INTENTIONS

Sat., Mar. 26 Carol Anne Copeland by Theresa Nieminen, Margaret and Adrien Beriault by Terri Beriault

Tues., Mar 29 Jack O'Reilly by Joe O'Reilly

Sat., Apr. 2 Dan Kelly by Lorna Kelly

HOLY WEEK SCHEDULE

Thurs., Apr. 14	Holy Thursday	7:00 pm
Fri., Apr. 15	Good Friday	3:00 pm
Sat., Apr. 16	Easter Vigil	8:00 pm
Sun., Apr. 17	Easter Sunday	10:00 am
	Liturgy via Zoom	11:30am

EVENTS AND MEETINGS

Fri., Apr. 1	D&P Stations of the Cross via Zoom, 7:00pm,
Tues., Apr. 5	Stations of the Cross in church, 7:00pm

WEEKLY ZOOM GATHERINGS

3pm Monday	Christian Meditation
8pm Tuesday	Lectio Divina and Meditation
6:30pm Thursday	Evening Prayer
11:15am Sunday	Liturgy of the Word

Please email the office for Zoom links.

Our Parish News

STATIONS OF THE CROSS

Stations of the Cross presented by our Development and Peace Committee, Friday, **April 1st** at 7pm via Zoom. Please use the Zoom link for our Sunday Liturgy of the Word found in the bulletin email. Stations of the Cross will be presented by the youth of our parish, Tues., **April 5th** at 7pm, in-person at the church.

WE NEED COOKIES!

We are very happy to announce that coffee and cookies after Sunday Mass will resume on Sunday, **Apr. 3rd!** **Therefore, we would appreciate donations of peanut-free cookies as our cupboards are bare!**

SUNDAY HOSPITALITY

We are finally allowed to gather again! The Sunday hospitality team **is looking for two additional team members to make and serve coffee after Mass** on Sunday mornings: one to commit to one Sunday a month and one to commit to 4 times a year, when there are 5 Sundays in the month. Please contact the office if you are interested. Thank you!

DEVELOPMENT AND PEACE

The People and Planet First campaign is about helping communities stand up to corporate power. In Honduras, as in much of the Global South, corporations often threaten and criminalize activists who speak up against their abuses. Read more about these peoples' stories in D&P's Mini-magazine at devp.org/lent/resources. One way to support Development and Peace's work is to give generously to Share Lent. This Lent, give from the heart: online at devp.org/give; during the Share Lent parish collection on **April 2/3**; by calling 1 888 234-8533; or by mailing a cheque (made out to Development and Peace) to 1425 René-Lévesque Blvd. West, 3rd floor, Montreal, Quebec H3G 1T7.

DONATE TO HELP THOSE IN UKRAINE

Perhaps this Lent, with our prayers and fasting, we can consider supporting these organizations as part of our traditional practice of almsgiving or charity: [Catholic Near East Welfare Association](#) (CNEWA): Help the people of Ukraine survive the war. [Development and Peace](#): Solidarity, prayers and support for Ukraine: Development and Peace joins relief efforts. [Red Cross](#): Ukraine Humanitarian Crisis Appeal. [Missionary Oblates](#): Help the Oblates help the people of Ukraine. Donate on their [website](#) or call 1-866-432-6264.

LENTEN RESOURCES

The pastoral team for the Archdiocese has created a weekly one page bulletin for families to help with their Lenten journey. You can download the bulletins from our parish website: <https://canadianmartyrs.org/happenings/> Prepare for Holy Week by reading the article "[Eight Ways to Pray During Lent](#)".

RECONCILIATION JOURNEY

From **March 28 to April 1**, a delegation of First Nations, Métis, and Inuit representatives from Canada will meet with Pope Francis in the Vatican to discuss Catholic involvement in residential schools, as well as the lasting impact on Indigenous communities. Salt + Light Media will be in Rome for the event and will be providing updates via [their website](#). [Read the full announcement on the Papal Delegation here](#). On **March 28th**, as the encounter begins, in solidarity with the Indigenous Fire Keepers keeping the Sacred Fire in our region and across this land, **you are invited to light a fire or a candle and to pray for reconciliation during this time. Please send in a photo of your lit candle or fire to share with the parish.**

Diocesan and Community News

CONSECRATION OF UKRAINE AND RUSSIA

Pope Francis will lead the Consecration of Russia and Ukraine to the Immaculate Heart of Mary on Friday, **March 25**, the Solemnity of the Annunciation, in St. Peter's Basilica beginning at noon, EST. The Act of Consecration will begin at approximately 1:30pm, EST. Watch live on the Vatican's YouTube channel at 1:30pm: <https://youtu.be/2fUsZwnt-uM> During the Mass at Notre Dame Cathedral on Friday, **March 25** at 12:15pm, Archbishop Damphousse will celebrate the consecration of Ukraine and Russia to the Immaculate Heart of Mary. All are welcome. You can find the Act of Consecration prayer to the Immaculate Heart of Mary on the [parish website](#). Please join Archbishop Damphousse and Pope Francis in praying this prayer on Friday.

CHRISM MASS AT NOTRE DAME CATHEDRAL

The Chrism Mass will be held at Notre Dame Cathedral on Tuesday, **April 12** at 10:30am. All are welcome.

RENEWING COURAGE: EIN DEUTSCHES REQUIEM

Ein Deutsches Requiem (A German Requiem) by Brahms will be presented by the Rideau Chorale, Sat., **April 2**, 7:30pm at Southminster United Church, 15 Aylmer Ave. For more info and to buy tickets, [click here](#).

NOVALIS WEBINAR

Grit, Grief and Gratitude: in this event on **April 7** at 2pm, Greg Kennedy and Lorraine Roy will roll out their latest two volumes of *Reupholstered Psalms*, books that try to stay true to the beauty, hurt and hard humour alive

in the destruction and resurrection all around us today. Lorraine and Greg plan to offer participants an artistic, reflective and hopeful lift on the road to Easter 2022. To register for this free event, [click here](#).

IGNATIAN SPIRITUALITY CONFERENCE

Join the Jesuits on Sat.-Sun., **April 2-3** to experience time-tested methods to delve deeper into the spiritual life. Make connections, build community and be inspired. Experience healing, transformation, and hope. For more info and to register for free, [click here](#). Fr. Peter Bisson, who is a parishioner at Canadian Martyrs, is a presenter.

EVENTS AND ACTIVITIES

On March 25th, the Solemnity of the Annunciation of the Lord, you are invited to take [a virtual tour of the Basilica of the Annunciation in Nazareth](#). [10 Green Ways to Live a Faithful Lent](#) : Responsible caring for creation and improving our lives and the lives of others through healthy, sustainable living, and environmental stewardship.

Dr. Suzanne Simard will be giving [a talk on reconnecting with nature](#) and signing copies of her book, *Finding the Mother Tree*, at Southminster United Church in Ottawa on Sat., **March 26**. The talk will be followed by a discussion with representatives from Nature Canada and the Old Ottawa South Enviro Crew. Book lovers, take note: The Ottawa Public Library's [Mammoth Book Sale](#) is taking place at 100 Tallwood Drive in Centrepoinette from 10am to 2pm on Saturday, **March 26**.

Events at Galilee Centre, Arnprior

SACRED FIRE PRAYER VIGIL

You are welcome to join the vigil between **Mar. 28 and Apr. 1**, to pray together that the meeting between Pope Francis and the Inuit, Metis and First Nations delegates will be a true encounter, that will encourage and strengthen us all on our collective journey toward reconciliation. No cost. More [info and schedule here](#). If you are interested in attending to the sacred fire, [please click here](#).

SPIRITUALITY OF THE PASCHAL MYSTERY

Sat., **Apr. 9**, 9:00am - 4:30pm, Facilitator: Monique

deBaets, from Upper Room Home of Prayer Community. This central mystery of our Christian faith will be pondered. Cost: \$60

EASTER SUNDAY BRUNCH

Sun., **April 17**. \$20 per person. Time: 11:30am – 2pm. Registration required.

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

4th Sunday of Lent

“He was lost and has been found.”

Read: Luke 15.1-3, 11-32

Reflect: God’s love for us is unconditional and his capacity for forgiveness is boundless. If you were there, think about how you might respond to the prodigal son, and then to his brother.



Act: How can I accept this love? What can I do to reflect it towards others?

Prayer: Lord of goodness, we hunger for you. Through the grace of your love and mercy, may we be reconciled with you and with one another, truly becoming your body.

Pope Francis, *With Your Whole Heart*

Song: In these days of Lenten journey, we have seen and we have heard the call to sow justice in the lives of those we serve.

We call on the Spirit of Justice and pray for righteousness’ sake. We will sing for the freedom of all the oppressed; we will loosen the bonds of distress. (*Breaking Bread* 128)

4TH SUNDAY OF LENT

Excerpt from a homily by Fr. Carl Kelly, OMI

A soliloquy by the fatted calf: “You may not be very interested in my story, since it sounds so different from your own and you are different from fatted calves, it is true. But, we are much alike, too. For your life is also given for something. Your energies and allegiances are given over to something. You serve a job, a career, even a set of beliefs. So much of your life is defined by the things you give. And you are fattened, too. They feed you money, power, popularity, success, that is the fattening you’re given while your life is spent on the things you serve with it. And much of your story, like mine, will be told by the things you have served. You serve well, even when you don’t serve wisely. You were just a little part in some kind of a giant game, like the sacrifice of a fatted calf at an annual harvest.

This is where you are really not so different from me as you think. You did not choose your sex or your race, or your family, or the times into which you were born. You are as innocent as I, and often, as powerless. So you are more like the fatted calf than you may like to think. And now perhaps you will be able to hear my story: The meaning of my life was defined by the things that were chosen for me by others. That is why my story is worth telling. It is worth telling because I have a story. That’s the miracle of it: that I have a story at all. And it happened because a younger brother broke from the routine. He could not find himself in it and, in a burst of foolish young courage, he broke free. He wasted all of his money, but he was searching, however awkwardly, for something with more life in it than the obedient security brought by just doing his duty. He failed, but in his failure, there was a great awakening, and it made all the difference. The younger brother awoke, came back home, and then his father awoke, and reached out to him with forgiveness and love. That was the miracle and with that miracle, a whole new world was born. A world with a gentleness and a wholeness with more space to live, for those who are imperfect, who don’t find their true path on the first try.

In that moment of his father’s forgiveness, a new son was born, and a new world of possibilities, for all who can listen to this story and hear its message. Then suddenly there was something more important and more urgent than a harvest feast, for something sacred had broken into ordinary life, something with the power to transform it. And so in place of a harvest feast, there was a sacred feast; a holy meal; a communion of food consecrated to a

holy purpose. That is how this feast took place, this feast which has changed everyone who has ever truly understood it and I, the fatted calf, was a part of it. My life was changed by the choices others made.

If a miracle is a gift of life beyond understanding, then a miracle happened here and I was a passive recipient of this miracle. The meaning of my life was changed forever because of the choices and the decisions made by others. I could not tell my story to other fatted calves, for we have no choices. That is why I tell my story to you instead, because, you see, that is where we are so different. Fatted calves can not choose what we will serve with our lives. We cannot choose whether we shall serve something that gives our lives a sacred kind of glow, or whether we shall just serve something that drains our life from us until at last nothing is left of us, not even our story. A fatted calf doesn’t have many choices, but you do. You can choose.

VOCATION REFLECTION

“Gifted by God”

by Richard Beaudette, OMI - Vocation Team

As we journey through Lent, we are challenged to look at our attitudes and actions. I have to ask myself, “Am I willing to let go of many things in order to more closely follow the example of God’s love for me and for others?” How am I called to express that love? In my particular vocation, what does it mean to model the father’s love portrayed in the Gospel? What am I called to share with others to help them experience that love and welcome in their lives? Read [the reflection here](#).

On March 22nd, in Vocations Café Special Edition, Ukraine, Jarek Pachocki, OMI, spoke with his classmate Pawel Wyszowski, OMI, pastor of St. Nicholas Parish in Kiev, Ukraine. Their conversation can be found by [clicking here](#).

“The strongest principle of growth lies in human choice.”

– *George Eliot*

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FEBRUARY COLLECTION

Envelopes:	\$ 6,101.50
Direct Deposit (EFTs):	\$ 6,810.00
Canada Helps:	\$ 2,092.86
Total:	\$ 15,004.36

Average monthly expenses: \$ 11,394.00

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.