

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,
Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

Easter Sunday April 16/17, 2022



PLEASE PRAY FOR OUR SICK: Theresa Ponto, Kevin Dashney, Brenda Kearns, Leo Nantais, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

For the Church, that renewed through word and sacrament, we may radiate the light of Christ, be strong in faith, confident in hope, and abounding with love for God and neighbour. We pray to the Lord.

For all nations in turmoil, that God will break the cycles of violence and discord, end acts of revenge, protect the innocent, and raise leaders who will establish peace and justice in areas of conflict. We pray to the Lord.

For greater stewardship of God's creation, that we may work to use the Earth's resources prudently and preserve them for the good of future generations. We pray to the Lord.

For peace in our lives, that the Risen Lord will give each of us peace of mind and heart, relief from stress and pressure, and renew our spirits so that we may live life fully each day. We pray to the Lord.

MASS INTENTIONS

Sat., Apr. 23 Joyce White by Mary Croke

Tues., Apr. 26 Bryan Peart by the Peart family,
The Carolen family by the Peart family

Wed., Apr. 27 Prayers to Sue Garry by her friends

HOLY WEEK SCHEDULE

Thurs., Apr. 14	Holy Thursday	7:00 pm
Fri., Apr. 15	Good Friday	3:00 pm
Sat., Apr. 16	Easter Vigil	8:00 pm
Sun., Apr. 17	Easter Sunday	10:00 am
	Liturgy via Zoom	11:30am

EVENTS AND MEETINGS

Holy Thursday: NP (9 pm) via Zoom
Good Friday: MP (9 am) and NP (9 pm) via Zoom
Holy Saturday: MP (9 am) and EP (6 pm) via Zoom
Easter Sunday: MP (8:30am) and EP (6 pm) via Zoom

WEEKLY ZOOM GATHERINGS

3pm Monday Christian Meditation
8pm Tuesday Lectio Divina and Meditation
6:30pm Thursday Evening Prayer
11:30am Sunday Liturgy of the Word
Please email the office for Zoom links.

Our Parish News

LITURGY OF THE HOURS—REVISED

Previously announced plans to celebrate the Liturgy of the Hours in the church during the Easter Triduum and Easter Sunday have been changed due to Covid infections. Morning Prayer (MP), Evening Prayer (EP) and Night Prayer (NP) **will now only be celebrated via Zoom:**

Holy Thursday: NP (9 pm)

Good Friday: MP (9 am) and NP (9pm)

Holy Saturday: MP (9 am) and EP (6 pm)

Easter Sunday: MP (8:30 am) and EP (6:00 pm)

The link to join us on Zoom for all the celebrations is the same one as for the normal weekly Evening Prayer celebration, found in the weekly parish email.

HOLY THURSDAY FOOD DRIVE

A special food drive will be taken up on Holy Thursday of non-perishable food for the Centretown Emergency Food Centre. Thank you for your continued generosity.

507 SANDWICH CLUB

Many thanks to all who continue to support and volunteer for our 507 Sandwich Club. An article on this parish initiative was included in the latest newsletter from the Centretown Churches Social Action Committee. You can [read it here](#).

SHARE LENT 2022

Thank you for giving from the heart to Share Lent 2022! Development and Peace thanks you for supporting the People and Planet First campaign with your Share Lent donation. Thanks to your generosity, our parish has so far collected \$1585. This sum will help support our sisters and brothers in Africa, Asia, Latin America and the Middle East. If you have not had a chance to donate, there is still time to place your Share Lent envelope in the offertory basket or donate online at devp.org/give.

DONATE TO HELP THOSE IN UKRAINE

Please consider supporting these organizations:

[Catholic Near East Welfare Association](#) (CNEWA): Help the people of Ukraine survive the war.

[Development and Peace](#): Solidarity, prayers and support for Ukraine: Development and Peace joins relief efforts.

[Red Cross](#): Ukraine Humanitarian Crisis Appeal.

[Missionary Oblates](#): Help the Oblates help the people of Ukraine. Donate on their [website](#) or call 1-866-432-6264.

The Oblates have been able to send \$125,000 to the Missionary Oblates in Ukraine via the Oblates in Poland, who are using these funds to assist with caring for the people who have remained in Ukraine and also for those who have fled to Poland.

HOLY WEEK RESOURCES

Holy Week at the Vatican: for livestreaming of the Masses at the Vatican, [click here](#).

Holy Week resources for families from the Archdiocese: [click here](#).

Your how-to for Holy Week: [Traditions to Make Every Day of Holy Week Meaningful](#)

EVENTS AND ACTIVITIES

St. Patrick's Book & Gift Shop at St. Patrick Basilica on the lower level— Spring Book Clearance Sale: The shop has more than 500 books for sale at 50% off. <https://www.stpgiftsandbooks.ca/>.

[Easter at the Farm](#): Hop over to the Canada Agriculture and Food Museum and celebrate the arrival of spring!

[20 Family Hikes and Walks in and Around Ottawa](#): spend some time outside this Easter weekend

[A scenic drive along the Ottawa River](#): one of the best ways to get into the Outaouais region is to take the scenic drive along the mighty Ottawa River, a natural border between Québec and Ontario.

Diocesan and Community News

MESSAGE FOR EASTER 2022

From the Canadian Conference of Catholic Bishops:
As the Church in Canada, we have just lived through a particularly remarkable week: in faithfulness to its mission, however imperfectly, our Church is working within itself and around itself towards reconciliation, for the building of a better world. Link to the entire message: <https://www.cccb.ca/>.

WAY OF THE CROSS ON GOOD FRIDAY

Through the streets of downtown Ottawa, led by Archbishop Marcel Dampousse, Archbishop of Ottawa-Cornwall. Fri., **Apr. 15**. Departure at 9:30 a.m. from St Patrick's Basilica, 220 Kent St., arrival around noon at Notre Dame Cathedral. Hosted by Communion & Liberation, Ottawa. Info: clonottawa@gmail.com.

NEGLECTED NO MORE - THE URGENT NEED TO RETHINK OUR ELDERCARE SYSTEM

Hosted by St. Basil's Parish, "Conversations for Our Times" Series on Zoom. Health reporter, André Picard, reveals the full extent of the crisis in eldercare, and offers an urgently needed prescription to fix a broken system. Sun., **Apr. 24**, 2:30pm. [Register here](#). The confirmation email will contain the link to join. Info: parish office, 613-729-5149.

HOUSING PROJECT FOR INDIGENOUS FAMILIES

The Ottawa Central Council (OCC) of the Society of St-Vincent de Paul has formed a partnership with the Multifaith Housing Initiative (MHI) to build a housing complex, called the Anchor, to be located at 7 Rossland

Avenue in Nepean. Through various fundraising activities, the OCC aims to raise sufficient funds to cover the down payments of 4-6 apartments for Indigenous families in need. Studies have shown that Indigenous peoples are overrepresented in the homeless population in Ottawa. This project is aligned with the Diocese's response to Truth and Reconciliation.

One way you can support this important cause is to participate in the popular lottery called "Catch the Ace." There are draws every Monday and tickets are only \$10. It is an online draw, so getting a ticket [is only a click away](#). If you would like to make a tax deductible donation to this housing project, under "Please direct my donation to:" select Ottawa Multifaith Housing Initiative (MHI) <https://www.imakeanonline donation.org/ssvp-national/DONATION/>

WHAT MAKES EDUCATION CATHOLIC?

Never has this question been more urgent. Explore with Thomas Groome, one of North America's foremost thinkers in religious education, why the mission of Catholic education has become more important in a deeply polarized, increasingly secular world. Register for this Novalis webinar on Tues., April 25 at 10am by [clicking here](#). The webinar is free, but registration is required.

ACTION LIFE – 31ST ANNUAL HIKE FOR LIFE

Join the 5k fundraising walk to raise awareness about the value of life at all stages, from fertilization to natural death. St. Patrick's Basilica, Sat., **Apr. 30**, 9:00am. Info: 613-798-4494; www.actionlife.org.

Events at Galilee Centre, Arnprior

EASTER SUNDAY BRUNCH

Sun., **April 17**. \$20 per person. Time: 11:30am - 2pm. Registration required.

MONTHLY EUCHARIST – **APRIL 30, 2022**

The monthly Eucharist is held the third Saturday of each month at 4:00 p.m. in the Oblate Hall, Fr. Richard Kelly, OMI or Fr. Roy Boucher, OMI will preside. Everyone is welcome! **Please Note:** For the Month of April the monthly Eucharist will be held on the last Saturday.

MONTHLY WALK AT GALILEE

Around the grounds of Galilee and surrounding area 1st Friday of each month 2022. Chose a date that works for you and invite friends and family. Our next walk is at 10am on **May 6**. With following walks at 10am on: June 3; July 1; August 5; September 2; October 7; November 4 and December 2.

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

EASTER SUNDAY

Excerpt from a homily by Fr. Carl Kelly, OMI

Today we celebrate Easter. A brief little story: Viktor Frankl spent three years in Auschwitz. He had one chance in 28 of coming out alive. He did, though, his wife and family did not. He tells of how, one day after the liberation of the camp, he went for a walk in the countryside. The meadows were full of spring flowers, larks rose into the sky and he could hear their singing. There was no one for miles around. There was nothing but the birds singing and the freedom of space. He stopped, looked around him, and then up into the blue sky. He then went down on his knees to give thanks to God for his liberation. As he prayed, he was lost to himself and to the world. Only one sentence came to his mind to express what he was feeling: "I called on God from my narrow prison, and he answered me in the freedom of space". He did not know how long he stayed there praying, but he knew: "on that day, and in that hour, my new life started, step by step I progressed, until I again became a human being". Lent is now over, we can taste even here on earth, the joy and freedom of the new life Jesus has won for us through his death and resurrection. It is fitting that we renew our promises to follow the risen Christ.

My dear brothers and sisters: on a people who lived in darkness and in deep shadow, a light has dawned. That light is the light of Christ, a light which even the darkness of death failed to overpower. His light was opposed by those who lived in the darkness of evil and who did not want to change, but it was welcomed by all those who longed for truth, goodness and freedom. We ourselves were in darkness once, but God, the Father, in his great love for us, called us out of darkness into the wonderful light of his Son. We must therefore try to live as children of the light. The effects of the light are seen in goodness, right living, and truth.

Now that we have successfully completed our Lenten exercises, and the light of Easter has dawned upon us, let us renew our belief in the light of Christ, our risen Lord, and our determination to follow it faithfully. This, after all, is what we promised at our baptisms, when this light was first kindled in our hearts.

Do you believe in God the Father, the one true God and source of all light, and in his love for you? *We do.*

Do you reject the many false gods the modern world offers for your adoration? *We do.*

Do you reject Satan, the prince of darkness? *We do.*

Do you reject his works, namely sin? *We do.*

Do you reject the false lights by which he seeks to lure you from the path of the Gospel: Greed for the material things, lust for pleasure, craving for popularity? *We do.*
Do you believe in Christ, the light of the world? *We do.*
Do you believe that Christ entrusted that light to us, and he now depends on us to let light of goodness shine in the world today? *We do.*

Do you promise, then, that where the darkness of hatred reigns, you will let the light of love shine? *We do.*

That where the darkness of injury reigns, you will let the light of pardon shine? *We do.*

That where the darkness of doubt reigns, you will let the light of faith shine? *We do.*

That where the darkness of despair reigns, you will let the light of hope shine? *We do.*

That where the darkness of falsehood reigns, you will let light of truth shine? *We do.*

Do you believe that through his Resurrection, Christ overcame the darkness of death, and we can do the same if we have faith in him? *We do.*

Do you believe in the Church, the community of believers in the light, brothers and sisters in the Lord? *We do.*

Do you believe in the Holy Spirit, who dwells within us, to console us in times of sorrow, to strengthen us in times of difficulty, and to bind us together in the love of Christ? *We do.*

Do you believe that Mary, Mother of Jesus, is the mother of the entire Christian Community? *We do.*

And now, my brothers and sisters, I say to you in the name of Christ, our risen Saviour: hold up your heads. Never be ashamed of this light. Carry it with pride and honour, with joy and love. If you do this, then Christ will not be ashamed of you before his Father in Heaven. May the Lord bless you and keep you faithful. But if in your human weakness you fail Christ, and fall back into the old ways of darkness, know that you can turn to him at any time, and he will forgive you and help you to walk in the light once more.

"For, lo, the winter is past,
the rain is over and gone;
The flowers appear on the earth;
the time of the singing birds is come,
and the voice of the turtle is heard in our land."

Song of Solomon

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January 2010—April 2022

Find us on Facebook:



Canadian
Martyrs Parish,

MARCH COLLECTION

Envelopes:	\$ 8,425.00
Direct Deposit (EFTs):	\$ 6,985.00
Canada Helps:	\$ 2,396.99
Total:	\$ 17,806.99

Average monthly expenses: \$ 23,042.78

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.