

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,
Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

3rd Sunday of Easter April 30/May 1, 2022



PLEASE PRAY FOR OUR SICK: Doug Barr, Theresa Ponto, Kevin Dashney, Brenda Kearns, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

For Pope Francis as he struggles with health issues, that he may be well enough to travel to Lebanon, South Sudan, the Democratic Republic of Congo and Canada in the coming months on missions of peace and reconciliation. We pray to the Lord. For peace, that God will turn hearts from violence, open minds to the pain that it causes, and open new opportunities for dialogue and understanding. We pray to the Lord.

For the grace of awareness, that God will open our minds and hearts to recognize Christ in the Eucharist, and in the people, events, and experiences of daily life. We pray to the Lord.

For our families, that mealtimes spent together may be times of nourishment, healing, reconciliation, and encouragement of one another. We pray to the Lord.

MASS INTENTIONS

Sat., April 30 Joyce White by Albert White and family

Tues., May 3 Jack Lavoie by Shirley Lavoie

Fri., May 6 Carol Cowley by Molly Fraser

Sat., May 7 Joyce White by Albert White and family

MARCH COLLECTION

Envelopes: \$ 8,425.00
Direct Deposit (EFTs): \$ 6,985.00
Canada Helps: \$ 2,396.99
Total: \$ 17,806.99

Average monthly expenses: \$ 23,042.78

EVENTS AND MEETINGS

8pm Thurs., May 5 Parish Council Meeting
6pm Sat., May 7 Pizza Supper after Mass

WEEKLY ZOOM GATHERINGS

3pm Monday Christian Meditation
8pm Tuesday Lectio Divina and Meditation
6:30pm Thursday Evening Prayer
11:30am Sunday Liturgy of the Word

Our Parish News

A NOTE TO PARISHIONERS

I want to announce that I have decided to retire. It was an unexpected decision that came by surprise while I was knocked down by Covid. I realized as much as I love the role of Parish Life Coordinator, I need to be less busy at this time of my life. I am not leaving the parish. I am eager to be active in various parish ministries and to journey with the Deaf Community. I want to thank you all for your generous support in our many parish ministries, and I look forward to continuing to journey with you.
Warm regards, Maureen

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **May 14** for our Pentecost 2022 issue. Also, please keep in mind that our Feast of the Canadian Martyrs issue will come out in September, and your ideas and input are always appreciated.

COOKBOOKS

We have more parish cookbooks for sale just in time for Mother's Day! The cookbooks are \$15 each (black and white edition). All proceeds will go to the parish!

IMMACULATA'S BENEFIT CONCERT

On Wednesday, **May 4th**, from 7 - 8:30pm, Immaculata's talented Arts Department will be putting on a benefit concert to help support Ukrainian relief. There is a suggested donation of \$5 per person. Bring extra \$\$\$ for the bake sale and silent auction. Proceeds will be donated to the [Canada - Ukraine Foundation](#).

CATHOLIC EDUCATION WEEK, MAY 1-6

This year's Catholic Education Week theme is, "Rebuild, Restore, Renew Together." This theme was inspired by the following considerations:

In the face of the continuing reality of the COVID-19 pandemic, there will be much to Rebuild, Restore and Renew together in 2022.

The challenges to personal and spiritual well-being posed by the uncertainty and physical isolation of the current global crisis makes the timing of Mental Health Week, which takes place during the same week as Catholic Education Week, all the more relevant.

Ongoing recognition of the Truth & Reconciliation Commission and the relevance of Indigenous culture and spirituality will continue to move us forward.

The Ministry of Education's focus on Inclusion and Equity resonates with all educators and administrators as we desire to serve all of God's children. And Pope Francis' encyclical entitled, *Fratelli Tutti*, will guide us in this good work.

The Catholic Education Week biblical quote is, "Behold I make all things new." (Revelation 21:5)

The Catholic schools in our parish will engage in a series of events to celebrate the ongoing gift of publicly-funded Catholic education. For more information, [click here](#).

PRAYER FOR CATHOLIC EDUCATION WEEK

"God of Grace, help us to rediscover how to be side by side in rebuilding our communities of faith and learning. Help us restore harmony and balance in our relationships, and renew our desire to approach challenges confidently and with peaceful hearts. May we always rejoice in recognizing the blessings our lives hold." Amen.

Diocesan and Community News

ACTION LIFE – 31ST ANNUAL HIKE FOR LIFE

Join the 5k fundraising walk to raise awareness about the value of life at all stages, from fertilization to natural death. St. Patrick's Basilica, Saturday, **April 30**, 9:00am. Info: 613-798-4494; www.actionlife.org.

'BRAHMS' EIN DEUTSCHES REQUIEM

Presented by the Ottawa Choral Society (Fr. Tim sings in this choir) on Sunday, **May 1** at 3pm at St. Francis Church, 20 Fairmont Ave. Described by Brahms as a "human" requiem, the German Requiem eschews religious judgement, and instead offers consolation and solace. In honour of the many lives lost to the Covid-19 pandemic. For tickets and more information, [click here](#).

WAITING TO EXHALE: ECOLOGICAL JUSTICE FOR THE EARTH'S LUNGS'

The Amazon, the Congo Basin, and the Boreal Forest are often described as the planet's lungs. Rigobert Minani, SJ, Laura Vicuña Pereira Manso, CF, Ron Thiessen and Stephanie Thorassie will speak about the challenges that these regions and their people face in this webinar presented by Canadian Jesuits International on Tuesday, **May 17**, 12:00-1:30pm. [Click here](#) for more info and to register.

MIRIAM CENTRE'S ANNUAL STAMP SALE

Back and in person on Friday, **May 13**, 1pm—7pm and Saturday, **May 14**, 9:30am - 4pm at 1803 St-Joseph Blvd., Unit 107. Wide selection of world stamps, excellent prices, 50% or less off Scott catalogue and excellent condition! For more info: 613-830-8623 or email: centremiriamcentre@gmail.com.

GIVE IT UP FOR THE EARTH!

Citizens for Public Justice invites you to join them in calling on Environment and Climate Change Minister, Steven Guilbeault, to follow-through on Canada's existing climate action commitments and legislate a just transition that centers on Indigenous rights, promotes fairness and inclusion, and creates good, secure, green jobs. Sign the [letter here](#).

THE SPIRITUAL ECOLOGY OF WATER

On March 2nd, the Jesuit Forum invited three guests to reflect with them on our relationship with water ([click to view the webinar](#)), what we might call "the spiritual ecology" of water. Together, we spoke of how we are connected to water, how that connection is being endangered, and how our relationship with water might be renewed. With gratitude, their reflections [are summarized here](#).

ACTIVITIES AND EVENTS

[Ukraine in Ottawa – A Bike Tour](#): a route that may be used by those who wish to pay tribute to the incredible resilience of the Ukrainian people, and to help better understand the Ukrainian community amongst us.

Try out one of the new restaurants in Old Ottawa East:

Vespa Wine Bar (178 Main St.) or Gray Jay Hospitality (221 Echo Dr.). Read the reviews in the latest [Mainstreeter newspaper](#).

Three years (April 15, 2019) after the devastating fire at Paris' Notre-Dame Cathedral **we invite you to virtually tour it**. The virtual tour allows you to conduct your own visit to the spaces of Notre-Dame Cathedral [Click here to start the tour](#).

Events at Galilee Centre, Arnprior

GALILEE CENTRE – OPEN HOUSE

Sunday, **May 1** 9:00am-1:00pm,
398 John Street North, Arnprior

Schedule:

9 am – Eucharist

10 am – Garden Clean Up and Open House

12 pm – BBQ Lunch \$5

Tours of the historic building and grounds, learn about Galilee's programs, hosting options, library, and Friends of Galilee volunteer program. [Click here for more information](#).

SISTER WATER AND THE SULTAN

Wednesday **May 4, 11, 18 and 25**, 7:30 to 9:00pm

Join us to invite St. Francis to lead us to a deeper love of the earth and of our enemy. This virtual retreat is offered by Len Desroches, a leading authority on the life and teachings of St. Francis.

Cost: \$70 – Virtual Attendance Only

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

UPDATE – TRUTH AND RECONCILIATION COMMITTEE

Since its creation by Pastoral Council in the fall, the Canadian Martyrs' Truth and Reconciliation Committee has been meeting regularly to begin the work of advancing truth and reconciliation (T&R) in our parish and the broader community.

The past year has seen a necessary and difficult national refocusing on T&R following the discovery of hundreds of unmarked graves at former Oblate-run residential school sites across Canada. The formation of a T&R Committee at Canadian Martyrs reflects the level of concern expressed by a number of parishioners about the need for our parish to do its part.

As was previously communicated to parishioners, the Committee's mandate focuses on four main workstreams:

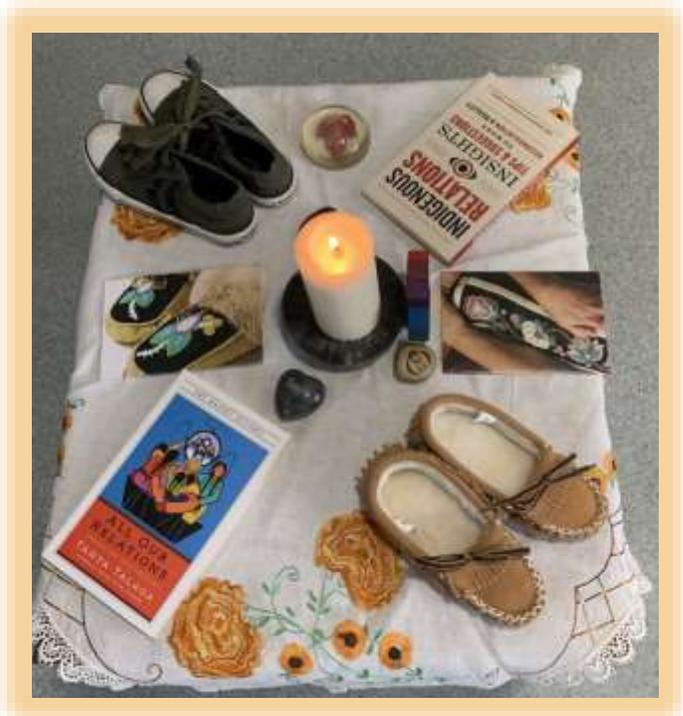
- ➔ communications with the parish and our community;
- ➔ work with parish ministries and committees to embrace truth and reconciliation in all we do;
- ➔ education led/guided by Indigenous peoples and residential school survivors; and
- ➔ engagement with the Oblate leadership toward greater transparency and accountability to residential school survivors.

It is this last workstream – engaging with the Oblate leadership – that has been the Committee's starting point and singular focus over the past few months. This initial focus is based on the Committee's view that any efforts toward reconciliation must be rooted in truth. More specifically, the Committee has identified three areas where we believe the Oblate leadership can and should do more to provide a basis of meaningful truth for reconciliation efforts going forward: (1) revisit and update the [Oblate apology of 1991](#); (2) release of all Oblate records; and (3) full disclosure of the Oblate's financial compensation to date.

The Committee was very pleased that Fr. Ken Thorson, Provincial of OMI Lacombe, and Fr. Richard Beaudette, Vicar Provincial of OMI Lacombe, accepted our invitation to meet. In the discussion on April 6 in the parish centre, the Committee's overarching request to Fr. Ken was for the Oblate leadership to better and more meaningfully engage and communicate with the laity in Oblate parishes across Canada so that we can all better understand the work that has taken place and that is left to be done. The conversation was direct and productive, and we appreciated the openness and commitment by Frs. Ken and Richard to consider our feedback.

The ongoing journey toward full truth and reconciliation will be long and, at times, very painful. Within our parish, we have barely begun this important work. One entry point is through our parish study group, using the dialogue guide *Listening to Indigenous Voices* by the Jesuit Forum for Social Faith and Justice. This group meets every two weeks on Zoom. For more information, please contact Maureen Cerroni at the office (parishlife@canadianmartyrs.org).

The Canadian Martyrs' Truth and Reconciliation Committee is committed to this parish journey. We will continue to provide updates on our work, and we welcome your feedback and participation going forward. If you have any questions, please contact Anne Louise Mahoney (T&R committee chair) at annelou11@sympatico.ca.



3RD SUNDAY OF EASTER

Excerpt from a homily by Fr. Carl Kelly, OMI

There are times when we feel we just have to get away from it all. People make more and more demands on us, on our time and our talents. It is a kind of emotional overload that prevents us from being able to sort things out and get control over what is happening to us. The name we give to this experience is stress or burnout. Some feel it more than others, and some occupations are more prone to it than others, but we are all familiar with stress. We all know what can happen if we do not pay attention to the signs.

The story in this week's Gospel seems to tell of stress in the lives of Peter and the other apostles in the days following the Resurrection. The events left them in a state that we would call stressful. Recall what had happened to them. They had left their trade of being fishermen a few years earlier. They had thrown in their lot with Jesus, a man who became more than a friend to them. He was a kind of itinerant preacher. They had experienced his teachings, seen his miracles, witnessed his cures, and at one time, had even said that he was the Messiah, the long expected saviour of the world. All this had meant an interesting life for them. They were ready for the Messiah, the chosen one of God. They were present when the crowds greeted him at his entrance to Jerusalem. It seemed that life was unfolding as it should. Then came the terrible events in the olive garden on Holy Thursday evening. They had all run away in the hubbub of events around the trial of Jesus; Peter had even denied knowing him. They witnessed the terrible events on Friday, his death and burial. They tried to sort out the baffling story of Mary Magdalene and the empty tomb, the story of the two on the road to Emmaus, Jesus' appearance in the locked room, and the confession of Thomas. All these events piled one on top of the other became a time of stress and confusion. It was at this point that Peter said, "I'm going fishing", and six of the others said they would come along. Fishing was something they knew well. That was the sort of work that would enable them to sort things out. Hard physical work would take their minds off these confusing events, and maybe help them get things back on track. It is often good to get back to regular and familiar work. They pursued their trade with expected and familiar results. They fished all night and got nothing. The stranger on the shore suggested they try the other side of the boat and so great a catch was made that they knew that something else was happening. The simple faith in the stranger on the shore brought amazing results.

When we rely totally on our own strengths and efforts, our own talents and gifts, the well can run pretty dry. We cannot continue our regular job, get involved in all the things people want from us, look after the family, and all the other obligations we have without something giving way. We are called to give love in so many places that we don't have nearly enough. According to the Gospel of John, that is precisely where the risen Christ is present. The disciples looking on the shore saw not Christ, but a stranger. Until one of them said, "It is the Lord". It was only through the eyes of faith that he could see that Jesus was truly present. That was when things began to change. Until then, they did only what they knew how to do. Over and over in the Gospel, we have stories that remind us that the work we are called to do is a work of faith. This is what brings us abundant life. This is when the blind receive sight, the lame begin to walk, where a mountainside of people get fed with five loaves and two fish. Such events take place because of a life based on faith in Jesus Christ. When we have done all we can, exhausted all our resources, used all the skills at our command without seeming to make any difference, this is when the Lord makes our faith fruitful. He shows us which side of the boat to fish from and our nets will be filled. It was at this point that Jesus asked the three questions of Peter, the man who had denied even knowing him. Peter's profession of love for Jesus resulted in his becoming the leader of the Apostles. When we put our total faith in Jesus Christ, and respond to the invitation he extends to us, miracles do indeed happen.

VOCATION REFLECTION

"Love as the Condition of Authority"

By Susai Jesu, OMI - Vocation Team

Just as Peter was transformed into a servant leader, each of us, plunged as we are in the waters of baptism, and drawn into our own covenant-life with Jesus, must consider how we, like Peter, are being asked to "haul" or "draw" others into that same ultimate experience of eternal life through faith in Jesus. What is our call? Is it to marriage, to the single life, to religious life, to the life of a priest? One thing is certain, we are being called. It is up to us to discern the nature of that call that will lead to the fullness of life. [Read the reflection here.](#)

There are always new places to go fishing.
For any fisherman, there's always a new place,
always a new horizon.

- Jack Nicklaus

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.