

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,

Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

5th Sunday of Easter

May 14-15, 2022



PLEASE PRAY FOR OUR SICK: Agatha Lim, Doug Barr, Theresa Ponto, Kevin Dashney, Brenda Kearns, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

That the message of Easter encourages the Church to centre on a life of love by following Jesus' commandment to love one another, both our neighbours and our enemies, we pray to the Lord.

That the millions of people across the world, who are fleeing their homes due to conflict, poverty, persecution and the effects of climate change, feel our compassion, and that practical steps are taken to help them reach a safe and promising future, we pray to the Lord.

That efforts to find a peaceful solution to the conflict in Ukraine be increased and intensified, we pray to the Lord.

That as the provincial and municipal elections approach, we seek to better understand the issues that confront our province and city, and how the Gospel compels us to respond as faithful citizens in our community, we pray to the Lord.

That during this time of widespread conflict and suffering, we remember that forgiveness, along with love, is a cornerstone of our Christian faith, we pray to the Lord.

MASS INTENTIONS

Sat., May 14 Don Seaman by his family

Wed., May 18 Mr. & Mrs. Tony Brennan & Barbara by their family

Thurs., May 19 Fred Miller by his nieces and nephews

Fri., May 20 Jack Lavoie by Shirley Lavoie

APRIL COLLECTION

Envelopes: \$ 10,586.57
Direct Deposit (EFTs): \$ 6,810.00
Canada Helps: \$ 3,607.00
Total: \$ 21,003.57

Average monthly expenses: \$ 22,718.05

WEEKLY ZOOM GATHERINGS

3pm Monday Christian Meditation
8pm Tuesday Lectio Divina and Meditation
6:30pm Thursday Evening Prayer
11:30am Sunday Liturgy of the Word

Please email the office for Zoom links.

Our Parish News

VOLUNTEERS FOR SUNDAY MASS

We are looking for lectors and greeters for Sunday Mass. Please email office@canadianmartyrs.org if you are interested in volunteering.

COOKBOOKS

We have more parish cookbooks for sale. The cookbooks are \$15 each (black and white edition). All proceeds will go to the parish! Please contact the office if you would like to purchase one or see Maureen after Mass.

THE LITTLE LENDING LIBRARY

Some of you may have noticed that our Little Lending Library in the church foyer is once again open and some new books have been added. If you would like to borrow a book, please fill out the card at the back of the book and place it in the box on top of the bookcase. Happy reading!

THE PAPAL VISIT TO CANADA: INDIGENOUS HOPES AND CATHOLIC RESPONSES

Join the Oblates of Mary Immaculate of Canada Initiative Panel Presentation on **May 18**, 8 - 9:30pm via Zoom with Archbishop Sylvain Lavoie, OMI, Harry Lafond, and Catherine Twinn, moderated by Lucie Leduc. The Oblates of Mary Immaculate administered 48 Indian Residential Schools throughout Canada and apologized for this role in 1991. With the more recent apologies of the Catholic Bishops, as well as Pope Francis, and the likelihood of a papal visit in summer 2022, how might we move forward to “live into” the spirit of these apologies for reconciliation and better relations with Indigenous peoples? For more information and to register for this zoom presentation, [click here](#).

NOVENA PRAYER FOR OBLATE VOCATIONS

It has become a tradition that the Oblate family unite in prayer for vocations during the Oblate Novena Prayer

beginning on **May 21**, the feast of St. Eugene de Mazenod, through **May 29**. Let's unite in prayer and boldly ask for new vocations to the Oblate religious life and priesthood. Let's “leave nothing undared”! The Prayer portion of the gatherings will be streamed LIVE on respected Facebook Pages for the public, [click here for links](#).

ACTIVITIES AND EVENTS

The next stop on our tour of Marian Shrines is the [Shrine of Fatima](#) in Portugal, where Our Lady appeared to the three young shepherds.

The [Tulip Festival](#) is back in-person for their 70th anniversary from **May 13 - 23** at Commissioners Park. Admission is free and the festival runs from 10am to 11pm every day.

Spring wildflowers in the Capital: Discover [five types of flowers](#) that carpet the forest floors from March to May in the Capital Region to the delight of many hikers and hoards of pollinating insects.

On Sunday, **May 15**, the Ottawa Valley Wild Bird Care Centre and Wild Birds Unlimited are running a free family-oriented [World Migratory Bird Day celebration at Walter Baker Park](#) (100 Charlie Rogers Place, 10am to 2pm). Crafts, scavenger hunt, prizes, borrow binoculars, ask questions! Bring a picnic and enjoy the day.



Diocesan and Community News

ISLAM AND CHRISTIANITY IN DIALOGUE... UNDER BEETHOVEN'S MOONLIGHT

The Dante Alighieri Society of Ottawa and St. Paul University are pleased to invite you to this public presentation by Rémi Caucanas on Wed., **May 18**, at 6:30pm at St. Paul University, 223 Main St. in the amphitheatre, Guigues Hall, 1st Floor. The relations between Christians and Muslims represent not only a historical issue, but a real challenge for our time. Like Beethoven's Sonata No. 14 in C minor was composed in three movements, we can interpret the recent history of Christian-Muslim relations in three movements and discover some inspiring insights. Register [by clicking here](#) to join in-person or via Zoom.

LAUDATO SI' WEEK

Laudato Si' Week 2022, to be held **May 22-29**, will mark the 7th anniversary of Pope Francis' landmark encyclical on creation care. This global celebration will unite Catholics to listen and respond together to the cry of creation, rejoice in the progress we have made in bringing *Laudato Si'* to life, and intensify our efforts through the dynamic *Laudato Si'* Action Platform, walking the Synodal path. For more information, [click here](#).

BOOK SALE

First Baptist Church (140 Laurier at Elgin) will be holding a book sale on Thursday, **May 26** from 4 - 6pm and Friday, **May 27** from 11:30am - 6pm. A fantastic selection of nearly new mass market and trade paperback books, plus beautiful hardcover art books are all priced to sell! Proceeds will support a community garden and refugee assistance.

NOVALIS WEBINAR

Prayer That Engages Our Whole Being, **June 2**, 2-3pm. Learn ways that we can enrich and sustain our daily prayer life by exploring ways to enhance our prayer, different methods of prayer, practical tips and suggestions. Cost: \$9.95, register by [clicking here](#).

CHRISTIAN MEDITATION

The Canadian Christian Meditation Community presents a talk, "Unified Consciousness: One Mind, One Heart", by Dom Laurence Freeman, director of the World Community of Christian Meditation. He will speak about the crucial importance of this time to restore our divided world and how the practice of meditation lays the foundation for this by the unifying of mind and heart. The event will take place on Friday, **June 10** from 7 - 9pm at the St. Paul University Amphitheatre. For info or to reserve, email: barbara_chouinard@hotmail.com.

ATTITUDE OF GRATITUDE: COMMUNITY CELEBRATION

This is Jericho Road's way of showing their gratitude to all their supporters of which Canadian Martyr's is one. Community is essential to Jericho Road's success. Join them for a casual evening on **June 16** - rain or shine from 5:00 to 8:00pm, and learn how they are developing their community - past, present and future. Dinner is free, and there will be a dessert auction! Come ready to bid and eat delicious cakes and goodies from local bakeries and supporters. Canterbury Rec Complex, outdoors at the Jim Tubman Arena, 2185 Arch St. [Please register](#) so they can estimate food requirements.

Events at Galilee Centre, Arnprior

SISTER WATER AND THE SULTAN

Wednesday **May 4, 11, 18 and 25**, 7:30 to 9:00pm

Join us to invite St. Francis to lead us to a deeper love of the earth and of our enemy. This virtual retreat is offered by Len Desroches, a leading authority on the life and teachings of St. Francis.

Cost: \$70 – Virtual Attendance Only

LADIES WELLNESS/SELF CARE YOGA RETREAT DAYS

Mon., **June 6** to Wed., **June 8**, 10am - 3pm (each day) Join Marie Morgan, Oblate Associate, certified yoga instructor & spiritual director, for 3 days of meditation, yoga, fellowship, and more. Renew our "vitality" through heart-centered openness. Rebuild our "reservoir" through creating self care tools.

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

5TH SUNDAY OF EASTER

Excerpt from a homily by Fr. Carl Kelly, OMI

In today's Gospel, Jesus instructs us that we are to love one another as he has loved us. The heart of such love, of course, is choice. "Little children, I am with you only a little longer, I give you a new commandment, that you should love one another." (John 13:34) Jesus chose to lay down his life for us. He does it freely because there is no greater way to show that he loves us. Love is always a choice.

Christopher de Vinck in his book, *The Power of the Powerless*, tells a simple story to underscore this. He writes: "One spring afternoon, my five-year-old son, David, and I were planting raspberry bushes along the side of the garage. A neighbour joined us for a few moments. David pointed to the ground. "Look, Daddy! What's that?". I stopped talking with my neighbour and looked down. "A beetle," I said. David was impressed and pleased with the discovery of this fancy, colorful creature. My neighbor lifted his foot and stepped on the insect giving his shoe an extra twist in the dirt. "That ought to do it," he laughed. David looked up at me, waiting for an explanation, a reason. That night, just before I turned off the light in his bedroom, David whispered, "I liked that beetle, Daddy." "I did too," I whispered back. De Vinck concludes his story by saying, "We have the power to choose." We have the power to choose how we will respond to every living thing that crosses our path. We have the power to love one another or not. There are many ways to exercise that choice. Princess Alice was the second daughter of Queen Victoria. She had a four-year-old son whom she loved very much. When he contracted the disease known as "black diphtheria," Alice was devastated. The disease was highly contagious and very deadly. The nurses continually warned the Princess, to stay away from her son. Naturally, this would be difficult for any mother. Alice knew she would be in danger if she ignored the warning. One day as Princess Alice was standing in a far corner of her son's room, she heard her son whisper to the nurse, "Why doesn't my mother kiss me any more?" That was more than Alice could bear. She rushed to her son's bed, took him in her arms, and smothered him with kisses. Tragically, this turned out to be the kiss of death. Princess Alice contracted the deadly disease and in a matter of weeks, both mother and son were buried. A foolish thing to do? Stupid? Dumb? Yes, of course, it was all of these things. But who ever said love was logical? To love as deeply as the cross; who ever said that was sensible? And

so it goes; a parent responds to a baby's cry in the night, a nurse gently bathes a bedsore patient. This is ordinary, non-spectacular, run-of-the-mill behaviour, but love has been chosen. These people have "laid down their lives," they have "died to self." In short, they have loved as Jesus did, which means they chose to pay the cost. Authentic love costs. It cost Princess Alice and it cost Jesus. "This is my commandment: love one another as I have loved you. There is no greater love than this: to lay down one's life for one's friends." (John 15:12)

VOCATION REFLECTION

"It Might Look Like Jesus is Not the Messiah"

by Jarek Pachocki, OMI - Vocation Director

When we are honest, sometimes the words, behaviours and actions of some Christians might send the message: "It might look like Jesus is not the Messiah". It is a call to conversion, a call to the initial mission entrusted to us by Christ, as we read in the Gospel this weekend, "By this everyone will know that you are my disciples, if you have love for one another." (John 13:35) If we have love for one another, it shows in our day to day witness though words, deeds and action. It's proof that Jesus is the Messiah! Read the [reflection here](#).

"If your only goal is to love, there is no such thing as failure."

- Richard Rohr



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**Rest in peace, my best girl. You will always be in
my heart. #churchdog #constantcompanion**

January 2010—April 2022



**Find us on Facebook:
Canadian Martyrs Parish, Ottawa**

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can do so through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.