

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,

Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

4th Sunday of Easter May 7-8, 2022



PLEASE PRAY FOR OUR SICK: Agatha Lim, Doug Barr, Theresa Ponto, Kevin Dashney, Brenda Kearns, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

That the gift of the Gospel teachings continues to spread and be embraced as a path to peaceful existence with our environment and all of God's creations, and lead us to eternal life, we pray to the Lord.

That our politicians continue to work towards protecting our poor, our immunocompromised and our frontline workers during this ongoing pandemic, and that our communities unite to protect the common good, we pray to the Lord.

That on this World Day of Prayer for Vocations, God extends his loving call to young people in our community, and grants them the desire to give of themselves to the service of Jesus Christ and the Church, we pray to the Lord.

That in this season of rebirth and renewal, the seniors in our community can enjoy the warmer weather in safer outdoor settings, and enjoy a healthy spring and summer, we pray to the Lord.

That all those who have accepted the role of mother come to know that their love, strength, and role modeling has a profound and valued impact on our children and our society, we pray to the Lord.

MASS INTENTIONS

Sat., May 7 Joyce White by Albert White and family

Tues., May 10 Madeleine Remillard by Denise Remillard

Thurs. May 12 John Gilbert Kenny Pequette by Patricia O'Grady and Jim & Marina Lamont

Fri., May 13 Alice & Frederick Bennetts by Yvonne Bennett

APRIL COLLECTION

Envelopes: \$ 10,586.57
Direct Deposit (EFTs): \$ 6,810.00
Canada Helps: \$ 3,607.00
Total: \$ 21,003.57

Average monthly expenses: \$ 22,718.05

EVENTS AND MEETINGS

6pm Sat., May 7 Pizza Supper after Mass
7pm Thurs., May 12 Parish Council Meeting

WEEKLY ZOOM GATHERINGS

3pm Monday Christian Meditation
8pm Tuesday Lectio Divina and Meditation
6:30pm Thursday Evening Prayer
11:30am Sunday Liturgy of the Word

Our Parish News

PARISH SYNODAL REPORT

Over 100 people participated in the synodal process in our parish which was wonderful! This included sharing circles for youth, Deaf, an ecumenical circle and a summary report from our seniors in retirement homes. This speaks to the sense of engagement and participation of parishioners in our community and our desire for a Church that is alive in the Spirit. The Archdiocese requested a condensed report and this was submitted this week. We will be sending a more detailed report directly to the Vatican and sharing this with the parish. Thank you to our Synod committee and to everyone who participated!

VOLUNTEERS FOR SUNDAY MASS

We are looking for lectors and greeters for Sunday Mass. Please email office@canadianmartyrs.org if you are interested in volunteering.

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **May 14** for our Pentecost 2022 issue. Also, please keep in mind that our Feast of the Canadian Martyrs issue will come out in September, and your input is always appreciated.

COOKBOOKS

We have more parish cookbooks for sale. The cookbooks are \$15 each (black and white edition). All proceeds will go to the parish! Please contact the office if you would like to purchase one or see Maureen after Mass.

Happy Mother's Day!

THE LITTLE LENDING LIBRARY

Some of you may have noticed that our Little Lending Library in the church foyer is once again open and some new books have been added. If you would like to borrow a book, please fill out the card at the back of the book and place it in the box on top of the bookcase. Happy reading!

WATER DROPLETS FROM THE *LAUDATO SI'* WATER ACTION GROUP

When considering a rain barrel, ensure the container is large enough for your eavestrough collection volume, has a mesh cover to prevent insect use and leaves falling in, and has a plug or spigot so you may access the water when needed. Happy gardening!

WORLD DAY OF PRAYER FOR VOCATIONS

This Sunday the Church throughout the world prays for vocations. Will you make a special effort to ask the Lord for vocations to the priesthood and religious life? Pray for the priests who have ministered to you throughout your life, both living and dead. Encourage young people to consider a vocation as a priest or religious brother or sister. Pray a rosary for more young men and women to respond to God's call. For more information: [Prayer for Oblate Vocations](#), Invitation to the Oblate Novena Prayer (May 21-29): youtu.be/2sy_YzLEUEE, and the [OMI Lacombe Canada Vocation Page](#).



Diocesan and Community News

BLANKET EXERCISE

As part of our Reconciliation Discussion Series, St Joe's Parish is pleased to welcome the Kateri Native Ministry to host a Blanket Exercise on **May 9th**, at 7pm. This event will take place in person at St Joe's Parish Hall. This will be a great opportunity to come together and deepen our understanding of Canada's history of colonization and displacement. All are welcome! If you are not already registered with the series, please provide [your details here](#) by 4pm on Monday, May 9th to confirm your attendance. For any questions or comments, please contact reconciliation@st-josephs.ca or 613-233-4095 ext: 235.

MARCH FOR LIFE DAY

Masses and prayer services: in-person on Thursday, **May 12**. 10am Masses at:

- Notre Dame Cathedral, Bilingual (385 Sussex Dr.) also broadcast on EWTN
- St. Patrick's Basilica, English (220 Kent St.)
- St. Clement, Latin (528 Old St. Patrick St.)

Rally and March: in-person or watch live on EWTN **May 12th** from 12:30 -3:30pm. Rally starts at Parliament Hill. For more details, [click here](#).

MIRIAM CENTRE'S ANNUAL STAMP SALE

Back and in-person on Friday, **May 13**, 1pm - 7pm and Saturday, **May 14**, 9:30am - 4pm at 1803 St-Joseph Blvd., Unit 107. Wide selection of world stamps, excellent prices, 50% or less off Scott catalogue and excellent condition! For more info: 613-830-8623 or email: centremiriamcentre@gmail.com.

WEBINAR SERIES FOR A SYNODAL CHURCH

Presented by the CCCB Office for Evangelization and Catechesis: Communion, Participation and Mission. Three-part series on **May 18, May 25 & June 1**, 1:00 - 2:30pm. For more info: email m.shea-lawrence@cccb.ca or [click here](#).

BOOK SALE

First Baptist Church (140 Laurier at Elgin) will be holding a book sale on Thursday, **May 26** from 4 - 6pm and Friday, **May 27** from 11:30am - 6pm. A fantastic selection of nearly new mass market and trade paperback books, plus beautiful hardcover art books are all priced to sell! Proceeds will support a community garden and refugee assistance.

ACTIVITIES AND EVENTS

Jane's Walk: a festival of free neighbourhood walking tours is back! Sign up for a walking tour this weekend, **May 7-8** by [clicking here](#). There is a Reconciling History Tour at Beechwood Cemetery.

23+ road trips this week: Art in Almonte, music in Kingston and stargazing in Montreal.

Go Fishing with your family!

Ontario Family Fishing Events is a province-wide opportunity for Canadian residents to fish Ontario waters for free. Go fishing with your family, **May 7 & 8!**

During this month of Mary, we will visit a few of the most famous Marian shrines. This week [click here](#) to go to Lourdes.

Events at Galilee Centre, Arnprior

SISTER WATER AND THE SULTAN

Wednesday **May 4, 11, 18 and 25**, 7:30 to 9:00pm
Join us to invite St. Francis to lead us to a deeper love of the earth and of our enemy. This virtual retreat is offered by Len Desroches, a leading authority on the life and teachings of St. Francis.
Cost: \$70 – Virtual Attendance Only

LADIES WELLNESS/SELF CARE YOGA RETREAT DAYS

Mon., **June 6** to Wed., **June 8**, 10am - 3pm (each day)
Join Marie Morgan, Oblate Associate, certified yoga instructor & spiritual director, for 3 days of meditation, yoga, fellowship, and more. Renew our "vitality" through heart-centered openness. Rebuild our "reservoir" through creating self care tools.

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

4TH SUNDAY OF EASTER

Excerpt from a homily by Fr. Carl Kelly, OMI

“I am the Good Shepherd. The Good Shepherd lays down his life for the sheep.” (John 10:11) These words of our Lord refer to the Paschal Mystery, which we celebrate at Easter. The image of the Good Shepherd is one of the most primitive, the most enduring images of our Lord. It is found first of all in the Old Testament, “For thus says the Lord God: I myself will look after my sheep...As a shepherd tends his flock, so will I tend my sheep...the lost I will seek out, the strayed I will bring back, the injured I will bind up, the sick I will heal.” (Ezekiel 34:11) It is also one of the most beloved psalms, “The Lord is my shepherd there is nothing I will want”. (Psalm 23)

In the New Testament, Jesus calls himself the Good Shepherd, fulfilling God’s oath to his people. His mission is to the lost sheep of Israel. He will leave the ninety-nine in the flock in search of the one lost stray. He will lay down his life for his sheep. He will be the shepherd at the last judgment who will separate the sheep from the goats. We saw last Sunday how Jesus commissioned Peter to be his successor as shepherd of the flock. The symbol of the shepherd’s crook, the crosier, is used by the Pope and bishops, successors of Peter and the Apostles, at liturgical functions now. The symbol of the shepherd is also present on the parish level in the pastor, which in Latin means shepherd.

The people of Israel and the early Christian community cherished this image of the Good Shepherd. In Biblical times, sheep were very important: they provided both food and clothing. The pastures were such that they imposed on the shepherd a nomadic life. He had to travel with his sheep from one region to another as the seasons changed. This created a close rapport between the shepherd and his sheep. The shepherd cares for his sheep, calls them by name, leads them to pasture and water, finds shelter for them in inclement weather, defends them against bandits and wolves, and willingly lays down his life for them. The sheep have great confidence in the shepherd. They recognize his voice and obey his commands. The people of Israel and the early Christian community understood the rapport between the shepherd and his sheep. This image of the Good Shepherd does not move us as it did the people of Israel, and the early Christians, but if we really want to understand the Scriptures and to know our true relationship with God, we must understand the image of the shepherd and his sheep. Unfortunately, shepherds and sheep are not very common

or relevant in our world today, and we do not like to think of ourselves as submissive animals. We are sophisticated human beings. We have an intellect and a free will; we do what we want. But perhaps we are more like sheep than we care to admit. Just like sheep, we seem to be oblivious of everything except the here and now. Just like sheep we are not conscious of the ravenous wolves that surround us in the counter-culture in which we live, to say nothing of the wolves that come to us in sheep’s clothing. Just like sheep we always think that the grass is greener on the other side, so we stray from the flock. Whether we appreciate it or not, the image of the Good Shepherd and his sheep is enshrined forever in the Bible and in Christianity. In reality, it fits every generation, even our own. “My sheep hear my voice; I know them and they follow me.” (John 10:27) We should have a quiet time each day to put everything on the back burner and learn to recognize the voice of the Good Shepherd. What a great blessing it is to be able to recognize the voice of Jesus, the Good Shepherd, and to follow him with great joy and confidence wherever he may lead us. “The Lord is my Shepherd there is nothing I shall want.” (Psalm 23)

VOCATION REFLECTION

“Good Shepherd Sunday”

by Richard Beaudette, OMI

As I reflect on my own vocation as an Oblate, I remember the good times as well as the difficulties on the journey. At times, it seemed that the difficulties outweighed the blessings, but in hindsight I recognize that the blessings far outweighed any difficulties. The difficulties seemed huge at times when they occurred, but they were never the end of the experience. The challenge for us is this: if we follow Christ, our Good Shepherd, we follow him where he goes: into the heart of conflict and suffering. But we follow remembering that the love of God will never abandon us. Read the [reflection here](#).

“Every vocation to the priesthood comes from the heart of God, but it passes through the heart of a mother.”

- Pope St. Pius X.

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.