

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

14th Sunday in Ordinary Time July 2-3, 2022



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Parish Life Coordinator

Position currently vacant

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

Via Zoom

PLEASE PRAY FOR OUR SICK: Fr. Léo Laberge, Gus VanDam, Bro. Wayne Jarvo, Agatha Lim, Kevin Dashney, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

That we, like the Apostles, go forth and spread a message of peace in these times of uncertainty and division. We pray to the Lord.

That the present food crisis in the world, especially with the escalating price of basic foods, be resolved through governments working together. We pray to the Lord.

That we offer to God our gratitude for living in this beautiful and peaceful country, where open dialogue is a right, and freedom is our greatest privilege. We pray to the Lord.

That as Pride month draws to a close, we do not forget to continue to share our love and support throughout the year for all members of our community. We pray to the Lord.

That all educators find this summer renewing and strengthening, and that they return to their schools with the strength, passion and joy required to light the love of learning in all their students. We pray to the Lord.

MASS INTENTIONS

Tues., July 5 Rev. Grant Crosswell by Anne Marie Bazinet Miller

Wed., Aug. 10 Annette LaPierre by Margaret Denny

Sat., Aug. 25 Fred Miller by Nicole Lance

Our Parish News

COME WORK WITH US!

Parish Life Coordinator at Canadian Martyrs Parish: works closely with the Parish's ministries, committees, and Pastoral Team to guide and facilitate virtually all facets of the life and organization of the Parish. This person will need to have strong communications skills, demonstrate leadership ability, and be able to work with others with an attitude of welcome, openness and approachability. You can find the [complete job description here](#) or [email the office](#).

OFFICE CLOSED MONDAYS AND FRIDAYS

The Parish Office will be closed on Mondays and Fridays during July and August. Thank you and have a great summer!

ST JOE'S SUPPER TABLE

St. Joe's Supper Table is seeking volunteers. They are welcoming back volunteers to St Joe's Supper Table with a gradual return to pre-pandemic operations. Seeking assistance with breakfast shift (8:30-11:30 am weekdays) and supper shift (2:30-5:30 pm, Tuesday-Friday). Email: suppertable@st-josephs.ca.

CONGRATULATIONS TO OUR GRADUATES

We would like to recognize and congratulate our younger parishioners who may have "graduated" from one phase of their schooling and are anticipating the move to the next stage of their education, or have graduated from high school, university, or college.

WATER DROPLET

Keeping a bottle of drinking water in the refrigerator will reduce the wasteful practice of running tap water to cool it for drinking. Enjoy the summer!

ACTIVITIES AND EVENTS

[City of Ottawa's guide to Canada Day 2022](#): Find out what is going on in our city on Friday.

Join His Worship Jim Watson, Mayor of the City of Ottawa, for a community festival at Lansdowne Park - celebrating 30 years since Ottawa City Council resolved to restore the Aberdeen Pavilion! Saturday, July 2, 9:30am to 3:30pm at Lansdowne Park.

Take SUP lessons, or rent a stand-up paddleboard. Take off right from the Rideau River or take a stand-up paddle board to a nearby lake or river. [Ottawa SUP](#) is located at 1314 Bank St. on the Rideau River at Billings Bridge.

Get to know the bees! The buzz around [Gee Bees Honey](#) is legit! This local, family-run honey farm provides cool private beehive tours, and offers up some of the tastiest pure Canadian honey in the region.

Spend your night with the [National Arts Centre under the stars](#) as inspirational artists share their musical visions of culture, identity and tradition. Access the NAC terrace directly from Elgin Street, the Canal, or the Mackenzie King Bridge and take in the best free beats offered in Ottawa this summer, every Tuesday and Wednesday night!

MAY COLLECTION

Envelopes:	\$ 8,469.81
Direct Deposit (EFTs):	\$ 6,935.00
Canada Helps:	\$ 2,824.86
Total:	\$ 17,950.57

Average monthly expenses: \$ 20,184.23



Diocesan and Community News

PILGRIMAGE TO THE SHRINE OF ST. ANN

In Cormac, Ontario with Bishop Guy Desrochers. Theme: "History of the Devotion to St. Ann". Thursday-Saturday, **July 28-30**, Masses at 7pm & Sunday, **July 31**, Outdoor Mass of Healing at 11am, Exposition of the Blessed Sacrament and Benediction at 1:00 pm. Priests will bless the faithful with St. Ann's oil. All welcome! Info: www.cormacpilgrimage.com. Info: 613-628-2020

OTTAWA PASTORAL CARE TRAINING PROGRAM (OPCTP)

An inter-denominational program affiliated with the Christian Council of the Capital Area presents two 9-week basic courses in Pastoral Care, beginning in September; afternoon course will be given in-person and the evening class will take place on Zoom. Continuing Education event in November will feature Pam Grassau in an exploration of HELP Ottawa. Info: 613-591-3366; ottawapastoralcare@gmail.com; www.ottawapastoralcare.com.

CATCH THE ACE LOTTERY

The Ottawa Central Council (OCC) of the Society of St-Vincent de Paul is pleased to announce the return of the Catch the Ace lottery. **The first draw will take place on July 12 and every Tuesday after that until the Ace of Spades is drawn again.** Tickets are \$10 each, purchase online only, and they are good for the draw on the Tuesday after the purchase. This lottery supports the Anchor Housing project with which the Ottawa Central Council hopes to provide safe, secure, permanent housing for 4-6 Indigenous families. For details and to start playing, go to <https://ssvpottawa.ca/>

WORLD YOUTH DAY

You still have time! New registration deadline for World Youth Day! Instead of June 30th, the deadline is now **September 1st**. If you or someone you know is interested in going to WYD, let them know they now have the summer to decide. In order to reserve a spot for registration: a \$100 deposit is required; the registration form needs to be filled out; and the Code of Conduct form needs to be signed. All this information and more can be found on the [WYD page of the Archdiocesan website](#). For more info, contact Shavi Perera at 613-738-5025x266 or youthcoordinator@archottawa.ca.

ST. ISIDORE PARISH RCIA PROGRAM

St. Isidore's in Kanata is offering *My Catholic Life!* to anyone in the Diocese who is interested in attending. Meetings, beginning **Oct. 5**, on Wednesdays, 7:00 pm via Zoom. St. Isidore Parish RCIA Program will help connect you with your local parish to become fully initiated in the Catholic Church. Info: <https://www.stisidorekanata.com/sacraments/rite-of-christian-initiation-of-adults/>.

VOLUNTEERING DURING THE PAPAL VISIT, JULY 24-29, 2022: Form to sign up available at [Volunteer - Pope Francis in Canada \(papalvisit.ca\)](http://Volunteer - Pope Francis in Canada (papalvisit.ca)).

RECONCILING HISTORY TOUR

Exploring the vast grounds of [Beechwood Cemetery](#), this version of the tour program focuses not only on the history of Beechwood and those buried here, but more specifically on those who were involved with the Indigenous community. The tour lasts one hour, and is free. Meet at the Beechwood gazebo at 1pm on **July 10**.

Events at Galilee Centre, Arnprior

SISTER WATER AND THE SULTAN

Tuesdays, **July 5, 12, 19 and 26**, 7:30 to 9:00pm
Facilitator: Len DesRoches (via Zoom)
In St. Francis of Assisi, we have a perfect companion to accompany us as we navigate these uncertain times. As a saint for our world and our times, Francis can walk with us as we discern what is and is not life-giving in the new "normal" around us. Cost: \$70

MINDFULNESS IN THE LABYRINTH

This walking meditation retreat from **August 3-4** will offer an introduction to mindfulness meditation on the land and in the labyrinth within a spacious rhythm of sitting, walking, and resting practice.
Cost : One night and program \$225; Commuter Rate \$145 (includes meals). Facilitator: Susan Kehoe

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

14TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

Jesus sent out disciples to prepare the way before him. His instructions were to take no traveling bag, and greet no one along the way. How can you influence people if you don't even say "good morning" to them? It makes sense if you add just one factor: the people in the time when the Gospel was written believed that the end of the world was very near. That was the reason for taking no luggage nor pausing to greet anyone. Time was running out and any sharing of the faith needed to be fast and quick.

In one sense, the time for such sharing is always urgent. We often believe that sharing our faith means bringing the Gospel to the people in foreign lands. The truth is, we are all called by our baptism to share the faith. Our ideas about mission often keep us from doing the work that belongs to all who are baptized in Christ. Evangelization means bringing the good news to our fellow Catholics, and perhaps even to ourselves. Sharing the faith means looking into our lives and lifestyles, and announcing the good news that there is more to life than what we currently embrace.

A story: A man reported that during his last year in high school, he had a small part in a school play. Night after night the students rehearsed, and on opening night, they were ready; they had the play down perfectly. The curtains opened; the first act was a dream. The play was a comedy, and every funny line evoked laughter from the audience. They were enjoying themselves, and the actors were, too. But in the second act, an actor forgot his lines. You could see on his face that he knew it was his turn to speak, but he could not find the words. The audience did not sense it yet, but the other actors and those offstage did. Everybody was paralyzed as this unfortunate classmate squirmed and tried to remember what he was supposed to say. The young director was leaning toward the stage. The script in her hand, she was just about to whisper his line out to him, when suddenly he spoke. It was not the line in the script. He just made something up. Not only that, what he said happened to be funny, and the audience roared with laughter. Unfortunately, the actor heard the laughter of the audience and liked it, so he made up another line. This, too, was funny, not as funny as the first line, but the audience chuckled. So, the actor made up another line, and still another. The other actors were trying to respond to him, but they couldn't. He was out of control, spinning off whatever came into his head. The play was disintegrating, lost. The actors did not remember

how they got out of it, how they finished the play, or even if they did. The memory that stuck in their minds was looking up to see the director, the young woman who had given night after night of her time to work with them and make them ready, standing in the wings, watching and crying.

We, too, have been given our parts to play in the drama of God's redemption. "Seek first the kingdom of God, pray without ceasing, repay no one evil for evil, bear one another's burdens, be kind to one another, forgive one another, love your enemies, be merciful, even as your Father is merciful." The tempter whispers in our ears, "Change the script, make up your own lines." But, everything is at stake, and the one who has poured his life into preparing us is watching. The beginning of sharing our faith lies in recognizing our own slavery and our own need of deliverance. It means living fully the script handed to us by Jesus, not changing it to suit ourselves. The time for sharing the Gospel is as urgent now as it was back in the time of Jesus, for the reign of God is at hand.

VOCATION REFLECTION

"Silence and Seedbeds"

by Jake Mullin, Seminarian for the Archdiocese of Edmonton

Without getting too much into it, think of how rare it actually is to find yourself in a moment of silence. Music, the radio, social media, our phones – all these things, while not bad in and of themselves, can distract us from the things that truly matter: relationships with others. And what relationship matters more than the one we have with our Creator? When was the last time you found yourself in a moment of silence without trying to fill it? Or what about the last time you went on a silent retreat?

Read the [reflection here](#).

"Our faith becomes stronger as we
express it;
a growing faith is a sharing faith."

- *Billy Graham*

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.