

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,
Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

Most Holy Body and Blood of Christ June 18-19 2022



PLEASE PRAY FOR OUR SICK: Gus VanDam, Bro. Wayne Jarvo, Agatha Lim, Theresa Ponto, Kevin Dashney, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

For Pope Francis, Archbishop Marcel and all the Church, that the gift of Jesus as the bread of life will help them to lead all people in loving and caring ways. We pray to the Lord.

For world leaders, that the Spirit will inspire them with ways to resolve the issues of injustice, firearms, and immigration so that all may live in peace and safety. We pray to the Lord.

For Indigenous peoples in Canada, that they experience God's tender care and that we may walk with our sisters and brothers in truth, healing and reconciliation. We pray to the Lord

For a deeper appreciation of the gift of nature, that we may see in the heavens, on the earth, and in the sea the handiwork of God and delight in God's gifts to us. We pray to the Lord.

For all students, that God will give them direction, purpose, and perseverance as they enter the next phrase of their lives. We pray to the Lord.

MASS INTENTIONS

Sat., June 18 Ron Kasiban by Janet Kasiban

Sat., June 25 Brenda Kearns by Anne Marie Bazinet-Miller

Thurs., June 30 Eileen Hoswitschka by her family

MAY COLLECTION

Envelopes: \$ 8,469.81
Direct Deposit (EFTs): \$ 6,935.00
Canada Helps: \$ 2,824.86
Total: \$ 17,950.57

Average monthly expenses: \$ 20,184.23

PARISH EVENTS

June 19, 10am Mass on the Grass and BBQ

WEEKLY ZOOM GATHERINGS

3pm Monday Christian Meditation
8pm Tuesday Lectio Divina and Meditation
6:30pm Thursday Evening Prayer
11:30am Sunday Liturgy of the Word (cancelled for June 19th)
Please email the office for Zoom links.

Our Parish News

COME WORK WITH US!

Parish Life Coordinator at Canadian Martyrs Parish: works closely with the Parish's ministries, committees, and Pastoral Team to guide and facilitate virtually all facets of the life and organization of the Parish. This person will need to have strong communications skills, demonstrate leadership ability, and be able to work with others with an attitude of welcome, openness and approachability. You can find the [complete job description here](#) or [email the office](#).

CENTRETOWN SOCIAL ACTION COMMITTEE

CCSAC is about half-way through implementing its summer Health and Hygiene Project. So far, donations have been made to: The Well for an event that would allow its clients to reconnect socially after almost three years of social isolation; Daybreak Housing – 12 tabletop fans; and Ottawa Innerscity Ministries – funding for their lunch program.

Donations to the following will be made by the end of June: Restoring Hope/The Haven – food and hygiene supplies; Fourth Avenue Baptist/Haven Too – hygiene supplies and a breakfast program; Cornerstone Women – money to purchase fans.

MEETING WITH YASIR NAQVI, MP FOR OTTAWA CENTRE

On May 27, members from Canadian Martyrs, Holy Rosary, and St. Joseph, the Diocesan chairperson and the Animator for Development and Peace-Caritas Canada met with Mr. Naqvi and his assistant, Eric Nicol. They listened with interest as we shared the work and mission of D&P and our past efforts in requesting that an effective ombudsperson be assigned to deal with issues of injustice and abuse as a result of Canadian enterprises abroad. We then presented the petition signed by parishioners asking for mandatory human and environmental rights due

diligence legislation to be tabled in the House of Commons. Mr. Naqvi was enthusiastic in learning more and willing to support our request. To date 16,810 people across Canada have [signed the petition](#), and there have been 34 meetings with MPs. Thank you to those who supported this important Action Campaign!

CCSAC NEWSLETTER

Read the [latest news](#) from the [Centretown Churches Social Action Committee](#): A Community Fridge and Pantry project, the Community Laundry Co-op, Helping with Furniture, and Refugee Assistance Programs in Ottawa.

ACTIVITIES AND EVENTS

The Pontifical Basilica of Saint Anthony of Padua is located in Padua, Veneto, Northern Italy. [Click here](#) to visit the Basilica.

[Watch The Chosen](#). Welcome to the first-ever multi-season series about the life of Christ. The free show that tens of millions of people won't stop talking about. [Read the inside story](#) from an extra who participated in the filming of the "Feeding of the Five Thousand" for this hit series.

[The Ecosphere Fair](#) on June 18 and 19 will give you the chance to meet and learn about all sorts of eco-friendly companies and organizations. It's happening at the Place des Festivals on the Zibi site (60 Jos-Montferrand Street, Gatineau) from 10am to 5pm both days. Admission is free.

On the Father's Day weekend (June 18 and 19), the Ontario government is allowing anyone to [fish for free](#), without a licence. So grab those fishin' poles and start casting.

Diocesan and Community News

MASS IN HONOUR OF NATIONAL INDIGENOUS PEOPLES DAY

On **June 21st**, Archbishop Marcel Damphousse will celebrate a Mass at St. Basil's Parish, 904 Rex Avenue, Ottawa at 7pm in honour of National Indigenous Peoples Day. All are welcome to attend!

DEVELOPMENT AND PEACE AGM

The Ottawa-Cornwall Diocesan Council for Development and Peace invites you to join them for their AGM at Canadian Martyrs on **June 23rd** at 6pm, starting with welcome and refreshments. This will be an opportunity to learn about the work of D&P, to socialize with D&P membership, and to have your say in D&P's democratic process. The new executive director of D&P, Carl Héту, will give the keynote address. He will offer insight into the strategic direction of D&P over the next five years and share his vision for the organization going forward. You are invited to attend in person, but you can register to participate online [by clicking here](#).

PILGRIMAGE TO THE SHRINE OF ST. ANN

In Cormac, Ontario with Bishop Guy Desrochers. Theme: "History of the Devotion to St. Ann". Thursday-Saturday, July 28-30, Masses at 7pm & Sunday, July 31, Outdoor Mass of Healing at 11am, Exposition of the Blessed Sacrament and Benediction at 1:00 pm. Priests will bless the faithful with St. Ann's oil. All welcome! Info: www.cormacpilgrimage.com. Info: 613-628-2020

OTTAWA PASTORAL CARE TRAINING PROGRAM (OPCTP)

An inter-denominational program affiliated with the Christian Council of the Capital Area. Two 9-week Basic Courses in Pastoral Care beginning in September; afternoon course will be given in person and the evening class will take place on Zoom. Continuing Education event in November will feature Pam Grassau in an exploration of HELP Ottawa. Info: 613-591-3366; ottawapastoralcare@gmail.com; www.ottawapastoralcare.com.

CNEWA CANADA'S UKRAINE CAMPAIGN

The Canadian office of the Catholic Near East Welfare Association (CNEWA) has surpassed its matching campaign of \$500,000, reaching a historic \$4 million within the course of 100 days. CNEWA Canada reports its national office continues to be overwhelmed by the generosity of Canadians from coast to coast. "Canadians care deeply about peace and humanitarian relief," said Anna Dombrowska, Project Officer for Ukraine. "I'm continually inspired by the generosity and engagement of our Canadian donors and assure them we're expending every effort to ensure that our collective contributions are used effectively in key areas of humanitarian relief, but also spiritual support during this great time of need." To read new release [click here](#).

SAINT ANTHONY OF PADUA

One of everyone's favourite saints has got to be Saint Anthony of Padua. Most of us turn to him when we have misplaced something. But there is so much more to know about him. [Click here](#) to read more about St. Anthony.

Events at Galilee Centre, Arnprior

SUMMER SOLSTICE 2022 LABYRINTH WALK

Tuesday, **June 21**, 8:00pm. \$20 suggested donation. Join this event for a short ceremony, labyrinth walk and refreshments.

MINDFULNESS IN THE LABYRINTH

This retreat, **June 20-21**, will offer an introduction to mindfulness meditation on the land and in the Labyrinth. Cost: One night and program \$225; Commuter Rate \$145 (includes meals)

SISTER WATER AND THE SULTAN

Tuesdays, **July 5, 12, 19 and 26**, 7:30 to 9:00pm
Facilitator: Len DesRoches (via Zoom)

In St. Francis of Assisi, we have a perfect companion to accompany us as we navigate these uncertain times. As a saint for our world and our times, Francis can walk with us as we discern what is and is not life-giving in the new "normal" around us. Cost: \$70

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

BODY AND BLOOD OF CHRIST

Excerpt from a homily by Fr. Carl Kelly, OMI

Melchisedek is a very important figure in the story of our salvation. He occurs in only two places in the Old Testament. Firstly, from the Book of Genesis and later in Psalm 110 where this familiar phrase occurs: "You are a priest forever according to the Order of Melchizedek".

Abraham had come to the aid of the five kings from the fertile plain where his nephew, Lot, has settled. On his return home, he meets with the King of Sodom.

Melchizedek appears bearing gifts of bread and wine. We are told that he was a priest of God, the Most High.

Melchizedek does two things; he pronounces God's blessing on Abraham and he blesses the Most High God and, in response to this, Abraham gives him a tithe of everything he possessed.

You can immediately see the strong Eucharistic overtones: the offering of bread and wine, and the blessing of Abraham by God which Melchizedek pronounces. This is precisely what happens in the Eucharist: God blesses us and we in our turn praise, bless and thank him. It is 'a holy exchange of gifts'. The priest performs a crucial role in all this, for it is he who pronounces God's blessing and he who is the channel for the blessing and thanksgiving given to God on behalf of the people. Melchizedek is an important foreshadowing of Christ, and indeed, his appearance points to the significance of the Eucharist. This miracle has very strong Eucharistic overtones. The language used is precisely the same as that used at the Last Supper; Jesus "took, blessed, broke, gave".

The Church stresses two important elements that are brought out in the Feeding of the Five Thousand, namely, feeding and healing. The whole context of this great miracle is that of healing. As the opening lines states so clearly, "Jesus made the crowds welcome and talked to them about the Kingdom of God; and he cured those who were in need of healing". We don't know how long Jesus spent healing the people that day, but it must have been quite a long time since it was late afternoon and the disciples were concerned about how the people would make arrangements to spend the night. It is at this point after a long session of teaching and healing that the miracle occurs.

There is a two-fold feeding that takes place in the Eucharist; first, the obvious feeding of our bodies with bread and wine, but second, there is the sustenance of our souls that only this food from heaven can provide. Today in the Eucharist, we only receive a mere morsel of bread,

but not on that day, for as it says, everyone ate as much as they wanted. However, the provision of actual food remains important, since it reflects the fact that God gives us everything we need on which to live. It is, after all, his response to our prayer "to give us this day our daily bread".

The Eucharist is above all a healing sacrament. It restores us to union with God. It is a memorial of our salvation and a concrete reminder of the sacrifice.

VOCATION REFLECTION

"You Give Them Something to Eat"

by Richard Beaudette, OMI

As disciples, Jesus calls us to respond to the needs of our community, particularly of those whose lives cry out for freedom from oppression, poverty, racism, and every other condition that prevents them from being fully the people God created them to be. Faced with the vastness of the task, we can either respond out of our feelings of inadequacy and turn away from the call, or we can hear Jesus' invitation to give everything we have and trust that it will be enough.

Read the [reflection here](#).

Recognize in this bread what hung on
the cross, and in this chalice what
flowed from his side...
whatever was in many and varied
ways announced beforehand in the
sacrifices of the Old Testament
pertains to this one sacrifice which is
revealed in the New Testament.

- *From the writings of St. Augustine*

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.