

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Email: office@canadianmartyrs.org

www.canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Parish Life Coordinator

Maureen Cerroni

Administrative Assistant

Heather Duggan

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Christian Meditation

Dorothy Wood

Mondays, 3pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Diocesan Centre

1209 Michael Street North,
Suite 200

613-738-5025

Schools

Corpus Christi

798 Lyon St. S

613-232-9743

Immaculata HS

140 Main St.

613-237-2001

Cemeteries

Hope Cemetery

613-822-1212

Notre-Dame

613-746-4175

Pentecost Sunday

June 4-5, 2022



PLEASE PRAY FOR OUR SICK: Bro. Wayne Jarvo, Agatha Lim, Doug Barr, Theresa Ponto, Kevin Dashney, Brenda Kearns, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Michael McManus, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL

That Pope Francis' appointment of 21 new Cardinals, many from developing countries, helps to strengthen the Church as it continues to preach the Good News of God's love and forgiveness, and the need for humility and compassion. We pray to the Lord.

That efforts to find a peaceful solution to the conflict in Ukraine be increased and intensified, and that here in Canada, we continue to respond generously to those fleeing the conflict. We pray to the Lord.

That children who have died because of war, gun violence, abuse, or poverty be welcomed into heaven, and that children who are suffering find the help and support that they need for a better future. We pray to the Lord.

That our new provincial government place social justice considerations, poverty relief and environmental protection among their top priorities. We pray to the Lord.

That the Feast of Pentecost, with the gift of the Holy Spirit, fills us with joy and confidence to live our Christian faith more deeply. We pray to the Lord.

MASS INTENTIONS

Sat., June 4 Fr. Monte Peters and Eugene O'Connor by Dolores Furlong
Norm Fraser by Albert White

APRIL COLLECTION

Envelopes: \$ 10,586.57
Direct Deposit (EFTs): \$ 6,810.00
Canada Helps: \$ 3,607.00
Total: \$ 21,003.57

Average monthly expenses: \$ 22,718.05

PARISH EVENTS

June 4-5 Volunteer Appreciation Weekend
June 9, 7pm Parish Pastoral Council
June 19, 10am Mass on the Grass and BBQ

WEEKLY ZOOM GATHERINGS

3pm Monday Christian Meditation
8pm Tuesday Lectio Divina and Meditation
6:30pm Thursday Evening Prayer
11:30am Sunday Liturgy of the Word (cancelled on June 19th)
Please email the office for Zoom links.

Our Parish News

MASS ON THE GRASS

Mark your calendars! Mass on the Grass returns on Sunday, **June 19th!** **Please sign up on the sheets at the back of the church and at the entrances to the church.** We need to know how many hamburgers and hotdogs to buy.

COME WORK WITH US!

Parish Life Coordinator at Canadian Martyrs Parish: works closely with the Parish's ministries, committees, and Pastoral Team to guide and facilitate virtually all facets of the life and organization of the Parish. This person will need to have strong communications skills, demonstrate leadership ability, and be able to work with others with an attitude of welcome, openness and approachability. You can find the [complete job description here](#) or [email the office](#).

PARISH SYNOD SUMMARY

Holy Canadian Martyrs Parish has taken part fully and enthusiastically in the synodal process at the "grass roots" level of our parish. This summary reports our activities in the synodal process from January-April 2022. But, more importantly, it conveys the reflections of parishioners shared openly and respectfully within the "sharing circles." You can read the [summary report here](#).

THE PAPAL VISIT TO CANADA: INDIGENOUS HOPES & CATHOLIC REPOSES

The Oblates of Mary Immaculate, who administered 48 Indian Residential Schools throughout Canada, apologized for this role in 1991. With the more recent apologies of the Catholic Bishops and Pope Francis, the papal visit this summer, how might we "live into" the spirit of these apologies for reconciliation and better relations with Indigenous peoples? Galilee Centre with the collaboration of Star of the North Retreat Centre and

Centre Oblat will be hosting a panel Discussion on Thursday, **June 9th** at 8pm. Registration is free and goodwill donations are always welcome. [Register online using this form](#), or call 613-623-4242, ext. 21.

ACTIVITIES AND EVENTS

As we have come to the end of May, we visit one last church dedicated to Mary - [The Church of the Visitation, Doors Open Ottawa](#) will be celebrating its 20th anniversary on **June 4-5**, and you are cordially invited to join them as they re-open the doors to some of the city's most beautiful buildings.

On Saturday, **June 4th** at 10:50am, the Governor General's Foot Guards will be exercising their [Freedom of the City of Ottawa with a parade](#) as part of their 150th Anniversary. The regiment will be marching from Cartier Square Drill Hall to the Ottawa City Hall Heritage Building on Elgin St.

Many thanks to all of our wonderful volunteers!

"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love."

— Martin Luther King, Jr.

Diocesan and Community News

SYNOD CELEBRATION—MOVING FORWARD

Please join the Diocese for a Synod Celebration on Tuesday, **June 7** at 7pm at Notre-Dame Cathedral (385 Sussex Drive). The bilingual evening will include remarks by Archbishop Marcel, music, a liturgy of the Word and a reception.

CONVERSATIONS FOR OUR TIMES

“To Hope, or Not To Hope: Recovering a Culture of Peace”, Sunday, **June 12th** at 2:30pm via Zoom presented by St. Basil’s parish. We live in frightening times: the Ukraine war, the climate crisis, the unending COVID pandemic, modernization of nuclear weapons, and worsening economic and social inequalities. Our invited speaker, Hon. Douglas Roche, brings the wisdom of his life experience to guide us towards hope in the face of these many global threats. A distinguished author, parliamentarian and diplomat, Douglas Roche has specialized throughout his 50-year public career in peace and human security issues. This will indeed be a “conversation for our times”. Register in advance for this meeting [by clicking here](#).

ROSARY FOR THE FAMILY

Families from across Canada are invited to a live and virtual “Rosary for the Family” on **June 19th** at 3pm. The CCCB Standing Committee for Family and Life is hosting this national event in preparation for the 10th World Meeting of Families (June 22–26). Featuring different families and voices from across the country, it is an opportunity to gather in prayer with other faith-filled families. Everyone is welcome! [Register here for Zoom link](#). Click here for Rosary for the Family ebook.

MASS IN HONOUR OF NATIONAL INDIGENOUS PEOPLES DAY

On **June 21st**, Archbishop Marcel Damphousse will celebrate a Mass at St. Basil’s Parish, 904 Rex Avenue, Ottawa at 7pm in honour of National Indigenous Peoples Day. All are welcome to attend!

WORLD MEETING OF FAMILIES

In preparation for the 10th World Meeting of Families (WMF), the CCCB Standing Committee on Family and Life has produced [a short promotional video](#) to help bring to life the WMF theme “Family Love: Vocation and Path to Holiness”. Pope Francis has announced that the WMF event will be held in a new way: celebrated not only in Rome, but in all dioceses and eparchies across the world. Organized by both the Diocese of Rome and the Dicastery for the Laity, Family and Life, the WMF will take place **June 22-26** and will coincide with the closing of the Amoris Laetitia Family Year.

DEVELOPMENT AND PEACE AGM

The Ottawa-Cornwall Diocesan Council for Development and Peace invites you to join them for their AGM at Canadian Martyrs on **June 23rd** at 6pm, starting with welcome and refreshments. This will be an opportunity to learn about the work of D&P, to socialize with D&P membership, and to have your say in D&P’s democratic process. The new executive director of D&P, Carl Héту, will give the keynote address. He will offer insight into the strategic direction of D&P over the next five years and share his vision for the organization going forward. You are invited to attend in person, but you can register to participate online [by clicking here](#).

Events at Galilee Centre, Arnprior

LADIES WELLNESS/SELF CARE YOGA RETREAT DAYS

Mon., **June 6** to Wed., **June 8**, 10am - 3pm (each day)
Join Marie Morgan, Oblate Associate, certified yoga instructor & spiritual director, for 3 days of meditation, yoga, fellowship, and more.

SUMMER SOLSTICE 2022 LABYRINTH WALK

Tuesday, **June 21**, 8:00pm. \$20 suggested donation.
Join this event for a short ceremony, labyrinth walk and refreshments.

MINDFULNESS IN THE LABYRINTH

This retreat, **June 20-21**, will offer an introduction to mindfulness meditation on the land and in the Labyrinth, within a spacious rhythm of sitting, walking, and resting practice. Cost: One night and program \$225; Commuter Rate \$145 (includes meals)
Please note: The Solstice Labyrinth Event (June 21st) is open to Mindfulness Retreatants at no added cost.

To register for events at Galilee Centre, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

PENTECOST SUNDAY

Excerpt from a homily by Fr. Carl Kelly, OMI

There is a delightful story about a mother who bought a ticket to a concert by Ignace Paderewski, the great Polish pianist. She took her five-year-old son with her, hoping the experience would encourage him in his own young efforts at music. She was delighted to see how close to the stage their seats were. Then she met an old friend and got so involved talking to her that she failed to notice that her son had slipped away to do some exploring. When eight o'clock arrived, the lights dimmed, the audience hushed to a whisper and the spotlight came on. Only then did the woman see her son on stage, sitting at the piano bench, innocently picking out "Twinkle, Twinkle Little Star". She gasped in total disbelief, but before she could retrieve her son, the great Paderewski walked onto the stage. Walking over to the piano, he whispered to the boy, "Don't stop; keep playing." Then leaning over the boy, Paderewski reached out his left hand and began to fill in the bass. A few seconds later, he reached around the other side of the boy, encircling him, and added a running obligato with his right hand. Together, the great maestro and the boy mesmerized the audience with their playing. When they finished, the audience broke out into thunderous applause. Years later, almost all those present forgot the program that Paderewski played that night, but no one forgot the "Twinkle, Twinkle Little Star". That image of the great maestro and the tiny boy at the piano makes a beautiful image of the Holy Spirit and the church. It is an image of how the Holy Spirit unites with the church to make beautiful music.

Today we celebrate the coming of the Holy Spirit upon the disciples, just as Jesus had promised when he said, "I will ask the Father, and he will give you another Advocate to be with you always, the Spirit of Truth ... he will teach you everything and remind you of all that I told you" (John 14: 16-17, 26). In the image of Paderewski and the boy, we see that the boy resembles the disciples. When Jesus departed from their midst, they were like spiritual children. Their knowledge of God and how to spread God's kingdom was terribly deficient. It was like the little boy's knowledge of music. The great Polish maestro resembles the Holy Spirit coming upon the disciples. Encircling them with love, whispering encouragement to them, and transforming their feeble efforts into something beautiful.

We look at the world and see so many problems that need to be addressed. We look at our talents and see how inadequate they are in the face of these problems. We see

the ocean of hatred and anger in the world and say, "How can I, with my limited love, change this?". This is when we recall the image of Paderewski and the little boy. Musically, the little boy's skill was minimal, but Paderewski built upon it and turned it into something beautiful, something that completely mesmerized the sophisticated audience gathered in that hall that evening. The Holy Spirit can take whatever we have, no matter how small and build upon it. The Holy Spirit can transform our efforts into something powerful and beautiful. This is the good news contained in today's Scripture readings. This is the good news we celebrate on this feast of Pentecost. It is the good news that Jesus has sent upon his Church, the promised Spirit. We are not alone.

Embracing the Spirit

Alone we are only a spark,
But in the Spirit we are a fire.
Alone we are only a string,
But in the Spirit we are a lyre.
Alone we are only an anthill,
But in the Spirit we are a mountain.
Alone we are only a drop,
But in the Spirit we are a fountain.
Alone we are only a feather,
But in the Spirit we are a wing.
Alone we are only a beggar,
But in the Spirit we are a king.

- Amado Nervo

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.