

# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

*Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.*

## Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

## Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

## 16th & 17th Sundays in Ordinary Time July 16-17 & 23-24, 2022



## Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Parish Life Coordinator

Position currently vacant

## Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

## Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

Via Zoom

**PLEASE PRAY FOR OUR SICK:** Fr. Léo Laberge, Gus VanDam, Agatha Lim, Kevin Dashney, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

## PRAYER OF THE FAITHFUL (July 16/17)

For Pope Francis, that his health remains strong throughout his journey to Canada, and that his words and presence bring healing to our Indigenous brothers and sisters, and spur us on to further actions towards reconciliation. We pray to the Lord.

For world leaders, that they may give priority to protecting the environment and our plentiful natural resources. We pray to the Lord.

For all those who are displaced by war, famine, and environmental disasters, that God grants them the strength and spirit to carry on despite their great losses and many needs. We pray to the Lord.

For all of us, may we find a balance between attending to our own spiritual nourishment and being active in the service of others. We pray to the Lord.

For Fr. Tim and all who work and volunteer to keep our Parish vibrant, may they have time this summer to rest and renew their spirits. We pray to the Lord.

## MASS INTENTIONS

Wed., Aug. 10 Annette LaPierre by Margaret Denny

Sat., Aug. 27 Fred Miller by Nicole Lance

# Our Parish News

## BULLETIN

The bulletin will be published every other week in July and August: **July 16/17, July 30/31, August 13/14 and August 27/28.**

## LECTORS AND CANTORS

We are looking for lectors and cantors for the summer months. Please email or call the office, if you are interested, or talk with McE after Mass.

## OFFICE CLOSED MONDAYS AND FRIDAYS

The Parish Office will be closed on Mondays and Fridays during July and August. Weekday Masses continue Tuesday-Friday at 11:30am.

## WATER DROPLET

Keeping a bottle of drinking water in the refrigerator will reduce the wasteful practice of running tap water to cool it for drinking. Enjoy the summer!

## ACTIVITIES AND EVENTS

*The Tempest*, **until August 13** presented by A Company of Fools at a park near you. A shipwreck. A deserted island. A man with a 12 year-old grudge. Betrayal. Revenge. Magic. And a little bit of power imbalance thrown in for good measure. For the full schedule, [click here](#).

After a two-year hiatus, the [free Northern Lights sound-and-light show on Parliament Hill](#) is back. The multimedia show, which projects stories and images of Canada onto the Centre Block of the Parliament Buildings, has been enhanced this year with content related to Queen Elizabeth's Platinum Jubilee. The show will run nightly from Thursdays through Mondays, **until September 5.**

Gather round the National Arts Centre's stages and spaces for a truly spectacular collection of performances during their [first-ever summer programming series](#). See your stories represented through blockbuster musicals, one-person plays, dance ensembles, and music from all corners of the country. There are more than 200 shows, plenty are free, with something happening every day of the week. So come laugh, cry, sing, move, groove and be — at the NAC.



WALKING  
TOGETHER  
POPE FRANCIS CANADA 2022

MARCHER  
ENSEMBLE  
PAPE FRANÇOIS CANADA 2022

## PRAYER GATHERING AT THE PARISH ON JULY 24 AS POPE FRANCIS' VISIT BEGINS

As Canadians and as Catholics, we are all invited to walk the path of reconciliation with Indigenous peoples. Join us here at Canadian Martyrs church at **4pm on Sunday, July 24**, for a half-hour prayer service for reconciliation as Pope Francis' visit to Canada begins.

## LIVESTREAMING OF THE JULY 26 PAPAL MASS FROM EDMONTON

Holy Redeemer Parish in Kanata ([holyredeemer.ca](http://holyredeemer.ca)) will livestream the Mass from Commonwealth Stadium starting at 12:00pm here on Tuesday, **July 26**. You are invited to join the Catholic community for this gathering. Sign up at <https://holyredeemerkanata.flocknote.com/signup/94749> or contact Anne Louise Mahoney ([editor@bell.net](mailto:editor@bell.net)) so Holy Redeemer can keep track of the numbers attending.

Information on streaming will be posted soon on the Papal Visit website: <https://www.papalvisit.ca/>.

## MASS AND PRAYER AT ST. JOSEPH'S PARISH

Please join us for noon mass at St. Joe's parish, 151 Laurier Ave. E., on Thursday, **July 28**, where we will offer our prayers of support and intercession for the Pope's visit. Afterwards, we will gather for a short time of discussion, fellowship and prayerful support over a coffee. If you have any questions, please email [reconciliation@st-josephs.ca](mailto:reconciliation@st-josephs.ca).

## PRAY WITH POPE FRANCIS, JULY 24-29

Reserve your **FREE exclusive Living with Christ digital edition** to commemorate this special occasion. With this special edition, you can: pray for reconciliation along with Pope Francis, learn why the papal apology is so important to Indigenous communities, follow all the historic liturgies led by Pope Francis, and follow the official schedule of the Papal visit. To receive your copy, simply fill in the form [here](#) to receive the digital edition by email or download it [for free on July 15th](#).

# Diocesan and Community News

## **BLOODLINE—A ONE PERSON PLAY**

Wednesday, **July 20th**, at 7pm, Christ Church Cathedral, 414 Sparks Street. Albert Dumont, Spiritual Teacher in Residence at the Cathedral and Ottawa's poet laureate, will present *Bloodline*. *Bloodline* is a play by and featuring master storyteller and Indigenous Elder, Albert Dumont, co-created by Phil Jenkins. Weaving autobiography, poetry and photography, Albert creates a powerful story of one Indigenous man's spiritual journey. An unforgettable piece of theatre. (Recommended for ages 13+). For more information, visit:

[www.healingbeginsnow.ca/bloodline](http://www.healingbeginsnow.ca/bloodline)

## **WORLD DAY FOR GRANDPARENTS**

On Sunday, **July 24**, the [Second World Day for Grandparents and the Elderly](#) will be celebrated throughout the universal Church. [The theme chosen by the Holy Father](#) for the occasion is "In old age, they will still bear fruit" (Psalm 92:15) and intends to emphasize how grandparents and the elderly are a value and a gift both for society and for ecclesial communities.

## **PILGRIMAGE TO THE SHRINE OF ST. ANN**

In Cormac, Ontario with Bishop Guy Desrochers. Theme: "History of the Devotion to St. Ann". Thursday-Saturday, **July 28-30**, Masses at 7pm & Sunday, **July 31**, Outdoor Mass of Healing at 11am, Exposition of the Blessed Sacrament and Benediction at 1:00 pm. Priests will bless the faithful with St. Ann's oil. All welcome! Info: [www.cormacpilgrimage.com](http://www.cormacpilgrimage.com). Info: 613-628-2020

## **CATCH THE ACE LOTTERY**

The Ottawa Central Council (OCC) of the Society of St-Vincent de Paul is pleased to announce the return of the Catch the Ace lottery. **The first draw will take place on July 12 and every Tuesday after that until the Ace of Spades is drawn again.** Tickets are \$10 each, purchase online only, and they are good for the draw on the Tuesday after the purchase. This lottery supports the Anchor Housing project with which the Ottawa Central Council hopes to provide safe, secure, permanent housing for 4-6 Indigenous families. For details and to start playing, go to <https://ssvpottawa.ca/>

## **WORLD YOUTH DAY**

There is a new registration deadline for World Youth Day! Instead of June 30th, the deadline is now **Sept. 1st**. If you are interested in going to WYD, you now have the summer to decide. In order to reserve a spot for registration: a \$100 deposit is required; the registration form needs to be filled out; and the Code of Conduct form needs to be signed. All this information can be found on the [WYD page of the Archdiocesan website](#). For more info, contact Shavi Perera at 613-738-5025x266 or [youthcoordinator@archottawa.ca](mailto:youthcoordinator@archottawa.ca).

# Events at Galilee Centre, Arnprior

## **MINDFULNESS IN THE LABYRINTH**

This walking meditation retreat from **August 3-4** will offer an introduction to mindfulness meditation on the land and in the labyrinth within a spacious rhythm of sitting, walking, and resting practice.

Cost : One night and program \$225; Commuter Rate \$145 (includes meals). Facilitator: Susan Kehoe

## **OUR PLACE IN THIS PLACE**

Saturday, **August 13**, 9:00am-3:30pm

We invite women of all faiths to join together in a day of learning and fellowship. This will be a time of connecting

to the nature around us, connecting to the community of which we are a part, and connecting to our bodies as we move in this place. Presenters: Emily Lamoureux, Crystal Nash, Lacey Smith. \$55 in-person (includes breakfast and lunch). To register online, please [click here](#).

**To register** for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email [info@galileecentre.com](mailto:info@galileecentre.com). For more info, visit [www.galileecentre.com](http://www.galileecentre.com).

# Prayer Ritual for Reconciliation during Pope Francis' Visit to Canada



**WALKING  
TOGETHER**  
POPE FRANCIS CANADA 2022

**MARCHER  
ENSEMBLE**  
PAPE FRANÇOIS CANADA 2022

During Pope Francis' pastoral visit to Canada (**July 24 to 29**), he will address the impact of colonization on Indigenous Peoples and the Catholic Church's involvement in operating residential schools.

All of us can be part of this moment of healing and reconciliation through prayer at home or wherever we may be. Here is a brief prayer ritual you can use on your own or with family members or friends.

## Prayer Ritual

- 1. Find a quiet, peaceful place.** Place a candle in the space and add one or more symbols of creation, such as a flower, a picture of nature, or a rock, and a symbol of our faith, such as a cross or a Bible. You may want to leave this prayer space set up throughout the Pope's visit and add to it each day.
- 2. Choose a time for your prayer.** Invite others to join you, if you like. If you can't gather in person, you could agree to pray at the same time in solidarity wherever you are.
- 3. When you are ready, go to your prayer space.** Light the candle, then pray this prayer:

Holy One, Creator of all that is, seen and unseen,  
of story and of song, of heartbeat and of tears,  
of bodies, souls, voices and all relations:  
you are the God of all truth and the way of all reconciliation.  
Uphold with your love and compassion all who open their lives  
in the sacred sharing of their stories;  
breathe in us the grace to trust in your loving forgiveness,  
that we may face our histories with courage;  
touch us through the holy gift of story,  
that those who speak and those who listen may behold your own redeeming presence;  
guide us with holy wisdom to enter through the gates of remorse,  
that our feet may walk gently and firmly on the way of justice and healing. Amen\*

- 4. Take a moment to reflect.** What comes to mind? What actions might you take (in your home, parish or wider community) to work toward reconciliation with Indigenous peoples? For example: learn about the land you live on and who lived here before Europeans arrived • read a book by an Indigenous author • follow Indigenous people and groups on social media to amplify their voices • donate money or time to an Indigenous organization • read the 94 Calls to Action from the Truth and Reconciliation Commission • learn a word or two in a local Indigenous language (such as *Miigwetch*: thank you).
- 5. Offer a prayer for Pope Francis** as he walks the path of reconciliation with Indigenous peoples in Canada during his visit.
- 6. Thank God for this time of prayer** as you blow out the candle.

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\*Anglican Church of Canada, <https://www.anglican.ca/wp-content/uploads/2011/06/TRC-prayers.pdf>



## 16TH SUNDAY IN ORDINARY TIME

*Excerpt from a homily by Fr. Carl Kelly, OMI*

There are many stories in the Scriptures about hospitality. Today, we hear of Abraham, organizing a meal for three strangers who suddenly turn up in the desert. Hospitality in the desert was a serious obligation since it could mean the difference between life and death.

In our story from Luke, the pace is different. There's a contrast between calm and anxiety. On the surface, Martha seems to be doing the right thing: providing hospitality for her guest. Yet, Mary is the one who is affirmed. Martha seems to be complaining that she's doing all the work, while Mary is just sitting around. What is of greater value: to attend to the needs of the guest or to attend to the guest? Our first response might be that they are the same, but the Gospel writer reminds us that being preoccupied with one's duty, even in the service of God, is not what God desires. Martha had forgotten that the guest is also a gift! Having welcomed and shown appropriate hospitality to her guest, Martha should have accepted the gift of her guest, which is the company and presence of Jesus. Instead, she continues to busy herself with serving, while her sister shows true welcome.

When we welcome a guest into our house, we can be too worried about impressing with lavish hospitality, rather than relaxing and enjoying the company of the guest. Like Martha, we too can easily overlook the fact that God is present when we welcome a guest. One of the reasons this story was remembered by the early faith community is because it taught an important message about how to be church, as both individuals and as a faith community. The second reason is more challenging and thought provoking. We believe that the truth of the Scripture lies not just in the words themselves, but also in the careful interpretation of the text in history. The story of Martha and Mary is a complex narrative and can be read on several levels. The first level focuses on Mary who assumes the position of the Rabbi's student and is defended against any attack on her right to be there. In first century Palestine, Jewish women were NOT permitted to be taught the Torah, but only instructed about how they should live their lives in obedience to its demands. They were not permitted to touch the Scriptures nor to take part in public debate or official liturgical rituals. Here we can see the great freedom Jesus envisioned for women, totally against the practice even of his own day.

On another level, this story focuses on Martha. Luke portrays the scene at Martha's home, serving her guests with care and devotion. She comes across as strong and outspoken. Mary, meanwhile, is passive and silent. It's been suggested that this story is criticizing a call in Luke's community for women to move away from the leadership Jesus so obviously gave them throughout his ministry and to adopt once again the traditional roles with which Jews and early Christians were more familiar. Some theologians and Scripture scholars suggest that this story is less about an event in the life of Jesus as it is about events in the life of the early church. In the first years after the death of Jesus, women played an equal role in leadership and ministry. However, by the time of Luke's Gospel, some 40 years later, men were becoming more dominant in the community. By portraying Jesus as admonishing Martha's active service and praising Mary's passive listening role, the passage can be interpreted as endorsing the relegation of women to their more traditional roles.

In 2000, Pope John Paul II told a group of bishops that "the genius of women must be ever more a vital strength of the Church of our time, just as it was in the first communities of Christ's disciples." Just as Jesus broke through the gender boundaries of his time, so, too, must we. Each of us must renew our commitment to ending anything that degrades, exploits, or dehumanizes women in our world, or even in our Church. At this Eucharist, we recommit ourselves to using, in the best possible way for the mission of the Church, the gifts, talents and strengths of over half of our community. May we learn from the earliest Church, described in today's Gospel, "that which is the better part" and "never take it away from her."

### VOCATION REFLECTION

"Hospitality Is Our Call"

by Richard Beaudette, OMI - Vocation Team

We, too, are called to extend hospitality – to welcome any and all into our community, to share our fellowship with them, to invite them to listen to the Word by our own example, and sometimes even to offer the hospitality of a meal that is shared. Pope Francis often speaks of our call to make the Church a place of welcome for all, no matter who they may be. He encourages us to be extravagant, just as God is extravagant in relation to us. The Church will only be a place of welcome for all if we extend hospitality in its many forms.

Read the [reflection here](#).

## 17TH SUNDAY IN ORDINARY TIME

*Excerpt from a homily by Fr. Carl Kelly, OMI*

The Scriptures today are about prayer. Whether you see God as the all-seeing, critical eye, or as a pair of arms that embraces you, is going to influence the way you pray. If you have difficulty with prayer, what you might look at is what is your image of God and what's that God like. Most people pray in spurts. They pray as the need arises, or when the Spirit moves them. A woman named Sandra Johnson wrote about her prayer life. She's married, the mother of two girls, she's a lawyer; and she teaches. With all of this, she has to make time for her family, her personal life, and for prayer. She writes: "My husband and I belong to a monthly prayer group. I often guide my actions with a prayer. I'm a lector at our parish, and each time I read, I pray to the Holy Spirit that God will speak using my voice, and that the congregation will hear the word." She admits to a downside. She writes, "There are times when I don't pray. My prayer life is dry and my relationship with God is distant in those times. I will pray only at Sunday Mass, if then. Or make a quick sign of the cross." She says this happens often when she has a sense that she has no time for prayer, but there's also another side to her life. She writes: "My husband has multiple sclerosis. We've known for over five years, yet only recently have I been willing to listen to what that means in relationship to God's plan for me, as well as for him, and for our family as a whole." She says she's able to cope with her husband's illness only with the help of her prayer group. The question that she asks is, "What does this mean, this tragedy, in relationship to God's plan for me?" The only way she can come to terms with God's plan is through prayer.

What does it mean to be alienated from members of your family? What does it mean to be divorced? What does it mean to be told of this terrible sickness you have? What does it mean to come to terms with a hard decision? What does all this terribleness mean? The only way you come to terms with that is in prayer.

There are two final things I would like to share about prayer. First, the prayer of embarrassment is for those people who suddenly run into difficulty. They start coming back to church because there's a terrible sickness. They feel very embarrassed by that and they say, "I never go to church, and I never pray, and I never really think of God. Now that the chips are down, all of a sudden I'm starting to pray, and I feel guilty and embarrassed about that." But it is good to remember that the prayer of embarrassment is a valid prayer. You're dealing with a God who has no pride. You're dealing with a God who is so humble and so foolish, that this God runs to the prodigal son, and leaves ninety-nine sheep to find the one that is lost.

Second, everyone knows that as you go through life, there are things that you go through that leave scars. But if you live long enough, you also look back in hindsight and say, "I'd never like to go through that again, but there was, in fact, a grace there." So when you look in hindsight, there are often hidden graces: in death, in disappointment, in pain and suffering, and in loss.

A soldier in the American Civil War left this little prayer: I asked God for strength, that I might achieve.

I was made weak, that I might learn humbly how to obey.

I asked for health, that I might do greater things.

I was given infirmity, that I might do better things.

I asked for riches, that I might be happy.

I was given poverty, that I might be wise.

I asked for power, that I might have the praise of men.

I was given weakness, that I might feel the need of God.

I asked for all things, that I might enjoy life.

I was given life, that I might enjoy all things.

I got nothing that I asked for but everything I had hoped for. Almost despite myself, my unspoken prayers were answered.

I am, among all men, most richly blessed.

### VOCATION REFLECTION

Read the [reflection for July 24 here](#). The reflection will be published on Wednesday, July 20th.

### PRAYER OF THE FAITHFUL (JULY 23/24)

For the Church, that together and alone, our prayers, works, and lives glorify our Father's name. We pray to the Lord. For the Pope's visit to Canada, that this pilgrimage will serve as another meaningful step in the long journey of healing, reconciliation and hope. We pray to the Lord.

For the recognition and development of the ministries of women, that God will help all to appreciate and affirm the gifts that women bring to the church and support them in using their gifts. We pray to the Lord.

For grandparents and the elderly, may they be blessed with peace, health and healing, and rewarded for their faith and fidelity, for their love and thoughtfulness, and for their gifts and prayers. We pray to the Lord.

For all who are traveling during these summer weeks, that God will protect them, renew and restore them through this time away, and strengthen their bonds with their loved ones. We pray to the Lord.

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January 2010—April 2022

**If you would like to advertise in our bulletin, please call or email the office.**



**Find us on Facebook:**

**Canadian Martyrs Parish, Ottawa**

**IMPORTANT INFORMATION**

**PARISH REGISTRATION:** The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

**DONATIONS:** PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

**PASTORAL CARE OF THE SICK:** Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

**BAPTISM PREPARATION:** Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

**MARRIAGE PREPARATION:** Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PARISH PASTORAL COUNCIL MINUTES:** The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

**FOOD CUPBOARD:** Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.