

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

18th & 19th Sundays in Ordinary Time July 30-31 & August 6-7, 2022



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adela Casuga Lalonde

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

Via Zoom

PLEASE PRAY FOR OUR SICK: Marg Lackie, Pauline Bouchard, Fr. Léo Laberge, Gus VanDam, Agatha Lim, Kevin Dashney, Eileen Kearns, Sue Garry, Isabella Boles, Ben Westerman, Amy Gertz, Debbie Dufresne, Frances Ann Smeaton, Denis Laforest, Barbara White, Ramon de Rosayro, John Dorner, Peter McAllister, Devin Bursey, Sandy Cano, Sheila & Edward Gasnick, Raul Esteban, Ping Cai, Chris Smith & family and Judette Budden

PRAYER OF THE FAITHFUL (July 30/31)

For Pope Francis, that his pilgrimage to Canada is seen as an authentic first step towards true reconciliation and reparation with the Indigenous people of Canada. We pray to the Lord.

For all those who hear the message of justice, that they harden not their hearts, and instead embrace the opportunity to forge a world of equity and radical love. We pray to the Lord.

For all those with plenty, that they see that a joyful life is not made from the hoarding of possessions to oneself, but rather through sharing and building a community of love. We pray to the Lord.

For all of us, that we may open our hearts to the messengers of the Gospel and like the poor in spirit, receive the grace of our Lord. We pray to the Lord.

MASS INTENTIONS

Tues., Aug. 2 The Blessed Virgin by Denise Remillard

Wed., Aug. 10 Annette LaPierre by Margaret Denny

Sat., Aug. 27 Fred Miller by Nicole Lance

Our Parish News

BULLETIN

The bulletin will be published every other week in July and August: **July 30/31, August 13/14 and August 27/28.**

OFFICE CLOSED MONDAYS AND FRIDAYS

The Parish Office will be closed on Mondays and Fridays during July and August. Weekday Masses continue Tuesday-Friday at 11:30am.

MANY THANKS!

We would like to thank our volunteer gardeners whose hard work can be seen in the many colours of the church gardens! Many thanks to Gloria, Mede and Richard!



ACTIVITIES AND EVENTS

Capital Pop-Up Cinema at Beechwood Cemetery- *Back to the Future III*. Please meet behind the Mausoleum on **August 5** around sunset.

Here are [5 recommendations for must-do road trips](#) in Ottawa, Eastern Ontario and the Outaouais this summer. Squeeze in at least a few before Labour Day!

Taking place at the Aberdeen Pavilion at Lansdowne Park (1000 Exhibition Way), Banksy 360°: The World's Most Elusive Street Artist is an unauthorized show featuring projections of more than 50 of the famed graffiti artists' eye-catching works. The show runs on Tuesdays, Wednesdays, Fridays and Sundays, from 10am to 8pm each day. [For more information and tickets click here.](#) The show runs until October 7.



WALKING
TOGETHER
POPE FRANCIS CANADA 2022

MARCHER
ENSEMBLE
PAPE FRANÇOIS CANADA 2022

PRAYER OF THANKSGIVING FOR THE PAPAL VISIT TO CANADA

Creator God, we praise you and we worship you.

We thank you for the visit of Pope Francis to Canada, who recognizes the cultural genocide of Indigenous Peoples brought about by colonialism and residential schools. We all know that we are members of a Church and a society of sinners.

Together we pray for more forgiveness and love, for a more vibrant evangelization which helps us to better live the Good News of Jesus Christ.

Together with Pope Francis, we wish to speak out for the needs of Mother Earth and all of Creation. We are not the owners of the Earth, but heirs sharing it with all generations.

We believe that you who are Father, Son and Holy Spirit, work together with the Pope, Indigenous Peoples and the rest of Canada for reconciliation.

We put our trust in you, merciful God, as you help us all work together to establish a new covenant signed with the smoking of the Sacred Pipe. Amen.

Prayer written with the Indigenous peoples of St. Kateri Parish of Winnipeg, MB, through the efforts of Sr. Eva Solomon, CSJ

MOVING FORWARD:

REFLECTIONS ON THE PAPAL VISIT

Join the Jesuit Forum with Rosella Kinoshameg and Harry Lafond to reflect on the impact of the Papal visit and possible next steps on the journey towards justice & right relationships on Wed., **August 10**, 5-7pm. Together, Rosella and Harry will lead reflections on the Papal visit and possible next steps in the process. Participants will then have an opportunity to reflect in small groups using a listening circle approach on both the impact of the Papal visit and ways to concretely live into an apology, working for authentic reconciliation, decolonization, and justice. Register [for this online event here.](#)

RECONCILIATION FUND

From the Catholic Register: Reconciliation fund approves first project. Nine months after Canada's Catholic bishops committed to it, the Indigenous Reconciliation Fund is up and running.

Diocesan and Community News

PILGRIMAGE TO THE SHRINE OF ST. ANN

In Cormac, Ontario with Bishop Guy Desrochers. Theme: "History of the Devotion to St. Ann". Thursday-Saturday, **July 28-30**, Masses at 7pm & Sunday, **July 31**, Outdoor Mass of Healing at 11am, Exposition of the Blessed Sacrament and Benediction at 1:00 pm. Priests will bless the faithful with St. Ann's oil. All welcome! Info: www.cormacpilgrimage.com. Info: 613-628-2020

CATCH THE ACE LOTTERY

The Ottawa Central Council (OCC) of the Society of St-Vincent de Paul is pleased to announce the return of the Catch the Ace lottery. **The first draw will take place on July 12 and every Tuesday after that until the Ace of Spades is drawn again.** Tickets are \$10 each, purchase online only, and they are good for the draw on the Tuesday after the purchase. This lottery supports the Anchor Housing project with which the Ottawa Central Council hopes to provide safe, secure, permanent housing for 4-6 Indigenous families. For details and to start playing, go to <https://ssvpottawa.ca/>

WORLD YOUTH DAY

There is a new registration deadline for World Youth Day! Instead of June 30th, **the deadline is now Sept. 1st.** In order to reserve a spot for registration: a \$100 deposit is required; the registration form needs to be filled out; and the Code of Conduct form needs to be signed. All this information can be found on the [WYD page of the Archdiocesan website](#). For more info, contact Shavi Perera at 613-738-5025x266 or youthcoordinator@archottawa.ca.

SEASON OF CREATION

The ecumenical Season of Creation runs from September 1, the World Day of Prayer for the Care of Creation, to October 4, the Feast of St. Francis and invites Christians around the world to pray and care for creation. The 2022 theme is "Listen to the voice of creation"—to voices which are not heard, including those suffering climate change impacts, Indigenous peoples, migrants and species that are disappearing. The symbol this year is the burning bush, which recalls the unnatural fires connected with climate change and the devastating impacts on the most vulnerable. In contrast, the holy fire that called out to Moses on Mt. Horeb did not destroy the bush, but assured that God heard the cries of those who suffered and promised to be with us. The [Season of Creation website](#) has several free resources for prayer, reflection and action.

ENVIRONMENTAL ACTION NEWS & RESOURCES

Did you know that the First Unitarian Congregation of Ottawa regularly suggests green events, actions, and resources? [Check out their awesome Climate Action page HERE!](#)



Events at Galilee Centre, Arnprior

MINDFULNESS IN THE LABYRINTH

This walking meditation retreat from **August 3-4** will offer an introduction to mindfulness meditation on the land and in the labyrinth within a spacious rhythm of sitting, walking, and resting practice.

Cost : One night and program \$225; Commuter Rate \$145 (includes meals). Facilitator: Susan Kehoe

OUR PLACE IN THIS PLACE

Saturday, **August 13**, 9:00am-3:30pm

We invite women of all faiths to join together in a day of learning and fellowship. This will be a time of connecting

to the nature around us, connecting to the community of which we are a part, and connecting to our bodies as we move in this place. Presenters: Emily Lamoureux, Crystal Nash, Lacey Smith. \$55 in-person (includes breakfast and lunch). To register online, please [click here](#).

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

18TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

As the author of the Book of Ecclesiastes looked about the world, he came up with one main word to describe it: vanity. Vanity is this book's first and last word. There is a story of a woman who, aiming to prove her contention that men are more vain than women, said in a speech: "It is a pity that the most intelligent and learned men attach least importance to the way they dress. Why, right in this room the most cultivated man is wearing the most clumsily knotted tie!" As if on a signal, every man in the room immediately put his hand to his tie to straighten it. Had the man in the Gospel seemed capable of perfection, Jesus would probably have said to him, "Give your share joyfully to your brother and follow me."

Surely all of us have met someone like the man in today's Gospel, sometimes, sadly, he is ourselves. He had the wrong priorities. He never saw beyond himself. His plan of life was a constant repetition of "I" and "my". Contrary to his thinking, it's been said that life's most important words are "I admit I was mistaken"; "What is your opinion?"; "If you please"; "Thank you"; and "you". From many points of view, life's least important word is "I".

The man never saw beyond this world. His whole basis of security was wealth. He believed in the modern axiom, "Money talks; learn its language." The driving force today is, no less than in Jesus' time, to build bigger and better barns. Upper management receive obscenely high salaries, while workers are laid off by the thousands. Big companies use bankruptcy laws to default on debts, which little persons have to pay. The man in the Gospel was a rich man, one who people might say owned property, but in reality, the property owned him. God called him a fool. In the Sacred Scriptures, a fool is one who is "mindless", even to the point of denying God's existence. Thus, the psalmist said, "The fool says in his heart, 'There is no God'".

The author of today's section of the letter to the Colossians tries to identify what is essential in life and to separate it from what's not. Some Jews had been trying to get the Christians of Colossae to go back to the days of Judaism by practicing Jewish feast day observances and kosher rules, but the author says that the old rules were merely human precepts dealing with things that perish, a principal effect of which was to indulge pride. He challenges them to the new way of life in Christ. The correct proprieties, which are on things above and not on things of earth, change our whole idea of the good life.

We are to join ourselves to Christ. This doesn't mean withdrawal from care for the world and its problems. On the contrary, it means a truer love for the world, but that love is with a difference. We are to see everything in the light of eternity.

For the writer of this letter, it meant a great deal to say "Christ your life". Sometimes we say of a person, "sports are his life," meaning that such a person finds the meaning of life in sports. The author of Colossians is referring to something far more reaching. We must find our present resurrection as well as our future resurrection in Christ. This richer and higher life is to begin now, not after we die. This means putting to death all the evils in our nature that are earthly, taking off our old self, and putting on a new self who grows gradually into what Jesus wants.

We, who are trying to live out our baptism, have a new set of values. We are to think of giving instead of getting, serving, rather than ruling, forgiving and not avenging. We are grateful for life given by God without cost, friends provided without price, eternity promised without merit. We see that wealth isn't necessarily a sign of God's favour, and that poverty can be. We are not to define ourselves by our salary, by our material possessions, or by our accomplishments on earth. We are to realize that it's possible to spend less and enjoy more, to live simply so that others may simply live, and to reject greed and grow rich in God. We are to prepare to move into the dwelling place prepared for us in heaven rather than building bigger barns. Do we have our priorities straight?

VOCATION REFLECTION

"Whose Will They Be"

by Darcie Lich, Vocation Team, Oblate Associate

It's easy to keep this at a superficial level, and take this parable as a reminder to share our material wealth with others. But Jesus is all about 'next level' thinking. This is about more than being rich. Jesus is telling us to look at our priorities. How do we invest our God-given gifts and abilities? Do we keep our means to listen, to serve, to evangelize tucked away? Do we store up our treasures of time and talent for our own use? Do our stability, self-sufficiency, and plans for the future involve anybody else? "The things you have prepared, whose will they be?" Read the [reflection here](#).

19TH SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

In a few vivid and expressive similes, our Lord tells the disciples and through them, all his followers, how they should conduct their lives on Earth so that they would always be found in God's friendship when their call to judgement comes. In answer to a question put to him by Peter, our Lord says that more will be expected of those who have received greater gifts from God than of those who received lesser gifts. The Christian, whether steward or ordinary servant, who deliberately offends God, who knows what his obligations are, but refuses to carry them out, will fare worse in the judgement than those who sinned through ignorance or human weakness. The greater the gifts given to an individual, whether they be of grace, of mind or of earthly goods, the greater must be their response. The person who receives greater gifts is expected to use them faithfully and produce a greater harvest than the person who had been given a lesser amount. The person who got the five talents was not expected to produce ten, but they who got ten was. This teaching of our Lord should make us all sit up and take serious notice. He has taken us into his household. He has made us his little flock. We are invited guests in his home, his Church, rather than mere servants. He warns us today that we must always be busy about our vocation, about the reason why he invited us into his home. If we grasped clearly what that call of Christ means, what our Christian vocation is, we would hardly need today's warning. We are Christians, we are members of his Church, for our own eternal good. God, through Christ's incarnation, has put us on the road to heaven. He is ever helping us on the way.

Could we be so blind to our own welfare that we would risk losing the eternal life that God has in store for us, and for which he went to the extreme lengths of love? In our saner moments, we would give an emphatic "no" to this question. Yet, we must look the real facts of life in the face. There are many Christians who are destined for

heaven but who, in their folly, have left the only road which leads there, and are now travelling in the opposite direction. Some of us may be among these foolish ones. We may have let this world get such a grip on us that we have no time or thought for the world that is to come. For such foolish people, and indeed for all of us, today's warning is that our call to judgement will come on each one of us like a thief in the night, at a moment when we least expect it. This need not be a sudden death. Of every thousand who die after long illnesses in our hospitals, there rarely is one who knows and admits he is about to die, so actually all deaths are sudden, that is, unexpected. However the unexpected death, which we are sure to get, need not worry the ordinary Christian. It is the unprepared, the unprovided for death which must cause us anxiety. It need not, if, when it comes, it finds us living in God's grace, living the ordinary Christian life, doing our daily tasks but doing them as part of our duty to God. We have to take an interest in the affairs of this world, but the interest must never exclude our eternal interest. Instead, it can and must help us toward the one real interest that everyone has in this life, that is, to earn their eternal life. Take a serious look at your way of living, today. Is your behaviour in the home, in your place of work, in your recreation, in your relations with God (prayers and church attendance) and with your neighbour, such that you would change nothing in it, if you were told by God that you were to die tonight? If it is, thank God for it and keep on going, you are on the right road. If it is not, don't wait for God to tell you when or where you will die; he will not tell you. Put things right today, and then you need not worry when your call to judgement comes. Death will be graduation day for the good Christian, not examination day.

VOCATION REFLECTION

Read the [reflection for August 7 here](#). The reflection will be published on Wednesday, August 3.

PRAYER OF THE FAITHFUL (AUGUST 6/7)

That the Church may inspire the faithful to know and follow Christ through all who preach God's word, we pray to the Lord.

That Church leaders may be gifted with strong faith and wisdom to guide the flock entrusted to them, we pray to the Lord.

That those nations blessed with abundance of the world's resources may share them generously with all who are in need, we pray to the Lord.

That Jesus, the Bread of Life, may nourish our lives and transform our society from a culture of death into a culture of life that welcomes and reveres every person, we pray to the Lord.

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.