

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

22nd & 23rd Sundays in Ordinary Time August 27/28 and Sept. 3/4, 2022



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Cheryl Khoury

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

Via Zoom

PLEASE PRAY FOR OUR SICK: Isabella Boles, Pauline Bouchard, Judette Budden, Devin Bursey, Ping Cai, Sandy Cano, Kevin Dashney, John Dorner, Debbie Dufresne, Raul Esteban, Sue Garry, Sheila & Edward Gasnick, Amy Gertz, Eileen Kearns, Marg Lackie, Denis Laforest, Peter McAllister, Brian O'Connor, Frances Ann Smeaton, Chris Smith & family, Gus VanDam, and Barbara White.

PRAYER OF THE FAITHFUL (August 27/28)

For Pope Francis, may the Holy Spirit continue to inspire and guide him in his relations with our Indigenous brothers and sisters. We pray to the Lord.

For world leaders, as we begin the Season of Creation, that they recognize their responsibility to respond to climate change, which leaves no country untouched and affects the poorest among us, and that they have the wisdom and courage to take the necessary action to mitigate its effects. We pray to the Lord.

For an end to war and civil conflict, especially in Ukraine, and for continued support for the refugees from such conflict zones who are being settled here in Ottawa. We pray to the Lord.

For our parish's social justice programs, that today's Gospel inspires us to increase our support for organizations such as Centre 507 and the Centretown Emergency Food Centre. We pray to the Lord.

For those who have suffered setbacks or losses this summer, that they may feel comforted by the presence of God's love in their lives. We pray to the Lord.

MASS INTENTIONS

Sat., Aug. 27 Fred Miller by Nicole Lance

Our Parish News

LOOKING FOR...

The parish is looking for **an electric lawn mower** in working condition.

We are also in need of the gift of time from **a couple of strong people** to help move a desk and a cabinet to the second floor of the parish centre.

Please [email](#) or call the office ,if you can provide either of these needs! Thank you!

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle? Send your articles and photos to office@canadianmartyrs.org by **September 9** for our September 2022 issue.

SUNDAY HOSPITALITY

Sunday Hospitality will resume after Mass on Sunday, **September 4th**. Come enjoy coffee, cookies and conversation in the parish centre. If you are interested in helping with this ministry, please call or [email](#) the office.

OTTAWA REDBLACKS FAITH DAY

If you are interested in attending the [Ottawa Redblacks Faith Day](#) with a group from the parish, please email or call the office. The game against Toronto starts at 2pm on **September 10th**, with Faith Day activities happening after the game.

ACTIVITIES AND EVENTS

When your garbage gets picked up, it doesn't just go away. It stays right here, in Ottawa, at the City's landfill site. Take a tour around the Trail Waste Facility at ottawa.ca/garbagevideo. You'll find out what happens once the collection trucks have dumped their loads and what you can do to help save landfill space.

Take a day trip to Aylmer, Quebec for books, beer, a bakery and a beach. Find out more about what's going on [in Aylmer here](#).

Have you ever wanted to see the classic 1987 fantasy movie, The Princess Bride, outdoors? As you wish. On Friday, **August 26**, at 7pm, [Capital Pop-Up Cinema](#) is screening the flick at Beechwood Cemetery (280 Beechwood Avenue).

Hamlet, Sept. 12 – Oct. 1: To be or not to be? Is that really the question? Or is it: are you going to make it to The Company of Fool's production of Hamlet this fall? [Click here for the schedule](#).



WALKING
TOGETHER
POPE FRANCIS CANADA 2022

MARCHER
ENSEMBLE
PAPE FRANÇOIS CANADA 2022

LISTENING TO INDIGENOUS VOICES RETREAT

To contribute to the enactment of Canada's Truth and Reconciliation Commission's Calls to Action, the ISCM, working with the Jesuit Forum for Social Faith and Justice, and Indigenous knowledge keepers, offers a three-day retreat from **Sept. 9-11** at Ermitage Sainte-Croix, Boulevard Gouin Ouest, Pierrefonds, QC. For more info and to reserve, [click here](#).

LAND ACKNOWLEDGEMENT SIGNS

We have land acknowledgement lawn signs that you can pick up at the back of the church. If you are able, please make a donation to the Youth Action Committee of Perth and District who provided the signs. The signs and donation envelopes are on the back table or you can donate at <https://yakyouth.ca/how-to-contribute/>.

WALK ON THE JOHN A. MACDONALD PARKWAY ON SEPTEMBER 30TH

Indigenous Elder, Albert Dumont invites all people across Turtle Island to join him on **September 30th** as he leads a walk on the John A. Macdonald Parkway. The walk, protesting the parkway's name, will become an annual event continuing until Macdonald's name is finally removed from the parkway. For more info, [click here](#).

REMEMBER ME: A NATIONAL DAY OF REMEMBRANCE, PARLIAMENT HILL, OTTAWA

Calling all Nations. Unite to remember the children, unite to support the survivors and empower the next generations. [The national event](#) held on September 30th from 9am to 12pm on Parliament Hill will be led by children for children with special guest speaker, Autumn Peltier.

Important Dates

Sun. Sept. 4th: Sunday Hospitality resumes
Wed. Sept. 7th, 7pm: Parish Council meeting
Saturday, Oct. 1, 6pm: Pizza Night

Diocesan and Community News

SEASON OF CREATION 2022

The burning bush is the Symbol for the Season of Creation 2022. Today, the prevalence of unnatural fires are a sign of the devastating effects that climate change has on the most vulnerable of our planet. Creation cries out as forests crackle, animals flee, and people are forced to migrate due to the fires of injustice that we have caused. On the contrary, the fire that called to Moses as he tended the flock on Mt. Horeb did not consume or destroy the bush. This flame of the Spirit revealed God's presence. This holy fire affirmed that God heard the cries of all who suffered, and promised to be with us as we followed in faith to our deliverance from injustice. In this Season of Creation, this symbol of God's Spirit calls us to listen to the voice of creation, and faithfully respond through worship, repentance and action. May this symbol remind us to take off our sandals, contemplate our connection to holy ground, listen for the voice of creation, and be filled with hope to quench the fires of injustice with the light of God's healing love that sustains our common home. For more resources, [click here](#).

SACRED SPACES: AN ESSENTIAL SERVICE?

A conversation between Father Andrew Bennett and Shaykh Hamdi Ben Aissa on the importance of sacred spaces and their role in providing essential services. Friday, **September 9**, 8pm – 9:30pm at The Rhoda Masjid and Spiritual Wellness Centre, 2871 Saint Joseph Blvd. For more information, [click here](#).

EASY STRATEGIES TO CARE FOR CREATION

The Archdiocese encourages and supports the education of the faith community regarding the moral imperative for

all to serve as Stewards of Creation. [Click here for easy strategies](#) to care for God's creation.

Q&A WITH AUTHOR AND EDUCATOR, MARIETTE MARTINEAU

The start of the school year is just around the corner. To mark this moment in the lives of students, teachers and families, Novalis' managing editor, Anne Louise Mahoney, spoke to Mariette Martineau, the Religious Education and Family Life Coordinator for Kenora Catholic Schools. Ms. Martineau is a writer, innovator and educator with a B.A. from the University of Saskatchewan, a B.Ed. from Lakehead University, and a Masters of Pastoral Studies from Loyola University in Chicago. To read the interview, [click here](#).



Events at Galilee Centre, Arnprior

WOMEN OF FAITH – OUR PLACE IN THIS PLACE – POSTPONED TO OCTOBER 8

Saturday, **October 8**, 2022

9:00am -3:30pm

“Our Place in This Place”

We invite women of all faiths to join together in a day of learning and fellowship. This will be a time of connecting to the nature around us, connecting to the community we are a part of, and connecting to our bodies as we move in this place.

WALK OF AWARENESS

Around the grounds of Galilee and surrounding area 1st Friday of each month 2022. Walks at 10:00 am on:

September 2, October 7, November 4 and December 2.

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For more info, visit www.galileecentre.com.

22ND SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

In today's Gospel, Jesus sets a high standard for those who would be his followers. One of the marks of the Jesus we meet in the Gospels is the way in which he turns upside down the values on which people base their lives. Jesus' standards are very high.

There are two characters in today's Gospel story: the host and the guests. Both come under criticism: the host because he invited only the beautiful people, and the guests because they jockeyed for favoured places.

Actually, in one sense, neither can really be blamed. They were both doing what is part of human nature. Jesus asks us to consider what criteria we use to make ourselves feel important and significant. Jesus says that genuine self-esteem is based within. One of the ways you can tell a true Christian from the pretender is the quality of their giving.

There is a story told of a man who had a great reputation for his generosity. This man died and when he met St. Peter at the gate to Heaven, the man was taken aside and shown a number of the acts of giving he had performed while on Earth. The man was very pleased with himself when he saw how many there were. "Unfortunately," said St. Peter, "not all giving is true giving. Much of it is tainted with self-interest and that makes it unworthy in the eyes of God. We will test your acts to see how worthy they are." "These first acts," said St. Peter, "they don't count, because they represent all the gifts you gave to your special friends and your family." "You mean things like Christmas gifts?" "Yes, they are like gifts you gave to yourself." They then went on to the next acts. "I am separating these gifts as you gave them only to get something back." The man was shocked, "you mean like charitable gifts that I made and for which I received income tax receipts and gifts I made out of a sense of gratitude?" "Exactly," said St. Peter, and set them aside. The next acts were ones the man gained for gifts he gave to gain praise and recognition from others. "These we will remove because they were tainted with pride. They are not pure. We will now remove those acts of giving you made out of a sense of duty, or out of guilt or merely to quiet your conscience. These acts have a quality of coldness about them. You know the kind. We rather we did not have to give, but we do, in order to avoid embarrassment." Then St. Peter set aside another group of acts. "Why those?" asked the man. "These ones," St. Peter replied, "are the acts of giving that you made only so that you would feel good. Gifts you gave as self-

congratulations." St. Peter then went on to the next acts. "These are the acts of giving that you made and didn't even miss. Things you had left over." "I have nothing left," the man observed with resignation. "Well, not exactly," said St. Peter, "True, not among the things you brought along with you, but I do have some good news for you. There is still hope for you. You came here hoping to buy your way into Heaven with all these good deeds, but Heaven cannot be bought. Our God is not like we are. God is the greatest giver of all. God gives to those who are completely undeserving of the gifts. Let us go now and meet our God." "But I am empty-handed. I have nothing left." "Yes, now you are poor. God gives most generously to those who are poor, and have nothing, and know it."

Mother Teresa has left us words that can guide us and our communities this week:

"People are often unreasonable, illogical and self-centered. Forgive them anyway. If you are kind, people may accuse you of selfish, ulterior motives. Be kind anyway. If you are successful, you will win some false friends and some true enemies. Succeed anyway. If you are honest and frank, people may cheat you. Be honest and frank anyway. What you spend years building, someone could destroy overnight. Build anyway. If you find serenity and happiness, they may be jealous. Be happy anyway. The good you do today, people will often forget tomorrow. Do good anyway. Give the world the best you have, and it may never be enough. Give your best anyway.

You see, in the final analysis, it is between you and your God. It was never between you and them anyway."

VOCATION REFLECTION

"Looking Beyond"

by Richard Beaudette, OMI - Vocation Team

This leads us to a fundamental question: How am I called to live my faith? Is it enough to attend Mass on Sunday, receive communion, say my prayers and then carry on with life? Jesus calls us to a more radical kind of discipleship. Pope Francis expresses this well in *Fratelli Tutti*, "Human beings are so made that they cannot live, develop and find fulfilment except 'in the sincere gift of self to others'" (Paragraph 87). We are constantly called to enlarge the scope of our discipleship, to not be content with what is popular, expected, or 'normal'.

Read the [reflection here](#).

23RD SUNDAY IN ORDINARY TIME

Excerpt from a homily by Fr. Carl Kelly, OMI

There is a story told of a faithful member of a church. The man was deaf and mute. He never heard a single note of music, nor a single syllable from the pastor's lips. He never responded audibly to a worship service, nor to a pat on the shoulder from a fellow member. Yet this faithful fellow had learned to communicate by scribbling his responses on a notepad he carried. One day someone questioned the reason for his constant attendance at each and every church gathering. The person inquired, "Why do you attend if you can't sing, hear the music, hear the sermons, nor respond if spoken to except to scribble?" The man responded on his notepad, "I just want everyone to know whose side I'm on!"

Today is the 23rd Sunday in Ordinary Time and on this Sunday, we once again reflect upon discipleship. Christian discipleship is a total commitment to Christ; that is, Christ is to be our first priority. All of us have an invitation to come closer to God and commit ourselves to him. As followers of Christ, are we fully committed to him? Is Christ our first priority? Are we really on the side of Christ?

The first reading is taken from the Book of Wisdom and tells us that commitment to God, even when his plan lies beyond our human understanding, is the true way to wisdom. In the Gospel, we learn that Jesus is on his way to Jerusalem and large crowds have been traveling with him. Jesus wants to get the point across that he must be at the center of his followers' lives. He insists that no one can be his disciple who does not consider him before family, or self, or possessions. Such demands require a total commitment on the part of a Christian, even to the point of death. The first and foremost demand for discipleship, which Jesus declares in today's Gospel passage is, "Hating one's family, and even one's own life." From St. Luke's Gospel, it is quite obvious that Jesus could not mean us literally to hate our parents, or brothers and sisters, nor does Jesus literally mean for us to hate our own lives. He is asking where our priorities in life really are. To be a disciple is to make Jesus and his

mission the first priority in our lives. Whatever hinders this relationship with Jesus must be cut off. The disciples had to make a choice and a commitment to Jesus.

A part of following Christ authentically is to take up our cross; that is to be prepared to lose our lives in order to truly find our lives. Jesus' ways are demanding ways and we must choose freely to follow him along the way of the cross. "Whoever does not bear his cross and come after me cannot be my disciple."

Jesus presents two short parables. The first is a parable about construction. When someone is about to build a building, he would be foolish if he didn't sit down and estimate the cost of it and know if he can really afford to do it. Similarly, the follower of Christ needs to know what it is going to cost to follow Jesus. Jesus says that to follow him one has to give up all his possessions. Jesus doesn't literally mean that one can have no possessions, but that he must lose his dependence on material things. On whose side are we? God or our earthly possessions? In the second reading from St. Paul's Letter to Philemon, we have an example of someone who has been living his life in the way Christian discipleship demands. Discipleship has a personal cost for every single one of us. It is addressed to every Christian without exception. In following Jesus, we have to go with him the whole way. We have to accept totally his way of seeing life and then put that into practice in the way we live. Discipleship is an all-consuming vocation that must be accepted with mature deliberation. All of us have only to think for a moment about the people and things that are very dear to us and imagine that Jesus might require us to give them up; then we appreciate the enormity of the cost. We pray for the grace to be truly Jesus' disciples and ever be on his side.

VOCATION REFLECTION

Read the [reflection for September 4 here](#). The reflection will be published on Wednesday, August 31.

PRAYER OF THE FAITHFUL (SEPT. 3/4)

For the Church, that we may strive to open our hearts to God each day and be vigilant against allowing anyone or anything to displace God in our lives. We pray to the Lord.

For all who are recovering from wildfires, hurricanes or other disasters, that God will ease their suffering, give them hope, and strengthen all who working to assist them. We pray to the Lord.

For all who have no food, that God will touch the hearts of those with abundance to share their bounty. We pray to the Lord.

For teachers, students and children going back to school, may they remember their summer encounters with nature with gratitude and act with respect in everyday life. We pray to the Lord.

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January 2010—April 2022

If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook:

Canadian Martyrs Parish, Ottawa

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the breezeway.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags and put them in the baskets under the table in the hall near the breezeway.