

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:30am

Saturday at 4pm

or call the office

Pastor

Fr. Tim Coonen, OMI

[Administrative Assistant](#)

Heather Duggan

[Pastoral Associate](#)

Sr. Matilda Owolagba

[Director of Religious Ed.](#)

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Contact office

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

FIFTH SUNDAY OF LENT

MARCH 25/26 2023

SOLIDARITY SUNDAY

Ever since the creation of the world, God's eternal power and divine nature, invisible though they are, have been understood and seen through the things he has made.

Romans 1:19-20



God, remind me that the evidence of you is always right before my eyes.

Go outside and find a small piece of nature that reminds you that God is at work in our world.

PRAYER OF THE FAITHFUL

For the Church, that God will transform our fears into hope, selfishness into love, and death into new life, we pray to the Lord.

For those with political power in every nation, that they serve the helpless, the poor and the common good, we pray to the Lord.

For all the peoples of the Earth, our Common Home, that they join in caring for your Creation and share the resources they draw from it in a just and equitable manner, we pray to the Lord.

For the partners of Development and Peace, that they may continue, with our support, to build a world of fraternity, solidarity, justice, and peace, we pray to the Lord.

For the members of our community, that we act in solidarity with our sisters and brothers around the world to protect the Earth and all of Creation, we pray to the Lord.

MASS INTENTIONS

Thurs., March 30 Cathy Holmes by Anne Marie Bazinet-Miller

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

Our Parish News

HOLY WEEK SCHEDULE

Thurs., Apr. 6	Holy Thursday	7:00 pm
Fri., Apr. 7	Good Friday	3:00 pm
Sat., Apr. 8	Easter Vigil	9:00 pm (new time)
Sun., Apr. 9	Easter Sunday	10:00 am

Liturgy via Zoom 11:30am

There will be a reception in the parish centre after the Easter Vigil. All are welcome.

THIS LENT, PLEASE GIVE GENEROUSLY

This Solidarity Sunday (**March 25/26**), Development and Peace - Caritas Canada's [Stand for the Land campaign](#) invites you to give generously and thanks you warmly for your generosity. Your donations transform the lives of some of our most vulnerable sisters and brothers across the world. Our solidarity rests on your generosity. **Use the Development and Peace envelope in your parish envelope box or the special envelopes that will be in the pews and at the back of the church this Sunday. Let's all Stand for the Land and those who courageously defend it.**

STATIONS OF THE CROSS

Reflecting and praying the Stations of the Cross is a popular devotion practiced in the church, especially during the Lenten season. The Stations of the Cross will be presented by the youth of the parish on Tuesday, **March 28** at 7pm.

EASTER VIGIL RECEPTION

Please [email](#) or call the office if you can provide sweet or savoury finger-foods for the Easter Vigil Reception on **April 8** or help with set-up or clean-up. Thank you!

507 SANDWICH CLUB

Many thanks to all our dedicated volunteers and also to those who continue to support the 507 Sandwich Club. We are currently in need of donations to keep this outreach program running. You can put your donation for the 507 Sandwich Club in the collection basket, or you can donate through [Canada Helps](#) (please indicate that the donation is for the 507 Sandwich Club).

LENTEN FOOD DRIVE

Canadian Martyrs' target is to collect **500 food or hygiene items for Lent** (we have collected 295 items so far!) to be given to the Centretown Emergency Food Centre for people in need in our community. Bring one can of food or 20 cans! Boxes are in the church foyer. These items are always needed: peanut butter (500ml or less), **canned** tuna, salmon, meat, stews, vegetables, and soups, **canned** beans (including baked beans, kidney beans, black beans), cereals, pasta and pasta sauce (**in cans, no glass jars, please!**), Kraft dinner, toothpaste and toothbrushes, and toilet paper.

VOLUNTEER WITH US!

There are many parish committees and ministries that are becoming more active and therefore need more members. You are welcome to have a look at our volunteer binder on the Welcome Table in the church foyer and [our website](#) for descriptions of our many parish committees/ministries. If you are interested and would like more information, please email or call [Heather](#), [Matilda](#) or [Adele](#). Thank you!

CHILDREN'S LITURGY OF THE WORD

Join us on Sunday, **March 26, April 2, 16 and 30** for Children's Liturgy of the Word.

FEBRUARY COLLECTION

Collection:	\$ 10,174.51
Direct Deposit (EFT):	\$ 7,249.63
Canada Helps:	\$ 2,160.23
Total:	\$ 19,584.37

Average monthly expenses: \$ 22,693.56

MEETINGS/EVENTS

March 26: Children's Sunday Liturgy of the Word

March 28: Stations of the Cross, 7pm

April 1: Pizza Night, 6pm

April 2: Children's Sunday Liturgy of the Word

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Kevin Dashney, Eileen De Rosayro, John Dorner, Eileen Kearns, Sharon Kelly, Marigold Kenney, and Rosie Payner

Diocesan and Community News

PREPARING OUR HEARTS FOR EASTER

A webinar presented by Novalis on Wednesday, **March 29** at 2pm. Explore how to be spiritually ready for Easter, the high point of the Christian calendar. Speaker: Christine Way Skinner, author of many Novalis books. Cost: \$9.95. [Register here](#).

A NEW DAWN

A day to learn, reflect and take action on Reconciliation, Saturday, **April 1**, Kitchissippi United Church, 630 Island Park Drive. Registration required and is limited.

This is a pay-what-you-can event. Indigenous artisan fair by local artists! Coffee, tea and treats will be available! For a list of programs offered and to register, [click here](#).

CHRISM MASS

At Notre Dame Cathedral on Tuesday, **April 4**, 5:00pm (note change in time). All are welcome.

WAY OF THE CROSS ON GOOD FRIDAY

Communion and Liberation (CL), Ottawa, is organizing its annual Way of the Cross, led by the Most Rev. Marcel Dampousse, Archbishop of Ottawa-Cornwall, through the streets of downtown Ottawa on Good Friday, **April 7**, 9:30am - 12:30pm. From St. Patrick's Basilica to Notre Dame Cathedral. Further info: clonottawa@gmail.com.

GOOD FRIDAY CHILDREN'S SERVICE

There will be a Good Friday Service for children at [St. Joseph's Parish](#), 174 Wilbrod, on Friday, **April 7**, at 10:00am.

"HEARTS FOR THE MARITIMES" FUNDRAISER

The estimated damage to Atlantic Canada caused by Hurricane Fiona is \$800M. The storm damaged not only homes and infrastructure, but for many it destroyed their livelihood, too. In support of our eastern neighbours, St. Theresa Parish (95 Somerset St W.) is hosting a Ceilidh lunch on Sunday, **April 16** at 12:30pm. This fundraiser will ensure genuine Maritime hospitality with great Maritime-themed food and lively Down-East music and dancing. Tickets are \$40, available at 613-727-5763.

CHEO GAMES FOR LIFE

St. Joseph's Parish, 151 Laurier Ave. E., is acting as a drop-off point for the [Games for Life Campaign](#). The campaign is a donation in-kind opportunity for those looking to support CHEO by trading in their unused video games, trading cards, or collectibles. If you're interested in donating any unused video games, consoles, or trading cards, please call or email the front desk at St. Joes's: 613-233-4095 x251 or frontdesk@st-josephs.ca. Drop off will be at the front desk during regular hours.

WHAT DOES IT FEEL LIKE TO NOT HAVE CLEAN DRINKING WATER?

Let us consider this question during Lent and support a project that St. George Elementary School in Ottawa is working on with [Project Nibi](#) (empowering Indigenous Peoples with community-owned solutions to access safe drinking water). Check out the website: <https://everylastsip.myshopify.com/> and see if there is a way for you to support this excellent initiative being championed by Ottawa youth. Thank you to St. George Elementary School and Amos Comenius Memorial School in Labrador for being water champions and clean water keepers.

Events at Galilee Centre, Arnprior

April 9: Easter Sunday Brunch, 11:30am - 2pm, sold out

April 13: Scrabble Tournament in support of the Arnprior Library

April 14: *The Servant at the Supper*: a play & dinner event on April 14 at 6pm, featuring Eleanor Glenn's one woman show, *The Servant at the Supper*. This moving show features the observations of the woman who served at the Last Supper. Tickets are \$45 per person, reservations required. Call 613-623-4242 x21 to make a reservation or [click here](#).

April 22: *Women of Faith: Reclaiming Significant Ceremony*, 8:00am - 4:00pm

May 25-27: *Opening to Goodness Spring Retreat*

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For info and cost of programs: www.galileecentre.com.

Seeing the Resurrection by Ron Rolheiser, OMI

God never overpowers, never twists arms, never pushes your face into something so as to take away your freedom. God respects our freedom and is never a coercive force. And nowhere is this more true than in what is revealed in the resurrection of Jesus. The Gospels assure us that, like his birth, the resurrection was real, not just some alteration inside the consciousness of believers. After the resurrection, we are assured, Jesus' tomb was empty, people could touch him, he was not a ghost.

God is not so much a rescuing God as a redeeming one. But his rising from the dead was not a brute slap in the face to his critics, a non-negotiable fact that left sceptics with nothing to say. The resurrection didn't make a big splash. It had the same dynamics as the incarnation itself: After he rose from the dead, Jesus was seen by some, but not by others; understood by some, but not by others. Some got his meaning and it changed their lives, others were indifferent to him, and still others understood what had happened, hardened their hearts against it, and tried to destroy its truth. Why the difference? What makes some see the resurrection while others do not? What lets some understand the mystery and embrace it, while others are left in indifference or hatred?

Hugo of St. Victor used to say: Love is the eye! When we look at anything through the eyes of love, we see correctly, understand, and properly appropriate its mystery. The reverse is also true. When we look at anything through eyes that are cynical or bitter, we will not see correctly, will not understand, and will not properly appropriate its mystery.

We see this in how the Gospel of John describes the events of Easter Sunday. Jesus has risen, but, first of all, only the person who is driven by love, Mary Magdala, goes out in search of him. The others remain as they are, locked inside their own worlds. But love seeks out its beloved and Mary Magdala goes out, spices in hand, wanting at least to embalm his dead body. She finds his grave empty and runs back to Peter and the beloved disciple and tells them the tomb is empty. The two race off together, towards the tomb, but the disciple whom Jesus loved out-runs Peter and gets to the tomb first. He doesn't enter, he waits for Peter (authority) to go in first. Peter enters the empty tomb, sees the linens that had covered the body of Jesus, but does not understand.

Then the beloved disciple, love, enters. He sees and he does understand. Love grasps the mystery. Love is the eye. It is what lets us see and understand the resurrection.

That is why, after the resurrection, some saw Jesus but others did not. Some understood the resurrection while others did not. Those with the eyes of love saw and understood. Those without the eyes of love either didn't see anything or were perplexed or upset by what they did see.

There are lots of ways to be blind. I remember an Easter Sunday some years ago when I was a young graduate student in San Francisco. Easter Sunday was late that year and it was a spectacularly beautiful spring day. But on that particular day, I was mostly blind to what was around me. I was young, homesick, alone on Easter Sunday, and nursing a huge heartache. That coloured everything I was seeing and feeling. It was Easter Sunday, in spring, in high sunshine, but, for what I was seeing, it might as well have been midnight, on Good Friday, in the dead of winter. Lonely and nursing a heartache, I took a walk to calm my restlessness. At the entrance of a park, I saw a blind beggar holding a sign that read: "It's spring and I'm blind!" The irony wasn't lost on me. I was blind that day, more blind than that beggar, seeing neither spring nor the resurrection. What I was seeing were only those things that reflected what was going on inside my own heart.

Christ is risen, though we might not see him! We don't always notice spring. The miraculous doesn't force itself on us. It's there, there to be seen, but whether we see or not, and what precisely we do see, depends mainly upon what's going on inside our own hearts.

VOCATION REFLECTION

"When It Feels Like God Is Absent"

by Jarek Pachocki, OMI, Vocation Director

The Paschal Mystery, the culminating event of the Lenten season, reminds us that Jesus immersed himself into human existence. He took on our suffering, pain and death. And even though sometimes it feels like he was absent, he is right there, suffering along with us in order to give us a new life. "Jesus said to her, 'I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die.'" Do you believe this? Read the [full reflection here](#).

Heron Home Hardware

1740 Bank St.
613-733-3492

Yes, we cut keys, sharpen garden tools, scissors and we repair screens, patio doors and windows



Immaculata High School

140 Main St.
Proud Sponsors of the Community
613-237-2001



Whelan Funeral Home
Sean P. Copeland
515 Cooper St.
613-233-1488



If you would like to advertise in our bulletin, please call or email the office.



**OTTAWA
PHYSIOTHERAPY &
SPORT CLINICS™**
(MAIN STREET)

**OPTSC.COM
(613) 567-4808**

**205-194 MAIN STREET
MON.-FRI. 7AM-8PM & SAT.. 8AM-1PM**

Because family matters.

Our specialists are ready to assist.

Kelly Funeral Homes • kellyfh.ca

Somerset • 613-235-6712

Walkley • 613-731-1255



**Arbor
Memorial**

Arbor Memorial Inc.



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



Find us on Facebook:

[Canadian Martyrs Parish, Ottawa](#)

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Emergency Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags (outer coloured bag) and put them in the baskets under the table in the hall near the breezeway.