

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

or call the office

Pastor

Fr. Tim Coonen, OMI

[Administrative Assistant](#)

Heather Duggan

[Pastoral Associate](#)

Sr. Matilda Owolagba

[Director of Religious Ed.](#)

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

[Development and Peace](#)

Contact office

Weekly Gatherings

[Christian Meditation](#)

Dorothy Wood

Mondays, 3pm

[Lectio Divina and Meditation](#)

Maureen Cerroni

Tuesdays, 8pm

[Evening Prayer](#)

Pierre LaViolette

Thursdays, 6:30pm

[Sunday Liturgy of the Word](#)

Sundays, 11:30am

[Via Zoom](#)

3rd Sunday of Easter

April 22/23, 2023



PRAYER OF THE FAITHFUL

That we see the path to life that the Lord shows us and that we abound in the joy of his presence, we pray to the Lord.

That as spring brings forth new life and we celebrate Earth Day, we reflect on our personal responsibilities to protect and nurture the Earth, we pray to the Lord.

That during Volunteer Week, we take time to recognize the grace of God in the actions of all those who freely give their gifts and time to build a better and more just community, we pray to the Lord.

That as costs rise, those that can afford to give are generous in their support of our community food banks and shelters, we pray to the Lord.

That we recognize the living Christ and his teaching in each other as people renewed and ransomed by his love, we pray to the Lord.

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Kevin Dashney, Eileen De Rosayro, John Dorner, Eileen Kearns, Sharon Kelly, and Marigold Kenney

MASS INTENTIONS

Sat., April 22 Jim Manion by Nancy MacDonald; **Tues., May 2** Jack Lavoie by Shirley Lavoie; **Wed., May 3** Goldie Major by Clara and Tom Hamory

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

Our Parish News

FIRST COMMUNION

Rose, Fred, Mia, Emil, Christopher, Chloe, Nicholas, Adam and Vivienne will be joining us at the Lord's Table when they receive their First Holy Communion this May. Please remember them, their families and the catechist team in your prayers.

CHILDREN'S LITURGY OF THE WORD

There will be no Children's Liturgy of the Word on April 30. We look forward to seeing all our young friends again for Children's Liturgy on **May 14, May 28 and June 11**, before we adjourn for the summer.

LAND ACKNOWLEDGEMENTS

The Truth & Reconciliation Committee is looking for parishioners interested in Land Acknowledgements and how to make them more meaningful as an act of Reconciliation. For more information on how to acknowledge territory, please visit: <https://native-land.ca/resources/territory-acknowledgement/>. If you are interested in helping the T&R Committee, please [email](#) or call the office.

CATHOLIC EDUCATION WEEK

During the week of **April 30 - May 5**, the Ottawa Catholic School Board will celebrate the significant contribution that Catholic education has made to the community, the province and to Canada. Their Catholic Graduate Expectations challenge students to articulate in society those fundamental values that underpin Catholic education. The theme for this year's Catholic Education Week is: *Catholic Education: We are Many, We are One*. Catholic Education Week is marked by special activities at all grade levels, including prayer celebrations and service activities. **You are invited to pick up a prayer card from the tables at the back of the church.**

LAUDATO SI' WATER ACTION GROUP WATER DROPLET

April showers bring May flowers! Be sure to check your rain barrel and eavestrough system for any leaks and repair as needed. To help retain moisture during the spring and into summer, consider adding some mulch to your garden beds, and around trees, and shrubs. Finally, this year could be the year you consider a non-grass lawn. [Several alternatives](#) can be sown that reduce your water impact. Happy Easter season to all!

LIVE THE MONTH OF MARY

You're invited to experience the month of May in communion with Living with Christ. Each day of the month, receive texts about and prayers to the Virgin Mary by email, FREE of charge. [Sign up here](#).

10 THINGS TO DO IN OTTAWA THIS SPRING

From walking in the tulips to visiting a museum, there are many things to do in Ottawa this spring without hurting your wallet. [Click here](#) to discover free activities in Ottawa this spring.

VOCATION REFLECTION

"Broken Hearts and Broken Bread"

by Susai Jesu, OMI, Vocation Team

The Emmaus story shifts from the major Gospel figures such as Peter, John and Mary Magdalene to two very ordinary people like us, as the Risen Lord comes to them. This clearly shows that the Risen Christ is available, not just to saints and spiritual heroes, but to millions of ordinary people like us. This appearance happened on the road to Emmaus, a small town that was neither a spiritual centre nor an important historical place. Rather, it was just a small, unremarkable village and Christ appears there. This shows that the Risen Christ is accessible anywhere in the world. Read [the full reflection here](#).

MEETINGS/EVENTS

April 22: Truth and Reconciliation Committee, 1pm

April 30: Children's Liturgy of the Word, **cancelled**

May 4: Parish Council, 7pm

May 6: Pizza night after Mass, 6pm



Handicraft Holy Land Christians

We welcome our special guests from Handicraft Holy Land Christians, who after Mass this weekend, **April 22/23**, will briefly address the issues and concerns regarding the Christian presence in the Holy Land. Christians in the Holy Land graciously ask for your support through conscience prayers and by purchasing their unique products which will be available after the Masses.

Cash, debit, credit cards and cheques will be accepted.

www.HolylandChristians.ca

Diocesan and Community News

CENTRETOWN COMMUNITY FOOD CENTRE

On May 1, the Food Centre will be moving to 370 Catherine Street to be located within the City of Ottawa's Catherine Street Community Service Hub. With the move comes a new name and look. They are dropping "emergency" from their name and adding in "community". The name Centretown Community Food Centre better reflects the service they offer - they are part of the community, here to help our neighbours in need.

ENLARGE THE SPACE OF YOUR TENT

Join a virtual panel conversation on the Continental Stage of the Synod on Synodality on Tuesday, **April 25**, at 8pm. This is Part 3 of a series of virtual events offered across Canada sponsored by Galilee Retreat Centre, Star of the North Retreat Centre, Queen's House Retreat & Renewal Centre and Centre Oblat - A Voice for Justice. The evening will be a continuing exploratory conversation with a panel of presenters. [Click here to register.](#)

NEW DEVELOPMENTS IN ISRAEL-PALESTINE AND THE ROLE OF THE CHURCHES

What is the role of Canadian churches in advocacy regarding Palestine? Join Anglican, Lutheran, United, Presbyterian, and Roman Catholic leaders for a conversation about how churches in Canada are involved in advocating for and with partners in Palestine, and what next steps may be needed in a context of new developments in a deteriorating situation on Thursday, **April 27**, 7-9pm at the Amphitheatre at St. Paul University, 110 Hazel St. Please click [here](#) to register to attend in person or online. For more info, click [here](#).

"BE CLOTHED WITH POWER" CONFERENCE

A spring conference, **April 29** from 8am - 9pm at Blessed Sacrament Catholic Church, 194 Fourth Avenue, including speakers Ralph Martin and Bishop Scott McCaig. Be filled with the Lord's power in the season of Easter. Hosted by Catholic Charismatic Renewal Services of Ottawa. For more info: [click here](#) or email: sullivanbrian9@gmail.com

THE ANNUAL HIKE FOR LIFE

Action Life (Ottawa) Inc., an educational pro-life organization in Ottawa, is holding its 32nd annual [Hike for Life](#) on **April 29**, 9am - 12:30pm, The hike is a 5km walk downtown and along the Rideau Canal. Refreshments will be served. The starting and ending point is at St. Patrick's Basilica's Hall, 281 Nepean St.

NATIONAL FAMILY AND LIFE WEEK

National Family and Life Week (**May 7-14**) is an opportunity to celebrate the joy and beauty of family and life in faith. The official theme is Jesus' words: "Love one another. Just as I have loved you, you also should love one another". (John 13:34) [Click here](#) for daily prayers and activities for families prepared by the Office of Family and Life of the Canadian Conference of Catholic Bishops.

HIKE FOR HOSPICE

This annual tradition brings together families and friends to hike in honour and in memory of someone special, while raising funds and awareness for Hospice Care Ottawa's vital programs that provide support for individuals with life-limiting illnesses and their families. [Register today](#) for the hike on **June 3** starting at Carleton University.

Events at Galilee Centre, Arnprior

April 22: *Women of Faith: Reclaiming Significant Ceremony*, 8:00am - 4:00pm

May 4: Spring Luncheon, Reservations Required

May 5: Monthly Walk at Galilee - A Time of Reflection, 10am, no registration required

May 25-27: *Opening to Goodness Spring Retreat*

June 22: BBQ Summer Luncheon, Reservations Required

July 1: Strawberry Social, 1pm

Reservations not required

August 20-27: 7-day Directed Retreat

September 15-17: Ron Rolheiser Retreat

More information coming soon. Click here to [pre-register](#).

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For info and cost of programs: www.galileecentre.com.

Living Beyond Our Crucifixions by Ron Rolheiser, OMI

Every dream eventually gets crucified.

How? By time, circumstance, jealousy, and that curious, perverse dictate, somehow innate within the order of things, that insures that there is always someone or something that cannot leave well enough alone, but, for reasons of its own, must hunt down and strike what is good. The good will always be envied, hated, pursued, smudged, killed. That's true even of dreams, something that needs a crucifixion. Every body of Christ inevitably suffers the same fate as Jesus. There's no smooth ride for what's whole, good, true, or beautiful.

Where does the resurrected Christ meet us?

But that's only half the equation, the bad half. What's also true, what the resurrection teaches, is that, while nothing that is of God can avoid crucifixion, no body of Christ ever stays in the tomb for long either. God always rolls back the stone and, soon enough, new life bursts forth and we see why that original life had to be crucified. ("Wasn't it necessary that the Christ should have to suffer and die?") Resurrection follows crucifixion. Every crucified body will rise again.

But where do we meet the resurrection? Where does the resurrected Christ meet us?

Scripture is subtle, but clear. Where can we expect to meet the resurrected Christ after a crucifixion? The Gospel tells us that, on the morning of the resurrection, the women-followers of Jesus, the midwives of hope, set out for the tomb of Jesus, carrying spices, intending to anoint and embalm the dead body. Well-intentioned, but misguided, what they find is not a dead body, but an empty tomb and an angel challenging them with these words: "Why are you looking for the living among the dead? Go instead into Galilee and you will find him there!"

Go instead into Galilee. What a curious expression! What is Galilee? Why go back? In the post-resurrection accounts in the Gospels, Galilee is not simply a physical geography. It is, first of all, a place in the heart. Galilee is the dream, the road of discipleship that they had once walked with Jesus, and that place and time when their hearts had most burned with hope and enthusiasm. And now, just when they feel that this all is dead, that their faith is only fantasy, they are told to go back to the place where it all began: "Go back to Galilee. He will meet you there!"

And they do go back, to Galilee, to that special place in their hearts, to the dream, to their discipleship. Sure enough, Jesus appears to them there. He doesn't appear

exactly as they remember him, nor as often as they would like him to, but he does appear as more than a ghost or a mere idea. The Christ that appears to them after the resurrection no longer fits their original expectation, but he is physical enough to eat fish in the presence, real enough to be touched as a human being, and powerful enough to change their lives forever.

Ultimately that is what the resurrection challenges us to do, to go back to Galilee, to return to the dream, hope, and discipleship that had once inflamed us but that now is crucified.

This, too, is what it means to "be on the road to Emmaus." In Luke's Gospel, we are told that on the day of the resurrection, two disciples were walking away from Jerusalem towards Emmaus, their faces downcast. That single line contains an entire spirituality: For Luke, Jerusalem, like Galilee for the other Gospel writers, means the dream, the hope, the kingdom, the centre from which all is to begin and where ultimately all is to culminate. And the disciples are "walking away" from this, away from the dream, towards Emmaus. Emmaus was a Roman spa - a Las Vegas and Monte Carlo of human consolation. Their dream has been crucified and the disciples, discouraged and hope-emptied, are walking away from it, towards human consolation, muttering: "But we had hoped!" They never get to Emmaus. Jesus appears to them on the road, reshapes their hope in the light of the crucifixion, and turns them back towards Jerusalem.

One of the essential messages of Easter is this: whenever we are discouraged in our faith, whenever our hopes seem to be crucified, we need to go back to Galilee and Jerusalem, that is, to the dream, to the road of discipleship that we had embarked upon before everything went wrong. The temptation, of course, whenever we feel this way, whenever the kingdom doesn't seem to work, is to abandon discipleship for human consolation, to set out instead for Emmaus, for the consolation of Las Vegas and Monte Carlo. But, as we already know, we never quite get to Emmaus. In one guise or another, Christ always meets us on the road, burns holes in our hearts, explains the latest crucifixion to us, and sends us back - to Galilee and to our abandoned discipleship.

Once there, it all makes sense again.



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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.

IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags (outer coloured bag) and put them in the baskets under the table in the hall near the breezeway.