

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

or call the office

13th and 14th Sundays in Ordinary Time July 1/2 and July 8/9, 2023



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

PRAYER OF THE FAITHFUL

For the continued improvement of the health of Pope Francis and his calling to unite the Church in charity, we pray to the Lord.

For all those who live in states of war, that they may find peace. It is only in peace that the gifts of God's creation can truly flourish, we pray to the Lord.

For our community, that we continue to work towards reparations and reconciliation with the Indigenous peoples of Canada, we pray to the Lord.

For all students who graduated this week, that they may see that they carry the gift of leadership and change planted in their hearts by God, we pray to the Lord.

For all members of our community, that we may take the opportunity to reflect on our practices and take steps towards living an authentic life in the truth of the Gospels, we pray to the Lord.

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Kevin Dashney, Eileen De Rosayro, Eileen Kearns, Sharon Kelly, Marigold Kenney, Carrie Plamann, Jeff Stadtmueller, Ravi Tangudu

MASS INTENTIONS

Tues., July 4 Sr. Shelley Lawrence by Board of Trustees of CDSBEO; **Sat., July 8** Monique Boyer by Kroon family;

Tues., July 11 Lorna Kelly by Joe O'Reilly; **Fri., July 14** Teresa & Zbigniew Fallenbuchl by Yvonne Bennett;

Sat., July 15 Monty Riopelle by Maryalice Nugent; **Tues., July 25** Morris Laflame by Joe O'Reilly

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

Our Parish News

UPDATES FROM THE PARISH OFFICE

The office **will be closed** on Mondays until **September 11**. The bulletin will be published bi-weekly. Publication dates: June 29, July 13, July 27, Aug.10, Aug. 24, and Sept. 7.

SUNDAY HOSPITALITY

Coffee and cookies after Mass **will be on hiatus** until Sunday, September 10, unless announced after Mass. Heather might come and make some coffee!

CENTRE 507 WISHLIST

Centre 507 is hoping to restock their hygiene supply cupboard. Wishlist: soap, toothpaste, toothbrushes, shampoo, deodorant, socks, toilet paper, tampons, wet wipes and men's underwear (M or L). Please bring donations to the church and we will deliver them to Centre 507. Thank you!

CENTRETOWN COMMUNITY FOOD CENTRE

The parish will continue to collect non-perishable food items for the Centretown Community Food Centre during the summer months. Items that are always needed: peanut butter; canned tuna, salmon, meat and stews, canned vegetables, soups and beans; cereals, dry pasta and canned pasta sauce, Kraft dinner; toothpaste and toothbrushes, and toilet paper. Thank you for your continued support.

THE SHADOW OF WARSHIP

Deepen your knowledge and understanding of the legacy of living under government wardship for Indigenous people today. Join the Kateri Native Ministry team with Donna Naughton, Anishinaabe Kwe from Pic River First Nation and executive director of Kateri Native Ministry with Gerry Kelly, Galilee Center manager of spiritual programs, on Saturday, **September 9**, 10am-1pm at our Parish Centre. Freewill donation. Please register by email: maureen.cerroni@gmail.com.

PASTORAL CARE COURSE

A 10-week Basic Course in Pastoral Care offered by the [Ottawa Pastoral Care Training Program](#) will begin on Monday, **September 18** and run weekly until November 27 (excluding Thanksgiving Monday) in-person from 1-3:30pm or on Zoom from 7-9:15pm. For more information about the course and how to register, please [click here](#). There are also brochures on the Welcome Table in the church foyer. **Our Pastoral Care Team is looking for volunteers to help with visits in retirement residences and in parishioner's homes.**

VOCATION REFLECTION

"Hospitality" by Susai Jesu, OMI, Vocation Team
The letter to the Hebrews (13:2) says, "Do not forget to entertain strangers for by so doing some people have entertained angels without knowing it." Hospitality is one of the best tools which the Christian has to spread the good news everywhere. Real hospitality given to an unbeliever reveals the true nature of a Christian, so that an unbeliever sees the light of Jesus Christ shining through the believer. True Christian hospitality should be an introduction into a warm fellowship which can result in good friendships being made and spontaneous further visits. Read [the full reflection](#). The Vocation Reflection for July 8/9 can be found at the same link. The reflections are published on Wednesdays.

OBLATE SPIRIT

Join us on a journey through stories from the Oblate missions in Peru, Kenya, Pakistan and around the world. Immerse yourself in this enriching online experience that awaits you. See the realities the poor are facing through the eyes of our Missionary Oblates in the field. Download the latest edition of the [Oblate Spirit here](#).

EVENTS AND HAPPENINGS

[Glebe Art in Our Gardens and Studio Tour](#), **July 8-9**
10am - 4pm, support local artists.

CTV Ottawa has compiled [a great list of 12 things to do](#) in Ottawa **for free** this summer.

Ottawa Velo Outaouais has a [cycling itinerary of little free libraries and book swap boxes](#) on their website that covers many central Ottawa neighbourhoods, including Wellington West, Old Ottawa East and Sandy Hill. [Manitou Bistro](#), a new restaurant serving Indigenous cuisine, including grazing boards and craft cocktails, opened in Renfrew on June 21. Is it time for a road trip?

MAY COLLECTION

Collection:	\$ 10,538.85
Direct Deposit (EFT):	\$ 7,160.00
Canada Helps:	\$ 2,104.04
Total:	\$ 19,802.89
Average monthly expenses:	\$ 20,858.93

Diocesan and Community News

BLOOD AND WATER FILM

Join Amnesty International Canada on Sunday, **July 9** at 3pm to honour, uphold and celebrate Indigenous women and 2SLGBTQIA+ land defenders and water protectors, who are putting their lives on the frontlines to create change with and for community members and future generations. Amnesty International invites you to a virtual screening of Layla Staats' short film, *Blood and Water*, followed by a Q&A session with the Mohawk filmmaker and water protector herself. For more information and to register, [click here](#).

WORLD DAY OF GRANDPARENTS

On June 15, the Holy See released [Pope Francis' message](#) for the World Day of Grandparents and Elders. This year, it will take place on Sunday, **July 23**, with the theme, "His mercy is from age to age" (Luke 1:50). This theme is closely linked to World Youth Day, which takes place from August 2 to 6 in Lisbon, Portugal. This grandparents' day is an opportunity to reflect with and for seniors.

PILGRIMAGE TO SHRINE OF ST. ANN

Plan to attend the 83rd annual pilgrimage to the Shrine of St. Ann in Cormac, Ontario on Sunday, **July 30**, with Bishop Guy Desrochers. The theme of the Pilgrimage will be "Living a Daily Life with the Trinity". The Pilgrimage Mass will be celebrated at 11am with Bishop Guy Desrochers presiding. At 1pm, there will be Exposition of the Blessed Sacrament and Closing Benediction. Area priests will be assisting with the blessing with St. Ann's oil. Religious articles, St. Ann's Mass League memberships, and food and refreshments will be available. Everyone welcome! For further information, [click here](#).

PILGRIMAGE TO STE-ANNE-DE-BEAUPRÉ

Immerse yourself in the profound spiritual experience of a pilgrimage to the enchanting destinations of Ste. Anne de Beaupré and Our Lady of the Cape. This annual pilgrimage was founded by the Diocese of Ottawa back in 1874 by the first Bishop of Ottawa, Bishop Joseph-Bruno Guigues, OMI. The 149th Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape is on **August 12-13**, with buses that will depart from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, Mont-Laurier/St-Jérôme and Kingston. [Click here](#) for the program and departure locations. For more info: 613-224-8110 or mike.budge@bell.net

PIKWAKANAGAN POW WOW

Each year, the Algonquins of Pikwakanagan First Nation at Golden Lake, Ontario welcome dancers, drum groups and thousands of spectators to celebrate Algonquin culture at their traditional pow wow. This year, the pow wow will be held on **August 19/20**. Experience an Algonquin cultural tradition with dance, songs, and drumming. There will also be vendors selling unique items and native foods. For more info, [click here](#).

DEVELOPMENT & PEACE FALL READING GROUP

Join an in-person reading group at St. Joseph's Parish, 151 Laurier Avenue E., **on Thursdays at 7pm in September**. The group will discuss selections from Siddarth Kara's book, *Cobalt Red: How the Blood of the Congo Powers Our Lives*. Free. Refreshments available. The group discussions will be facilitated by its members. More information is available through Development and Peace's regional animator, Kiegan Irish at Kiegan.irish@devp.org or 613-738-9644, ext. 224. Registration info to follow.

Events at Galilee Centre, Arnprior

July 1: \$10 Strawberry Social, 1pm

July 7, August 4: Monthly Walk of Awareness, First Friday of Each Month, 10am

July 15: Remembering Fr. Roy Boucher, OMI at 2 pm

August 20-27: 7-day Directed Retreat

September 15: Fr. Ron Rolheiser Public Lecture Event, 7pm, "Walking in Light and Walking in Darkness"

Cost: \$35 in person or virtually

September 16-17: Fr. Ron Rolheiser Retreat: "Spirituality and the Seasons of our Lives". More info: [click here](#).

Enlarge the Space of Your Tent virtual panel

discussions: Each of the three session videos are now available to watch. [Click here](#).

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com.

For info and cost of programs: www.galileecentre.com.

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



IMPORTANT INFORMATION

PARISH REGISTRATION: The registration form is available at the back of the church or can be filled out online at <http://canadianmartyrs.org/register/>.

DONATIONS: PAD forms are available on the Welcome table if you wish to make donations to the church through direct deposit. If you wish to donate via credit card, you can through Canada Helps on the secure link at <https://canadianmartyrs.org/donate/>. Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please call or email the office to inform us of shut-ins or people in hospital so that we can arrange a visit, bring Holy Communion and administer the Sacrament of the Sick if desired.

BAPTISM PREPARATION: Contact the office a minimum of 3 months before the baptism. Baptismal instructions are required.

MARRIAGE PREPARATION: Contact the office to set up the initial interview. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Pastoral Council meetings are available at <http://canadianmartyrs.org/pastoral-council-minutes/>

FOOD CUPBOARD: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in your milk bags (outer coloured bag) and put them in the baskets under the table in the hall near the breezeway.