

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

or call the office

15th and 16th Sundays in Ordinary Time July 15/16 and July 22/23, 2023



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

PRAYER OF THE FAITHFUL

For the Church, may we listen attentively to the Word of God so that we can take the Lord's message to heart, enriching our lives and our hope for salvation. We pray to the Lord.

For world leaders, may they consider the wellbeing of their citizens and their responsibility to act with justice as they strive to promote peace and reconciliation in areas of conflict. We pray to the Lord.

For our common home, may today's psalm remind us of the bounty that God has created, and encourage us to be thoughtful stewards of our environment. We pray to the Lord.

For firefighters, nurses, doctors, and emergency workers, who remain on duty and do not take time, like many of us, during the summer to relax and be revitalized by time spent with family and friends, we pray to the Lord.

For our young people, may they grow in love for their family and in knowledge of their faith during the summer. We pray to the Lord.

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Kevin Dashney, Eileen De Rosayro, Eileen Kearns, Sharon Kelly, Marigold Kenney, Carrie Plamann, Jeff Stadtmueller

MASS INTENTIONS

Fri., July 14 Teresa & Zbigniew Fallenbuchl by Yvonne Bennett; **Sat., July 15** Monty Riopelle by Maryalice Nugent; **Wed., July 19** Christiane Lapensée by Patricia O'Grady & Marina Lamont; **Sat., July 22** Margaret Vice by Jim & Julie Chadwick; **Tues., July 25** Maurice Laflame by Joe O'Reilly

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

Our Parish News

UPDATES FROM THE PARISH OFFICE

The office **will be closed** on Mondays until **September 11**. The bulletin will be published bi-weekly. Publication dates: July 13, July 27, Aug.10, Aug. 24, and Sept. 7. Coffee and cookies after Mass **will be on hiatus** until Sunday, **September 10**, unless announced after Mass.

LAUDATO SI' TABLE

Check out the new *Laudato Si'* table in the church foyer. Along with information on the Archdiocese's *Laudato Si'* 7-year plan, you will find containers to put your batteries, printer cartridges, and CFL and LED light bulbs for recycling.

CONFIRMATION PREPARATION

If you have a child in grade 6 and up who would like to join us as we continue our faith journey together, our Confirmation preparation classes will take place once a week, beginning in October. If you are interested in registering your child for the sacrament of Confirmation, please contact Adele at 613-232-5347 or religioused@canadianmartyrs.org. You can also fill in [this form](#), and we will contact you when our dates are set, and registration begins.

CALL FOR CATECHISTS

Confirmation preparation leaders wanted! Preparation classes will take place on Saturday afternoons, starting in October. If you are interested in joining the Confirmation prep team, or if you have a confirmed young person in your family in need of volunteer service hours, please contact Adele at religioused@canadianmartyrs.org.

VOLUNTEERS NEEDED!

The parish is looking for volunteers for the **Faith Formation Committee** which plans and organizes events and books speakers regarding topics that reflect the interest of parishioners and help to increase knowledge and understanding of our faith.

The **Sunday Hospitality Team** is looking for one or two new volunteers to make coffee and tea after Sunday Mass once a month starting in September.

If you are interested in helping with either of these ministries, please call or [email](mailto:religioused@canadianmartyrs.org) the office.

FOOD AND HYGIENE DONATIONS

Centre 507 wishlist: soap, toothpaste, toothbrushes, shampoo, deodorant, socks, toilet paper, tampons, wet wipes & men's underwear (M or L). Centretown Community Food Centre wishlist: peanut butter; canned meats and fish, canned vegetables, soups & beans; cereals, dry pasta & canned pasta sauce, & Kraft dinner. Please bring donations to the church. Thank you!

THE SHADOW OF WARSHIP

Deepen your knowledge and understanding of the legacy of living under government wardship for Indigenous people today. Join the Kateri Native Ministry team with Donna Naughton, Anishinaabe Kwe from Pic River First Nation and executive director of Kateri Native Ministry with Gerry Kelly, Galilee Center manager of spiritual programs, on Saturday, **September 9**, 10am-1pm at our Parish Centre. Freewill donation. Please register by email: maureen.cerroni@gmail.com.

PASTORAL CARE COURSE

A 10-week Basic Course in Pastoral Care offered by the [Ottawa Pastoral Care Training Program](#) will begin on Monday, **September 18** and run weekly until November 27 (excluding Thanksgiving Monday) in-person from 1-3:30pm or on Zoom from 7-9:15pm. For more info and to register, please [click here](#). There are also brochures on the Welcome Table in the church foyer. **Our Pastoral Care Team is looking for volunteers to help with visits in retirement residences and in parishioner's homes.**

EVENTS AND HAPPENINGS

A Company of Fools presents *Hamlet* this summer. The local theatre troupe, A Company of Fools, will be presenting Shakespeare's *Hamlet*, performing in parks across Eastern Ontario. They'll be in Patterson Creek Park on **August 4**, Windsor Park on **August 26**, and in Strathcona Park on most Mondays. Performances begin at 7:00 pm. Learn more [here](#).

JUNE COLLECTION

Collection:	\$ 7,127.55
Direct Deposit (EFT):	\$ 7,340.00
Canada Helps:	\$ 2,808.57
Total:	\$ 17,276.12

Average monthly expenses: \$ 21,177.00

Diocesan and Community News

WORLD DAY OF GRANDPARENTS

On June 15, the Holy See released [Pope Francis' message](#) for the World Day of Grandparents and Elders. This year, it will take place on Sunday, **July 23**, with the theme, "His mercy is from age to age" (Luke 1:50). This theme is closely linked to World Youth Day, which takes place from August 2 to 6 in Lisbon, Portugal. This grandparents' day is an opportunity to reflect with and for seniors.

PILGRIMAGE TO SHRINE OF ST. ANN

Plan to attend the 83rd annual pilgrimage to the Shrine of St. Ann in Cormac, Ontario on Sunday, **July 30**, with Bishop Guy Desrochers. The theme of the pilgrimage will be "Living a Daily Life with the Trinity". The pilgrimage Mass will be celebrated at 11am with Bishop Guy Desrochers presiding. At 1pm, there will be Exposition of the Blessed Sacrament and Closing Benediction. Area priests will be assisting with the blessing with St. Ann's oil. Religious articles, St. Ann's Mass League memberships, and food and refreshments will be available. Everyone welcome! For further information, [click here](#).

PILGRIMAGE TO STE-ANNE-DE-BEAUPRÉ

The 149th Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape is on **August 12-13**, with buses that will depart from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, Mont-Laurier/St-Jérôme and Kingston. There are 40 private rooms at the Monastery. Total cost is \$265. There are also rooms for couples/families at Motel Deblois but time is of the essence. Couples pay \$315 each. Both options include bus, room, continental breakfast and lunch on Sunday. Please book ASAP. [Click here](#) for the program and departure locations. Please call/email Mike Budge at 613-224-8110 or mike.budge@bell.net to book.

PIKWAKANAGAN POW WOW

Each year, the Algonquins of Pikwakanagan First Nation at Golden Lake, Ontario welcome dancers, drum groups and thousands of spectators to celebrate Algonquin culture at their traditional pow wow. This year, the pow wow will be held on **August 19/20**. Experience an Algonquin cultural tradition with dance, songs, and drumming. There will also be vendors selling unique items and native foods. For more info, [click here](#).

DEVELOPMENT & PEACE FALL READING GROUP

Join an in-person reading group at St. Joseph's Parish, 151 Laurier Avenue E., **on Thursdays at 7pm in September**. The group will discuss selections from Siddarth Kara's book, *Cobalt Red: How the Blood of the Congo Powers Our Lives*. Free. Refreshments available. The group discussions will be facilitated by its members. More information is available through Development and Peace's regional animator, Kiegan Irish at Kiegan.irish@devp.org or 613-738-9644, ext. 224. Registration info to follow.

VOCATION REFLECTION

"Listen! A Sower Went Out To Sow..."

by Jarek Pachocki, OMI, Vocation Director

The seeds of vocation might not fall on the "perfect" soil at times. But when we listen, when we embrace courage rather than fear, when we discern with open mind, heart and will, then "seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty". Our discernment might not be perfect; but God is perfect! Our life journey might be rocky at times; but God has a clear direction. We might be afraid or discouraged; but God calls us, "Do not be afraid! Follow me!" Read [the full reflection](#). The Vocation Reflection for July 22/23 can be found at the same link. The reflections are published on Wednesdays.

Events at Galilee Centre, Arnprior

July 15: Remembering Fr. Roy Boucher, OMI at 2 pm

August 4: Monthly Walk of Awareness, First Friday of Each Month, 10am

August 20-27: 7-day Directed Retreat

September 15: Fr. Ron Rolheiser, OMI, Public Lecture Event, 7pm, "Walking in Light and Walking in Darkness" Cost: \$35 in person or virtually

September 16-17: Fr. Ron Rolheiser, OMI, Retreat: "Spirituality and the Seasons of our Lives". More info: [click here](#).

Enlarge the Space of Your Tent virtual panel

discussions: Each of the three session videos are now available to watch. [Click here](#).

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com.

For info and cost of programs: www.galileecentre.com.

Heron Home Hardware

1740 Bank St.
613-733-3492

Yes, we cut keys, sharpen garden tools, scissors and we repair screens, patio doors and windows



Immaculata High School

140 Main St.
Proud Sponsors of the Community
613-237-2001



Whelan Funeral Home
Sean P. Copeland
515 Cooper St.
613-233-1488



If you would like to advertise in our bulletin, please call or email the office.



**OTTAWA
PHYSIOTHERAPY &
SPORT CLINICS™
(MAIN STREET)**

**OPTSC.COM
(613) 567-4808**

**205-194 MAIN STREET
MON.-FRI. 7AM-8PM & SAT., 8AM-1PM**

Because family matters.

Our specialists are ready to assist.

Kelly Funeral Homes • kellyfh.ca

Somerset • 613-235-6712

Walkley • 613-731-1255



**Arbor
Memorial**

Arbor Memorial Inc.

Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#).

FOOD CUPBOARD: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).