

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

or call the office

17th Sunday in Ordinary Time and Transfiguration of the Lord July 29/30 and August 5/6, 2023



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

PRAYER OF THE FAITHFUL

That Pope Francis, along with the Catholic youth from around the world gathered for World Youth Day celebrations, will arise, and put their faith into action through charity, we pray to the Lord.

That our leaders hear our voices and make policies that move us closer to a world that protects the dignity of every human being, we pray to the Lord.

That as individuals, we recognize that change begins with a single step, and that we begin a journey towards facing the climate emergency in which we live and react to make significant and urgent change in our own actions and the actions of our governments, we pray to the Lord.

That in these complex times, we use our gifts given by our Creator to discern between what is truly just and good, and what is pretense and dissimulation, we pray to the Lord.

That we live in true gratitude for the privileges which we have and that we use our privilege to be voices for those who fall outside the dominant culture, we pray to the Lord.

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Kevin Dashney, Eileen De Rosayro, Eileen Kearns, Marigold Kenney, Michael Kierns, Carrie Plamann, and Jeff Stadtmueller

MASS INTENTIONS

Sat., July 29 Gertrude Chauvin by Frank Chauvin & Michael Cassidy; **Thurs., August 10** Annette Lapierre by Margaret Denny; **Fri., August 11** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Sat., August 26** Fred Miller by Nicole Lance; **Thurs., August 31** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

Our Parish News

UPDATES FROM THE PARISH OFFICE

The office **will be closed** on Mondays until **September 11**. The bulletin will be published bi-weekly. Publication dates: July 27, Aug. 10, Aug. 24, and Sept. 7. Coffee and cookies after Mass **will be on hiatus** until Sunday, **September 10**, unless announced after Mass.

LAUDATO SI' TABLE

Check out the *Laudato Si'* table in the church foyer. Along with information on the Archdiocese's *Laudato Si'* 7-year plan, you will find containers to put your batteries, printer cartridges, and CFL and LED light bulbs for recycling.

CONFIRMATION PREPARATION

If you have a child in grade 6 and up who would like to join us as we continue our faith journey together, our Confirmation preparation classes will take place once a week, beginning in October. If you are interested in registering your child for the sacrament of Confirmation, please contact Adele at 613-232-5347 or religioused@canadianmartyrs.org. You can also fill in [this form](#), and we will contact you when our dates are set, and registration begins.

CALL FOR CATECHISTS

Confirmation preparation leaders wanted! Preparation classes will take place on Saturday afternoons, starting in October. If you are interested in joining the Confirmation prep team, or if you have a confirmed young person in your family in need of volunteer service hours, please contact Adele at religioused@canadianmartyrs.org.

VOLUNTEERS NEEDED!

The parish is looking for volunteers for the **Faith Formation Committee**, which plans and organizes events and books speakers, regarding topics that reflect the interest of parishioners, and helps to increase knowledge and understanding of our faith.

The **Sunday Hospitality Team** is looking for one or two new volunteers to make coffee and tea after Sunday Mass, once a month starting in September.

Altar Servers will also be making a reappearance! If you have a child who has received their First Communion and is interested in altar serving, please contact the office. There will be training in September.

If you are interested in helping with any of these ministries, please call or email the office.

FOOD AND HYGIENE DONATIONS

Centre 507 wishlist: soap, toothpaste, toothbrushes, shampoo, deodorant, socks, toilet paper, tampons, wet wipes & men's underwear (M or L). Centretown Community Food Centre wishlist: peanut butter; canned meats and fish, canned vegetables, soups & beans; cereals, dry pasta & canned pasta sauce, & Kraft dinner. Please bring donations to the church. Thank you!

THE SHADOW OF WARSHIP

Deepen your knowledge and understanding of the legacy of living under government wardship for Indigenous people today. Join the Kateri Native Ministry team with Donna Naughton, Anishinaabe Kwe from Pic River First Nation and executive director of Kateri Native Ministry with Gerry Kelly, Galilee Center manager of spiritual programs, on Saturday, **September 9**, 10am-1pm at our Parish Centre. Freewill donation. Please register by email: maureen.cerroni@gmail.com.

PASTORAL CARE COURSE

A 10-week Basic Course in Pastoral Care offered by the [Ottawa Pastoral Care Training Program](#) will begin on Monday, **September 18** and run weekly until November 27 (excluding Thanksgiving Monday) in-person from 1-3:30pm or on Zoom from 7-9:15pm. For more info and to register, please [click here](#). There are also brochures on the Welcome Table in the church foyer. **Our Pastoral Care Team is looking for volunteers to help with visits to retirement residences and to parishioners' homes.**

EVENTS AND HAPPENINGS

Itching to go cycling in Ottawa, Kingston, Gatineau or elsewhere in Eastern Ontario and West Quebec, but not sure where to start? Maybe you want to buy a bicycle, get your bike repaired, find a great new trail or join a cycling club? [This comprehensive list](#) covers everything you need, from Ottawa bike shops and Ontario bike trails to Gatineau bike rentals and a Lanark County cycling festival.

JUNE COLLECTION

Collection:	\$ 7,127.55
Direct Deposit (EFT):	\$ 7,340.00
Canada Helps:	\$ 2,808.57
Total:	\$ 17,276.12

Average monthly expenses: \$ 21,177.00

Diocesan and Community News

PLANT SALE

This Saturday, **July 29**, [Highjinx](#), 290 Kent St., is having a big houseplant sale starting at noon. The last time they did this, there were people lined up out the door and they are hoping to smash that record (come early to avoid disappointment!). The funds raised will 100% help our vulnerable neighbours with supplies and food. Plants are priced between \$10 and \$60.

WORLD YOUTH DAY

On July 27th, a group of young people from the diocese of Ottawa-Cornwall flew to Lisbon, Portugal to participate in the 2023 World Youth Day. They want you to accompany them on this pilgrimage. You can support their spiritual journey through submitting your prayer intentions using the online form: <https://ottawacornwall.ca/#WYD>

CONTEMPLATIVE PRAYER FOR PEACE

With the number of world conflicts increasing and some with the serious risk of becoming nuclear, the need for global peace is more urgent. St. Basil's Parish is hosting a moment for Contemplative Prayer for Peace on **August 6**, 2 - 4pm. This event is scheduled on the 78th anniversary of the bombing of Hiroshima, the first use of the atomic bomb. People can stay for as long as they wish during this time. Organized by Sr. Jean Goulet c.s.c., Jim Ramsay, and John Watters. All are welcome.

BEST BALL GOLF TOURNAMENT

The Society of St. Vincent de Paul of Ottawa and the Multifaith Housing Initiative are hosting a "best ball" golf tournament on Monday, **August 28** at Pineview Golf Course, to raise funds for affordable housing for Ottawa's Indigenous People (The Dream Project). Indigenous People make up 4% of Ottawa's population but 32% of Ottawa's

homeless, according to a 2021 City of Ottawa study. Individuals and teams of 4 are invited to register at a cost of \$140 per person, which includes the game, cart, lunch and prizes. There will also be a tax receipt of \$50 for the donation portion. Please call Brian Miller at 613-225-7745 or email ssvpcta@gmail.com or visit ssvpottawa.ca to register or get more information.

DEVELOPMENT & PEACE FALL READING GROUP

Join an in-person reading group at St. Joseph's Parish, 151 Laurier Avenue E., **on Thursdays at 7pm in September**. The group will discuss selections from Siddharth Kara's book, *Cobalt Red: How the Blood of the Congo Powers Our Lives*. Free. Refreshments available. The group discussions will be facilitated by its members. More information is available through Development and Peace's regional animator, Kiegan Irish at Kiegan.irish@devp.org or 613-738-9644, ext. 224. Registration info to follow.

VOCATION REFLECTION

"What and where is your treasure?"

by Richard Beaudette, OMI, Vocation Team

As disciples, we are called to use our gifts, our treasures, in a way that benefits others as well as ourselves. Jesus shows us the way in his interactions with the people he meets on his journey, in the words that he speaks. We, in turn, are called to walk together with our sisters and brothers, building up the kingdom and ensuring that each person we encounter experiences the love of God in the encounter. Read [the full reflection](#). The Vocation Reflection for August 5/6 can be found at the same link. The reflections are published on Wednesdays.

Events at Galilee Centre, Arnprior

July 29: Teddy Bear Picnic, 11 am - 2 pm.
Free family event.

August 4: Monthly Walk of Awareness,
First Friday of Each Month, 10am

August 20-27: 7-day Directed Retreat

September 14: Fall Luncheon, Reservations required.

September 15: Fr. Ron Rolheiser, OMI, Public Lecture
Event, 7pm, "Walking in Light and Walking in Darkness"
Cost: \$35 in person or virtually

September 16-17: Fr. Ron Rolheiser, OMI, Retreat:

"Spirituality and the Seasons of our Lives". More info:
[click here](#).

October 10-11: *Mindfulness in the Labyrinth: A Walking
Meditation Retreat*, Facilitator: Susan Kehoe

To register for events at Galilee Centre, 398 John Street,
North, Arnprior ON, call 613-623-4242, ext. 21 or email
info@galileecentre.com.

For info and cost of programs: www.galileecentre.com.

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#).

FOOD CUPBOARD: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).