

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

or call the office

19th and 20th Sundays in Ordinary Time August 12/13 and 19/20, 2023



Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7:00pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

PRAYER OF THE FAITHFUL

That like Elijah, we learn to look for God in the quiet places and in humble hearts, so that we may learn to know peace in gentleness and the value of small things and actions, we pray to the Lord.

That through the Lord's justice, those who have been wronged may know prosperity and that those who have prospered through unjust structures, will embrace the need for restitution, we pray to the Lord.

That we may be blessed with a faith free of doubt and a fearless heart as we walk on the rough waters of our time, we pray to the Lord.

That we recognize that all people are precious in the eyes of God and that we offer friendship and kindness to each person that we meet, knowing that our duty is service to our fellow companions on the journey, we pray to the Lord.

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Kevin Dashney, Eileen De Rosayro, Eileen Kearns, Michael Kearns, Marigold Kenney, Carrie Plamann, and Jeff Stadtmueller.

MASS INTENTIONS

Fri., August 18 Intentions of Gerarda Staples by Janice Staples; **Sat., August 19** Intentions of Gerarda Staples by Janice Staples; **Wed., August 23** Ubald Remillard by his family **Sat., August 26** Fred Miller by Nicole Lance; **Thurs., August 31** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

Our Parish News

UPDATES FROM THE PARISH OFFICE

The office **will be closed** on Mondays until **September 11**. The bulletin will be published bi-weekly. Publication dates: Aug.10, Aug. 24, and Sept. 7. Coffee and cookies after Mass **will be on hiatus** until Sunday, **September 10**, unless announced after Mass.

LAUDATO SI' TABLE/SEASON OF CREATION

Check out the *Laudato Si'* table in the church foyer. Along with information on the Archdiocese's *Laudato Si'* 7-year plan, you will find containers to put your batteries, printer cartridges, and CFL and LED light bulbs for recycling. You will also find information on the upcoming Season of Creation. Each year from **September 1 to October 4**, the Christian family unites for Season of Creation worldwide celebration of prayer and action to protect our common home. As followers of Christ from around the globe, we share a common call to care for creation. We are co-creatures and part of all that God has made. Our wellbeing is interwoven with the wellbeing of the Earth. You can also visit SeasonOfCreation.org for more resources.

CONFIRMATION PREPARATION

If you have a child in grade 6 and up who would like to join us as we continue our faith journey together, our Confirmation preparation classes will take place once a week, beginning in October. You can register by filling in [this form](#). If you need more information, please contact Adele: 613-232-5347, religioused@canadianmartyrs.org.

VOLUNTEERS NEEDED!

The parish is looking for volunteers for:

Faith Formation Committee, which plans and organizes events and books speakers, regarding topics that reflect the interest of parishioners, and helps to increase knowledge and understanding of our faith.

The **Sunday Hospitality Team** is looking for a volunteer to make coffee and tea after Sunday Mass on the 4th Sunday of each month.

Altar Servers will also be making a reappearance! If you have a child who has received their First Communion and is interested in altar serving, please contact the office.

There will be training in September.

If you are interested in helping with any of these ministries, please call or [email](#) the office.

FROM THE TRUTH AND RECONCILIATION COMMITTEE

In September, we turn our attention to [Orange Shirt Day](#) and the [National Day for Truth & Reconciliation](#) which are both recognized on **September 30**. This is a time to reflect on the history and legacy of residential schools and all colonial policies. These events were designed to commemorate the residential school experience, to witness and honour the healing journey of the survivors and their families, and to commit to the ongoing process of reconciliation.

THE SHADOW OF WARSHIP

Deepen your knowledge and understanding of the legacy of living under government wardship for Indigenous people today. Join the Kateri Native Ministry team with Donna Naughton, Anishinaabe Kwe from Pic River First Nation and executive director of Kateri Native Ministry with Gerry Kelly, Galilee Center manager of spiritual programs, on Saturday, **September 9**, 10am-1pm at our Parish Centre. Freewill donation. Please register by email: maureen.cerroni@gmail.com.

PASTORAL CARE COURSE

A 10-week Basic Course in Pastoral Care offered by the [Ottawa Pastoral Care Training Program](#) will begin on Monday, **September 18** and run weekly until November 27 (excluding Thanksgiving Monday) in-person from 1-3:30pm or on Zoom from 7-9:15pm. For more info and to register, please [click here](#). There are also brochures on the Welcome Table in the church foyer. **Our Pastoral Care Team is looking for volunteers to help with visits to retirement residences and to parishioners' homes.**

FOOD AND HYGIENE DONATIONS

Centre 507 wishlist: soap, toothpaste, toothbrushes, shampoo, deodorant, socks, toilet paper, tampons, wet wipes & men's underwear (M or L). Centretown Community Food Centre wishlist: peanut butter; canned meats and fish, canned vegetables, soups & beans; cereals, dry pasta & canned pasta sauce, & Kraft dinner. Please bring donations to the church. Thank you!

JULY COLLECTION

Collection:	\$ 8,938.31
Direct Deposit (EFT):	\$ 7,340.00
Canada Helps:	\$ 3,386.95
Total:	\$ 19,665.26

Average monthly expenses: \$ 24,137.81

Diocesan and Community News

THE FUNERAL DETAILS FOR ARCHBISHOP MARCEL GERVAIS, ARCHBISHOP EMERITUS OF OTTAWA

Monday, **August 14**

1:30 p.m. The Rite of Reception of the Body will be held at Notre-Dame Cathedral with Midafternoon Prayer

2:00 p.m. to 6:30 p.m. Archbishop Gervais will be lying-in-state at the cathedral

7:00 p.m. Funeral Mass at Notre-Dame Cathedral

For those who cannot attend in person, the funeral will be livestreamed on YouTube, [click here](#).

WORLD HUMANITARIAN DAY

On **August 19**, we come together to honour humanitarians around the world who strive to meet ever-growing global needs, no matter what! [World Humanitarian Day](#) commemorates the thousands of aid workers who support innocent civilians caught in conflict zones and disasters daily and raises awareness about the importance of humanitarian assistance worldwide.

TEE OFF WITH A CAUSE

You're invited to Bytown Catering's Annual Charity Golf Tournament in support of the ALS Society of Canada and St. Joe's Supper Table on Sunday, **August 20** at the Pineview Golf Club. Includes 18 holes of "best ball" golf, cart, lunch, dinner, prizes, and mini-games! To register at a cost of \$140 per person, [click here](#). For more information, contact Bytown Catering at 613-745-6389 or sales@bytowncatering.com.

BEST BALL GOLF TOURNAMENT

The Society of St. Vincent de Paul of Ottawa and the Multifaith Housing Initiative are hosting a "best ball" golf tournament on Monday, **August 28** at Pineview Golf Club,

to raise funds for affordable housing for Ottawa's Indigenous People (The Dream Project). Individuals and teams of 4 are invited to register at a cost of \$140 per person, which includes the game, cart, lunch and prizes. There will also be a tax receipt of \$50 for the donation portion. Please call Brian Miller at 613-225-7745 or email ssvpcta@gmail.com or visit ssvpottawa.ca to register or get more information.

VISIT NOTRE-DAME CATHEDRAL

Notre-Dame cathedral offers English and French tours most days. Tickets are just \$10. [Click here for tour hours](#). And be sure to visit Café des Tours located in the lower level of the cathedral. Come enjoy coffee, tea, snacks, and more in a cozy setting. Current hours of operation are Tuesday to Saturday from 9am-5pm and Sundays from 1pm-5pm. Enter on the St. Patrick Street side.

VOCATION REFLECTION

"Knee-Deep" by Darcie Lich, Oblate Associate
The disciples are knee-deep in water in their own boat, and Jesus shows up and calls Peter to yet another impossible task, telling him to walk on the very water that is threatening to drown him. (I can't help but think it rather unfair of Jesus to ask him to do something so hard in the middle of a storm after a long day. To be fair, Peter asked for it, but Jesus didn't have to take him up on it.) And so, Peter answers yet another call from the Master, and in obeying him, goes instantly from knee-deep to in way over his head. Read [the full reflection](#). The Vocation Reflection for August 19/20 can be found at the same link. The reflections are published on Wednesdays.

Events at Galilee Centre, Arnprior

August 20-27: 7-day Directed Retreat

September 14: Fall Luncheon, Reservations required.

September 15: Fr. Ron Rolheiser, OMI, Public Lecture Event, 7pm, "Walking in Light and Walking in Darkness"
Cost: \$35 in person or virtually

September 16-17: Fr. Ron Rolheiser, OMI, Retreat: "Spirituality and the Seasons of our Lives". More info: [click here](#).

October 10-11: *Mindfulness in the Labyrinth: A Walking Meditation Retreat*, Facilitator: Susan Kehoe

October 14: One Day Retreat: *Healing the Heart: Finding Meaning After Loss*

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com.

For info and cost of programs: www.galileecentre.com.

Heron Home Hardware

1740 Bank St.
613-733-3492

Yes, we cut keys, sharpen garden tools, scissors and we repair screens, patio doors and windows



Immaculata High School

140 Main St.
Proud Sponsors of the Community
613-237-2001



Whelan Funeral Home
Sean P. Copeland
515 Cooper St.
613-233-1488



If you would like to advertise in our bulletin, please call or email the office.



**OTTAWA
PHYSIOTHERAPY &
SPORT CLINICS™
(MAIN STREET)**

**OPTSC.COM
(613) 567-4808**

**205-194 MAIN STREET
MON.-FRI. 7AM-8PM & SAT., 8AM-1PM**

Because family matters.

Our specialists are ready to assist.

Kelly Funeral Homes • kellyfh.ca

Somerset • 613-235-6712

Walkley • 613-731-1255



**Arbor
Memorial**

Arbor Memorial Inc.

Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#).

FOOD CUPBOARD: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).