

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

[Via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

32nd Sunday in Ordinary Time

November 11/12, 2023



PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Maria Dinardo, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Fran Kubale, Martin Lalonde, Jeff Meulemans, Fr. Peter Monty, Carrie Plamann, Jeff Stadtmueller, Gerarda Staples, Michael Wink

MASS INTENTIONS

Sat., Nov. 11 George Colton by Maryalice Nugent; **Tues., Nov. 14** Joseph Byrne by Anne Marie Bazinet-Miller **Sat., Nov. 18** Fred Miller, Eileen Rady and deceased family members by Anne Marie Bazinet-Miller; **Tues., Nov. 21** Maurice Lapierre by Margaret Denny; **Thurs., Nov. 23** Carroll LaMoureux by Denise Remillard; **Fri., Nov. 24** Denis & Ewa Bennett by Yvonne Bennett; **Sat., Nov 25** Lorna & Dan Kelly by Connie Kelly

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Mon., Nov. 13: Evening Dialogue on Israel, 6:30pm, [register here](#).

Tues., Nov. 14: Liturgy Committee, 1:30pm

Tues., Nov. 14: Truth & Reconciliation Committee, 7pm via Zoom

Fri., Nov. 17: Youth Group, 7pm

Sun., Nov. 19: Advent Fair after Mass & bring in your Christmas shoeboxes!

Sat., Nov. 25: Ottawa Guitar Society concert. 7:30pm

Sun., Nov. 26: Confirmation with Archbishop Prendergast, 10am

Please see more events on the Happenings page of our website:

canadianmartyrs.org/happenings/ and our weekly gatherings in the lefthand column.

Our Parish News

EVENING DIALOGUE

In light of the recent tragic events in the Holy Land, our parish would like to create a safe space for members of our parish community to learn about the many issues leading to this conflict, dispel any misconceptions we may have, and engage in meaningful and respectful dialogue. We have invited Dr. Mira Sucharov, Professor and Associate Chair of Political Science at Carleton University to lead a dialogue night on Monday, **Nov. 13** at 6:30pm. To register, please fill in the [Google Form linked here](#) or call the office.

ADVENT FAIR

We are hosting an Advent Fair for all the families of the parish on Sunday, **Nov. 19** after Mass. In order to ensure the Advent Fair is a success, we are asking for the following to be brought into the church before Nov. 19: Greenery clippings (cedar, spruce, pine) Prayers (themes for prayers could include Advent, Mary, Care for Creation, Welcome the Stranger, etc.) Pine cones and fabric ribbon (all different colours) Thank you for checking your craft cupboards or thinking of a prayer for our Advent Prayer book. We hope to see you there!

CAMPAIGN LIFE CHRISTMAS FRUITCAKES

Please order your Christmas cakes made by the Monks of Abbay Val Notre Dame by [clicking here](#) or by using the order form on the Welcome Table and drop off payment to the office by Sunday, **Nov. 26**. The parish is only taking orders for the 600gms cakes; one cake for \$25 or 2 for \$45. Please pay with cash or cheque. Make cheques payable to Canadian Martyrs Church and write Christmas cakes in the memo line. Cakes will be available for pickup at the church in early December. You can order other [products here](#) and pay for shipping to your home.

RITE OF CHRISTIAN INITIATION OF ADULTS

As Pope Francis says “Todos, todos, todos!” EVERYONE is welcome! Join our RCIA team on **Sunday mornings at 9am** as a way to learn more about the Catholic faith, as a faith refresher for baptized Catholics, or as a pathway to baptism, confirmation and Eucharist. Please [click here](#) for the RCIA interest form.

PARISH PASTORAL COUNCIL

PPC is putting out the call for nominations of new members. Parish Council supports the work of the Pastoral Team and, in consultation with parishioners,

helps to shape the future directions of the parish. **Please consider who you think might be a suitable candidate and fill out one of the nomination forms that you will find on the Welcome Table in the church foyer.**

Contact a member of the PPC or [the parish office](#) if you have any questions.

FREE NATIVE PLANT SEEDS

Seeds from the plants in our pollinator garden are available for **free** in the breezeway. These are not hybrids so they will come true. The seeds need to go through a winter, so they should be planted now. Sprinkle them on the ground and cover them lightly with soil.

MANY THANKS TO OUR PARISHIONERS

We would like to thank all those who have generously responded to Ottawa-Cornwall’s Fundraising Campaign in Support of Reconciliation. To follow the ongoing progress of the campaign, make an online donation or to read about the local Indigenous projects and initiatives be sure to visit [www.journeyforhealing.ca](#). If you have not yet made your donation, it is not too late, there are envelopes on the Welcome Table and at the side entrance, along with bookmarks as a small token of our appreciation.

SUNDAY MISSALS

Sunday Missals for 2024 will be available for sale after Masses this weekend for \$5. Please have the correct change, if possible.

ZOOM SUNDAY LITURGY OF THE WORD

Feeling under the weather? Don’t feel like venturing out in the cold? Want to dive deeper into the readings? Join us for Sunday Liturgy of the Word at 11:30am [via Zoom](#). You can always find the link in the bulletin email.

OCTOBER COLLECTION

Collection:	\$ 11,669.30
Direct Deposit (EFT):	\$ 7,220.00
Canada Helps:	\$ 3,716.93
Total:	\$ 22,606.23

Average monthly expenses: **\$ 22,826.15**

Diocesan and Community News

LET'S STAND FOR THE LAND

Development and Peace is responding to the call to raise awareness of the tragic plight of two communities in Honduras. They stand with them as they defend their right to water for survival and struggle to obtain justice, reparations and protection, the cancellation of irregularly granted mining permits and the restoration of their national park. Stand in solidarity and **sign the letter** to the Honduran ambassador to Canada at devp.org/act or on the D&P table at the back of the church.

CENTRE 507—URGENT HELP NEEDED

To help save lives, Centre 507 has acquired a state-of-the-art Brave Sensor overdose detection system for their single-occupancy restrooms. This system is designed to alert staff if it detects a lack of movement for a period exceeding two minutes, allowing for swift intervention. The implementation of this technology includes a 3-year \$3,000 licensing agreement. They are reaching out for financial support to cover this expense. By contributing, you're directly supporting their efforts to save lives. To donate to Centre 507, [click here](#) or mail your cheque to 507 Bank St., Ottawa K2P 1Z5.

CONTEMPLATIVE PRAYER FOR PEACE

Pope Francis is calling all people of good will to pray for peace in the Middle East and in Ukraine. St. Basil's parish is hosting a contemplative environment to pray for peace on Sunday, **Nov. 12** from 1-3pm. For info email: stbasilsparish@gmail.com.

OTTAWA GUITAR TRIO

The Ottawa Guitar Society presents the Ottawa Guitar Trio on Saturday, **Nov. 25** at 7:30pm at Canadian Martyrs. Tickets are available at the door for \$30. For more info, [click here](#).

ANSWERING THE CRY OF THE EARTH

Inspired by Pope Francis' Encyclical, *Laudato Si'*, an unlikely group came together to address the climate-related challenges of our day in this video produced by Salt & Light Media. This group is motivated by hope and committed to creating sustained, broad climate impact that would not have happened otherwise. Watch [the video here](#).

NATIONAL INDIGENOUS VETERANS DAY

[Indigenous Veterans Day](#) is observed each year on November 8. Indigenous Peoples in Canada have fought on the [front line of every major battle](#) Canada has been involved in, and have done so with valour and distinction. [Learn why Indigenous people](#) chose to fight or watch a documentary on experiences of Indigenous veterans of 20th century wars on [CBC Gem](#). This long tradition of military service is commemorated with the striking [National Aboriginal Veterans Monument](#) in Confederation Park, Ottawa.

VOCATION REFLECTION

"Running out of steam" by Jarek Pachocki, OMI
The distinction between the foolish and the wise was in the fact that the foolish expected the lamps to be lit without oil. So, they burned out! "Five of them were foolish, and five were wise. When the foolish took their lamps, they took no oil with them; but the wise took flasks of oil with their lamps." (Matthew 25:2-4) In order to "shine" we need to take care of the fuel of our physical, spiritual, and emotional selves. Others cannot do this for us! We have to learn how to rest, how to bring balance to our emotional state, how to nourish our spiritual wellness, how to build healthy and supportive relationships. And we have to learn one more thing: the wisdom of saying "no"! Read the full [reflection here](#).

Events at Galilee Centre, Arnprior

December 5: *Laudate Deum and Care for our Common Home*, hybrid evening event

November 18, 9am-4pm: *Navigating End of Life: Drawing Your Map*, interactive workshop

November 22, 6:30pm: *Canadians for a Synodal Church*, This virtual conversation will provide an opportunity to learn from Canadian participants: an archbishop, a religious sister, and a lay woman. They will describe their experiences as voting delegates in the synodal process at the Vatican and offer ways for us all to stay informed and

engaged. [Register here](#) to receive the Zoom link.

November 30 - December 2: *With the Word in Silence*, Advent Lectio Divina retreat

Feb 2024 - Nov 2025: Two Year Program, *Growing in Wisdom: Seeking Deeper Generativity*, visit www.growinginwisdom.ca for more information.

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For info and cost of programs: www.galileecentre.com.



The chill is in the air telling us that it is time for Christmas preparation in our families and especially for those less fortunate than we are. This year, we are once again inviting families to make up a shoe box for a youth in need in Ottawa. Below we have provided a list of items that you can include in your box for youth, ages 10-16.

We ask you to label the box with the age and gender you have chosen, and then fill it with as many new items as you are able. You are welcome to come together with another family to complete the box, or fill it yourselves.

There is no time like the present ... we will need to collect the shoe boxes by **November 18/19** in order for the Centretown Community Health Centre to deliver them to families in need by Christmas. Please bring your filled shoe boxes to the parish, unwrapped, and we will make sure they get into grateful hands by Christmas.

Thank you in advance for helping us to spread the cheer this Christmas!!

Pick an age range and fill a box for a child in need:

10-12 years old, 12-14 years old, 14-16 years old
(male, female, or non-binary)

Please include: a toothbrush, toothpaste, soap, hand towel or washcloth, hairbrush or comb

Suggested additional items:

Clothing: t-shirts, socks, tuques, ball caps, hair accessories

Art: journals, pens, pencils, crayons, markers, craft kits, colouring books, art supplies

Games and toys: brainteaser puzzles, juggling balls, card games (e.g., Uno, Skipbo, Sushi Go), travel-sized board games, playing cards

Please label your unwrapped box with age range & gender and include a Christmas card.



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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).