

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

[Via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

33rd Sunday in Ordinary Time

November 18/19, 2023



PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Fran Kubale, Martin Lalonde, Jeff Meulemans, Fr. Peter Monty, Carrie Plamann, Jeff Stadtmueller, Gerarda Staples, Michael Wink

MASS INTENTIONS

Sat., Nov. 18 Fred Miller, Eileen Rady and deceased family members by Anne Marie Bazinet-Miller; **Tues., Nov. 21** Maurice Lapierre by Margaret Denny; **Wed., Nov. 22** Pavlo Teliga by Jim & Marina Lamont and Patricia O'Grady **Thurs., Nov. 23** Carroll LaMoureux by Denise Remillard; **Fri., Nov. 24** Denis & Ewa Bennett by Yvonne Bennett; **Sat., Nov 25** Lorna & Dan Kelly by Connie Kelly; **Tues., Nov. 28** Maurice Lapierre by Margaret Denny

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Fri., Nov. 17: Youth Group, 7pm

Sun., Nov. 19: Advent Fair after Mass & **bring in your Christmas shoeboxes!**

Sat., Nov. 25: Ottawa Guitar Society concert. 7:30pm

Sun., Nov. 26: Confirmation with Archbishop Prendergast, 10am

Sat., Dec. 2: Photoshoot for Christmas pageant, 2pm

Sat., Dec. 2: Pizza night and Christmas Carols, after Mass

Thurs., Dec. 7: Parish Pastoral Council, 7pm

Thurs., Dec. 14: Advent Reconciliation Service, 7pm

Please check out the Happenings page on our website:

canadianmartyrs.org/happenings/ and our weekly gatherings in the lefthand column.

Our Parish News

ADVENT FAIR

Everyone is invited to our Advent Fair after Mass this Sunday, **November 19**. Make an Advent wreath, a welcome sign, an Advent lantern or create an Advent prayer book. Join us!

ADVENT EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in The Epistle? Send your articles and photos to office@canadianmartyrs.org by **November 24** for our Advent 2023 issue.

CONFIRMATION

Please keep our young people preparing for Confirmation in your prayers. They will be confirmed at Canadian Martyrs on Sunday, **November 26** at the 10:00 am Mass by Archbishop Terence Prendergast. Please remember in your prayers: Samantha, David, Quinn, Leila, Anthony, Simona, Elena, Julian, Nora, Ashley, Hailey, Norah, Anderson, Isabel, Sebastian, Jenna, Vanessa, Aleksander, Alicja, Sofia, Ellie, Evan, Karina, and their families.

HELPING A FAMILY

The Catholic Centre for Immigrants Ottawa has asked Canadian Martyrs Parish to help a young family who has recently arrived in Ottawa and are awaiting the processing of their refugee claim. The couple and their two-year old are currently shuffling between temporary shelters, hoping a spot in supportive housing for refugees opens up. Their most urgent need is food and warm clothing. The parish's refugee committee would appreciate donations of any of the following items:

- Toddler formula, Gerber cereal, baby food.
- Snowsuit & boots for a little girl - size 3T (toddler)
- An unlocked cellphone
- Walmart or grocery store gift cards, or money to purchase them
- Cellphone plan gift card, or money to purchase one

The Refugee Committee is also looking for a few more volunteers. Please contact [the office](#) if you are interested in learning more.

CAMPAIGN LIFE CHRISTMAS FRUITCAKES

Please order your Christmas cakes made by the Monks of Abbay Val Notre Dame by [clicking here](#) or by using the order form on the Welcome Table and drop off payment to the office by Sunday, **Nov. 26**. The parish is only taking orders for the 600gms cakes; one cake for \$25 or 2 for \$45. Please pay with cash or cheque. Make cheques

payable to Canadian Martyrs Church and write Christmas cakes in the memo line. Cakes will be available for pickup at the church in early December. You can order other [products here](#) and pay for shipping to your home.

507 SANDWICH CLUB/MAKING SANDWICHES

Sign up to make sandwiches in-person on **November 23 and/or 30** in the parish centre at 1:30 or 7pm. [Sign up here](#) or email/call the office.

CHRISTMAS PAGEANT PHOTOSHOOT

Come join us as we recreate the story of our Saviour's birth in photos at the church on Saturday, **December 2** from 2-4pm. A slideshow will be created and shown during the Christmas Masses. If you are interested in participating, please [sign up here](#) or call/email the office. We can always use extra angels and shepherds!

PIZZA NIGHT AND CHRISTMAS CAROLS

Join us on Saturday, **December 2** after Mass for our monthly pizza night with a twist! Join some of our choir members in singing some Christmas carols to get us in the Christmas spirit! See you there!

ADVENT RECONCILIATION LITURGY

You are invited to join us in the celebration of the Sacrament of Reconciliation on Thursday, **December 14** at 7:00pm.

ZOOM SUNDAY LITURGY OF THE WORD

Feeling under the weather? Don't feel like venturing out in the cold? Want to dive deeper into the readings? Join us for Sunday Liturgy of the Word at 11:30am [via Zoom](#). You can always find the link in the bulletin email.

SUNDAY MISSALS

Sunday Missals for 2024 will be available for sale after Masses this weekend for \$5. Please have the correct change, if possible.

OCTOBER COLLECTION

Collection:	\$ 11,669.30
Direct Deposit (EFT):	\$ 7,220.00
Canada Helps:	\$ 3,716.93
Total:	\$ 22,606.23
Average monthly expenses:	\$ 22,826.15

Diocesan and Community News

INSIGHTS ON THE SYNOD OF BISHOPS

Curious about what happened at the latest Synod of Bishops in Rome? Wondering what impact this will have on the Church moving forward? Get the inside story from Dr. Catherine Clifford, who will be coming to St. Theresa Parish, 95 Somerset St. W., on **November 19** at 11:45am to speak about her experience as one of the first voting lay persons at this historic synod. Dr. Clifford is a professor of Systematic and Historical Theology at Saint Paul University. If you would like to attend, please contact Lynn Lavictoire: lynn.and.will@sympatico.ca or 613-833-1742.

LET'S STAND FOR THE LAND

Development and Peace is responding to the call to raise awareness of the tragic plight of two communities in Honduras. They stand with them as they defend their right to water for survival and struggle to obtain justice, reparations and protection, the cancellation of irregularly granted mining permits and the restoration of their national park. Stand in solidarity and **sign the letter** to the Honduran ambassador to Canada at devp.org/act or on the D&P table at the back of the church.

OTTAWA GUITAR TRIO

The Ottawa Guitar Society presents the Ottawa Guitar Trio on Saturday, **November 25** at 7:30pm at Canadian Martyrs. Tickets at the door for \$30. For info, [click here](#).

NET CANADA MISSION DISCERNMENT

Are you in grade 11-12 or between the ages of 18-30 and trying to figure out what's next in your life? Come see if a year on mission is for you! NET Canada invites you to their Mission Discernment Evening in Ottawa on **November 25** from 7-9pm at St. Mary's Parish, 100 Young St.! Join a night of fellowship, food, and praise and

get a glimpse into what a year on mission with NET Canada would look like! Register at netcanada.ca/apply! Have questions? Email recruit@netcanada.ca or call/text 613-292-9991.

IMMACULATA CHRISTMAS CRAFT FAIR

Immaculata High School is running a Christmas craft fair to help out students in need within their school community and to ensure that all students get to pursue athletics, clubs, excursions, and activities, regardless of their financial situation. Come on out to support this great cause on Saturday, **December 2**, 10am to 3pm at Immaculata High School, 140 Main St.

LECTIO FOR FAMILIES APP

[Lectio for Families](#) is a free app for families to do together. It features daily Bible readings, a weekly memory verse, engaging questions to pause and talk about, and prompts for reflection and prayer.

VOCATION REFLECTION

"What have I made of myself?"

by Susai Jesu, OMI, Vocation Team

When Jesus talks about talents, we must not think he means a musical talent or a football talent. Such talents are important, but are outrageously over-valued and over-rewarded. Ultimately, it is important to develop and use our talents, but more importantly, to develop our character. Talent is formed quietly, while character is formed in midst of the world. When a person develops him or herself, and also his or her talent, then a kind of wholeness results. Read the full [reflection here](#).

Events at Galilee Centre, Arnprior

November 18, 9am-4pm: *Navigating End of Life: Drawing Your Map*, interactive workshop

November 22, 6:30pm: *Canadians for a Synodal Church*, This **virtual** conversation will provide an opportunity to learn from Canadian participants: an archbishop, a religious sister, and a lay woman. They will describe their experiences as voting delegates in the synodal process at the Vatican and offer ways for us all to stay informed and engaged. [Register here](#) to receive the Zoom link.

November 30 - December 2: *With the Word in Silence*,

Advent Lectio Divina retreat

December 5: *Laudate Deum and Care for our Common Home*, **hybrid** evening event

Feb 2024 - Nov 2025: Two Year Program, *Growing in Wisdom: Seeking Deeper Generativity*, visit www.growinginwisdom.ca for more information.

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For info and cost of programs: www.galileecentre.com.



The chill is in the air telling us that it is time for Christmas preparation in our families and especially for those less fortunate than we are. This year, we are once again inviting families to make up a shoe box for a youth in need in Ottawa. Below we have provided a list of items that you can include in your box for youth, ages 10-16.

We ask you to label the box with the age and gender you have chosen, and then fill it with as many new items as you are able. You are welcome to come together with another family to complete the box, or fill it yourselves.

There is no time like the present...we will need to collect the shoe boxes by **November 18/19** in order for the Centretown Community Health Centre to deliver them to families in need by Christmas. Please bring your filled shoe boxes to the parish, unwrapped, and we will make sure they get into grateful hands by Christmas.

Thank you in advance for helping us to spread the cheer this Christmas!!

Pick an age range and fill a box for a child in need:

10-12 years old, 12-14 years old, 14-16 years old
(male, female, or non-binary)

Please include: a toothbrush, toothpaste, soap, hand towel or washcloth, hairbrush or comb

Suggested additional items:

Clothing: t-shirts, socks, tuques, ball caps, hair accessories

Art: journals, pens, pencils, crayons, markers, craft kits, colouring books, art supplies

Games and toys: brainteaser puzzles, juggling balls, card games (e.g., Uno, Skipbo, Sushi Go), travel-sized board games, playing cards

Please label your unwrapped box with age range & gender and include a Christmas card.



Immaculata High School
140 Main St.
Proud Sponsors of
the Community
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If you would like to advertise in our bulletin, please call or email the office.



Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).