

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Sue-Anne Hess

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm

Lectio Divina and Meditation

Maureen Cerroni

Tuesdays, 8pm

Evening Prayer

Pierre LaViolette

Thursdays, 6:30pm

[Via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am

[Via Zoom](#)

31st Sunday in Ordinary Time

November 4/5, 2023



PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Maria Dinardo, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Fran Kubale, Martin Lalonde, Jeff Meulemans, Fr. Peter Monty, Carrie Plamann, Jeff Stadtmueller, Gerarda Staples, Michael Wink

MASS INTENTIONS

Wed., Nov. 8 Rita Denny by Margaret Denny; **Thurs., Nov. 9** Robert Remillard by Denise Remillard; **Sat., Nov. 11** George Colton by Maryalice Nugent; **Sat. Nov. 18** Fred Miller, Eileen Rady and deceased family members by Anne Marie Bazinet-Miller; **Tues., Nov. 21** Maurice Lapierre by Margaret Denny; **Thurs., Nov. 23** Carroll LaMoureux by Denise Remillard; **Fri., Nov. 24** Denis & Ewa Bennett by Yvonne Bennett; **Sat., Nov 25** Lorna & Dan Kelly by Connie Kelly

Mass intentions are available for weekday Masses and Saturday Mass for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Sat. Nov. 4: Pizza Supper after Mass

Sun., Nov. 5: Memorial Mass, 10am

Thurs., Nov. 9: Parish Pastoral Council, 7pm (parishioners may email [Cheryl](#) or [Sue-Anne](#) with any agenda items)

Mon., Nov. 13: Evening Dialogue on Israel, 6:30pm

Tues., Nov. 14: Liturgy Committee, 1:30pm

Fri., Nov. 17: Youth Group, 7pm

Sun., Nov. 19: Advent Fair after Mass

Sun., Nov. 26: Confirmation with Archbishop Prendergast, 10am

Please see more events on the Happenings page of our website:

canadianmartyrs.org/happenings/

Pastoral Council minutes: canadianmartyrs.org/pastoral-council-minutes/

Our Parish News

EVENING DIALOGUE

In light of the recent tragic events in the Holy Land, our parish would like to create a safe space for members of our parish community to learn about the many issues leading to this conflict, dispel any misconceptions we may have, and engage in meaningful and respectful dialogue. We have invited Dr. Mira Sucharov, Professor and Associate Chair of Political Science at Carleton University to lead a dialogue night on Monday, **November 13** at 6:30pm. Dr Sucharov's areas of research interest include Israel/Palestine relations, diaspora Jewish politics and international relations. She is also the recipient of the Carleton University Teaching Award, the Faculty of Public Affairs Award for Excellence in Teaching, and the OCUFA Teaching Award, the highest honour that a university educator can receive in Ontario. To register, please fill in the [Google Form linked here](#) or call the office.

RITE OF CHRISTIAN INITIATION OF ADULTS

As Pope Francis says "Todos, todos, todos!" EVERYONE is welcome! Join our RCIA team on **Sunday mornings at 9am** as a way to learn more about the Catholic faith, as a faith refresher for baptized Catholics, or as a pathway to baptism, confirmation and Eucharist.

PARISH PASTORAL COUNCIL - CALL FOR NOMINATIONS

As we move towards the end of the year (already!), PPC is putting out the call for nominations of new members. Parish Council supports the work of the Pastoral Team and, in consultation with parishioners, helps to shape the future directions of the parish. **Please consider who you think might be a suitable candidate and fill out one of the nomination forms that you will find on the Welcome Table in the church foyer.** Contact a member of the PPC or [the parish office](#) if you have any questions. Thanks! Sue-Anne

GIVE GENEROUSLY TO THE CAMPAIGN IN SUPPORT OF RECONCILIATION

Archbishop Marcel has invited each of us to participate in Ottawa-Cornwall's Fundraising Campaign in Support of Reconciliation: *A Christ-Centred Co-Journey Towards Healing*. Please use the special envelope found in the pew to make your donation. Big or small - every gift is appreciated, and every gift has value! If you would like to donate online: www.journeyforhealing.ca.

FREE NATIVE PLANT SEEDS

Seeds from the plants in our pollinator garden are available for **free** in the breezeway. These are not hybrids so they will come true. The seeds need to go through a winter, so they should be planted now. Sprinkle them on the ground and cover them lightly with soil.

CHRISTMAS BOXES

Please bring your filled, unwrapped shoe boxes for youth in our community to the church by **November 18/19** so that the Centretown Community Health Centre can deliver them to families in need by Christmas. For more info, see page 4 of the online bulletin or flyers at the back of the church.

ADVENT FAIR

We are hosting an Advent Fair for all the families of the parish on Sunday, **November 19** after Mass. In order to ensure the Advent Fair is a success, we are asking for the following to be brought into the church before November 19, please reach out to the office for more information:

Greenery clippings (cedar, spruce, pine)

Prayers (themes for prayers could include Advent, Mary, Care for Creation, Welcome the Stranger, etc.)

Pine cones and ribbons (all different colours)

Thank you for checking your craft cupboards or thinking of a prayer for our Advent Prayer book. We hope to see you there!

CAMPAIGN LIFE CHRISTMAS FRUITCAKES

Please order your Christmas cakes made by the Monks of Abbay Val Notre Dame by [clicking here](#) or by using the order form at the church and drop off payment to the office by Sunday, **November 26**. The parish is only taking orders for the 600gms cakes; one cake for \$25 or 2 for \$45. Please pay with cash or cheque. Make cheques payable to Canadian Martyrs Church and write Christmas cakes in the memo line. Cakes will be available for pickup at the church in early December. You can order other [products here](#) and pay for shipping to your home.

SUNDAY MISSALS

Sunday Missals for 2024 will be available for sale after Masses this weekend for \$5. Please have the correct change, if possible.

Diocesan and Community News

ST. JOSEPH'S PARISH BAZAAR

Something for everyone: baked goods, preserves, craft and gift sale on Sunday, **November 5** from 9am to 2pm at St. Joseph's Parish Hall, 151 Laurier Ave. E.

CONVERSATIONS FOR OUR TIMES

St. Basil's Parish is pleased to begin another series of "Conversations for Our Times" with Dr. Rosella Kinoshameg, speaking on how she walks two paths of being both Indigenous and Christian on Sunday, **November 5** at 2:30pm via Zoom. This is an opportunity for us to listen to one another's experience of faith as Pope Francis has urged. Register in advance for this meeting by [clicking here](#).

LET'S STAND FOR THE LAND

For Development and Peace, Caritas Canada's *Create Hope Stand for the Land* campaign, our partner ERIC-Radio Progreso has asked that we support the defenders of human rights and the environment in Honduras. Since 2015, the communities of Guapinol and the San Pedro sector have been fighting to preserve their rivers and the Carlos Escaleras National Park from mining. To find out more, visit devp.org/campaign. We want the government of Honduras to stop this illegal mining company and our signatures will be used to advocate for this cause. Stand in solidarity and sign the letter to the Honduran ambassador to Canada at devp.org/act or on the D&P table at the back of the church.

4TH RENEWED IN LITURGY TEACHING SERIES

Nov. 10: *Scripture and Eucharistic Liturgy* by His Excellency Yvan Mathieu, Auxiliary Bishop of Ottawa-Cornwall

Nov. 17: *Symbolism in the Eucharistic Celebration* followed by Teaching Mass: presented by Fr. Rob Arsenault, CC

Nov. 24: *Healing Power of the Eucharist* presented by Fr. Pierre Champoux

Venue: Holy Rosary Parish, 20 Grant St. from 7pm-9pm
For more details and registration:

www.renewedinliturgy.com or call Deacon Mathew, 613-355-6023

VOCATION REFLECTION

"Lay it to Heart"

by Serena Shaw, Oblate Associate, OMI Lacombe Canada Vocation Team

In 1 Thessalonians, I hear Paul very clearly speaking about community, "So deeply do we care for you that we are determined to share with you not only the Gospel of God but also our own selves." We cannot do any of this alone; we need each other. We are better people and better Christians when we are together. How can we be in community if all we are doing is using the rules to keep each other down? Paul thanks those in his letter for hearing the Word of God in what he has been sharing, not his own words. Imagine if we could listen to each other as if God were speaking to us; how intentional and loving would we be with our words? I know this is not exactly what Paul is getting at, but sometimes things have more than one meaning. If we lay it on our hearts, we may be able to hear something we have been missing.

Read the full [reflection here](#).

Events at Galilee Centre, Arnprior

November 7 & December 5: *Laudate Deum and Care for our Common Home*, hybrid evening events

November 18, 9am-4pm: *Navigating End of Life: Drawing Your Map*, interactive workshop

November 22, 6:30pm: *Canadians for a Synodal Church*, virtual event

November 30 - December 2: *With the Word in Silence*, Advent Lectio Divina retreat

Feb 2024 - Nov 2025: Two Year Program, *Growing in Wisdom: Seeking Deeper Generativity*, visit www.growinginwisdom.ca for more information.

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For info and cost of programs: www.galileecentre.com.



The chill is in the air telling us that it is time for Christmas preparation in our families and especially for those less fortunate than we are. This year, we are once again inviting families to make up a shoe box for a youth in need in Ottawa. Below we have provided a list of items that you can include in your box for youth, ages 10-16.

We ask you to label the box with the age and gender you have chosen, and then fill it with as many new items as you are able. You are welcome to come together with another family to complete the box, or fill it yourselves.

There is no time like the present ... we will need to collect the shoe boxes by **November 18/19** in order for the Centretown Community Health Centre to deliver them to families in need by Christmas. Please bring your filled shoe boxes to the parish, unwrapped, and we will make sure they get into grateful hands by Christmas.

Thank you in advance for helping us to spread the cheer this Christmas!!

Pick an age range and fill a box for a child in need:

10-12 years old, 12-14 years old, 14-16 years old
(male, female, or non-binary)

Please include: a toothbrush, toothpaste, soap, hand towel or washcloth, hairbrush or comb

Suggested additional items:

Clothing: t-shirts, socks, tuques, ball caps, hair accessories

Art: journals, pens, pencils, crayons, markers, craft kits, colouring books, art supplies

Games and toys: brainteaser puzzles, juggling balls, card games (e.g., Uno, Skipbo, Sushi Go), travel-sized board games, playing cards

Please label your unwrapped box with age range & gender and include a Christmas card.



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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).