

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Thurs., 6:30pm, **starting Jan. 10**

will move to Wed., 6:30pm.

[via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

RCIA

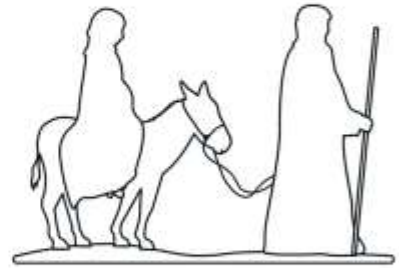
Parish RCIA Team

Sundays, 9am, Parish Centre

The Fourth Sunday of Advent

DECEMBER 23/24, 2023

"All this took place to fulfil what had been spoken by the Lord through the prophet: 'Look, the virgin shall conceive and bear a son, and they shall name him Emmanuel,' which means, 'God is with us.'" —Matthew 1:22-23



*Jesus, I want to be like Mary, your mother.
Her wonderful courage and strength inspire me to do the same.
She simply said 'Yes' and the impossible was done.*

Copyright: University's Online Ministries, One Prayer a Day for Advent.

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Lester Denel, Eileen De Rosayro, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Fran Kubale, Martin Lalonde, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Gerarda Staples,

MASS INTENTIONS

Sat., Dec. 23 Felix & Theresa Bazinet by Anne Marie Bazinet-Miller; Fr. Frank Kavanagh, OMI by Kavanagh family; **Sat., Jan. 6** Msgr. Peter Schonenbach by Dianne Borg; **Wed., Jan. 10** Deceased family members by Yvonne Bennett; **Fri., Jan. 12** Madeleine Remillard by Denise Remillard; **Sat., Jan. 13** Joan Beaton by Kelly & Tracey Beaton; **Tues., Jan. 16** Laura Egan by the Duggan family

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

Our Parish News

CHRISTMAS AND NEW YEAR'S MASSES

Saturday, December 23, 5pm: *4th Sunday of Advent*

Sunday, December 24, 10am: *4th Sunday of Advent*

Sunday, December 24, 5pm: *Christmas Eve*

Monday, December 25, 10am: *Christmas Day*

Monday, December 25, 11:30am: *Zoom Liturgy*

11:30am Masses cancelled from Dec. 26 - Dec. 29

Saturday, December 30, 5pm: *Holy Family*

Sunday, December 31, 10am: *Holy Family*

Sunday, December 31, 5pm: *Solemnity of Mary*

Monday, January 1, 10am: *Solemnity of Mary*

Monday, January 1, 11:30am: *Zoom Liturgy*

There will not be a bulletin published on Dec. 30/31.

HOLIDAY FOOD DRIVE

Please help us fill the shelves at the [Centretown Community Food Centre](#). Drop off a non-perishable food item in the church foyer when you attend Mass this Christmas season.

EVENING PRAYER

Starting the week of January 7-13, Evening Prayer will be moved to Wednesdays at 6:30pm. You can find the link for Evening Prayer in the bulletin email or in the left hand column on the front page of the bulletin.

FIRST COMMUNION PREPARATION

Registration is now open for First Communion and First Reconciliation preparation. To register, families can contact Adele at religioused@canadianmartyrs.org or [click here](#). The parent meeting will take place on Saturday, **January 13** at 3pm, in the parish centre. All subsequent preparation sessions will be on Saturdays at 3pm. Families will be able to choose at which Sunday Mass (after Easter) they would like their child to make their First Communion.

DONATION ENVELOPES

Boxes of donation envelopes for 2024 are available to be picked up on the Welcome Table in the church foyer. There are also sheets with the list of Special Collections for 2024, if you are interested.

SYNOD LUNCH AND LEARN

Many thanks to Cathy Clifford for presenting at our December Lunch and Learn on her experience at the Synod Assembly in October 2023 in Rome. If you missed

the Lunch and Learn and would like to watch Cathy's presentation, you can [find it here](#). You can also find more information on the [Synod website](#) including the [Letter to the People of God](#) from the 16th Ordinary General Assembly of the Synod of Bishops.

FESTIVE HOLIDAY CONCERT AND SING-A-LONG

Join us for Koncert Świąteczny presented by the Embassy of the Republic of Poland in Ottawa at Canadian Martyrs Church on Saturday, **December 30** at 7:30pm. Songs in Polish, English and French featuring Anne Garr and John Steele with accompanist, Tea Mamaladze and special guest, Anna Pietrzak, classical guitarist. Free will donation.

CHRISTMAS MESSAGE FROM THE ARCHBISHOP

In the year 2023, Christmas marks the eight hundredth anniversary of a very special event. In the small Italian village of Greccio, St. Francis of Assisi found a grotto, and on the night of December 24, 1223, he and the villagers created the first living nativity scene. Every year since then, the custom of installing a crib in our churches and chapels, in our streets, in our homes, in our squares, in our neighborhoods, has been perpetuated. For St. Francis and for us, this goes far beyond folklore. It's about making visible and living the fact that on this holiest of nights, the Son of God enters our world to bring forth the light of his Father. Read the [full message here](#).

EVENTS/MEETINGS

Sat., Jan. 6: Pizza night after Mass

Thurs., Jan. 11: Parish Council, 7pm

Fri., Jan. 19: Youth Group, 7pm

Sun., Jan. 21: Lunch and Learn, after Mass

Fri., Jan. 26: Liturgy Committee, 1:30pm

Please check out the Happenings page on our website:

canadianmartyrs.org/happenings/ and our weekly gatherings on page 1 of the bulletin.

Pastoral Council minutes: canadianmartyrs.org/pastoral-council-minutes/

NOVEMBER COLLECTION

Collection:	\$ 7,781.36
Direct Deposit (EFT):	\$ 7,220.00
Canada Helps:	\$ 2,060.83
Total:	\$ 17,062.19

Average monthly expenses: **\$ 20,995.35**

Diocesan and Community News

VOLUNTEERS NEEDED FOR CCFC

Are you looking for a rewarding volunteer experience? The Centretown Community Food Centre is looking for people to join their volunteer team. The Food Centre is open on Mondays, Tuesdays and Fridays. There are two volunteer roles:

Food Portioning and Shelf Stocking (9am to 11am)

- Portioning bulk items such as rice, sugar and oats
- Ensuring shelves are stocked prior to client service (must be able to lift 20lbs.)

Shopping Partner (11:45am to 3pm)

- Accompanying food centre visitors as they make their food selections
- Ensuring that visitors respect quantity guidelines based on household size

If you are interested in volunteering in either of these positions, please email manager@ccfcottawa.ca. Include any experience you have in this kind of work or what draws you to volunteering at a food bank. The ability to communicate in a language other than English or French would be an asset for the shopping partner role.

AN UPDATE FROM GALILEE CENTRE

Advent is a time of waiting, and we have been so grateful for all those in the Galilee community who have been waiting with us in hope for more information about the future of Galilee Centre.

We are now able to share that the Galilee Board of Directors is exploring options to keep Galilee Centre open in the long term. To allow time for these explorations and to make best use of our resources, we will be taking an operational pause from January 2, 2024 to March 31, 2024. Galilee will resume all our programs, events, and hosted groups as of April 1, 2024. We are committed to full operations until October 31, 2024, looking toward

continuing into the long term.

We will continue to share updates as they become available.

With thanks from David B. Perrin, President, Galilee Centre Board of Directors and Megan Postin, Executive Director

SALT AND LIGHT TV AT CHRISTMAS

- On Saturday, **December 23** at 8pm, enjoy a choral concert for the Christmas season from the National Shrine of the Immaculate Conception in Washington, D.C.

- On Monday, **December 25** at noon, tune in for the Pope's Christmas message and Urbi and Orbi blessing

- On Sunday, **December 31** at noon, watch First Vespers and the Te Deum for the Solemnity of Mary.

You can watch Salt and Light TV on their [website](#) or through your [TV provider](#).

HALLMARK MOMENTS

Did you know there are lots of Christmas movies filmed in Ottawa? There were 15 filmed in Ottawa in 2022 alone. [Here are itineraries](#) based on the filming locations you can use to guide an adventure and watch the movies at home. From cute neighbourhoods to scenic backdrops, you'll be able to have your own special Hallmark moments.

CHRISTMAS LIGHTS ACROSS CANADA

Christmas Lights Across Canada illuminates dark winter nights with thousands of Christmas lights in Ottawa's downtown core. Explore this [guide of the best places](#) to see the lights and details on the free multimedia show and photobooth on Parliament Hill

Events at Galilee Centre, Arnprior

Feb 2024 - Nov 2025: Two-Year Program, *Growing in Wisdom: Seeking Deeper Generativity*, visit www.growinginwisdom.ca for more information.

Friday, March 8 – Sunday, March 10: *Meeting the Mystic Within: Living the Presence of God in Every Day Life*, Facilitator: David Perrin, Ph.D.

Our Synodal Journey: [Click here](#) to access all four synodal discussion panel recordings.

Galilee will be taking an operational pause from January 2, 2024 to March 31, 2024. Galilee will resume all their programs, events, and hosted groups as of April 1, 2024.

To register for events at Galilee Centre, 398 John Street, North, Arnprior ON, call 613-623-4242, ext. 21 or email info@galileecentre.com. For info and cost of programs: www.galileecentre.com.

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If you would like to advertise in our bulletin, please call or email the office.

Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).