

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

3rd Sunday in Ordinary Time January 20/21, 2024



Photo by Heather F. Duggan

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Fran Kubale, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Br. Len Rego, Gerarda Staples, Michael Wink

MASS INTENTIONS

Sat., Jan. 20 Dan Kelly by Connie Kelly; **Tues., Jan. 23** Mario Martino by Lidia & Maria **Thurs., Jan. 25** Rollie Goulet by Margaret Denneny; **Fri., Jan. 26** Jozef Nowosielski by Richard & Susanne Shaftoe; **Sat., Jan. 27** Catherine Allen by Robert & Brian Allen; **Thurs., Feb. 1** Margaret & Norm Hippert by their family

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Fri., Jan. 19: Youth Group, 7pm

Sun., Jan. 21: Lunch and Learn, after Mass

Tues., Jan. 23: *Laudato Si'* Planning Meeting, 7pm

Fri., Jan. 26: Liturgy Committee, 1:30pm

Wed., Jan. 31 Truth and Reconciliation Committee, 7pm on Zoom

Thurs., Feb. 1 Special Parish Council meeting: "What is the role of Parish Council?", 7pm

Please check out the Happenings page on our website: canadianmartyrs.org/happenings/

Our Parish News

JANUARY FOOD DRIVE

Please help us fill the shelves at the [Centretown Community Food Centre](#). The Food Centre is also in need of clean cloth grocery bags. Drop off non-perishable food items in the church foyer when you attend Mass.

FROM THE OFFICE

We still have copies of the 2024 Sunday Missal available for \$5 each.

If you haven't already, please don't forget to pick up your box of donation envelopes for 2024 from the Welcome Table in the church foyer.

YOUTH GROUP

The first Youth Group meeting for 2024 will be on Friday, **January 19** at 7pm in the parish centre, where we will be discussing Care for Creation and integrated ecology.

Youth Group is a wonderful opportunity to meet with other young people who are living their faith, seeking ways to grow closer to God, and working to make this plane of existence look a little bit more like heaven. We can help to bring about God's kingdom through daily action, in so many little ways! Join us!

LUNCH AND LEARN, JANUARY 21

Canadians are concerned about climate change; 2023 was officially declared the hottest year on record, and 6,669 fires destroyed 18.5 million hectares – an area larger than the State of Florida! Pope Francis has spoken on these concerns in his encyclical *Laudato Si'* in 2015 and once again last October in *Laudate Deum*. Joe Gunn of Le Centre Oblat at St. Paul University will lead a Lunch and Learn discussion on faithful responses to the climate emergency after the 10am Mass on **January 21**. For more info, contact Adele: religioused@canadianmartyrs.org.

LAUDATO SI' PLANNING MEETING

Following in the Holy See's Encyclical Letter (*Laudato Si'* 2015), our parish needs to formulate a 7-year plan for the Care of Creation. This will not fall to any one person or any one ministry, but to the Parish as a whole. You are welcome to join us on Tuesday, **January 23** at 7pm in the Parish Centre, to discuss plans to make this a reality in the near future. Come and share your perspective and your wisdom as we move forward on this critical mission. You are welcome to review the document ([found here](#)), written by John Dorner and his colleagues, that summarizes our task at hand.

CENTRE 507 DONATIONS

Centre 507 is in need of sturdy men's shoes and boots for their clients. They also appreciate donations of toiletries and socks/underwear for men. Donations can be brought to the church and we will deliver them to Centre 507. Thank you for your continued generosity.

PARISH PASTORAL COUNCIL

The minutes from the Parish Pastoral Council (PPC) meetings are available on the Welcome Table and also on our website, <https://canadianmartyrs.org/pastoral-council-minutes/>. Parishioners are always welcome at PPC meetings with ideas, concerns or just to listen. The next meeting is on **February 1** at 7pm with the special discussion topic of "What is the role of Parish Pastoral Council?".

WELCOME TABLE

The Welcome Table in the church foyer is often mentioned in the bulletin as a place that you can find volunteer information, donation envelopes and forms, and other seasonal information. Check it out!



DECEMBER COLLECTION

Collection:	\$ 18,364.58
Direct Deposit (EFT):	\$ 7,430.00
Canada Helps:	\$ 4,431.35
Total:	\$ 30,225.93
Average monthly expenses:	\$ 21,510.64

Diocesan and Community News

WEEK OF PRAYER FOR CHRISTIAN UNITY

[The Week of Prayer for Christian Unity](#) [WPCU] is an annual global ecumenical celebration (traditionally held **January 18-25** in the northern hemisphere). Christians around the world are invited to pray for the unity of all the baptized; to reflect together on Scripture; to participate in jointly-organized worship services; and to share in acts of outreach and fellowship. The theme for 2024 is drawn from Luke 10:27: “You shall love the Lord your God... and your neighbour as yourself.”

HOLOCAUST REMEMBRANCE DAY

Join a special commemoration of International Holocaust Remembrance Day at the Jewish Community Centre, Social Hall A (with stage), 21 Nadolny Sachs Private, on **January 22**, 7-9pm. The evening will begin with songs of the Holocaust. The keynote speaker, Dr. Jan Grabowski, renowned historian, author and distinguished professor at the University of Ottawa, will speak on the subject of [Holocaust Distortion and Denial in the Contemporary World](#) followed by Q&A. Cost: \$20 For more info: Sue Potechin at spotechin@jccottawa.com or 613-798-9818 ext. 254. To register, [click here](#).

BELL LET'S TALK DAY

[Bell Let's Talk Day](#) is just around the corner! This event, is about banding together to support one another and end mental health stigma – a mission that is at the heart of [Stigma-Free Society](#) who invites you to participate on **January 24**, and join them in starting conversations around mental health. Whether it's checking in on a friend, sharing your story on social media with the hashtag #BellLetsTalk, or learning about mental wellness, taking action can contribute to a happier and healthier community. Educators, parents/guardians and caregivers: if you are looking for activities to keep youth engaged on Bell Let's Talk Day, check out the [Student Mental Health Toolkit](#) for easy-to-use, no-cost resources and ideas.

COFFEE HOUSES FOR SUSTAINABILITY!

This series launches on **January 27** at the Glebe Community Centre. Connect with like-minded individuals and learn from the knowledge and experiences of neighbours who have made environmentally sustainable choices in their lifestyles. This event is free and open to all. Bring a cup! Bring your friends and neighbours and help spread the word!

The first event on Homes and Energy will be held on Saturday, **January 27** from 9:30-11:30am at the Glebe

Community Centre at 175 Third Avenue. To register, [click here](#).

The series will run on the following dates:

Homes and Energy (**Jan 27**)

Reducing your Carbon Footprint (**Feb 24**)

Greenspace and Water (**March 24**)

Transportation (**April 27**)

Zero-Waste Living (**May 5**)

Climate Risk: Basement Flooding (**June 8**)

OBLATE RETREAT HOUSES VIRTUAL PROGRAMS

If you are seeking a program opportunity while awaiting Galilee's reopening, check out these programs available by Zoom from Queen's House and Star of the North Retreat Centres.

January 19 - 21 - Following Jesus in the Ruins of Empire ([Star of the North](#)). [Click here for program and registration information](#).

February 2 - Soul Listening: A Day of Learning and Renewal ([Queen's House](#)). [Click here for the brochure and registration information](#).

February 15 - Reconciliation Through Justice ([Star of the North](#)). [Click here for program and registration information](#).

February 21 - March 20 (5 Wednesdays) - The Way of Jesus and How He Empowers People to Follow It ([Queen's House](#)) [Click here for the brochure and registration information](#).

COMMUNITY WINTER PENTATHLON

Happiness Habits 613 and the Heart Institute are kicking off February with a super family-friendly FREE pentathlon at Lansdowne Park. The pentathlon will include five events: snowshoeing, tobogganing, winter bowling, running/walking and a winter workout. This is for people of all ages and all abilities. The pentathlon will be held on Saturday, **February 3** from 11am to 1pm. You can [register for it here](#).



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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).