

# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

*Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.*

## Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

## Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

## Pastor

Fr. Tim Coonen, OMI

## Administrative Assistant

Heather Duggan

## Pastoral Associate

Sr. Matilda Owolagba

## Director of Religious Ed.

Adele Casuga Lalonde

## Pastoral Council

Peter Brimacombe, interim  
Meetings: 1st Thurs., 7pm

## Finance Committee

Joseph Duggan

## Development and Peace

Anna Dorner

## Weekly Gatherings

### Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

### Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

### Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

### Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

### RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

## 4th Sunday in Ordinary Time January 27/28, 2024



Photo by Heather F. Duggan

**PLEASE PRAY FOR OUR SICK:** Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Fran Kubale, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Br. Len Rego, Gerarda Staples, Michael Wink

## MASS INTENTIONS

**Sat., Jan. 27** Catherine Allen by Robert & Brian Allen; **Thurs., Feb. 1** Margaret & Norm Hippert by their family; **Thurs., Feb. 15** Pat & Fern Denny by Margaret Denny; **Tues., Feb. 20** Pauline Cesselen by Margaret Denny; **Thurs., Feb. 22** Bertha DiBartolo by Margaret Denny; **Fri., Feb. 23** Jozef Nowosielski by Richard & Susanne Shaftoe

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

## EVENTS/MEETINGS

**Wed., Jan. 31** Truth and Reconciliation Committee, 7pm on Zoom

**Thurs., Feb. 1** Special Parish Council meeting: "What is the role of Parish Council?", 7pm

**Sat., Feb. 3** Pizza night after 5pm Mass

**Wed., Feb. 14** Ash Wednesday Masses, 11:30am and 7pm

**Sun., Feb. 18** Lenten Fair, after Mass

**Sun., Feb. 25** Lunch and Learn, after Mass

Please check out the Happenings page on our website: [canadianmartyrs.org/happenings/](http://canadianmartyrs.org/happenings/)

# Our Parish News

## JANUARY FOOD DRIVE

Please help us fill the shelves at the [Centretown Community Food Centre](#). The Food Centre is also in need of clean cloth grocery bags. Drop off non-perishable food items in the church foyer when you attend Mass. Many thanks to everyone who has already donated. We already delivered a trunk-full of food items to the Food Centre!

## CENTRE 507 DONATIONS

Centre 507 is in need of sturdy men's shoes and boots for their clients. They also appreciate donations of toiletries and socks/underwear for men. Donations can be brought to the church and we will deliver them to Centre 507. Thank you for your continued generosity.

## 507 SANDWICH CLUB

Please sign up to help make sandwiches for Centre 507 on Thursday afternoons (1:30pm) or evenings (7pm) at the parish centre. The sign up sheets for February and March are now [available here](#). You can also indicate that you will pick up your sandwich ingredients on Thursday at the parish centre, make your sandwiches at home and then deliver them to the parish centre by 9:30am on Friday morning. The first week of every month is "make at home" week with ingredients being dropped off and sandwiches being picked up at your home.

## LENTEN FAIR

The Lenten Fair will be Sunday, **February 18** following the 10:00am Mass. Families are invited to come and check out the crafts that are designed to help us to prepare our hearts for Lent and Easter. We are asking for volunteers to bring snacks and to help with the craft tables. Please call or [email](#) the office if you can help.

## FEBRUARY LUNCH AND LEARN

Jesuit Refugee Service Canada will be facilitating a simulation exercise called "A Journey into Exile" for our Lunch and Learn on Sunday, **February 25** after Mass. This exercise raises awareness about the reality of refugees around the world seeking safety, security, and a better life. Each participant of "A Journey into Exile" is given a refugee character and a short biography based on real refugee stories. Throughout the exercise, participants make decisions similar to those that all refugees worldwide have to make. While making these decisions, the participants listen to real refugee testimonies and learn about their complex stories of hardship, resilience, and hope. In this activity, despite our time constraints, we

refrain from simplifying refugee experiences and open a safe space for encounters with refugees through their stories. To aide us with seating and refreshments, please register by [clicking here](#).

Questions? Contact us at (613) 232-5347 or [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org)

## CARE FOR CREATION

Thank you to Joe Gunn of Le Centre Oblat for leading a compelling session on faithful responses to the climate emergency. We are more determined than ever to promote sustainable lifestyles, advocate for change within the Catholic Church and at the federal and global level. To read and sign the Oblate *Laudate Deum* Action Pledge, please visit <https://canadianmartyrs.org/happenings/>. There are also copies on the *Laudato Si'* table in the church foyer. You can read and reflect on *Laudato Si'* and *Laudate Deum*. Both of these documents get their titles from part of a quotation from St. Francis of Assisi's "[Canticle of the Creatures](#)" in which the saint praises God by meditating on the goodness of sun, wind, Earth, water, and other natural forces.

## LITTLE LENDING LIBRARY

New books have been added to our Little Lending Library and the Truth and Reconciliation table in the church foyer. Pick up something to read by the fire!

## STAND FOR THE LAND PETITION

There is still time to sign Development and Peace's Stand for the Land petition to call on the Government of Honduras to act to protect the constitutional rights to life and dignity of Honduran land and environmental defenders. Copies of the petition are on the D&P table at the back of the church and also in the breezeway. You can also [sign the petition here](#).

## DECEMBER COLLECTION

Collection:	\$ 18,364.58
Direct Deposit (EFT):	\$ 7,430.00
Canada Helps:	\$ 4,431.35
<b>Total:</b>	<b>\$ 30,225.93</b>
Average monthly expenses:	<b>\$ 21,510.64</b>

# Diocesan and Community News

## **NURTURING SYNODALITY**

Concerned Lay Catholics invites you to join in conversations about some aspect of synodality and its implications for our life in the church. On the first Sunday of each month, a different resource person or panel will present and then all will have an opportunity to share in the spirit of synodality.

The next conversation will be on **February 4** with Fr. Bill Burke on *Why We Need a Synod in Canada*. For details about the topics and resource people and to register visit <https://concernedlaycatholics.ca/>.

## **PIBÒN FESTIVAL, WINTERLUDE EDITION**

This February, Mādahòki Farm, as an official Winterlude partner, will be presenting a wide range of programming during Winterlude, **February 2-19**. They invite everyone to reconnect with the land while learning about Indigenous traditions. [Pibòn \(Winter\) Festival, Winterlude Edition](#) promises authentic Indigenous experiences, family fun for young and old offered daily.

## **THE SPIRIT HORSE RETURNS**

Travel through time on Sunday, **February 11** at 3pm with an Indigenous knowledge keeper and the NAC Orchestra to meet the magnificent “small horses of the deep woods,” who were helpers and spirit guides to Anishinaabe and Métis peoples. The Spirit Horse Returns combines an all-new orchestral score, delightful songs, traditional teachings, and stunning visual art. It provides young audiences with inspiring and age-appropriate explorations of truth and reconciliation. For more information and tickets, [click here](#).

## **COLDEST NIGHT OF THE YEAR**

The Coldest Night of the Year (CNOY) is a “winterrific” family-friendly walk in support of local charities, like The Ottawa Mission, serving people experiencing hurt, hunger, and homelessness. During these cold winter months, CNOY is a way for us to show our support for those who need it the most in our city. Join the walk on **February 24**, team up, fundraise, walk, and take a moment to look closer...because it’s cold out there. [Learn more and get involved!](#)

## **WATER DROPLET**

The *Laudato Si’* Water Action Group wishes everyone a Happy New Year! As we look to engage more in Care for Creation, the Water Action Group encourages parishioners to take a moment to learn more about water: local watersheds, national and world water issues. One way, for instance, is to check out and discuss the TVO docuseries which focus on water such as [The Water Brothers](#) and [The River](#).



## **SYNODAL SHARING -“The Church of God is convoked in synod.”**

The entire Church continues its “first ever” worldwide convocation “in synod.” This convocation continues through October 2024. Pope Francis reminds us that “the synod is about synodality” – that is, the common journey of the disciples of Christ through life here to life eternal. The two great hallmarks of synodality are “attentive *listening*” and “honest *speaking*” to each other.

We know what it is to listen carefully and to speak candidly. We do this all the time in our close relationships, our families, our friendships. It’s just the way we are – it’s how we live!

Through this worldwide synodal process, Pope Francis is inviting us to a greater openness and a deeper commitment to listening and speaking to each other – precisely because we are faith-filled persons who share the common Christian vocation: to bring the Good News everywhere – always, by example and, now and then, by words.

During the remainder of the Synod on Synodality, our parish will continue to reflect on the “art of synodal living” as the Church. We look forward to events, formation opportunities, regular bulletin reflections, and more.



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**Find us on Facebook and Instagram:**

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



**PARISH REGISTRATION:** The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

**DONATIONS:** Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

**PASTORAL CARE OF THE SICK:** Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

**BAPTISM PREPARATION:** Please contact the office to schedule a baptism.

**MARRIAGE PREPARATION:** Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PARISH PASTORAL COUNCIL MINUTES:** The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

**FOOD DONATIONS:** Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

**507 SANDWICH CLUB:** If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).