

# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

*Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.*

## Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

## Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

## Pastor

Fr. Tim Coonen, OMI

## Administrative Assistant

Heather Duggan

## Pastoral Associate

Sr. Matilda Owolagba

## Director of Religious Ed.

Adele Casuga Lalonde

## Pastoral Council

Peter Brimacombe, interim

Meetings: 1st Thurs., 7pm

## Finance Committee

Joseph Duggan

## Development and Peace

Anna Dorner

## Weekly Gatherings

### Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

### Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

### Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

### Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

### RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

March 2/3, 2024

## THIRD SUNDAY OF LENT

Loving Father,

So many times I turn away from you  
and always you welcome me back.  
Your mercy and love gives me confidence.  
Thank you for the invitation to share,  
fast and pray  
so that you can form a new heart  
within me.

How am I open to God's invitations to  
understand his ways more deeply?

[onlineministries.creighton.edu](http://onlineministries.creighton.edu)

[canadianmartyrs.org](http://canadianmartyrs.org)

**PLEASE PRAY FOR OUR SICK:** Carol Bazinet, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Br. Len Rego, Gerarda Staples, Corry Wink

## MASS INTENTIONS

**Wed., Mar. 6** Cammara family by Lidia Cotroneo; **Thurs., Mar. 7** Alene Marks by Shirley Lavoie; **Fri., Mar. 8** Julian & Sandra Bennett and family by Yvonne Bennett; **Sat., Mar. 9** Jim Chambers by his family; **Tues., Mar. 12** Jack Lavoie by Shirley Lavoie; **Tues., Mar. 19** Pat & Fern Denny by Margaret Denny  
Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

## EVENTS/MEETINGS

**Sat., Mar. 2** Pizza Night after Mass  
**Fri., Mar. 8** Youth Group, 7pm  
**Sat., Mar. 9** Choir Workshop, 2-4pm  
**Mar. 11-14** Inter-parish Lenten Mission 2024, all sessions start at 7pm  
**Sun., Mar. 17** Solidarity Sunday, Lunch and Learn after Mass  
**Tues., Mar. 19** Stations of the Cross, 7pm  
**Fri., Mar. 22** World Water Day Conversation, 7pm via Zoom

# Our Parish News

## LENTEN FOOD DRIVE

Our target is to collect **500 food or hygiene items for Lent** to be given to the Centretown Community Food Centre for people in need in our community. Bring one can of food or 20 cans! Boxes are in the church foyer. These items are always needed: peanut butter (500ml or less), **canned** tuna, salmon, meat, stews, vegetables, and soups, **canned** beans, including baked beans, kidney beans, black beans, cereals, pasta and pasta sauce (**in cans, no glass jars, please!**), Kraft dinner, toothpaste and toothbrushes, and toilet paper.

## CHOIR WORKSHOP

Interested in joining the choir? Join a choir workshop with Sonya Sweeney, our pianist for Saturday Masses, on Saturday, **March 9** from 2-4pm. The choir will be going over warm-up fundamentals, learning some new hymns for Lent and Easter, and a new Gloria for Easter time.

## “ENCOUNTERING THE LORD” PARISH MISSION

Join an inter-parish Lenten Mission with Fr. Bill Burke *Let Hospitality be Your Greatest Care*, Monday, **March 11**, 7:00pm, St. Basil's Parish, 940 Rex Ave  
*The Prophets in our Midst*, Tuesday, **March 12**, 7:00pm Canadian Martyrs Parish, 100 Main St.  
*Reconciliation: Our Notion is Too Small*, Wednesday, **March 13**, 7:00pm, St. Joseph's Parish, 174 Wilbrod St.  
*Hope: God is Making All Things New*, Thursday, **March 14**, 7:00pm, St. Ignatius the Martyr Parish, 518 Donald St.  
**Carpooling: if you need a ride or can offer a ride to the other evenings, please [email](#) or call the office.**

## LUNCH AND LEARN, MARCH 17

For Canadian Martyr's Lunch and Learn on Sunday, **March 17** at 11:30am, Kiegan Irish, the Animator for Development & Peace - Caritas Canada (DPCC) for Eastern and Northern Ontario, as well as Marina Bonin, the DPCC Youth Ambassador for Ontario will join us. They will share with us a little bit about the Share Lent campaign and how our work helps to create hope for the communities we support in the Global South.

## STATIONS OF THE CROSS

Reflecting and praying the Stations of the Cross is a popular devotion practiced in the church, especially during the Lenten season. The Stations of the Cross will be presented by the youth of the parish on Tuesday, **March 19** at 7pm. This Lent, we will be using the Ecological Way of the Cross from the *Laudato Si'*

Movement Prayer Book. The Youth Group will meet on Friday, **March 8** at 7pm to rehearse.

## LUNCH AND LEARN SPEAKERS

The Faith Formation Committee is looking for speakers for our Lunch and Learn events in 2024. Several topics have been suggested: sustainable investment portfolios and divesting from fossil fuels, yoga from a Catholic perspective, learning about other faiths, and Christian meditation. If you can speak on any of these topics or know someone who can, or can suggest other topics of interest, please contact the office.

## LENTEN RESEARCH WITH FR. ERIK

Fr. Erik Sorensen, SJ, a Ph.D. student at St. Paul University, is conducting a research project that is studying the relationship between the parish's Lenten liturgies and broader social issues. Fr. Erik is looking to speak with parishioners who have attended or are planning on attending some of the parish's Lenten liturgies and would be interested in participating in an individual interview or in group sharing sessions. If you are interested in participating or if you would like more information, please contact Fr. Erik, by email [esore005@uottawa.ca](mailto:esore005@uottawa.ca) or by phone (343) 463-1532.

## LAUDATO SI' WATER DROPLET

The Laudato Si' Water Action Group invites you to an evening Zoom conversation on World Water Day, Friday, **March 22** from 7 - 8:30pm. Essential for all life on Earth, water also appears in all human histories and mythologies. In Canada, Western thought and practical approaches to water mingle with Indigenous spirituality and practices. Explore a shared vision of water, including ways to prevent conflicts and manage water for peace with our guides, Dr. Christine Jamieson, an Indigenous professor of ethics and Indigenous spirituality at Concordia, and Dr. Tom McAuley, a retired water resources engineer with subsequent studies in theology and philosophy, who worked with Indigenous stakeholders while on the International Joint Commission. [Click here](#) to join.

## JANUARY COLLECTION

Collection:	\$ 11,359.25
Direct Deposit (EFT):	\$ 7,115.00
Canada Helps:	\$ 3,440.98
<b>Total:</b>	<b>\$ 21,915.23</b>

Average monthly expenses: **\$ 23,430.76**

# Diocesan and Community News

## DEVELOPMENT AND PEACE: DENOUNCING OIL POLLUTION IN NIGERIA

Nigeria is Africa's largest economy and biggest oil producer. Despite oil exports worth billions of dollars, millions of Nigerians remain in poverty and face food insecurity. In the south, pollution and contamination by the oil industry are causing great hardship. Development and Peace-Caritas Canada's partner, Health of Mother Earth Foundation (HOMEF), defends farmers' rights and helps protect their lands. To learn more about the work of HOMEF, read [our mini-magazine](#) and watch the video at [devp.org/lent](http://devp.org/lent).

This Solidarity Sunday (**March 17**), Development and Peace-Caritas Canada's Reaping our Rights campaign invites you to give generously and thanks you warmly for your generosity. Thank you for your solidarity!

## TRIUMPH OF THE SPIRIT

This Ottawa Choral Society concert on Tuesday, **March 5** at 7:30pm at the Carleton Dominion-Chalmers Centre, 355 Cooper St., opens with Leonard Bernstein's Chichester Psalms, an ode to joyful music entwined with contemplative imagery of devotion and reliance on a Creator and the pleasantness of shared community. A group of shorter works drawn from the Jewish tradition leads to the powerful Triumph of the Spirit by Canada's Srul Irving Glick. The overarching theme is an uplifting message of hope and thanksgiving for the life we are given. For tickets and more info, [click here](#).

## PRAYERS AND SONGS FOR PEACE

All are invited to join an ecumenical gathering of Christian songs and prayers for all the people affected by this war in Gaza on Wednesday, **March 6**, 7:30pm at Knox Presbyterian Church, 120 Lisgar Street. Free street parking is available as well as space in the City Hall underground parkade next door for \$2.

## AN EVENING OF BEAUTIFUL MUSIC

Join the Archdiocese of Ottawa-Cornwall for an unforgettable evening of music and community support as they welcome [Deantha Edmunds](#), recent Order of Canada recipient who has performed for both Pope Francis and King Charles. The concert on **April 19** at 7:30pm will be held at the beautiful Notre Dame Cathedral Basilica, 385 Sussex. The proceeds of the concert are to benefit the [Indigenous Reconciliation Fund](#). Tickets can be purchased online at [IRFconcert.eventbrite.com](http://IRFconcert.eventbrite.com) or by contacting 613-933-1138, ext. 22. Tickets are \$50, \$35\* and \$25. Purchase today to benefit from \*early bird pricing. Your attendance at this concert helps support reconciliation efforts, fostering understanding, and unity.

## INDIGENOUS VOICES BOOK STUDY

Are you interested in learning more about Indigenous Truth and Reconciliation? Consider joining this [online book study](#). Each month participants read the suggested book and then join an online discussion on the first Monday of the month (the next one is on Tuesday, **April 2** because of Easter Monday), from 7 to 8:30pm. This group is supported by Concerned Lay Catholics and the facilitator is Donna McGreal who has a degree in English, Cultural Studies, and Indigenous Studies from McMaster. To register, email [concernedlaycatholics@gmail.com](mailto:concernedlaycatholics@gmail.com).

## SYNODAL SHARING: "The Church of God is convoked in synod."

"We recall that the purpose of the Synod is not to produce documents, but to plant dreams, draw forth prophecies and visions, allow hope to flourish, inspire trust, bind up wounds, weave together relationships, awaken a dawn of hope, learn from one another and create a bright resourcefulness that will enlighten minds, warm hearts, give strength to our hands."

- Pope Francis, 2018

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



**PARISH REGISTRATION:** The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

**DONATIONS:** Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

**PASTORAL CARE OF THE SICK:** Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

**BAPTISM PREPARATION:** Please contact the office to schedule a baptism.

**MARRIAGE PREPARATION:** Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PARISH PASTORAL COUNCIL MINUTES:** The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

**FOOD DONATIONS:** Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

**507 SANDWICH CLUB:** If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).