

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

March 16/17, 2024

FIFTH SUNDAY OF LENT

Father,
help me to be inspired by Jesus' love
and guided by his example.
Support me in this journey.
Show me how to unlock my heart
so that I am less selfish.
Let me be less fearful of the pain
and darkness that will be transformed
by you into Easter joy.

How do I continue to try to choose Lent,
to act Lent, in concrete ways?

onlineministries.creighton.edu

canadianmartyrs.org

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe, interim

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Br. Len Rego, Gerarda Staples, Richard Wink

MASS INTENTIONS

Sat., Mar. 16 Gregory Chauvin by Frank Chauvin & Michael Cassidy; **Tues., Mar. 19** Pat & Fern Denneny by Margaret Denneny; **Thurs., Mar. 21** Ewa & Denis Bennett by Yvonne Bennett; **Fri., Mar. 22** Jozef Nowosielski by Richard & Susanne Shaftoe; **Wed., Mar. 27** Unwell friends by Yvonne Bennett

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Sun., Mar. 17 Solidarity Sunday, Lunch and Learn after Mass

Tues., Mar. 19 Stations of the Cross, 7pm

Fri., Mar. 22 World Water Day Conversation, 7pm via Zoom

Thurs., Apr. 4 Pastoral Council Meeting, 7pm

Sat., Apr. 6 Pizza Night after Mass, 6pm

Our Parish News

Holy Week Schedule

Thurs., March 28	Holy Thursday	7:00 pm
Fri., March 29	Good Friday	3:00 pm
Sat., March 30	Easter Vigil	8:00 pm
Sun., March 31	Easter Sunday	10:00 am
	Liturgy via Zoom	11:30am

There will be a reception in the parish centre after the Easter Vigil. All are welcome.

If you can provide a sweet or savoury food item, please email the office.

LENTEN FOOD DRIVE

Our target is to collect 500 food or hygiene items for Lent (we have collected 442 items so far!) to be given to the Centretown Community Food Centre for people in need in our community. Bring one food item or 20! Boxes are in the church foyer.

LUNCH AND LEARN, MARCH 17

For our Lunch and Learn on Sunday, **March 17** at 11:30am, Kiegan Irish, the Animator for Development & Peace - Caritas Canada (DPCC) for Eastern and Northern Ontario, and Marina Bonin, the DPCC Youth Ambassador for Ontario will share with us a little bit about the Share Lent campaign and how our work helps to create hope for the communities we support in the Global South. Our own parishioner, Joe Korka Waadah, will also speak of his personal encounter with the oil industry in Nigeria. People of all ages concerned about social justice are encouraged to attend. You can also join on Zoom using the link for the Sunday Liturgy of the Word found in the bulletin email and on the front page of the bulletin.

STATIONS OF THE CROSS

Reflecting and praying the Stations of the Cross is a popular devotion practiced in the church, especially during the Lenten season. The Stations of the Cross will be presented by the youth of the parish on Tuesday, **March 19** at 7pm. This Lent, we will be using the Ecological Way of the Cross from the *Laudato Si'* Movement Prayer Book.

LENTEN RESEARCH WITH FR. ERIK

Fr. Erik Sorensen, SJ, a Ph.D. student at St. Paul University, is conducting a research project that is studying the relationship between the parish's Lenten

liturgies and broader social issues. Fr. Erik is looking to speak with parishioners who have attended or are planning on attending some of the parish's Lenten liturgies and would be interested in participating in an individual interview or in group sharing sessions. If you are interested in participating or if you would like more information, please contact Fr. Erik, by email esore005@uottawa.ca or by phone (343) 463-1532.

REFUGEE SETTLEMENT COMMITTEE

We have an opportunity to sponsor a small refugee family from Yemen (a couple and their three year old son). To do so, we will need a few more volunteers. If you are interested in finding out more about what is involved, please contact the [office](#), or Christine Andress at christine.andress@gmail.com.

SPECIAL HOSPITALITY TEAM

The Pastoral Team would like to have a group of parishioners who are willing to help with receptions after special events such as the Feast of Canadian Martyrs and the Easter Vigil. Do you enjoy baking? Can you donate a cheese or veggie platter? Can you help with set up or clean up? Please call or [email](#) the office if you can offer to help out occasionally. Thank you!

ALTAR SERVER/PRESIDER'S ASSISTANT

We are planning an altar server/presider's assistant training session this spring. Children who have received their first communion can become altar servers. We also invite adults to be presider's assistants. If you are interested in attending the training session, please [email](#) or call the office.

LITURGY OF THE HOURS FOR THE TRIDUUM

You are invited to join the celebration of a few of the hours of the Divine Office (a.k.a. Liturgy of the Hours or Breviary) during the Triduum. This initiative, along with a weekly celebration of Evening Prayer during the rest of the year, began over three decades ago at Holy Cross Parish. It migrated to St. Margaret Mary Parish and now is continued here at Holy Canadian Martyrs Parish. With the pandemic, the weekly Evening Prayer and the Liturgy of the Hours during the Triduum were moved online, where they presently still find a home. You can find the schedule for the Liturgy of the Hours during the Triduum on [our website](#) or in the bulletin email.

Diocesan and Community News

DEVELOPMENT AND PEACE:

THIS LENT, PLEASE GIVE GENEROUSLY

This Solidarity Sunday (**March 16/17**), Development and Peace-Caritas Canada's *Reaping our Rights* campaign invites you to give generously. Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world. Help communities in the Global South by giving to your Share Lent parish collection or at devp.org/give. Thank you for your solidarity!

"Development and Peace-Caritas Canada accompanies, supports and respects our institutional autonomy. It creates a climate of trust. I thank our sisters and brothers in Canada for their solidarity, a solidarity that generates life opportunities, that accompanies the dreams of women and men, of families, of communities and territories. Thank you!" - Eva Colque, Executive Director, Fundación NUNA, a partner in Bolivia.

DRINKING WATER IN FIRST NATIONS

Call on the federal government on World Water Day, **March 22** to fulfill their promise made in 2015 to put an end to all long-term Drinking Water Advisories in all First Nations. Add your thoughts to the letter [linked here](#) telling Prime Minister Trudeau to fix this problem now. Please share it. Many people are not aware that whole communities still must boil all their drinking water.

WORLD WATER DAY CONVERSATION

The *Laudato Si'* Water Action Group invites you to an evening Zoom conversation on **World Water Day**, Friday, **March 22** from 7-8:30pm. Essential for all life on Earth, water also appears in all human histories and mythologies. In Canada, Western thought and practical approaches to water mingle with Indigenous spirituality and practices. Explore a shared vision of water, including ways to prevent conflicts and manage water for peace with our guides, Dr. Christine Jamieson, an Indigenous professor of ethics and Indigenous spirituality at Concordia, and Dr. Tom McAuley, a retired water resources engineer with subsequent studies in theology

and philosophy, who worked with Indigenous stakeholders while on the International Joint Commission. Zoom Link: [click here](#) to join the conversation.

CHRISM MASS

All are invited to the Notre-Dame Cathedral, 385 Sussex Dr., on **March 26** at 5pm to celebrate the Chrism Mass.

The Chrism Mass is a special annual Mass where our Archdiocese gathers together to receive the new holy oils for the year. The Archbishop blesses three different oils which are then distributed to parishes:

Oil of the Sick – Used during the Sacrament of the Anointing of the Sick to “bring comfort and support to the sick in their infirmity.”

Oil of Catechumens – Used to anoint those who are to be baptized.

Sacred Chrism – “Used to anoint the newly baptized, to seal the candidates for confirmation, and to anoint the hands of presbyters and the heads of bishops at their ordination.” (Ceremonial of Bishops, 274)

EARLY BIRD PRICING:

AN EVENING WITH DEANTHA EDMUNDS

The Archdiocese of Ottawa-Cornwall has extended the early bird price for the [Deantha Edmunds](#) concert taking place on **April 19** at Notre-Dame Cathedral Basilica. This will be an evening of beautiful music that you don't want to miss. **Until Monday, March 25th** you can purchase the \$35 Premium General Admission ticket for just \$28, a 20% savings. Go to IRFconcert.eventbrite.ca for details and to buy your tickets or you can contact Ruth at 613-933-1138, ext. 22 or ruth.tyolarose@ottawacornwall.ca. The proceeds of the concert are to benefit the [Indigenous Reconciliation Fund](#).

SYNODAL SHARING: “The Church of God is convoked in synod.”

“Walk together. Question together. Take responsibility together for community discernment, which for us is prayer, as the first Apostles did: This is synodality, which we would like to make a daily habit in all its expressions.” - Pope Francis, 2018

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[Canadian Martyrs Parish, Ottawa](#)

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).