

# Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, [office@canadianmartyrs.org](mailto:office@canadianmartyrs.org), [www.canadianmartyrs.org](http://www.canadianmartyrs.org)

*Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.*

## Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

## Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

## Pastor

Fr. Tim Coonen, OMI

## Administrative Assistant

Heather Duggan

## Pastoral Associate

Sr. Matilda Owolagba

## Director of Religious Ed.

Adele Casuga Lalonde

## Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

## Finance Committee

Joseph Duggan

## Development and Peace

Anna Dorner

## Weekly Gatherings

### Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

### Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

### Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

### Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

### RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

March 23/24, 2024

## PASSION SUNDAY



"Jesus emptied himself, taking the form of a slave...And being found in appearance as human, he humbled himself and became obedient to the point of death - even death on the cross."

Philippians 2:7-8

What is Jesus saying to you today?

[canadianmartyrs.org](http://canadianmartyrs.org)

**PLEASE PRAY FOR OUR SICK:** Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Br. Len Rego, Gerarda Staples

## MASS INTENTIONS

**Wed., Mar. 27** Unwell friends by Yvonne Bennett; **Tues., Apr. 2** Ed Gasnick by Rosemarie Hoey & family; **Wed., Apr. 3** Peter Lowry by the Beemans family  
**Sat., Apr. 6** Lorna Kelly by Connie Kelly; **Wed., Apr. 10** Thomas Crete by the Beemans family  
**Sat., Apr. 13** Mary Gray Seibold by Mede McAtee; **Fri., Apr. 26** Jozef Nowosielski by Richard & Susanne Shaftoe

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

## EVENTS/MEETINGS

**Fri., Mar. 22** World Water Day Conversation, 7pm via Zoom

**Thurs., Apr. 4** Pastoral Council Meeting, 7pm

**Sat., Apr. 6** Pizza Night after Mass, 6pm

**Fri., Apr. 19** Youth Group, 7pm

# Our Parish News

## Holy Week Schedule

Thurs., March 28	Holy Thursday	7:00 pm
Fri., March 29	Good Friday	3:00 pm
Sat., March 30	Easter Vigil	8:00 pm
Sun., March 31	Easter Sunday	10:00 am
	Liturgy via Zoom	11:30am

There will be a reception in the parish centre after the Easter Vigil. All are welcome.

**If you can provide a sweet or savoury food item, please email the office.**

## LENTEN FOOD DRIVE

Our target was to collect 500 food or hygiene items for the Centretown Community Food Centre so far we have collected 571 items. **Perhaps we can surpass last year's total of 678 items.** Bring one food item or 20! Boxes are in the church foyer.

## EASTER VIGIL RECEPTION

All are invited to a reception after the Easter Vigil on Saturday, March 30. The parish will provide the wine and cheese, and we will welcome donations of sweet or savoury items. Please [email](#) the office if you can bring something to share. Thank you!

## SHARING CIRCLES WITH FR. ERIK

Fr. Erik Sorensen, SJ, a Ph.D. student at St. Paul University, is conducting a research project that is studying the relationship between the parish's Lenten liturgies and broader social issues. Fr. Erik is looking to speak with parishioners who have attended some of the parish's Lenten liturgies and would be interested in participating in group sharing circles. **To register for a Sharing Circle between March 27 and April 6, either in-person or via Zoom, [please click here](#).** If you would like more information, please contact Fr. Erik, by email [esore005@uottawa.ca](mailto:esore005@uottawa.ca) or by phone (343) 463-1532.

## REFUGEE SETTLEMENT COMMITTEE

We have an opportunity to sponsor a small refugee family from Yemen (a couple and their three year old son). To do so, we will need a few more volunteers. If you are interested in finding out more about what is involved, please contact the [office](#), or Christine Andress at [christine.andress@gmail.com](mailto:christine.andress@gmail.com).

## SPECIAL HOSPITALITY TEAM

The Pastoral Team would like to have a group of parishioners who are willing to help with receptions after special events such as the Feast of Canadian Martyrs and the Easter Vigil. Do you enjoy baking? Can you donate a cheese or veggie platter? Can you help with set up or clean up? Please call or [email](#) the office if you can offer to help out occasionally. Thank you!

## ALTAR SERVER/PRESIDER'S ASSISTANT

We are planning an altar server/presider's assistant training session this spring. Children who have received their first communion can become altar servers. We also invite adults to be presider's assistants. If you are interested in attending the training session, please [email](#) or call the office.

## LITURGY OF THE HOURS FOR THE TRIDUUM

You are invited to join the celebration of a few of the hours of the Divine Office (a.k.a. Liturgy of the Hours or Breviary) during the Triduum. This initiative, along with a weekly celebration of Evening Prayer during the rest of the year, began over three decades ago at Holy Cross Parish. It migrated to St. Margaret Mary Parish and now is continued here at Holy Canadian Martyrs Parish. With the pandemic, the weekly Evening Prayer and the Liturgy of the Hours during the Triduum were moved online, where they presently still find a home. You can find the schedule for the Liturgy of the Hours during the Triduum on [our website](#) or in the bulletin email.

## CLEAN WATER REQUEST LETTER

Sign the letter to Yasir Naqvi, MP, to ask for information and an update on the request for clean water for all Indigenous communities in Canada. The letter can be found on the Truth and Reconciliation Table in the church foyer. There are still 28 communities without access to clean water in Canada.

## 507 SANDWICH CLUB

Every Thursday (except the 1st Thursday of the month) many sandwiches get made in the parish centre for the adult drop-in centre at [Centre 507](#). If you are willing to help make sandwiches and enjoy a little social time with other parishioners, [please sign up here](#). There are two time-slots, 1:30pm and 7pm. We also remain grateful for the monetary support for this parish initiative. You can donate [online](#) or by putting an envelope in the offertory basket.

# Diocesan and Community News

## DEVELOPMENT AND PEACE:

### THIS LENT, PLEASE GIVE GENEROUSLY

Thank you for giving from the heart to Share Lent 2024! Development and Peace - Caritas Canada thanks you for supporting the *Reaping our Rights* campaign with your donation. Your donations will help support our sisters and brothers in Africa, Asia, Eastern Europe, Latin America and the Middle East. You can still place your Share Lent envelope in the offertory or donate online at [devp.org/give](http://devp.org/give). Thank you for continuing to pray for all those who are working to build a world of peace and justice.

## COFFEE HOUSES ON SUSTAINABILITY

On Sunday, **March 24** at 9:30am at the Glebe Community Centre, 175 Third Ave., join the 3rd Coffee House on Sustainability - Greenspace & Water, where we'll dive into how to support biodiversity by planting native trees and pollinator plants and have discussions on options for keeping the water in the earth by creating rain gardens and using permeable landscaping. There will be representatives from a variety of environmentally minded organizations, and a display of books on greenspaces & rainwater management from the Ottawa Public Library.

## CHRISM MASS

All are invited to the Notre-Dame Cathedral, 385 Sussex Dr., on **March 26** at 5pm to celebrate the Chrism Mass. The Chrism Mass is a special annual Mass where our Archdiocese gathers together to receive the new holy oils for the year. The Archbishop blesses three different oils which are then distributed to parishes:  
Oil of the Sick – Used during the Sacrament of the Anointing of the Sick to “bring comfort and support to the sick in their infirmity.”  
Oil of Catechumens – Used to anoint those who are to be baptized.

Sacred Chrism – “Used to anoint the newly baptized, to seal the candidates for confirmation, and to anoint the hands of presbyters and the heads of bishops at their ordination.” (Ceremonial of Bishops, 274)

## MARRIAGE PREPARATION COURSE

St. Theresa Parish, 95 Somerset W., will be hosting a Marriage Preparation Course on Friday evening, **April 12**, and all day Saturday, **April 13**. The cost is \$120 per couple. For more info or to register for the course, please call (Monday-Thursday) or email the parish office: 613-235-5119 or [sttheresa@rogers.com](mailto:sttheresa@rogers.com).

## AN EVENING WITH DEANTHA EDMUNDS

The Archdiocese of Ottawa-Cornwall has extended the early bird price for the [Deantha Edmunds](http://DeanthaEdmunds.com) concert taking place on **April 19** at Notre-Dame Cathedral Basilica. This will be an evening of beautiful music that you don't want to miss. **Until Monday, March 25th** you can purchase the \$35 Premium General Admission ticket for just \$28, a 20% savings. Go to [IRFconcert.eventbrite.ca](http://IRFconcert.eventbrite.ca) for details and to buy your tickets or you can contact Ruth at 613-933-1138, ext. 22 or [ruth.tyolarose@ottawacornwall.ca](mailto:ruth.tyolarose@ottawacornwall.ca). The proceeds of the concert are to benefit the [Indigenous Reconciliation Fund](http://IndigenousReconciliationFund.ca).

## A GREAT SYMPHONY OF PRAYER

The Ad hoc Committee for the Preparation for the Jubilee 2025 has organized a two-part webinar series starting on **Tuesdays (1-2:30pm) in April** entitled, “A Great Symphony of Prayer” which gives us one meaningful way to participate in the Year of Prayer which was announced by Pope Francis on January 21, 2024. The Jubilee Office in Rome has prepared a series of booklets on prayer, the themes of which will be taken up during the webinar series. For more info and to register, [click here](#).

## SYNODAL SHARING: “The Church of God is convoked in synod.”

### *Adsumus, Sancte Spiritus*

We stand before you, Holy Spirit, as we gather together in your name. With you alone to guide us, make yourself at home in our hearts; teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in you our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of you, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

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**Find us on Facebook and Instagram:**

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



**PARISH REGISTRATION:** The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

**DONATIONS:** Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

**PASTORAL CARE OF THE SICK:** Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

**BAPTISM PREPARATION:** Please contact the office to schedule a baptism.

**MARRIAGE PREPARATION:** Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

**PARISH PASTORAL COUNCIL MINUTES:** The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

**FOOD DONATIONS:** Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

**MILK BAGS:** Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

**507 SANDWICH CLUB:** If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).