

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe, interim

Meetings: 1st Thurs., 7pm

Finance Committee

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

March 9/10, 2024

FOURTH SUNDAY OF LENT

Lord God,
teach me to follow the example
of your Son.
Help me to live each day as he did
turning hatred to love
and conflict to peace.
I await the new life with eagerness,
faith and a deep gratitude.

How am I light to the world?
Who are the people I lift up?

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canadianmartyrs.org

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Eileen De Rosayro, Molly Fraser, Ed and Sheila Gasnick, Eileen Kearns, Marigold Kenney, Jeff Meulemans, Fr. Peter Monty, Andrea Redway, Br. Len Rego, Gerarda Staples, Richard Wink

MASS INTENTIONS

Sat., Mar. 9 Jim Chambers by his family; **Tues., Mar. 12** Jack Lavoie by Shirley Lavoie; **Wed., Mar. 13** Unwell friends by Yvonne Bennett; **Fri., Mar. 15** Roy Bennett by Yvonne Bennett; **Sat., Mar. 16** Gregory Chauvin by Frank Chauvin & Michael Cassidy; **Tues., Mar. 19** Pat & Fern Denneny by Margaret Denneny; **Thurs., Mar. 21** Ewa & Denis Bennett by Yvonne Bennett; **Fri., Mar. 22** Jozef Nowosielski by Richard & Susanne Shaftoe

EVENTS/MEETINGS

Fri., Mar. 8 Youth Group, 7pm

Sat., Mar. 9 Choir Workshop, 2-4pm

Mar. 11-14 Inter-parish Lenten Mission 2024, all sessions start at 7pm

Sun., Mar. 17 Solidarity Sunday, Lunch and Learn after Mass

Tues., Mar. 19 Stations of the Cross, 7pm

Fri., Mar. 22 World Water Day Conversation, 7pm via Zoom

Our Parish News

LENTEN FOOD DRIVE

Our target is to collect 500 food or hygiene items for Lent (we have collected 280 items so far!) to be given to the Centretown Community Food Centre for people in need in our community. Bring one food item or 20! Boxes are in the church foyer. Items that are always needed: peanut butter (500ml or less), canned tuna, salmon, meat, stews, vegetables, and soups, canned beans, cereals, pasta and pasta sauce (in cans, no glass jars, please!), Kraft dinner, toothpaste, toothbrushes, and toilet paper.

“ENCOUNTERING THE LORD” PARISH MISSION

Join an inter-parish Lenten Mission with Fr. Bill Burke.

Let Hospitality be Your Greatest Care, Monday, **March 11**, 7:00pm, St. Basil's Parish, 940 Rex Ave

The Prophets in our Midst, Tuesday, **March 12**, 7:00pm
Canadian Martyrs Parish, 100 Main St.

Reconciliation: Our Notion is Too Small, Wednesday, **March 13**, 7:00pm, St. Joseph's Parish, 174 Wilbrod St.

Hope: God is Making All Things New, Thursday, **March 14**, 7:00pm, St. Ignatius the Martyr Parish, 518 Donald St.

There will coffee/tea and cookies after each session. **Free will offering. Carpooling: if you need a ride or can offer a ride to the other evenings, please [email](#) or call the office.**

LUNCH AND LEARN, MARCH 17

For Canadian Martyr's Lunch and Learn on Sunday, **March 17** at 11:30am, Kiegan Irish, the Animator for Development & Peace - Caritas Canada (DPCC) for Eastern and Northern Ontario, as well as Marina Bonin, the DPCC Youth Ambassador for Ontario will join us. They will share with us a little bit about the Share Lent campaign and how our work helps to create hope for the communities we support in the Global South.

STATIONS OF THE CROSS

Reflecting and praying the Stations of the Cross is a popular devotion practiced in the church, especially during the Lenten season. The Stations of the Cross will be presented by the youth of the parish on Tuesday, **March 19** at 7pm. This Lent, we will be using the Ecological Way of the Cross from the *Laudato Si'* Movement Prayer Book.

LENTEN RESEARCH WITH FR. ERIK

Fr. Erik Sorensen, SJ, a Ph.D. student at St. Paul University, is conducting a research project that is studying the relationship between the parish's Lenten

liturgies and broader social issues. Fr. Erik is looking to speak with parishioners who have attended or are planning on attending some of the parish's Lenten liturgies and would be interested in participating in an individual interview or in group sharing sessions. If you are interested in participating or if you would like more information, please contact Fr. Erik, by email esore005@uottawa.ca or by phone (343) 463-1532.

WORLD WATER DAY CONVERSATION

The *Laudato Si'* Water Action Group invites you to an evening Zoom conversation on **World Water Day**, Friday, **March 22** from 7-8:30pm. Essential for all life on Earth, water also appears in all human histories and mythologies. In Canada, Western thought and practical approaches to water mingle with Indigenous spirituality and practices. Explore a shared vision of water, including ways to prevent conflicts and manage water for peace with our guides, Dr. Christine Jamieson, an Indigenous professor of ethics and Indigenous spirituality at Concordia, and Dr. Tom McAuley, a retired water resources engineer with subsequent studies in theology and philosophy, who worked with Indigenous stakeholders while on the International Joint Commission. Zoom Link: [click here](#) to join the conversation.

SPECIAL HOSPITALITY TEAM

The Pastoral Team would like to have a group of parishioners who are willing to help with special events, such as the receptions after the Feast of Canadian Martyrs and the Easter Vigil. Do you enjoy baking? Can you donate a cheese or veggie platter? Can you help with set up or clean up? Please call or [email](#) the office if you can offer to help out occasionally. Thank you!

ALTAR SERVER/PRESIDER'S ASSISTANT

We are planning an altar server/presider's assistant training session this spring. Children who have received their first communion can become altar servers. We also invite adults to be presider's assistants. If you are interested in attending the training session, please [email](#) or call the office.

FEBRUARY COLLECTION

Collection:	\$ 11,139.99
Direct Deposit (EFT):	\$ 7,475.00
Canada Helps:	\$ 2527.05
Total:	\$ 21,142.04
Average monthly expenses:	\$ 20,936.20

Diocesan and Community News

DEVELOPMENT AND PEACE:

TRAINING FARMERS IN INDONESIA

In rural Indonesia, young people are abandoning agriculture to work in cities. Over time, this could threaten food sovereignty. D&P's partner, PAYOPAYO, empowers village communities to work together to find solutions to common challenges related to agriculture, food, energy, natural resource management and the engagement of youth, especially women. This Lent, meet D&P's solidarity visitor, Karno Batiran, the executive director of PAYOPAYO. Learn more at devp.org/lent. This Solidarity Sunday (**March 17**), Development and Peace-Caritas Canada's Reaping our Rights campaign invites you to give generously and thanks you warmly for your generosity. Thank you for your solidarity!

REQUIEM FOR A LIFE OF PEACE

At 2:30pm on Sunday, **March 10** at First Baptist Church (on the corner of Elgin and Laurier), OperOttawa will be performing *Gates of Heaven: Requiem for a Life of Peace*, 45 minutes of music written by Jack Hui Litster for chamber orchestra and women's choir. It is Jack's largest composition of his life in terms of the number of performers (13 musicians and 17 singers), and all of this music is dedicated to Canadian women leaders throughout history. Tickets are on sale through [Eventbrite](https://www.eventbrite.com).

AN EVENING OF BEAUTIFUL MUSIC

Join the Archdiocese of Ottawa-Cornwall for an evening of music and community support as they welcome [Deantha Edmunds](#), recent Order of Canada recipient who has performed for both Pope Francis and King Charles. The concert on **April 19** at 7:30pm will be held at Notre Dame Cathedral Basilica, 385 Sussex. The proceeds of the concert are to benefit the [Indigenous Reconciliation Fund](#). Tickets can be purchased at IRFconcert.eventbrite.com or by contacting 613-933-1138, ext. 22. Tickets are \$50, \$35* and \$25. Purchase today to benefit from *early bird pricing. This concert helps support reconciliation efforts, fostering understanding, and unity.

DRINKING WATER IN FIRST NATIONS

Call on the federal government on World Water Day, **March 22** to fulfill their promise made in 2015 to put an end to all long-term Drinking Water Advisories in all First Nations. Add your thoughts to the letter [linked here](#) telling Prime Minister Trudeau to fix this problem now. Please share it. Many people are not aware that whole communities still must boil all their drinking water.

INDIGENOUS VOICES BOOK STUDY

Are you interested in learning more about Indigenous Truth and Reconciliation? Consider joining this [online book study](#). Each month participants read the suggested book and then join an online discussion on the first Monday of the month (the next one is on Tuesday, **April 2** because of Easter Monday), from 7 to 8:30pm. This group is supported by Concerned Lay Catholics and the facilitator is Donna McGreal who has a degree in English, Cultural Studies, and Indigenous Studies from McMaster. To register, email concernedlaycatholics@gmail.com.

VOCATION REFLECTION

“Going Up”

by Darcie Lich, OMI Lacombe Canada Vocation Team
Given that a study conducted by Microsoft in 2015 found that the average person has an attention span of around eight seconds, the ability to deliver a solid elevator pitch does offer us a certain amount of expedient appeal. Explanations of our Christian faith can very quickly become long and complicated, and oftentimes we disciples, ourselves, have trouble articulating it. So, the art of the elevator pitch comes in handy from time to time. John's Gospel from this weekend sums it up neatly in the time it takes to ride up one floor from the ground: “God so loved the world that he gave his only-begotten Son, so that everyone who believes in him may not perish but have eternal life” (John 3:16).

Read the [full reflection here](#).

SYNODAL SHARING: “The Church of God is convoked in synod.”

“We recall that the purpose of the Synod is not to produce documents, but to plant dreams, draw forth prophecies and visions, allow hope to flourish, inspire trust, bind up wounds, weave together relationships, awaken a dawn of hope, learn from one another and create a bright resourcefulness that will enlighten minds, warm hearts, give strength to our hands.” - Pope Francis, 2018

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).