

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

Fourth Sunday of Easter

April 20/21, 2024



Photo by Heather F. Duggan

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Peter Blanchfield, Isabella Boles, Devin Bursey, Sandy Sano, Frank Chauvin, Clare Dashney, Eileen De Rosayro, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Jeff Meulemans, Peter Monty, Marilyn Muleski, Vaughan Quinn, Andrea Redway, Len Rego, Gerarda Staples, Michael Staples

MASS INTENTIONS

Sat., Apr. 20 John Dorner by his family; **Tues., Apr. 23** Helen Piecek by Pat LaViolette; **Wed., Apr. 24** Unwell friends by Yvonne Bennett; **Fri., Apr. 26** Jozef Nowosielski by Richard & Susanne Shaftoe; **Tues., Apr. 30** John Dorner by Anna Dorner; **Wed., May 1** Janka Pinski by Yvonne Bennett; **Fri., May 10** Madeline Remillard by Denise Remillard; **Tues., May 14** Glenda McDonnell by her friends; **Thurs., May 16** Mr. & Mrs. Tony Brennan and Barbara by their family; **Fri., May 17** Pasquale Cotroneo by Lidia Cotroneo; **Sat., May 18** Mr. & Mrs. Tony Brennan and Barbara by their family.

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Sun., April 21 Community Mass with string ensemble, 10am

Sun., Apr. 28 Youth Mass, 7pm

Tues., April 30 *Laudato Si'* Team meeting, 7pm

Thurs., May 2 Pastoral Council, 7pm

Sat., May 4 Pizza night after Mass

Our Parish News

VOLUNTEER APPRECIATION WEEK

The theme for National Volunteer Week 2024 (**April 14-20**) is Every Moment Matters. It highlights the importance of every volunteer and each contribution they make. The sharing of time, skills, empathy, and creativity is vital to the inclusivity, strength, and well-being of our community. **Volunteering matters. Our parish wishes to express our appreciation to all our volunteers! Thank you!**

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **May 3** for our Pentecost 2024 issue.

EARTH DAY IS LEG DAY

Cars are one of the biggest contributors to gas emissions in Canada. That's why, Earth Day Canada is launching the national *Earth Day is Leg Day* Challenge. From now until **April 22** (Earth Day), skip the car to save the planet. Your challenge: log 10 sustainable commutes (i.e., without a car). Find out more at earthday.ca/april-22/campaign/leg-day/ and on our Laudato Si' table in the church foyer.

YOUTH MASS

You are invited to our upcoming Youth Mass on Sunday, **April 28** at 7pm. We invite all of our youth, from grades 5 to 12, to play a full and active role in Parish life. Join us! For more info, please contact [the office](#).

VOLUNTEER OPPORTUNITIES

We are currently looking for a few more altar servers/presider's assistants and Eucharistic ministers. Training is provided! If you are interested in these volunteer opportunities or others, please [email](#) or call the office.

LUNCH AND LEARN RECORDING

If you missed the Lunch and Learn on Sunday, April 14 on *What will be there – after resurrection?* *A redemptive interpretation of purgatory, hell and heaven*, you can now view it on [our Youtube Channel](#). We thank Mariéle Wulf, professor of Safeguarding at Saint Paul University, a pastoral caregiver, a philosopher, a theologian and a parishioner, for an engaging talk.

CATHOLIC EDUCATION WEEK 2024

This is a week (**May 5-10**) specially set aside to celebrate our Catholic schools and why the triple connection of home, school and parish is an important and integral part of Catholic education. This triad emphasizes for our children, the reality of our wider Catholic community that collaborates on their faith formation and education. This year's [Catholic Education Week](#) theme is, "We are called to love." This week we continue to celebrate a school system, which celebrates and defines itself on faith and mercy, and embraces the message of salvation for all peoples preached by Jesus.

RED DRESS DAY

May 5 is Red Dress Day, when we mourn missing and murdered Indigenous women and girls, and participate in a public awareness campaign that encourages the government to implement the calls to action from the inquiry. Once again, the parish will hang red dresses in and around the church. You can participate by lending the church a red dress to hang inside, or by hanging a dress outside your own home. Please bring your dress (labeled) to the office by **April 28**.

THE POPE VIDEO APRIL – FOR THE ROLE OF WOMEN

Pope Francis: "If we don't respect women, our society will not progress"
Pope Francis once again dedicates his monthly prayer intention to women. In [The Pope Video](#) for April, which he has entrusted to [the Pope's Worldwide Prayer Network](#), the Holy Father insists on the steps today's society needs to take, and asks Christians to join him in prayer "that the dignity and worth of women be recognized in every culture, and for an end to the discrimination they face in various parts of the world." Read the [full press release here](#).

MARCH COLLECTION

Collection:	\$ 9,793.20
Direct Deposit (EFT):	\$ 7,375.00
Canada Helps:	\$ 2,897.90
Total:	\$ 20,066.10
Average monthly expenses:	\$ 20,311.22

Diocesan and Community News

PLASTIC POLLUTION ON THE FRONTLINES: STORIES FROM TURTLE ISLAND

From the extraction of oil and gas to the disposal of waste, the lives of Indigenous communities have been disproportionately threatened by the polluting plastic industry. Join this free roundtable event on Wednesday, **April 24**, at 12:30pm at the National Arts Centre, that includes voices from the Athabasca Chipewyan First Nation, Aamjiwnaang First Nation and the Nunatsiavut government about the impacts of plastic production and pollution on their communities. [Register here.](#)

COFFEE HOUSES ON SUSTAINABILITY - TRANSPORTATION

Join the fourth in a series of exciting events dedicated to sustainability in Ottawa at the Glebe Community Centre, 175 Third Ave.! At Coffee Houses on Sustainability - Transportation on Saturday, **April 27** at 9:30am dive into e-transit options and have discussions about charging infrastructure, active transportation, idling-free driving as well as other eco-friendly options for improving the air quality of our communities. Get ready to connect with like-minded individuals and learn from knowledgeable neighbours who have already made sustainable choices. [Reserve a spot!](#)

GENESIS: AN ART SHOW

On **April 28**, 11am-5pm, come explore and celebrate Earth Day through art at [Genesis: The Palette of Creation](#). Hosted by the Archdiocese of Ottawa-Cornwall at the Café Des Tours, Notre Dame Cathedral, 385 Sussex Dr., the show will feature local artists with a focus on creation and how we find God through it.

CENTRETOWN COMMUNITY FOOD CENTRE

Join the CCFC team as Intake Coordinator: under the direction of the manager, provide intake services for people accessing food bank services, and assist with the operations of the Food Centre. Send your resumé and cover letter to manager@ccfcottawa.ca. For more info: [click here.](#)

DEVELOPMENT AND PEACE PODCAST

[Listen to the podcast series](#) *Voices of Solidarity, Echoes from Gaza: Tragedy and hope in the midst of crisis*. After six months of terror and suffering for the people of Gaza, D&P's executive director, Carl Héту, analyzes the situation. Carl has extensive experience in the region, having visited it several times in the course of his work for various organizations. In this episode, he shares his in-depth knowledge of the longstanding conflict in the Holy Land.

RIDEAU CHORALE SPRING CONCERT

Come join the [Rideau Chorale](#) on **May 4**, at 7:30pm at Southminster United Church, 15 Aylmer Ave., for the beautiful *Requiem* and *Cantique de Jean Racine* by Gabriel Fauré. As well, two local composers will be featured. Andrew Ager drew on Canadian poet, Bliss Carman's, poem to compose *Garden Shadows*, while Kevin Reeves drew inspiration from Archibald Lampman to compose *In Beechwood Cemetery*. The latter piece was written specifically for this concert. For more info and to purchase tickets, [click here.](#)

SCOUTS GARDEN SUPPLIES FUNDRAISER

The local 17th Southminster Ottawa Scouts are selling a variety of high-quality garden supplies from their local partner, Ritchie Feed & Seed. They are fundraising to support their activities and adventures throughout the year, and to replace existing and broken equipment. They will deliver your order FREE to your driveway in Old Ottawa South, Old Ottawa East, and the Glebe, on Saturday, **May 4**. You can find their [online store here](#). The order deadline is **April 20** at 7:30pm.

SOLEMN VESPERS

All are welcome to [Solemn Vespers for The Feast of Saint George](#) on Tuesday, **April 23**, at 6pm at St. George Parish, 415 Piccadilly Ave. N. The event is organized by Fr. Andrew Taylor (Apostolic Nunciature) with the Ottawa Chant group and hosted by St. George's Parish.

A LISTENING CHURCH – A SYNODAL CHURCH

“We need to practice the art of listening, which is more than simply hearing.”

- Pope Francis, *Evangelii Gaudium*, 171

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).