

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, virtual

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, virtual

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Sundays, 11:30am, [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

Fifth and Sixth Sundays of Easter April 27/28 and May 4/5 2024



Photo by Heather F. Duggan

PLEASE PRAY FOR OUR SICK: Carol Bazinet, Louise Blanchett-Smith, Peter Blanchfield, Isabella Boles, Devin Bursey, Sandy Cano, Frank Chauvin, Clare Dashney, Eileen De Rosayro, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, Jeff Meulemans, Peter Monty, Marilyn Muleski, Vaughan Quinn, Andrea Redway, Len Rego, Gerarda Staples, Michael Staples

MASS INTENTIONS

Tues., Apr. 30 John Dorner by Anna Dorner; **Wed., May 1** Janka Pinski by Yvonne Bennett; **Tues., May 7** Stephanie Crowley by Rosemarie Hoey & family; **Fri., May 10** Madeline Remillard by Denise Remillard; **Tues., May 14** Glenda McDonnell by her friends; **Thurs., May 16** Mr. & Mrs. Tony Brennan and Barbara by their family; **Fri., May 17** Pasquale Cotroneo by Lidia Cotroneo; **Sat., May 18** Mr. & Mrs. Tony Brennan and Barbara by their family; **Fri., May 24** Jozef Nowosielski by Richard & Susanne Shaftoe.

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend. Please contact the parish office.

EVENTS/MEETINGS

Sun., Apr. 28 Youth Mass, 7pm

Tues., April 30 *Laudato Si'* meeting, 7pm

Sat., May 4 Pizza night after Mass

Thurs., May 9 Pastoral Council, 7pm

Fri., May 17 Youth Group, 7pm

Sun., May 19 Lunch and Learn after Mass

Our Parish News

BULLETIN

Please note that this bulletin is for the weekends of **April 27/28 and May 4/5**. You will not receive a bulletin during the week of April 29th as Heather will be away.

THE EPISTLE NEWSLETTER

Do you or your parish committee or group have information or thoughts to share in *The Epistle*? Send your articles and photos to office@canadianmartyrs.org by **May 3** for our Pentecost 2024 issue.

YOUTH MASS

You are invited to our upcoming Youth Mass on Sunday, **April 28** at 7pm. We invite all of our youth, from grades 5 to 12, to play a full and active role in Parish life. Join us! For more info, please contact [the office](#).

PIZZA NIGHT!

Join us for pizza after Mass on Saturday, **May 4**. A pizza slice is \$3 and a drink is \$1. Order before Mass and then join us in the parish centre for dinner after Mass.

RED DRESS DAY

May 5 is Red Dress Day, when we mourn missing and murdered Indigenous women and girls, and participate in a public awareness campaign that encourages the government to implement the calls to action from the inquiry. We will hang red dresses in and around the church. You can participate by lending us a red dress to hang inside, or by hanging a dress outside your own home. Please bring your dress (labeled) to the office by **April 28**. On Friday, **May 3**, the Ottawa Aboriginal Coalition invites us to come together and recognize Red Dress Day at Ottawa City Hall from 10am to 3pm. For more info and to register for this free event, [click here](#).

CATHOLIC EDUCATION WEEK (MAY 5-10)

This is a week set aside to celebrate our Catholic schools and why the triple connection of home, school and parish is an important part of Catholic education. This triad emphasizes, for our children, the reality of our wider Catholic community that collaborates on their faith formation and education. This year's [Catholic Education Week](#) theme is, "We are called to love." We continue to celebrate a school system, which celebrates and defines itself on faith and mercy, and embraces the message of salvation, preached by Jesus, for all peoples. Immaculata High School will have their Catholic Education Week Mass at our parish on **May 9** at 8:30am.

SPECIAL COLLECTION—MAY 5

The special collection for the Pope's Pastoral Works on the weekend of **May 4/5** plays a crucial role in supporting the Holy Father's charitable endeavours worldwide, bringing hope and healing to the vulnerable. This collection: provides direct aid to global humanitarian efforts, such as disaster relief, education, and healthcare initiatives; provides direct assistance to marginalized communities, promotes social justice, and alleviates poverty; facilitates prompt responses to urgent needs; and amplifies the Pope's ability to make a positive impact to create a more compassionate and inclusive global community.

LUNCH AND LEARN

Our Lunch and Learn on Sunday, **May 19** after Mass, will be about Integrating Wellness and Catholic Spirituality. Karin Holtkamp from Pathway Yoga and our own Adele Casuga Lalonde will lead a dialogue about yoga, wellness, and making time for a healthy body, mind and spirit. Karin will lead a 45 minute introductory yoga session, suitable for all ages and fitness levels (you can do many of the poses from a chair). Come dressed comfortably. Karin will bring yoga mats and belts.

OUR PARISH ON SOCIAL MEDIA

Connect with us on [Facebook](#) and [Instagram](#). Bulletins, Pastoral Council Minutes and other Parish news and history can be found on our website, www.canadianmartyrs.org and there are a few interesting videos on our [YouTube channel](#).

OMI WORLD APP

Want to learn more about the Oblates? Check out the new OMI World app. With this new app, the Oblates, pilgrims of hope in communion, aim to strengthen their bonds, spread love and hope, and continue their mission of serving the poor and marginalized. [Learn more here](#).

MARCH COLLECTION

Collection:	\$ 9,793.20
Direct Deposit (EFT):	\$ 7,375.00
Canada Helps:	\$ 2,897.90
Total:	\$ 20,066.10
Average monthly expenses:	\$ 20,311.22

Diocesan and Community News

COFFEE HOUSES ON SUSTAINABILITY

Join a series of Coffee Houses on Sustainability at the Glebe Community Centre, 175 Third Avenue. On Saturday, **April 27** at 9:30am dive into e-transit options and have discussions about charging infrastructure, active **transportation**, idling-free driving as well as other eco-friendly options for improving the air quality of our communities. On Sunday, **May 5** at 9:30am focus on strategies for **reducing your waste footprint**, including buying less, joining sharing networks and learning repair skills. Get ready to connect with like-minded individuals and learn from knowledgeable neighbours who have already made sustainable choices. [Reserve a spot!](#)

CONVERSATIONS FOR OUR TIME

At St. Basil's Parish next Conversations for Our Time Zoom series on Sunday, **April 28** at 2:30pm, a panel will be featured to help us understand the complexities of working with refugees and migrants at a time in our culture when borders are closed rather than opened in welcome. Please register in advance for this meeting by [clicking here](#). After registering, you will receive a confirmation email containing information about joining the meeting. For more info, [click here](#).

JANE'S WALKS

Jane's Walks are named after urbanist Jane Jacobs, who wrote numerous books about the way cities work. This year, from **May 3 to 5**, numerous cities are hosting free walks with local experts who will explain facets of each city's history, development and design. You can join a walk in Ottawa-Gatineau, [registration](#) opens on **April 24**.

NATIONAL MARCH FOR LIFE

Join the biggest pro-life gathering in Canada from **May 7-10** which includes the National March for Life in Ottawa on Parliament Hill on Thursday, **May 9** at 12:30pm. There are many events over pro-life week including: Songs for Life Coffee House, Candlelight Vigil, Masses for Life & Prayer Services, Rally and March, Rose Dinner Gala & the Youth Summit. For more info, [click here](#).

EUCCHARISTIC CENACLE

Eucharistic Cenacles are small communities of lay people, men and women, who meet with the intention of beginning or deepening their relationship with Jesus in the Blessed Sacrament through study, prayer, and simple fraternity. Anyone is welcome; the only requirement is a desire to discover Jesus in the Blessed Sacrament and to begin or deepen one's relationship with him. Friday, **May 3**, 7-9pm at Holy Rosary Parish, 20 Grant Street. More info: Eucharisticcenacle@gmail.com or 613-355-6023

NATIONAL FAMILY AND LIFE WEEK

The Canadian Conference of Catholic Bishops (CCCB) warmly invites the Catholic faithful to celebrate [National Family and Life Week 2024](#) (NFLW), which will take place from **May 13-19**. This year's theme, "Love hopes all things," is inspired by the words of St. Paul, the Apostle: "[Love] bears all things, believes all things, hopes all things, endures all things." (1 Corinthians 13:7). This theme, linked to *Amoris Laetitia*, a discourse on love by Pope Francis, guides us towards hope, a theological virtue that renews our relationship with God and others.

HOMSA CHARITY BAZAAR

Help raise money to help Indigenous mothers and babies in need at a fundraising bazaar at the Odawa Friendship Centre, 815 St. Laurent Blvd. on Saturday, **May 11**, from 12pm to 4pm. There will be delicious Indigenous and international food, a silent auction, delicious baked goods, a thrift shop, crafts, art and much more!

DAY OF RECOLLECTION

On **June 1**, 9am to 1pm, the Legion of Mary will hold its yearly Day of Recollection for seniors and handicapped persons at St. George Church, 414 Piccadilly Ave. This is a day of spiritual refreshment and a chance to socialize. This year the theme is The Wedding at Cana. And it's free with lunch included! For info: Cheryl Clingaman, 613-728-5687 or cclingaman@gmail.com.

A LISTENING CHURCH – A SYNODAL CHURCH

"We need to practice the art of listening, which is more than simply hearing."

- Pope Francis, *Evangelii Gaudium*, 171

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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table.

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).