

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Returns in September

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

18th & 19th Sundays in Ordinary Time August 3/4 & 10/11, 2024



PLEASE PRAY FOR OUR SICK:

Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Peter Blanchfield, Isabella Boles, Maria Bruno, Devin Bursey, Sandy Cano, Frank Chauvin, Clare Dashney, Eileen De Rosayro, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, John Kremer, Cornelius Kroon, Tony Lim, Joe Lochnan, Jeff Meulemans, John Peart, Fr. Vaughan Quinn, Br. Len Rego, Gerarda Staples, Michael Staples

MASS INTENTIONS

Sat., Aug. 3 Kay Foy by Sheila Foy-Connolly; **Thurs., Aug. 8** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Sat., Aug. 10** Annette Lapierre by Margaret Denny; **Thurs., Aug. 22** Dr. Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Fri., Aug. 23** Ubald Remillard by Denise Remillard; **Sat., Aug. 24** Fred Miller by Nicole Lance
Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend.

EVENTS/MEETINGS

Aug. 22 *Laudato Si'* parish meeting, 7pm

Aug. 26 Christian Meditation, 2:30pm

Sept. 1 - Oct. 4 Season of Creation

Thurs., Sept. 5 Parish Pastoral Council, 7pm

Thurs., Sept. 12 Lector's Workshop, 7pm

Sept. 15/16 Season of Creation Mass, Sat., 5pm & Sun., 10am

Thurs., Sept. 26 Feast of Canadian Martyrs, 7pm

Sun., Sept. 29 Mass with Kateri Native Ministry, 10am

Our Parish News

COMMUNION FROM THE CUP

Due to COVID numbers rising in Ottawa and following the lead of other parishes, the Pastoral Team has decided to suspend communion from the cup at this time.

LECTORS WORKSHOP

A lectors workshop will be held on Thursday, **September 12** at 7pm. Please email or call the office if you would like to attend.

MUSICIANS NEEDED

Our Saturday and Sunday choirs are looking for more musicians to join them: singers, piano, guitar, flute, violin, etc.! Please call or [email](#) the office if you are interested. Thank you!

CONFIRMATION PREPARATION

Confirmation is the sacrament of initiation where we are anointed with oil and we open ourselves to the gifts that the Holy Spirit can bring to our lives. If your child is in grade 6 or older, please discuss with them if they would like to continue their faith journey with us this fall. Sessions will run on Saturdays at 3pm. The first session is a parents-only session on **September 28**. Please [register here](#), or contact Adele, religioused@canadianmartyrs.org for more details.

CALL FOR CATECHISTS

Our parish joyfully welcomes volunteers who would be interested in joining our Confirmation Preparation team in the fall! Whether you are an experienced catechist, or interested in learning how to share your faith, we invite you to join us! Volunteers can choose to facilitate discussions, participate as musicians, prepare snacks, help with crafts, do room setup and cleanup, or any other number of supportive and valuable tasks. High school students would receive volunteer hours. Please contact Adele religioused@canadianmartyrs.org for more details.

UPDATES FOR THE SUMMER MONTHS

The office is closed on Mondays until **Sept. 9**. The bulletin will be published bi-weekly. The bulletin will be in your inbox on Aug. 1, Aug. 15, and Aug. 29.

LOOKING FOR AN APARTMENT TO RENT

If anyone has accommodation to rent to student sisters (friends of Sr. Matilda) in the neighbourhood (Old Ottawa East, Glebe or Old Ottawa South), please [email](#) or call the office.



**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024

The firstfruits of hope
(Rom 8:19-25)

September 1 - October 4

SEASON OF CREATION

How can we explore *Laudato Si'* in this glorious summer month of August? Let us take some time to slow down and focus on how best to achieve and enhance our communion with God and each other...and the Earth. We may spend some time being grateful for all that we have, and put a pause on the busyness and rampant consumerism of our day to day lives. Let us fill our days exploring and celebrating the nature around us, even in urban settings: lakes, ponds, hills, canals, etc. Let us look at what we have and see if anything can be shared with others, through Buy Nothing Facebook groups or second-hand shops. These small changes to our focus for the next month may help bring us closer to the mindset that *Laudato Si'* offers for us to follow, and have an important impact on healing ourselves and becoming ready to work towards truly healing our Earth.

With your help, we will be creating a display in the front of the altar which will include the hands of our parishioners like in the [Season of Creation](#) symbol for this year. **On the *Laudato Si'* table in the church foyer, you will find Bristol board and crayons. Please make a tracing of your hand on one of the pieces of Bristol board.** You can also include your name or initials on your tracing if you wish.

JUNE COLLECTION

Collection:	\$ 8,133.33
Direct Deposit (EFT):	\$ 7,335.00
Canada Helps:	\$ 2,922.91
Total:	\$ 18,391.24
Average monthly expenses:	\$ 23,701.92

Diocesan and Community News

UPCOMING 2024 GALILEE PROGRAMS

Registration is open for programs and events [online](#) or by calling 613-623-4242 x 21.

August 11-17 Seven Day Directed Retreat with Fr. Richard Kelly and Galilee Spiritual Directors

August 11 -17 Endless Spirit: A Seven-day Preached Retreat with Dr. David Perrin

August 18 Teddy Bear Picnic

August 25 Book Launch - *Studying Christian Spirituality* by David Perrin

ANNUAL PILGRIMAGE, SUNDAY AUGUST 18

For the 67th time, Our Lady of Knock Shrine at St. Malachy's Church in Mayo, Quebec, will be holding their annual pilgrimage on **August 18** to honour Our Lady's apparition at Knock, County Mayo, Ireland on August 21, 1879. The Eucharist will be celebrated in English by Bishop Jean-Louis Plouffe (Bishop Emeritus of Sault St. Marie and Ottawa native), assisted by Father Greg Murray of St. Malachy's parish. Info: <http://stmalachyolv.com/pilgrimage.asp>, or you can phone Ellen Butler 819-986-3860 or Virginia Sellers 819-281-6490 or email mayopilgrimage@gmail.com

PILGRIMS OF HOPE TRIP

Holy Year 'Pilgrims of Hope' trip accompanied by Msgr. Joseph Muldoon, **April 21, 2025** to Rome, St Peter's Basilica, Dublin, Galway, Connemara, the Irish countryside and London. Info: Dennis Kam JBCTravel.ca; dennis@jbctravel.ca; 613 569-3888.

OTTAWA REDBLACKS FAITH DAY

CHRI, along with Athletes In Action, will be hosting the [Ottawa Redblacks Faith Day](#) on Saturday, **September 7!** Join in on Saturday, September 7th for a full day of family fun at TD Place Stadium as the RedBlacks take on the Toronto Argonauts in the battle of Ontario! It's Big Joe's birthday and there will be roaming characters, face

painting, and activities for kids. Come cheer loud, bring the family, and join the CHRI team, along with special guests from the RedBlacks, for post-game activities and a discussion panel. For more information or to purchase tickets, please contact Kieran Ward, kward@oseg.ca.

INDIGENOUS & CATHOLIC ECOSYSTEMS: A PATH TO RECONCILIATION

Join Concerned Lay Catholics in Canada on Saturday, **September 14** at 2pm as they celebrate National Truth and Reconciliation Day and the Ecumenical Season of Creation by hosting a dynamic discussion about the intersection between Indigenous Ecological Knowledge and the writings of Pope Francis in *Laudato Si' - On Care for our Common Home*. With input from Indigenous and Catholic leaders, and moderated by Agnes Richard of MLSM - Canada, connections and reciprocity between faith communities and Indigenous Peoples and, relying on Indigenous teachings and those of Pope Francis on caring for Mother Earth, practical ways in which communities of faith might work towards reconciliation with Indigenous Peoples will be explored. [Click here](#) to register.

BYTOWN CATERING GOLF TOURNAMENT

A great day in the sun to support St. Joe's Supper Table! Check out Bytown Catering's 22nd Annual Golf Tournament, taking place on Sunday, **September 22** at the Pineview Golf Club. Make up a team or sign up solo, come for golf or just for dinner. A portion of the proceeds go toward St. Joe's Supper Table. For more info, [click here](#).

POPE'S PRAYER INTENTION FOR AUGUST

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

A LISTENING CHURCH – A SYNODAL CHURCH

Spiritual conversion is fundamental for building a synodal Church: only the humble person esteems others and welcomes them. It is the humble who safeguard communion in the Church, avoiding divisions, overcoming tensions, knowing how to set aside their own initiatives in order to contribute to joint projects. In serving, they find joy and not frustration or resentment. Living synodality, at every level, is truly impossible without humility.

- Pope Francis, Audience, 13 June 2024

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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).