

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Returns in September

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

24th Sunday in Ordinary Time

September 14/15, 2024



PLEASE PRAY FOR OUR SICK:

Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Peter Blanchfield, Isabella Boles, Maria Bruno, Devin Bursey, Sandy Cano, Frank Chauvin, Nathalie Comeau, Candy Craigen, Clare Dashney, Eileen De Rosayro, Fernando Ferelli, Molly Fraser, Sheila Gasnick, Eileen Kearns, Marigold Kenney, John Kremer, Cornelius Kroon, Tony Lim, Wayne MacDonald, John Peart, Adrian Poplawski, Vaughan Quinn, Len Rego, Gerarda Staples, and Bob Staples.

Our prayer list will reset on Sept. 30. To retain someone on the list or to add someone, please contact the office.

MASS INTENTIONS

Sat., Sept. 14 Anne Smith by Pauline Willey; **Tues., Sept. 17** Peter & Mrs. Antoinette Prud'homme by the Prud'homme family; **Wed., Sept. 18** Ralph Sierakowski & parents by Yvonne Bennett; **Thurs., Sept. 19** Mr. & Mrs. Tony Brennan and Barbara by their family; **Sat., Sept. 21** Dermot Nally by Pauline Willey

EVENTS/MEETINGS

Sept. 1 - Oct. 4 Season of Creation
Sept. 14/15 Season of Creation Mass, Sat., 5pm & Sun., 10am
Sun., Sept. 15 Lunch and Learn, *Laudato Si'*, after Mass
Thurs., Sept. 26 Feast of Canadian Martyrs Mass, 7pm
Sun., Sept. 29 Mass with Kateri Native Ministry, 10am
Sat., Oct. 5 Pizza night after Mass, 6pm

Our Parish News

507 SANDWICH CLUB

The 507 Sandwich Club will resume making sandwiches weekly on Thursdays for [Centre 507](#) starting on **September 12**. Please sign up by [clicking here](#). If you would like more information about this parish initiative, please email, cmpsandwich507@gmail.com. Many thanks to all who keep this initiative running!

LUNCH AND LEARN

Come to the Lunch and Learn after our Season of Creation Mass on **September 15** to find out how our committees and ministries are responding to the *Care for Creation: Seven Year Plan: A Diocesan and Parish Response to Laudato Si'*.

FEAST OF CANADIAN MARTYRS MASS

There will be a Mass on Thursday, **September 26** at 7pm on the Feast of Canadian Martyrs, followed by a reception in the parish centre. Join us!

MASS ON SEPTEMBER 29

On Sunday, **September 29**, we will welcome Fr. Erik Sorenson, SJ, to our parish as he presides and preaches at our Sunday liturgy. We will also be joined by members of the Kateri Native Ministry. We invite you to wear orange for Orange Shirt Day – you can purchase Indigenous-designed T-shirts at [Giant Tiger](#) or [Walmart](#).

CHILDREN'S LITURGY OF THE WORD

We are excited to announce that Children's Liturgy of the Word has returned after our summer break!

Children are invited to join us on the 1st, 2nd, 4th (and 5th) Sundays of the month as we explore the Word of God in a way that is engaging and meaningful for our young ones. This season, we will help children deepen their faith by learning the Lord's Prayer in sign language, and we'll use pita and grapes as a way to introduce the meaning of the Eucharist. Parents are welcome to accompany their little ones. We look forward to seeing you there!

CONFIRMATION PREPARATION

If your child is in grade 6 or older, please discuss with them if they would like to continue their faith journey with us this fall. Sessions will run on Saturdays at 3pm. The first session is a parents-only session on **September 28**. Please [register here](#), or [email](#) Adele.

PIZZA NIGHT

Our first pizza night of the season will be on Saturday, **October 5** after the 5pm Mass. Come join us for food, socialization, sometimes solace, and fun beyond the church pews!

RCIA PROCESS

Are you or someone you know interested in becoming fully initiated into the Catholic Church? Our RCIA (Rite of Christian Initiation of Adults) process welcomes you to join us on a journey of faith and discovery as we explore the richness of the Catholic faith. Our sessions begin in September and continue until Pentecost, meeting on Sundays after Mass. Together, we will break open the Word, delve into Catholic teachings and traditions, and engage in meaningful dialogue. We are here to walk this path with you! Please contact the office for more information.

SUNDAY HOSPITALITY

Do you like to socialize after Sunday Mass? Perhaps you would like to **volunteer** to make the tea/coffee and set out the cookies and clean up afterwards on one Sunday a month. Please email or call the office if you are interested. We will also gladly receive **donations of peanut-free cookies** as our cookie bins are getting empty! Thank you!

CENTRETOWN COMMUNITY FOOD CENTRE

The [Centretown Community Food Centre](#) is in need of egg cartons so that they can repackage eggs that are bought in bulk. Please drop off your egg cartons and non-perishable food items in the bins in the church foyer. The Centretown Community Food Centre is now providing food for over 1,500 people each month, up over 50% since this time last year. As an organization that is funded entirely through donations, they rely on those who support them financially and with food donations. Thank you for being part of their community of support.

9TH ANNUAL WALK FOR THE CENTRE

Raise much needed funds for the Centretown Community Food Centre by joining a group from the parish to walk along the beautiful Rideau Canal starting at City Hall on Sunday, **Oct. 6** at 1:30pm. You can support the parish walking group by [donating online](#) or look for the donation forms at the church entrances. Thank you!



Diocesan and Community News

ANNUAL DAY OF PRAYER

September 15 will mark the Annual Day of Prayer in our Archdiocese, dedicated to the healing, and hope to the community of victims of clergy sexual abuse and all those who have been affected by abuse.

On this Annual Day of Prayer, we lift to you those who have suffered from clergy sexual abuse and all who have been affected by these acts. Grant them solace in their pain, healing in their wounds, and hope in their darkness. Surround them with your compassion and strength and guide us to support and uplift them with unwavering love. May Your grace bring renewal and peace to our community. We pray to the Lord.

ALPHA EXPERIENCE

Would you like to explore the big questions of life, meaning, and faith? Try the Alpha Experience.

Starting Monday, **September 16** from 7 - 9pm. Coffee and snacks are provided. Meet at St. Mary's Parish Hall, 100 Young St. Enter from the door nearest the rear parking lot. Register through the link: <https://tinyurl.com/stmarysalpha>

CLIMATE MARCH

This September, Fridays for Future Ottawa-Gatineau is calling out seven organizations that are blocking effective climate policy, spreading misinformation, and providing funding to the disastrous fossil fuel industry. On Saturday, **September 21** at 11am a group from our parish will be joining the march to the downtown locations of these climate culprits who are standing in the way of climate action. We will be meeting at the south side of City Hall (Lisgar Street) at 10:45am. Join us! For more info, [click here](#).

CREATION MASS

The St. Basil's Parish Green Team and the Kateri Native Ministry invite all to attend the joyful outdoor Creation Mass, Saturday, **September 21** at 11am at the Naatagama Camp, near Fitzroy Harbour. Mass will be followed by an Eco lunch. Please see the poster in the T&R table in the Church foyer for further details.

40 DAYS FOR LIFE OPENING RALLY

What: [40 Days for Life](#) Opening Rally, with the showing of the movie, *Unplanned* (not recommended for children under 12 years old)

When: Sunday, **September 22**; from 3 to 5pm

Where: Good Shepherd Parish, 3092 Innes Road

D&P'S FALL CAMPAIGN

On Saturday, **September 28** at 1:30pm via Zoom, join [Development & Peace](#) and their special guests for the national launch of their fall campaign focused on the rights of peasants - *Reaping our Rights!* [Register here](#).

The Fall Campaign workshop will be held on Saturday, **October 5**, at 1pm at Our Lady of Fatima Church, 153 Woodroffe Ave. The workshop will be focused on deepening our understanding of the work of our partners in the Global South and outlining our advocacy campaign to support them! All are welcome!

Join D&P on Monday, **October 7** at 7pm at St. Paul University, 223 Main St., to hear distinguished poet, environmental activist and architect, Nnimmo Bassey, explore the connections between Canadian corporations and extraction in Nigeria.

WORLD DAY FOR MIGRANTS AND REFUGEES

On **September 29**, we observe the World Day for Migrants and Refugees. "God walks with His people" is the title chosen by Pope Francis for this day. Pope Francis reminds us that we are all migrants on this Earth, on our respective spiritual journeys, and he invites all people of goodwill to organize initiatives with migrants, refugees and vulnerable people to walk together. Watch the Pope's [special appeal here](#).

ORANGE SHIRT DAY

The Caring Society is pleased to partner again with Assembly of Seven Generations (A7G) and Beechwood Cemetery to offer another year of activities to honour Orange Shirt Day on **September 30**. They will be offering Reconciling History walking tours, film showings, and other activities to learn about the past and take action toward reconciliation. Join them from 2 to 5pm at the Beechwood National Cemetery for an afternoon of activities to honour Orange Shirt Day. [Register here](#).

PILGRIMAGE TO ST. JOSEPH'S ORATORY

14th Annual Autumn Pilgrimage to St-Joseph's Oratory on Sunday, **October 20** from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme-Mont Laurier, and Kingston. Seats are limited, register by October 4. For information: Mike Budge 613-224-8110 or by email: mikebudge2021@gmail.com. See the poster on the church bulletin board.




**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024

The firstfruits of hope
(Rom 8:19-25)

September 1 - October 4



Canticle of the Sun—St. Francis

*Most High, all powerful, good Lord,
Yours are the praises, the glory, the honour,
and all blessing.*

*To You alone, Most High, do they belong,
and no human person is worthy to mention
Your name.*

*Be praised, my Lord, through all your
creatures,
especially through my lord Brother Sun,
who brings the day; and you give light
through him.*

*And he is beautiful and radiant in all his
splendour!*

*Of you, Most High, he bears the likeness.
Praised be You, my Lord, through Sister Moon
and the stars,*

*in heaven you formed them clear and precious
and beautiful.*

*Praised be You, my Lord, through Brother
Wind,*

*and through the air, cloudy and serene,
and every kind of weather through which
You give sustenance to Your creatures.*

*Praised be You, my Lord, through Sister
Water,*

*which is very useful and humble and precious
and chaste.*

*Praised be You, my Lord, through Brother
Fire,*

*through whom you light the night and he is
beautiful*

and playful and robust and strong.

*Praised be You, my Lord, through Sister
Mother Earth,*

*who sustains us and governs us and who
produces*

varied fruits with coloured flowers and herbs.

Praised be You, my Lord,

*through those who give pardon for Your love,
and bear infirmity and tribulation.*

Blessed are those who endure in peace

for by You, Most High, they shall be crowned.

Praised be You, my Lord,

through our Sister Bodily Death,

from whom no living man can escape.

Woe to those who die in mortal sin.

Blessed are those who will

find Your most holy will,

for the second death shall do them no harm.

Praise and bless my Lord,

and give Him thanks

and serve Him with great humility.

The symbol for 2024 is the firstfruits of hope.

Hope is an instrument enabling us to overcome the natural law of decay. Hope is given to us by God as a protection and guard against futility. Only through hope may we realize the gift of freedom in fullness. Freedom to act not only to achieve enjoyment and prosperity, but to reach the stage in which we are free and responsible. Freedom and responsibility enable us to make the world a better place. Only when we work together with Creation can the firstfruits of hope emerge.



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Find us on Facebook and Instagram:

[Canadian Martyrs Parish, Ottawa](#)

[canadianmartyrsottawa](#)



Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).