

Canadian Martyrs Church

100 Main Street, Ottawa, ON K1S 1C2

613-232-5347, office@canadianmartyrs.org, www.canadianmartyrs.org

Our community respectfully acknowledges that we are situated on the unceded ancestral lands and waters of the Algonquin people, on whose territory we live, pray, work, and grow in faith and understanding.

Mass Schedule

Tuesday-Friday at 11:30am

Saturday at 5:00pm

Sunday at 10:00am

Sacrament of Reconciliation

Tuesday-Friday at 10:45am

Saturday at 4:15pm

Pastor

Fr. Tim Coonen, OMI

Administrative Assistant

Heather Duggan

Pastoral Associate

Sr. Matilda Owolagba

Director of Religious Ed.

Adele Casuga Lalonde

Pastoral Council

Peter Brimacombe

Meetings: 1st Thurs., 7pm

Finance Council

Joseph Duggan

Development and Peace

Anna Dorner

Weekly Gatherings

Christian Meditation

Dorothy Wood

Mondays, 3pm, via Zoom

except last Monday of the month, 2:30pm in the church

Lectio Divina & Meditation

Maureen Cerroni

Tuesdays, 8pm, via Zoom

Evening Prayer

Pierre LaViolette

Wed., 6:30pm, [via Zoom](#)

Sunday Liturgy of the Word

Returns Oct. 6 [via Zoom](#)

RCIA

Parish RCIA Team

Sundays, 9am, Parish Centre

26th Sunday in Ordinary Time

September 28/29, 2024



PRAYERS FOR THOSE WHO ARE ILL:

Carol Bazinet, Christina Beemans, Louise Blanchett-Smith, Peter Blanchfield, Isabella Boles, Maria Bruno, Devin Bursey, Sandy Cano, Frank Chauvin, Nathalie Comeau, Candy Craigen, Clare Dashney, Eileen De Rosayro, Fernando Ferelli, Molly Fraser, Sheila Gasnick, Richmond Guillermo, Eileen Kearns, Marigold Kenney, John Kremer, Cornelius Kroon, Tony Lim, Wayne MacDonald, John Peart, Adrian Poplawski, Vaughan Quinn, Len Rego, Gerarda Staples, Bob Staples

Our prayer list will reset on Sept. 30. To retain someone on the list or to add someone, please contact the office.

MASS INTENTIONS

Wed., Oct 2 John Joe Fitzgerald by Margaret Moriarty; **Thurs., Oct. 3** Dr. Peter and Mrs. Antoinette Prud'homme by the Prud'homme family; **Fri., Oct. 18** Jim & Mary McMinn by Margaret Denny; **Sat., Oct. 19** Msgr. Kevin Maloney by Anne Marie Bazinet-Miller

Mass intentions are available for weekday and Saturday Masses for a \$15.00 stipend.

EVENTS/MEETINGS

Sept. 1 - Oct. 4 Season of Creation

Sat., Sept. 28 Confirmation prep meeting for parents, 3pm

Sun., Sept. 29 Mass with Kateri Native Ministry, 10am

Thurs., Oct. 3 Pastoral Council, 7pm

Sat., Oct 5 Confirmation Prep, 3pm

Sat., Oct. 5 Pizza night after Mass, 6pm

Sun., Oct 20 Lunch and Learn after Mass

Our Parish News

CHILDREN'S LITURGY OF THE WORD

We are excited to announce that **Children's Liturgy of the Word has returned!** Children are invited



to join us on the 1st, 2nd, 4th (and 5th) Sundays of the month as we explore the Word of God in a way that is engaging and meaningful for our young ones. This season, we will help children deepen their faith by learning the Lord's Prayer in sign language, and we'll use pita and grapes as a way to introduce the meaning of the Eucharist. Parents are welcome to accompany their little ones. We look forward to seeing you there!

There will not be Children's Liturgy this Sunday, September 29 as we will be celebrating Mass with the Kateri Native Ministry.

PIZZA NIGHT

Our first pizza night of the season will be on Saturday, **October 5** after the 5pm Mass. Come join us for food, socialization, solace, and fun beyond the church pews!

SUNDAY LITURGY OF THE WORD VIA ZOOM

Feeling under the weather? Don't feel like venturing out in the cold? Want to dive deeper into the readings? Our Sunday liturgy of the Word via Zoom will resume on Sunday, **October 6** at 11am. You can always find the link in the bulletin email and on the front page of the bulletin.

COOKIE DONATIONS

We will gladly receive **donations of peanut-free cookies for Sunday hospitality** as our cookie bins are almost empty! Thank you!

9TH ANNUAL WALK FOR THE CENTRE

Raise much-needed funds for the Centretown Community Food Centre by joining or supporting our parish walking team on [The Walk for the Centre](#) starting at **Ascension Church, 253 Echo Dr.**, on Sunday, **Oct. 6** at 1:30pm. You can support us by [donating online](#) or look for the donation forms/QR codes at the church entrances. Thank you!



CANADIAN MARTYRS PARISH PASTORAL COUNCIL - CALL FOR NOMINATIONS

As we move towards the end of the year (already!), PPC is putting out the call for nominations of new members. Parish Council supports the work of the Pastoral Team and, in consultation with parishioners, helps to shape the future directions of the parish. Please consider who you think might be a suitable candidate and fill out one of the nomination forms that you will find on the Welcome Table in the church foyer. Contact a member of the PPC or the parish office if you have any questions.

LUNCH AND LEARN, OCTOBER 20

Brennan Richardson from the Commission of Indigenous Languages will make a presentation at our Lunch and Learn after Mass on Sunday, **October 20**. The Commission's overarching purpose is to help promote Indigenous languages and support the efforts of Indigenous peoples to reclaim, revitalize, strengthen, and maintain their languages.

PLEASE USE OUR RECYCLE BINS!

The three-item garbage limit starts on **September 30!** This means we need to take advantage of the City's unlimited blue, black and green bin use. Please look for and use our blue, black and green bins in the parish centre kitchen. The green bin can be used for: food waste; paper coffee cups, plates, and muffin wrappers; soiled paper towels, napkins and tissues; waxed paper; and wooden popsicle sticks and toothpicks.

SUNDAY HOSPITALITY

Do you like to socialize after Sunday Mass? Perhaps you would like **to volunteer** to make the tea/coffee and set out the cookies and clean up afterwards on one Sunday a month. Please email or call the office if you are interested.

AUGUST COLLECTION

Collection:	\$ 5,175.95
Direct Deposit (EFT):	\$ 7,510.00
Canada Helps:	\$ 2,966.98
Total:	\$ 15,652.93
Average monthly expenses:	\$ 23,267.03

Diocesan and Community News

DIOCESAN MASS FOR THE NATIONAL DAY FOR TRUTH & RECONCILIATION

Honour the National Day for Truth and Reconciliation on **September 30** by attending the 7:30pm Diocesan Mass held at St. Basil's parish, 940 Rex Ave. September 30 is not a festive holiday. Instead, it is a reminder to pause our lives and sit in the discomfort of the past and present wounds dealt to the Indigenous Peoples of Canada. [Click here](#) to read Archbishop Damphousse's message for September 30, 2024.

NATIONAL TRUTH AND RECONCILIATION CEREMONY

This ceremony on **September 30** at the Makatew Workshops, 107 Falldown Lane, Carp from 10am to 12pm, is open to all. Come and hear from our Knowledge Keeper the truth about residential schools and come support survivors, their families, and each other. A sacred fire will be lit. Street parking is available on adjacent streets. No onsite parking. There is no charge to attend this event. Priority seating will be available, on a first-come first-served basis (150).

NATIONAL SENIORS FOR CLIMATE DAY

Celebrate National Seniors for Climate Day in Ottawa on Tuesday, **October 1**, 1:00 - 4:00pm, at Knox Presbyterian Church, 120 Lisgar Street, with like-minded individuals interested in climate action. There will be a few surprises, lots of music, and a round table discussion with the leaders of Ottawa environmental organizations on how to work together collaboratively to have a greater impact, ending with refreshments and a pledge. Get informed, motivated, inspired and energized! Pre-registration is recommended as there is limited space. To register, [click here](#).

ROSARY PILGRIMAGE

Come walk on Thursday, **October 3**! Celebrate the 9am Mass at St. Patrick's Fallowfield and pilgrimage to St. Mary's Parish, Ottawa. The 24km walk will take approximately 7 hours, concluding with a potluck reception at St. Mary's. [Click here](#) to check out the pilgrimage details: route, optional starting points, etc. Contact Bryne Egan for further information at bryneegan@yahoo.ca

D&P'S FALL CAMPAIGN

The Fall Campaign workshop will be held on Saturday, **October 5**, at 1pm at Our Lady of Fatima Church, 153 Woodroffe Ave. The workshop will be focused on

deepening our understanding of the work of our partners in the Global South and outlining our advocacy campaign to support them! All are welcome!

Join D&P on Monday, **October 7** at 7pm at St. Paul University, 223 Main St., to hear distinguished poet, environmental activist and architect, Nnimmo Bassey, explore the connections between Canadian corporations and extraction in Nigeria.

PILGRIMAGE TO ST. JOSEPH'S ORATORY

14th Annual Autumn Pilgrimage to St-Joseph's Oratory on Sunday, **October 20** from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme-Mont Laurier, and Kingston. Seats are limited, register by October 4. For information: Mike Budge 613-224-8110 or by email: mikebudge2021@gmail.com. See the poster on the church bulletin board.

ECOLOGY OTTAWA

Join Ecology Ottawa and stay up-to-date on pressing environmental issues and action in Ottawa! You can also take action by [signing their petitions](#).

SYNAPCITY

Local non-profit Synapcity is partnering with the Ottawa Public Library to launch Pulses, a series of weekly, facilitator-led discussions on key issues in our city, including climate, housing, transit, arts and inclusion. Local chapters are launching across Ottawa. The Old Ottawa South chapter will meet Thursday's starting September 19 from 6:00 to 8:00pm at the Sunnyside Ottawa Public Library branch. These sessions will continue until the end of November. For more information, visit synapcity.ca/upcoming-events.

LE CENTRE OBLAT: A VOICE FOR JUSTICE

Since February 2019, the three Oblate provinces in Canada have established a collaborative ministry called *Le Centre Oblat: A Voice for Justice*. The Oblates prioritized work in four areas: ecological justice, reconciliation with Indigenous peoples, solutions to poverty, and challenging unjust practices of some Canadian extractive industries in countries of the Global South. If you would like to receive the Centre's bilingual, bi-weekly electronic newsletter (monthly during the summer months), simply send a request to centreoblat@omilacombe.ca.



The Creation Mandala poem and artwork by Fr. Vincent Busch, SSC

The Birth of the Universe

In the beginning the Spirit said:
“From my fire and its warmth let all creation come flaring forth. Let matter and energy converse to weave the tale of the universe, and through the course of time and space I’ll cherish all in my embrace.”

The Birth of the Galaxies

Then the Spirit said:
“Let the fire begin to dance in cooling clouds of elements Where the tug of gravity draws atoms into galaxies, and hugs the stars till they ignite to fill the darkness with their light.”

The Birth of the Solar System

Then the Spirit said:
“Let stars blaze till they consume the nuclear fire in their wombs, and bursting forth as they collapse sow the elements in their grasp, and from their dust let new stars grow with moons and planets in their tow.”

The Birth of the Earth

Then the Spirit said:
“Along with planets near and far let Earth take shape around its star. While its crust solidifies, let molten rock throb inside, lifting the mountains, spreading the seas, molding and folding its geography.”

The Birth of Life

Then the Spirit said:
“Let heat and lightning stir the sea to animate its chemistry, and from that swirling pool of genes let Earth give birth to living beings, sprouting forth all kinds of things with roots and legs, fins and wings.”

The Birth of the Earth Community

Then the Spirit said:
“From desert sand to mountain snow let habitats emerge and grow, where plants and beasts participate in nature’s rugged give and take and every creature plays a role in keeping Earth alive and whole.”

The Birth of Humans

Then the Spirit said:
“Let the fire of nature’s chorus, its raging storms and mighty forests, its pounding seas and soaring peaks, its blazing skies and teeming reefs, burn human hearts with its splendor and forge their souls in awe and wonder.”

The Birth of the Ecological Age

Then the Spirit said:
“Let life entwine the land and in the web of its community. Let its power move human hearts to mend the world they’ve torn apart, and sing with every leaf and stone. This is our Earth. This is our home.”

The Birth of Your Story

Then the Spirit Said:
“The habitats that grace the Earth were there to hold you at your birth and welcome you to the celebration of creation’s transformation from my fire that grew to be a wondrous blue-green symphony.”

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Parishioners can now quickly donate to the church with their mobile devices. Just scan the QR code and donate securely through the parish's Canada Helps page.



PARISH REGISTRATION: The registration form is available at the back of the church or can be accessed at <http://canadianmartyrs.org/register/>.

DONATIONS: Forms are available on the Welcome Table in the church foyer if you wish to make donations through direct deposit. If you wish to donate via credit card through Canada Helps, [please click here](#). Please call the office if you would like a box of offering envelopes. Thank you!

PASTORAL CARE OF THE SICK: Please contact the office to inform us of shut-ins or people in hospital so that we can arrange to bring Holy Communion and administer the Sacrament of the Sick, if desired.

BAPTISM PREPARATION: Please contact the office to schedule a baptism.

MARRIAGE PREPARATION: Please contact the office to set up an interview with our pastor. It is recommended that the first contact be a minimum of 6 months before the wedding.

PARISH PASTORAL COUNCIL MINUTES: The minutes of Parish Pastoral Council meetings can be [found here](#) and on the Welcome Table. The Pastoral Plan 2020-2025 can be [found here](#).

FOOD DONATIONS: Non-perishable food items for the Centretown Community Food Centre are collected on an on-going basis. Please place food items in the crates in the church foyer.

MILK BAGS: Milk bags are collected for making into sleeping mats. Please bring in the outer coloured bags and put them in the baskets under the table in the hall near the breezeway.

507 SANDWICH CLUB: If you are interested in volunteering for the 507 Sandwich Club, [please click here](#). If you would like to donate towards the sandwich ingredients, [please click here](#) (choose 507 Sandwich Club fund).